

# Discover the ECAC ACHIEVE Pre-ETS Program

## EMPOWERING YOUTH THROUGH ESSENTIAL CAREER SKILLS

ACHIEVE is a virtual Pre-Employment Transition Services (Pre-ETS) program provided by the Exceptional Children's Assistance Center (ECAC). It supports high school students with disabilities as they prepare for employment, further education, and independent living.

### Who We Serve:

- High school students with a documented disability (IEP, 504, or medical diagnosis)
- Ages 14-21
- Public, charter, private, and homeschool settings

### Delivery Format:

- Weekly virtual sessions via Zoom (1 hour)
- Group instruction
- Classes offered during the day and evening to accommodate various schedules
- Semester-long courses designed to align with school calendars
- Virtual format designed to feel like a class with structure and expectations

### Why ACHIEVE Works:

- Designed by educators and parents who understand disabilities
- Fully virtual with interactive content
- Supports EIPD goals for preparing students for adult life

### UNLOCK YOUR POTENTIAL WITH ENGAGING ACTIVITIES

Participants will experience learning opportunities in job exploration, self advocacy and, workplace readiness which includes resume building, and interview preparation, ensuring they are well-prepared for the workforce and future success.

### Contact and Referrals:

Beth Voll, Pre-ETS Program Manager  
Email: [bvoll@ecacmail.org](mailto:bvoll@ecacmail.org)  
Website: [www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)



# Referring Students to ECAC's ACHIEVE Program

1

## Eligibility Checklist:

- Student is between 14–21 years old
- Student has an IEP, 504 Plan, or qualifying disability
- Parent/guardian AND student signs the Consent to Participate
- School signs the School Verification Form

2

## Referral Process:

- Receive completed Consent and School Verification Forms from parent/teacher.
- Email the forms to Beth Voll at [bvoll@ecacmail.org](mailto:bvoll@ecacmail.org).
- ECAC will submit student info to the EIPD Counselor for approval.
- Upon approval, Parent will be contacted and student will be enrolled in the next available ACHIEVE session.

3

## Session Start Dates:

- Fall (September)
- Winter (TBD)
- Spring (TBD)
- Summer Mini Sessions

4

## Service Documentation

- Counselors will receive progress reports and student work samples.
- ACHIEVE uses Quizizz and Pathful to track participation and milestone completion.
- All sessions are aligned with our contracted Pre-ETS milestones.

# ACHIEVE COURSE DESCRIPTIONS & PRE-ETS MILESTONE ALIGNMENT

## ACHIEVE Pre-ETS Course Offerings

ECAC's ACHIEVE program offers three virtual courses aligned with required Pre-ETS milestones. All courses are taught in a structured, semester-based format that mirrors a classroom experience. Students participate in weekly sessions and receive individualized support and feedback. Students will be rewarded with a gift card at the end of each course that they participate in and complete all the required assignments.

### COURSES OFFERED

#### 1. Job Exploration Counseling (JEC)

- Complete career interest inventories (e.g., O\*NET Interest Profiler)
- Explore career clusters and pathways
- Learn about resume basics and future planning
- **Pre-ETS Milestone: Job Exploration Counseling 1,2,3, and 4**

#### 2. Self-Advocacy

- Identify strengths, needs, and interests
- Learn how to communicate needs and ask for help
- Understand disability and accommodation rights
- **Pre-ETS Milestone: Instruction in Self-Advocacy 1, 2, and 3**

#### 3. Workplace Readiness + Financial Literacy

- Practice professionalism, time management, teamwork, and problem solving
- Engage in real-world money management and budgeting
- Learn about paychecks, banking, and saving
- **Pre-ETS Milestones: Workplace Readiness 1, 2, 3, 4, 5, 6, and 8**