

## Agitation Treatment Order Set

ED & Inpatient physicians & advanced practitioners should consider using the ED/IP Acute Adult Agitation Treatment Order Set when treating acutely agitated patients. Why?

### Three Reasons to Use the Order Set

#### 1 Intended for the management of acutely agitated patients

- Medications may treat agitation symptoms if non-pharmacologic measures are not successful and are intended to 'calm' the patient without over sedation
- The order set should not be used for managing chronically agitated patients

#### 2 Targets different causes of agitation to guide therapy

- The Order set is aligned to the Behavioral Activity Rating Scale (BARS) to be utilized when patients reach mild, moderate or severe agitation (BARS 5, 6 & 7) and require pharmacologic intervention
- Medication recommendations based on etiology for agitation

#### 3 Aids in the prevention of violent episodes that could cause harm to patients and staff

- Promotes early intervention to manage mild to moderate agitation and avoid escalation
- The orders within this order set should only be placed at time of need for management of an acute situation. It should not be placed prophylactically.