

# SEXUAL ASSAULT AWARENESS MONTH

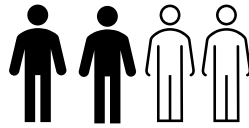
April 2025



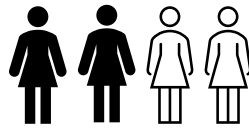
It is estimated that in the United States:



38 million individuals have  
been victims of rape or  
attempted rape



**57.3%** of men



**56.1%** of women

were raped by an acquaintance



**54.3%**  
of women



**30.7%**  
of men

will experience rape, sexual coercion, or  
unwanted sexual contact during their lifetimes

## Impact of Sexual Assault on Survivors



Victims of sexual assault are more likely to develop conditions such as asthma, frequent headaches, sleep disturbances, irritable bowel syndrome, and chronic pain.



It is estimated that the lifetime economic burden of rape to a victim is \$122,461. This includes costs related to medical expenses, property damages, lost work, and other expenses.



Rape survivors may experience anxiety, depression, post-traumatic stress disorder, substance use, and suicidal ideation because of the rape.

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**April 2025**



## In 2023, Virginia's Sexual Violence Advocacy Services:



### **HOTLINE CALLS**

Responded to **9,283** sexual violence hotline calls.



### **SEXUAL VIOLENCE ADVOCACY**

Provided **67,077** hours of sexual violence advocacy services to adults and children.



**If you or someone you know is a victim of sexual assault, please contact:**

Virginia Family Violence and  
Sexual Assault Hotline  
**1-800-838-8238**  
(24-hours/day tollfree)  
[www.vsdvalliance.org](http://www.vsdvalliance.org)

Virginia Victim Assist Helpline  
**1-855-4-HELP-VA**  
**(1-855-443-5782)**  
<https://vanetwork.org>



Virginia Department of Criminal Justice Services [www.dcjs.virginia.gov](http://www.dcjs.virginia.gov)

Basile, K.C., Smith, S.G., Kresnow, M., Khatiwada S., & Leemis, R.W. (2022). The National Intimate Partner and Sexual Violence Survey: 2016/2017 Report on Sexual Violence. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

Peterson C, DeGue S, Florence C, Lokey CN. Lifetime Economic Burden of Rape Among U.S. Adults. Am J Prev Med. 2017 Jun;52(6):691-701. doi: 10.1016/j.amepre.2016.11.014. Epub 2017 Jan 30. PMID: 28153649; PMCID: PMC5438753.

Virginia Sexual and Domestic Violence Action Alliance (2024) 2023 Sexual Violence Services in Virginia VAdat Report.

World Health Organization (2012) "Understanding and Addressing Violence Against Women: Intimate Partner Violence