

TOWNSHIP OF WYCKOFF  
COUNTY OF BERGEN  
STATE OF NEW JERSEY  
RESOLUTION #21-189

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INTRODUCED: *Shanley*

SECONDED: *Boonstra*

MEETING DATE: April 27, 2021

REFERENCE: Recognize the Month of May  
as "National Mental Health Awareness Month"

VOTE: BOONSTRA  RUBENSTEIN  SCANLAN  SHANLEY  MADIGAN

**WHEREAS**, "Mental Health Awareness Month" has been observed in May in the United States since 1949, reaching millions of people in the United States through the media, local events and screenings; and,

**WHEREAS**, mental health is important for our individual well-being and vitality, as well as that of our families, communities and businesses; and,

**WHEREAS**, one in five Americans experience a mental health illness that requires treatment at some point in our lives, and,

**WHEREAS**, one in 10 children has a serious emotional disturbance that, if untreated, can lead to school failure, physical illness, substance use, jail, and even suicide; and,

**WHEREAS**, May 7<sup>th</sup> has been designated the National Children's Mental Health Awareness Day; and,

**WHEREAS**, stigma and stereotypes associated with mental illness often keep people from seeking treatment that could improve their quality of life; and,

**WHEREAS**, mental illness is a biologically based brain disorder that cannot be overcome through "willpower" and is not related to a defect in a person's character or intelligence; and,

**WHEREAS**, mental health recovery is a journey of healing and transformation, enabling people with a mental illness to live in a community of his or her choice while striving to achieve his or her full potential; and,

**WHEREAS**, mental health recovery not only benefits individuals with mental health disorders by focusing on their abilities to live, work, learn and fully participate and contribute to our society, but also enriches the culture of our community life.

**NOW, THEREFORE, BE IT RESOLVED**, by the Township Committee of the Township of Wyckoff, County of Bergen, State of New Jersey does hereby recognize the month of May 2021 as "Mental Health Awareness Month" and calls upon citizens, public and private institutions, businesses and schools to promote awareness and understanding of mental illness and the need for appropriate and accessible services for all people with mental health illness to promote recovery.

CERTIFICATION

I, NANCY A. BROWN, ACTING MUNICIPAL CLERK OF THE TOWNSHIP OF WYCKOFF, CERTIFY THE ABOVE TO BE A TRUE AND EXACT COPY OF A RESOLUTION ADOPTED BY THE TOWNSHIP COMMITTEE ON APRIL 27, 2021.

*Nancy A. Brown*  
NANCY A. BROWN, ACTING MUNICIPAL CLERK