



May 2025

# The Y's Women Newsletter

## GENERAL MEETINGS

*Open to members and their guests*

**Place:** Green's Farms Church, 71 Hillendale Road, Westport  
**10:45 am** Coffee and Conversation  
**11:20 am** Announcements  
**11:30 am** Speaker

**NOTE:** Extra parking is available in front of the large lot on the grass and across the street in front of the Minister's house.

## May 12 – Fiona Davis, Best-Selling Novelist



We are delighted to welcome best-selling novelist Fiona Davis, author of eight historical fiction novels set in iconic New York City buildings. She tells fascinating and often little-known histories behind these landmarks through the eyes of female characters seeking the truth about themselves and the world around them. Previous best-sellers included *The Magnolia Palace*, *The Address* [about the Dakota], and *The Lions of Fifth Avenue*.

In *The Stolen Queen* – Fiona's newest novel, published in January – the story centers on the Metropolitan Museum of Art and its famed Met Gala, at the same time exploring Egypt's Valley of the Kings.



In this very special presentation, Fiona will be interviewed by well-known broadcast journalist and political commentator Alisyn Camerota.

As always, all Y's Women are welcome at this presentation without registering. But if you would like to bring a guest, the guest's name must be registered, in advance, with Jilda Manikas at [jildam00@yahoo.com](mailto:jildam00@yahoo.com).

## Uniting Y's Men and Y's Women for Bridge

We have been invited to play duplicate bridge with the Y's Men every Friday from 12:00 to 4:00 pm at the Westport Center for Senior Activities.

If you're interested, please email Mario Sa Couto ([msacouto@hotmail.com](mailto:msacouto@hotmail.com)) with your name, contact information, and cell phone number, and you will be included as a regular player. On Monday or Tuesday of every week, Mario will email all regular players asking them to confirm if they will play the following Friday.

## Of Special Interest to Y's Women

Dr. Robert Altbaum and two female physicians specializing in breast cancer – Dr. Lisa Phuong, medical oncologist, and Dr. Jeanne Capasse, breast surgeon – will discuss the relevant and exciting progress in diagnostics and therapeutics of breast cancer. The presentation, to be held on June 3 at the Westport Public Library at 7:00 pm, will focus on surgical approaches and reconstructive surgery of patients with breast cancer. This promises to be an informative presentation not to be missed.

## INTEREST GROUPS (Y's Women Members Only)

**NOTE:** All Y's Women who participate in meetings held at the Westport Center for Senior Activities must be registered with the Center and check in before each meeting.

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## Donations to Mercy Learning Center

Thank you for your generous support of the Mercy Learning Center. Donations for the season will conclude at our May 12 meeting and will resume in September.

*Y's Women's  
Spring Picnic and Annual Meeting*

*WEDNESDAY, June 4 - 12:00 pm*

*Boathouse Restaurant  
Saugatuck Rowing Club  
521 Riverside Avenue, Westport*

*Cost: \$50 per person*

*Hot buffet, salads, and dessert*

*Send a check for \$50, made out to Y's Women, to:  
Terry Queirolo, 305 Foxboro Drive, Norwalk, CT 06851.*

*Questions: contact Terry at 847-4121 or [tmq44@icloud.com](mailto:tmq44@icloud.com).*

*Payment must be received by May 23. No walk-in exceptions.*

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*I will attend the Spring Luncheon and Annual Meeting.*

*Name: \_\_\_\_\_*

*Phone: \_\_\_\_\_*

*Email address: \_\_\_\_\_*

## INTEREST GROUPS

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**Book Group 2** will meet at the Westport Center for Senior Activities on Thursday, May 8 from 1:30 to 3:00 pm. We will be discussing *Maybe You Should Talk to Someone* by Lori Gottlieb. Beverly Silverman will lead the discussion. Please email Nancy Bloom at [nancyverb@aol.com](mailto:nancyverb@aol.com) if you have any questions.

**Book Group 3** will meet at the Westport Center for Senior Activities on Friday, May 9 at 10:30 am to discuss *Kantika* by Elizabeth Graver. Andrea Harman will lead the discussion. New members are welcome to our group. If you are interested or have any questions, contact Doris Levinson at 227-3371 or [drjlevinson@gmail.com](mailto:drjlevinson@gmail.com).

The **Movie Club** will meet on Wednesday, May 21 at the Westport Center for Senior Activities. We meet informally at 2:00 pm to give members a chance to socialize, and our discussion begins at 2:30. Our room often changes, so be sure to ask the front desk about our location. We ask all attendees to have been vaccinated. We are limited to 25 attendees, so please confirm your attendance with Margaret Mitchell by May 17.

We plan to discuss the movies *Enchanted April* and *Pride & Prejudice*. *Enchanted April* was broadcast at 9:00 pm on Saturday, April 19 as part of PBS Reel 13 Classics. *Pride & Prejudice* is available on Netflix. Videos for both movies are also listed in the catalogs of the Westport and Fairfield Libraries.

*Enchanted April* is a 1991 British historical drama directed by Mike Newell. The screenplay by Peter Barnes was adapted from Elizabeth von Arnim's 1922 novel *The Enchanted April*. It stars Miranda Richardson, Josie Lawrence, Polly Walker, and Joan Plowright, with Alfred Molina, Michael Kitchen, and Jim Broadbent in supporting roles.

*Pride & Prejudice* is a 2005 historical romantic drama directed by Joe Wright and based on Jane Austen's 1813 novel. The film features five sisters from an English family of landed gentry as they deal with issues of marriage, morality, and misconceptions. Keira Knightley stars as Elizabeth Bennet, while Matthew Macfadyen plays Mr. Darcy, who falls in love with her.

If you wish to be added to the email list for future events, please contact Margaret Mitchell at 255-9094 or [margaret06824@yahoo.com](mailto:margaret06824@yahoo.com).

## Let's Meet for Lunch ...

...on Thursday, May 8 at 12:30 pm at **Mexica** to celebrate Cinco de Mayo – as we did last year. The menu features an array of Mexican dishes including lunch specials at \$15. We will receive separate checks. Mexica is located in Westport at 221 Post Road West, at the Sylvan Road South intersection. All Y's Women are welcome. For reservations, contact Judy Mappa at [judydypala@hotmail.com](mailto:judydypala@hotmail.com) by May 7.

**NewsTalk:** Interested in national and world affairs? Join other Y's Women for lively discussions at NewsTalk. Our next meeting is on Thursday, May 22 from 10 - 11:30 am at the Westport Library, Room 214. For information, contact Sheila Weiss at 227-2786 or [srweiss@gmail.com](mailto:srweiss@gmail.com).

**Solos** will be going to **Luigi's Restaurant** (170 Post Road, Fairfield) for lunch at 12:30 pm on Thursday, May 22. We will have a special three-course luncheon for \$16.95 plus tax and tip, with separate checks. There is a choice of soup or salad, several entrees, and a special dessert that day. For reservations, contact Terry Queirolo at [tmq44@icloud.com](mailto:tmq44@icloud.com) or 858-1470 by Monday, May 19.

## TUESDAYS AT THE BEACH

### Hosted by Solos for All Y's Women

We will once again meet at Compo Beach starting May 13 and every Tuesday through September, weather permitting. No pass is required for Tuesdays; just tell them at the gate you are with Y's Women. We will meet at 4:00 to 4:30 pm to the right of the cannons. Bring your beach chair and your dinner, and join us for many pleasant evenings of socializing.

We will also have our popular Pot Luck Dinners on the second Tuesday of the month, starting June 10 and also July 8 and August 12. We ask everyone to bring something to share. All paper products along with water and iced tea will be provided by Solos.

The **Lunch & Trivia** group will meet at noon on May 15 at the VFW Hall. The cost is \$25 (cash only). If you wish to attend, please contact Annette Kirban at [lakirban@optonline.net](mailto:lakirban@optonline.net) or 505-1187.

The **Mah Jong Group** meets every Thursday at 1:00 pm at the Westport Center for Senior Activities. Experienced players are welcome. For information, contact the group's new administrator, Mona Unser, at [mona.unser@gmail.com](mailto:mona.unser@gmail.com).

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## INTEREST GROUPS

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Sadly, the **Wisest Investment Group** is disbanding after a long and successful run.

**The New Yorker Discussion Group** meets on the second Tuesday of each month from 10:30 am until noon in the Westport Library, Room 213. Each participant chooses an article from one of the previous month's issues and leads a short discussion about the article. Participants who are not able to meet personally can participate on Zoom. If you're interested, please contact Ellen Cahill at 856-6561 or [ellenjcahill@hotmail.com](mailto:ellenjcahill@hotmail.com) or for details.

**Tai Ji:** Instructor Ruby Shih is an experienced long-time Tai Ji / Qi Gong and Meditation teacher and a founder of a Tai Ji School in Manhattan ([Nanlaoshu.org](http://Nanlaoshu.org)). She offers a Tai Ji class that meets weekly on Wednesdays from 9:30 to 10:30 am at the Saugatuck Congregational Church, 245 Post Road East, Westport, Room 109. The class focuses on breath and slow movement for relaxation, grounding, and balance to enhance our physical and mental well-being. A fee of \$10 per session is used to offset rental and insurance costs. If you're interested, please contact Ruby at [Rubypalace88@gmail.com](mailto:Rubypalace88@gmail.com) or 917-816-6661.

**Scrabble:** On the first and third Monday of each month, Pennie More hosts a Scrabble game at 1630 Post Road East, Unit 214 (Lansdowne) from 10:30 am to 12:30 pm. Please contact Pennie at [pcmore2@gmail.com](mailto:pcmore2@gmail.com) or 216-2862 to reserve a seat at the table.



*Join Pennie More and others for Scrabble!*

## CARPOOL & GO!

On Thursday, May 29, Carpool & Go will visit the popular **Seven Bridges Foundation** in Greenwich for an 11:00 am tour. Seven Bridges was founded in 1993 as a nonprofit enterprise by Richard McKenzie to support well-known and emerging artists. Located on 80 acres in back-country Greenwich, the beautifully cultivated property is comprised of two galleries and scattered outdoor sculptures. The 1,200-piece collection includes modern and figurative paintings, fabulous glass art created by international artisans, sculptures, and photographs. "I hope visitors leave Seven Bridges with a different mindset than when they entered," notes McKenzie.



We'll meet behind the Wells Fargo bank at Trader Joe's parking lot at 9:30 am for a 9:45 departure. Our 11:00 guided tour will cost \$20 per person. Please contact Jill Meyer at [jill@awayfortheday.net](mailto:jill@awayfortheday.net) or 226-4310 to reserve your place, and then mail a check for \$20 payable to Jill at 40 Owenoke Park, Westport CT 06880. The gas reimbursement for your driver will be \$5 in cash. Please indicate whether or not you can drive, as drivers are always needed and appreciated.

After our tour, lunch will be at **Capulis**, 143 Post Road East (Sconset Square is in back), Westport, 557-9340.

### Directions:

Drive south on the Merritt Parkway to exit 29. At the end of the ramp, turn left onto Old Mill Road North. Turn right onto North Porchuck and follow it to our destination at 114 John Street, Greenwich.

Jill Meyer cell phone: 216-7666

Lydia Menendez cell phone: 543-7484