



# Early Childhood FAMILY

# Engagement MONTH

Activities for Families

# 2021 NOVEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>Behind every young child who <b>believes</b> in himself is a parent who <b>believed first!</b> - Matthew Jacobson</p>	<p><b>1</b> <b>NATIONAL FAMILY LITERACY DAY</b> Read a book out loud to your child. Or you may choose a <a href="#">story online</a> to watch and listen to together.</p> 	<p><b>2</b> <b>ELECTION DAY</b> Add up the votes. Count family members' votes for <b>what's for dinner.</b></p> 	<p><b>3</b> Learn about publicly supported preschool opportunities: <a href="#">Early Head Start and Head Start</a> for birth-K; <a href="#">NC Pre-K Program</a> for 4 year old's.</p>	<p><b>4</b> Looking for child care? Call 888-600-1685 or go to the <a href="#">CCR&amp;R webpage</a> for child care resources. Quality child care nurtures healthy development and school readiness!</p>	<p><b>5</b> Make a blanket fort together and have a snack in the fort with favorite stuffed-animal!</p> 	<p><b>6</b> Check out your local library website to find out what <a href="#">library resources</a> are currently available for young children.</p> 
<p><b>7</b> <b>DAYLIGHT SAVING TIME ENDS!</b> Play a favorite song and have a dance party at home! Or sing a <a href="#">nursery rhyme</a> and move to the beat!</p> 	<p><b>8</b> From birth to 5 years, your child should reach milestones in how he/she plays, learns, speaks, acts and moves. Track your child's development and get parenting tips at the <a href="#">CDC website</a>.</p>	<p><b>9</b> Check out the <a href="#">ECAC website</a> and see all the free <a href="#">resources</a> available to families of young children, including <a href="#">Early Intervention Resources</a>.</p>	<p><b>10</b> Every day is full of possibilities and so is your child! Sign up for the <a href="#">PBS KIDS Newsletter</a> for activities and tips you can use to help kids learn at home.</p>	<p><b>11</b> <b>VETERANS DAY</b> Show &amp; Talk about the colors in the flag, give children crayons/paper to make their own. If you know a veteran, share a picture of your children's creation.</p> 	<p><b>12</b> Explore topics from <a href="#">Sesame Street in Communities</a> on what matters most in young lives: health, social-emotional skills, and school readiness.</p>	<p><b>13</b> <b>WORLD KINDNESS DAY</b> Check out <a href="#">how you can teach your young child kindness?</a></p>
<p><b>14</b> Play a feeling guessing game. Take turns making a feeling face (happy, sad, surprised, excited) and try to guess the name of the feeling. See more <a href="#">ideas for teaching children about emotions</a>.</p>	<p><b>15</b> <b>AMERICA RECYCLES DAY</b> Explore <a href="#">why recycling is important for kids</a>. Identify items that can be recycled. Practice sorting items into recycling bins.</p>	<p><b>16</b> <b>Share a book</b> together by letting your child turn the pages as you read and point to the words.</p> 	<p><b>17</b> Learn about the <a href="#">NC Infant-Toddler Program</a> (NC ITP), providing services to families of children birth to 3 with special needs. For information about Preschool, go to the <a href="#">Preschool EC</a> website.</p>	<p><b>18</b> <b>NATIONAL PARENT INVOLVEMENT DAY</b> Learn more about <a href="#">leadership opportunities</a> for families in NC. Don't forget to <b>CELEBRATE</b> You!</p>	<p><b>19</b> With your child, schedule <a href="#">family time</a> on your calendar and make a list of activities to do.</p> 	<p><b>20</b> Talk a walk. Collect and sort leaves by color, shape and size. If it's raining, have a <a href="#">scavenger hunt</a> indoors.</p> 
<p><b>21</b> Try making <a href="#">kid-friendly recipes</a> with your child to <a href="#">practice math</a> and literacy skills. Measure out the ingredients together.</p> 	<p><b>22</b> PBS NC is proud to bring you Bright By Text! <b>Text CONNECT to 274448</b> for free parenting resources sent by text.</p>	<p><b>23</b> Connect to your local <a href="#">Smart Start organization</a> for parenting classes, <a href="#">Dolly Parton Imagination Library</a>, and <b>more!</b></p>	<p><b>24</b> Make a list together of what your family is thankful for.</p> 	<p><b>25</b> <b>THANKSGIVING DAY</b> Family Time</p> 	<p><b>26</b> Enjoy an <a href="#">activity or game</a> with no electronics.</p>	<p><b>27</b> Help your child with a <a href="#">household chore</a>. This helps children develop skills and experience how families work together.</p>
<p><b>28</b> <b>FAMILY Movie Night</b> Have family movie night with snacks, lots of pillows and cuddling.</p>	<p><b>29</b> Have your child help set the table! Count out how many plates, glasses and silverware.</p>	<p><b>30</b> Help teach your child patience with these <a href="#">Six Fun Games to Teach Your Child Patience</a>.</p>	<p style="text-align: center;"><b>Family Engagement Month - November 2021!</b></p> <p>The Family Engagement Month Calendar is a collection of resources including activities you can do with your child anytime. The activities are meant to be fun and to make the most of those teachable moments. Not every activity will be appropriate for every child. Children have different abilities as well as different interests. Modify the activities to meet the needs of your child. Most of all have <b>FUN!</b></p>			



NC DEPARTMENT OF  
**HEALTH AND HUMAN SERVICES**  
Division of Child Development and Early Education

Parent Info Line: 1-800-962-6817  
[www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)  
[ecac@ecacmail.org](mailto:ecac@ecacmail.org)

