

About Our Coaches



The Rev. Lisa Saunders Ahuja

I was ordained to the priesthood in 2007 at St. John's Church, Lafayette Square after graduating from Virginia Theological Seminary with a Master of Divinity. I have served churches in Washington, D.C., Wisconsin, and Texas. Before moving to Washington D.C., I lived in Australia for four years, and served as a chaplain in Anglican schools there. In January of 2020, I returned to the Episcopal Diocese of Washington to serve as Rector of St. Thomas' Parish, Washington D.C. I began my coaching training with an Episcopal Latino Ministry cohort four years ago.



Rev. Amanda Akes-Cardwell

I am an Episcopal priest with 10 years of experience ministering with vibrant and varied parish communities. I currently serve as the Associate Rector for Community, Formation, and Outreach at Grace Episcopal Church in Silver Spring, Maryland. Engagement with multicultural ministry domestically and abroad has fostered my deep love for all of God's people and my ability to connect with diverse communities. I am drawn to the Tending Our Soil initiative because I have a pastor's heart that is grounded in my ability to listen deeply, reflect honestly and challenge gently. During my free time I enjoy reading, spending time outside, and going on adventures in the DMV with my wife Sarah, and our infant son Samuel.



Aileen Moodie

I am a lifelong Episcopalian and have been a member of Grace Church, Silver Spring, for the past 30 years, where I serve as Vestry Recorder, a Eucharistic Minister, a Daughters of the King, and a member of the Altar Guild. Two years ago, I retired from full-time admission work and teaching at St. Andrew's Episcopal School, where I continue to

teach part-time in the Language and Religion Departments as needed. My husband Michael and I have two adult children: a daughter, Amanda, who lives in Hyattsville and a son, William, who lives in Los Angeles. I enjoy reading mysteries, taking long walks with our ever-energetic terrier, gardening, doing puzzles of all sorts, and (in pre-pandemic times) traveling and eating out.



Alethea Long-Green

I am a member of Epiphany Episcopal Church, Forestville, and am currently enrolled in the Episcopal Diocese of Washington's Diaconate Program with a planned ordination date in September 2022. Life as a Deacon will be a second career and fulfillment of a lifetime calling after a 30-year career in public and private industry. Currently, I am interning with the National Reentry Network for Returning Citizens, a Washington, community-based nonprofit that provides resources and support for formerly incarcerated individuals seeking to reclaim their families and places in society upon returning home. In the past, I have been a Senior Management Advisor with consulting and leadership experience in strategic human capital, program management, training and development, technology assessment, and program evaluation and former Adjunct Professor. I am recently married to Stewart L. Thomas. I am mother and mother-in-law to Dia and Vance Smith, and grandmother to six-year-old Keaton Alexander Smith.