



The Y's Women

January 2023

The Y's Women Newsletter

GENERAL MEETINGS

Open to members and their guests

Place Green's Farms Church, 71 Hillandale Road, Westport

10:45 am Coffee and Conversation

11:30 am Meeting and Speaker

January 9 – Jane Green, It's Never Too Late to Change



Well-known author Jane Green will discuss reinvention – how she reinvented her life, and why it's never too late to make changes. She notes that Martha Stewart was over 40 when her book *Entertaining* was released, making her into a giant star.

Jane is the head of Emerald Audio, a new podcast network creating original dramas for busy women from some of the best-loved writers in the country. She is also the author of 21 novels, including 18 *New York Times* bestsellers. She has more than 10 million books in print and is published in over 25 languages. Jane's new book, *Sister Stardust*, was her first foray into biographical fiction, telling the story of Talitha Getty in Marrakech in the late 1960s.

We are delighted to welcome Jane to Y's Women on January 9 for our first meeting in 2023.

January 23 – Stacey Sobel, The State of Hate in Connecticut

Stacey G. Sobel, Director of the Connecticut Anti-Defamation League (ADL), will discuss whether hate is on the rise in Connecticut, and how our communities are impacted by it. She will address the question of whether hate speech is the price we pay for living in a free society, and what we can do about it.

The ADL is the leading anti-hate organization in the world. Founded in 1913, its timeless mission is "to stop the defamation of the Jewish people and to secure justice and fair treatment to all." Stacey is passionate about ADL's mission of fighting hate for good. For nearly a decade, she was Executive Director of Child Advocates of Connecticut, which serves the needs of abused and neglected children. A lawyer by training, earlier in her career Stacey was in private practice and served in the General Counsel's office of Continental Can Company.



SATELLITE GROUPS

(Y's Women Members Only)

NOTE: Several satellite groups will now be meeting at the Westport Center for Senior Activities. All participants at these meetings must be registered with the Senior Center and must check in when arriving.

Book Group 2 will meet at the Westport Center for Senior Activities on Thursday, January 5 from 1:30 to 3:00 pm. The book to be discussed is *Circe* by Madeline Miller, and the discussion will be led by Jill Meyer. If you have questions, please contact Nancy Bloom at nancyerb@aol.com or Arlene Bloom at bloomah@sbcglobal.net.

Book Group 3 will meet at the Westport Center for Senior Activities on Friday, January 13 at 10:30 am to discuss *The Daughters of Yalta* by Catherine Grace Katz. Andrea Turner will lead the discussion. For more information, contact Doris Levinson at drjlevinson@gmail.com or 227-3371.

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SATELLITE GROUPS

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The **Movie Club** will meet on Wednesday, January 18 at the Westport Center for Senior Activities. We will meet informally at 2:00 pm to give members a chance to socialize, and our discussion will begin at 2:30. We ask all attendees to have been vaccinated. The Senior Center limits us to 20 attendees, so please confirm your attendance with Margaret Mitchell at margaret06824@yahoo.com or 255-9094 no later than January 16.

We plan to discuss the movies *Dirty Rotten Scoundrels* and *Glass Onion: A Knives Out Mystery*. *Dirty Rotten Scoundrels* is scheduled for broadcast at 9:00 pm on Saturday, January 7 on the WNET network of PBS as part of Reel 13 Classics, and a DVD or video disc is listed in the catalog of the Fairfield Library. *Glass Onion* is available on Netflix.

Dirty Rotten Scoundrels is a 1988 American comedy directed by Frank Oz and starring Steve Martin, Michael Caine, and Glenn Headly. The film tells the story of two con men competing to swindle an heiress out of \$50,000. Caine plays educated and suave Lawrence Jamieson, while Martin plays his less-refined, small-time rival Freddy Benson.

Glass Onion is a 2022 American mystery written and directed by Rian Johnson. It is the sequel to the 2019 film *Knives Out*, with Daniel Craig reprising his role as master detective Benoit Blanc as he takes on a new case. The ensemble cast includes Edward Norton, Janelle Monáe, Kathryn Hahn, Leslie Odom Jr., Jessica Henwick, Madelyn Cline, Kate Hudson, and Dave Bautista.

If you wish to be added to the email list for future events, please contact Margaret Mitchell at 255-9094 or margaret06824@yahoo.com.

The **Lunch & Trivia group** will meet on January 19 (the third Thursday of the month) at 12:00 noon at the VFW Hall. The cost of lunch is \$25. Please contact Annette Kirban at [lakirban@op\(online.net](mailto:lakirban@op(online.net) if you are interested in attending.

NewsTalk: Interested in national and world affairs? Join other Y's Women for lively discussions at NewsTalk. We will meet on Thursday, January 26 from 10:00 to 11:30 am at the Westport Library, room 210. For more information, please contact Doris Skutch at 247-3656.

Solos will be going to Gray Goose in Southport for brunch on Sunday, January 22 at 12:00 pm. The address is 246 Old Post Road, Southport. We will be able to order off the menu and have individual checks. Please contact Terry Queirolo at 847-4121 or tmq44@icloud.com no later than January 16 for reservations.



Solos had a great turnout for the Holiday Luncheon at Rive Bistro on December 10. Terry Queirolo, left, and Jane Barbieri, who co-chaired the luncheon, held an enjoyable grab bag during the festivities.

Wisest Investment Group: We are looking for a brave new member to join the Wisest Investment Group as we try to navigate our joint stock portfolio. It's a Bull Market, and we've been there before. This would be a good time to buy in, as our portfolio has taken a dip like everyone else's. You will find intelligent minds reaching a solution. We will meet on January 26, the fourth Thursday of the month. For more information, contact our President, Louise Demakis, at 254-6424 or lwdemakis@optonline.net.

The **Tai Ji Group** meets every Tuesday at 11:30 am – 12:30 pm on Zoom. The teacher is Ruby Shih, a long-term Tai Ji / Qi Gong teacher and founder of Tai Ji School (Society of Nanalaoshu) in Manhattan. A newly formed class on meditation and self-care massage will meet on Wednesdays from 7:30 – 8:30 pm on Zoom. The focus of these classes is to align with balance, stability, ease, and wellness. A fee of \$5 per session will be used for liability insurance and other fees. If you are interested in either of these classes, please contact Ruby Shih at 917-816-6661 or Rubypalace88@gmail.com.

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SATELLITE GROUPS

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The **Mah Jong Group** will have some new rules and regulations beginning in 2023. Games will be held every Tuesday afternoon from 1:00 to 3:00 pm at the Westport Center for Senior Activities, room to be announced. If you wish to attend, please contact Barbara Alfinito at Barbsgetaway@aol.com or 205-533-1884 by the Sunday before the session. (If you text her, please include your name on the text.) The number of players will be limited to 12. Players will be accepted on a first-come, first-serve basis, and Barbara will email the group on Monday with the names of those who are playing that week. The Senior Center has lessons for beginners every Monday, so at this time the group will only be open to people who know how to play.

We will play with the 2022 cards until April, and in March we will take orders for new cards at \$12 each for those who wish them. Or you can purchase a new card yourself. The group plays for a small amount of money, as indicated on the card.

The **Memoir Group** has many snowbirds, and because of this will not be meeting for the next several months. We are hoping to meet on Zoom before that time if enough members are interested. Please contact Cary Peterson at carypeterson3@gmail.com if you would like to take part.

The **Bridge Group** is hoping to resume a weekly intermediate bridge game starting in March/April. If you are interested, please contact Deanna Saltzman at salzy312@aol.com.

CARPOOL & GO

On Friday, January 20, Carpool & Go will travel to the **Wadsworth Atheneum Museum of Art** in Hartford to see the special exhibit “Fired Up: Glass Today” and also their “Spotlight Exhibition,” which features “Coast of Brittany (Alone with the Tide),” a James Abbott McNeil Whistler painting. From studio glass to American flameworking, Fired Up presents a major showing of contemporary glass work created out of the artists’ desire to connect with their materials and engage greater conversations surrounding community. More than 50 glassmakers who are pushing boundaries, forging new paths, and inspiring

people in support of their art are represented – including Dale Chihuly, Lino Tagliapietra, and Raven Skyriver.

The Museum Cafe is open again, and we will have lunch there at 11:30 am, before our docent-led tour at 1:00 pm. We have opted for the \$18 lunch, which includes a salad or sandwich, a drink, and a small pastry or cookie (total price, including tax and tip, is \$22.56). The choices are:

- *Salads:* Apple and Kale, Caesar, Tomato Basil, Berkins House; *Dressings:* Honey Mustard, Ranch, Italian Balsamic Vinaigrette, Caesar.
- *Sandwiches:* Veggie Wrap (spinach wrap), or Chicken Salad or Roast Beef sandwich on brioche roll.
- *Drinks:* Coke, Diet Coke, Sprite, Ginger Ale, bottled water, assorted seltzers.
- *Desserts:* Brownie, Crumb Cake, Chocolate Chip or Peanut Butter cookie.

We will meet at Trader Joe's / Wells Fargo parking lot at 9:45 am for a 10:00 departure. In Hartford it is recommended that we park in the Front Street South Garage (62 Front Street Crossing, \$3 with validated ticket) to avoid the confusion of the meters on the streets near the Museum. To reserve your spot, please contact Lydia Menendez at 319-1110 or lydiamnndz12@gmail.com, and send her a check (made out to her) for \$32.56 (\$10 museum admission plus lunch), along with your lunch choice, as soon as possible to 388 Oldfield Road, Fairfield, CT 06824. The reimbursement to drivers for gas is \$8. Please indicate if you are willing to drive – drivers are always appreciated!



In Memoriam: Eileen Claveloux

Eileen M. Claveloux, aged 87, passed away peacefully on November 3 at the Connecticut Hospice in Branford. Eileen, a former Y's Women member, was a retired RN and Psychiatric Nurse.