From: **FinalForms** mailman@finalforms.com
Subject: MVC Athletics: Week of Sept 14th-19th
Date: September 11, 2026 at 4:10 PM
To:

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Mount Vernon Christian School
via **FinalForms**

Parents/Athletes,

REMINDER - Team Picture & Senior Banner Pictures are Monday, Sept. 14th. Senior banner pictures will be taken in the morning. Team pictures during flex and after school. Please wear your BLUE or DARK or Only jersey.

Week at a glance (coaches provide more detailed team emails):

- 9/14 - Monday
  - Practice (no games)
- 9/15 - Tuesday
  - **HS Girls Soccer vs Lopez Island (MVC Field) - 2:00pm. Dismissal to change 1:00pm**
  - **HS Boys Soccer vs Lopez Island (MVC Field) - 4:00pm. Dismissal to change 2:50pm**
  - HS Girls Volleyball at Auburn Adventist - JV at 5:00pm/Varsity at 6:30pm. Dismiss at 1:15pm
  - MS Coed Soccer at La Conner MS - 4:00pm. Dismiss at 2:45pm
- 9/16 - Wednesday
  - **MS Girls Volleyball vs ICRS. B/C-team at 4:00pm/A-team at 5:00pm. Dismiss at 3:15pm.**
  - *HS Girls Volleyball at Mt. Baker (tentative) - there is an issue in arbiter. I will know more Monday.*
- 9/17 - Thursday
  - **HS Girls Soccer vs Highland - 4:30pm. No early dismissal.**
  - MS Coed Cross Country at Smiley's Bottom in Anacortes - 3:30pm. Dismiss at 2:00pm
  - **MS Coed Soccer vs Conway (MVC MS Field) - 4:00pm. Dismiss at 3:15pm**
- 9/18 - Friday
  - HS Boys Soccer at St. George's in Spokane playing Chesterton Academy at 4:30pm. Dismiss at 8:30am.
  - MS Girls Volleyball at La Conner MS. B at 4:00pm/A-team at 5:00pm.
- 9/19 - Saturday
  - HS Boys Soccer at St. George's - 12:00pm.
  - HS Cross Country at South Whidbey HS/MS - 10:30am. See coach Mucke's email for departure.

Middle School - Practice Schedule

Grade Checks - Tuesday, September 15th - I will run grades on Tuesday. If your athlete is passing all classes, they are good to go. IF your athlete is failing one or more classes, they will be placed on academic probation for one week which means they can practice

and compete in games like normal, but have one week to raise all grades to passing marks. If still failing a class one week later than they will be placed on academic suspension for at least one week and at least one match/meet/game.

This will be a busy week for our athletes, so be sure to stay on top of your studies, sleep, and sports. Be prepared for colder weather as well by bringing the right gear to practice and games.

Looking forward to a great week!! Go 'Canes!!

Thank you,
Patrick Russell
Mount Vernon Christian School Athletics Administration

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