

| WCA Group Health Trust Resolution Recharge Challenge | | | | |
|---|---------|--------------|----------|-----------------|
| Start Date: | 1/31/21 | End Date: | 3/14/21 | |
| Start Weight: | | Goal Weight: | | |
| | | | | |
| | Weight | Pounds Lost | Comments | Date Report Due |
| Feb. 7 | | | | |
| Feb. 14 | | | | |
| Feb. 21 | | | | 2/23/21 |
| Feb. 28 | | | | |
| Mar. 7 | | | | |
| Mar. 14 (final weigh in) | | | | 3/16/21 |
| For your records only. This tracker will not be submitted. | | | | |