


























APRIL 2026

MONTH OF THE MILITARY CHILD

Activities for Military Families

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tool Time Tuesday 		Connect with our 1 Military Parent Educator. Serving NC Military Families of Children w/ Disabilities & Special Healthcare Needs, Triahna Miles Flyer	Follow us on Social Media 	Check your EFMP's 3 website/Facebook group for updates and information about upcoming events. Pick an event to participate in.	 What is Student to Student?
 A Parent's Guide: Special Education in North Carolina	Look at family pictures together. Make it fun! Reflect about all the places you have visited and or lived! 	Go to the ECAC website and see all the free resources available to parents. 	Military Interstate Children's Compact Commission 	Try making a kid-friendly recipe with your child to practice math and literacy skills. Measure out the ingredients together.	The Military and Family Life Counseling Program 	Check out your local library website to find resources and activities for students and families.
4-H Military Partnership Positive youth development for youth, families, and communities. 	Learn about a FREE tutoring resource for Military Families: Tutor.com 	Tool Time Tuesday 12:00-12:30 pm  REGISTER	Do you understand your rights as a military parent of a child with disabilities? DoDEA Procedural Safeguards	Tools for preschool-aged military children and their parents to help them cope with the challenges of military life.	 Sesame Street for Military Families	Stay connected with information and tools 
Play outside or enjoy some board games with <u>no electronics</u> allowed. 	MILITARY ONE SOURCE Military OneSource Access to a nationally recognized caregiver database to search for hourly, flexible and on-demand childcare.	Tool Time Tuesday 12:00-12:30pm  REGISTER		Discover your circle of support 	A fillable tool for organizing a child's health care information. 	Adaptations, accommodations, and modifications
IDEA-Military-Connected w/Disabilities 	A Parent's Guide: Communicating With Your Child's School Through Letter Writing 	Ask your child what job they would like to do when they grow up. Research online jobs your child is interested in doing. Ask if your child if they were a teacher what would they want to teach?	ECAC Upcoming Events Calendar 	Health.mil The Official website of the Military Health System		



907 Barra Row, Suite 103, Davidson, NC 28036
 Parent Info Line: 1-800-962-6817



www.ecac-parentcenter.org
ecac@ecacmail.org

