

WCA Group Health Trust Resolution Recharge Challenge				
Start Date:	1/31/21	End Date:	3/14/21	
Start Weight:		Goal Weight:		
	Weight	Pounds Lost	Comments	Date Report Due
Feb. 7				
Feb. 14				
Feb. 21				2/23/21
Feb. 28				
Mar. 7				
Mar. 14 (final weigh in)				3/16/21
For your records only. This tracker will not be submitted.				