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Fall Health Symposium

A Community Event

Grief, Loss & Loving Legacy

Thursday, Sept. 11, 2025 • 8:30 a.m. to 3 p.m.

First Baptist Church, Chipley Hall

500 North Palafox Street • Pensacola, FL

Major preparations are made for various events in life — childbirth, marriage, retirement. This fall health symposium explores Dr. Ira Byock's book, *The Four Things That Matter Most* — “Please forgive me, I forgive you, Thank you, I love you.” All come as a profound framework for healing, connection and closure at death. Through these essential expressions, we will examine how individuals can leave a lasting, practical, spiritual legacy rooted in compassion, reconciliation and love. Together, we will reflect on intentional communication at life's most sacred threshold, how it can foster peace and purpose throughout the living and the dying.

Morning Session

“The Four Most Important Things” — Dr. Donald Winslett

Afternoon Session

“Leaving a Loving Practical and Spiritual Legacy” — Kelly Markham and Dr. Elizabeth R. Turnage

Presenters



Elizabeth R. Turnage, D.Min.
Life and Legacy Coach



Kelly C. Markham, LCSW
Comfort Always Consulting, LLC



Donald Winslett, Ed.D.
Director, Center for Clergy Care
and Education

Registration: dwinslett@centerforclergycares.com • NO COST • 5 CEUs for Clergy

— Lunch Provided —

Baptist Health Care approved continuing education provider #50-183. This event has been approved for the following: LCSW, LMFT, LMHC, CMSW, RN, APRN, LPN, CNA, psychologist, limited license psychologist. Baptist Health Care is accredited by the Florida Medical Association to sponsor continuing medical education for physicians. Baptist Health Care designates this activity for a maximum of 5 hour(s) per session in AMA PRA Category I credits. Physicians should claim credit commensurate with the extent of their participation in the activity.

