



St. Wilfrid of York
The Episcopal Church in Huntington Beach

St. Wilfrid's is a Christian community seeking to know and unconditionally share God's unfailing love.

The Twelfth Sunday after Pentecost

11 AUGUST 2024, 10:30 AM



Artwork by Andrea D'Aquino

We invite you to silence your cell phone before the service begins.

Voluntary

Air (Water Music)

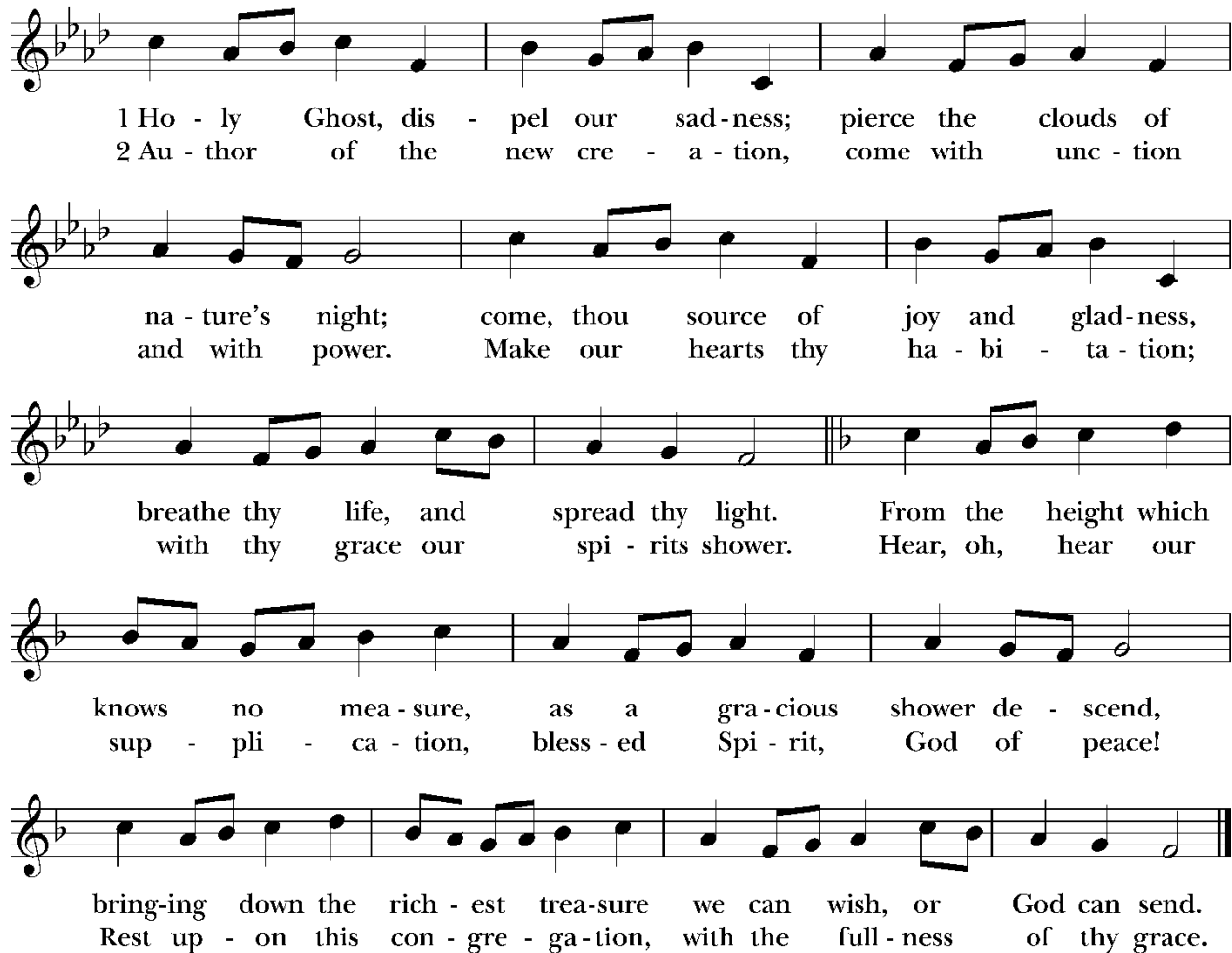
George Frideric Handel

THE INTRODUCTORY RITE

Please stand as you are able when the procession enters the nave.

Hymn 515 Holy Ghost, dispel our sadness

GENEVA



1 Ho - ly Ghost, dis - pel our sad-ness; pierce the clouds of
2 Au - thor of the new cre - a - tion, come with unc - tion

na - ture's night; come, thou source of joy and glad-ness,
and with power. Make our hearts thy ha - bi - ta - tion;

breathe thy life, and spread thy light. From the height which
with thy grace our spi - rits shower. Hear, oh, hear our

knows no mea - sure, as a gra - cious shower de - scend,
sup - pli - ca - tion, bless - ed Spi - rit, God of peace!

bring-ing down the rich - est trea-sure we can wish, or God can send.
Rest up - on this con - gre - ga - tion, with the full - ness of thy grace.

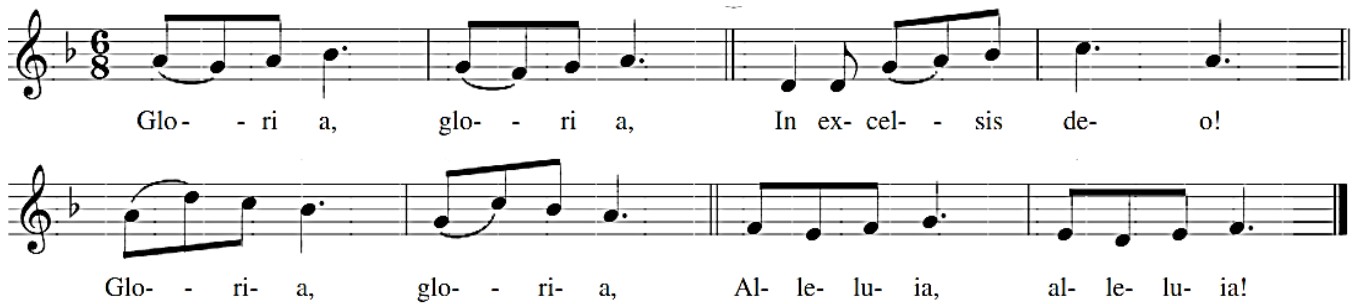
Opening Acclamation

Presider: Blessed be God: ✠ Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and forever. Amen.**

Presider: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Glory to God



Collect of the Day

Presider: The Lord be with you.

People: **And also with you.**

Presider: Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LITURGY OF THE WORD

– The *liturgy* is God’s community gathered to actively share the Word and the Eucharist. The Old Testament is a collection of the canonical books of the Hebrew Bible that are authoritative for both Christian and Jews. –

The First Lesson 2 Samuel 18:5-9, 15, 31-33 (NRSV)

A reading from the Second Book of Samuel.

The king, David, ordered Joab and Abishai and Ittai, saying, “Deal gently for my sake with the young man Absalom.” And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David.

Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on.

And ten young men, Joab’s armor-bearers, surrounded Absalom and struck him, and killed him.

Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man."

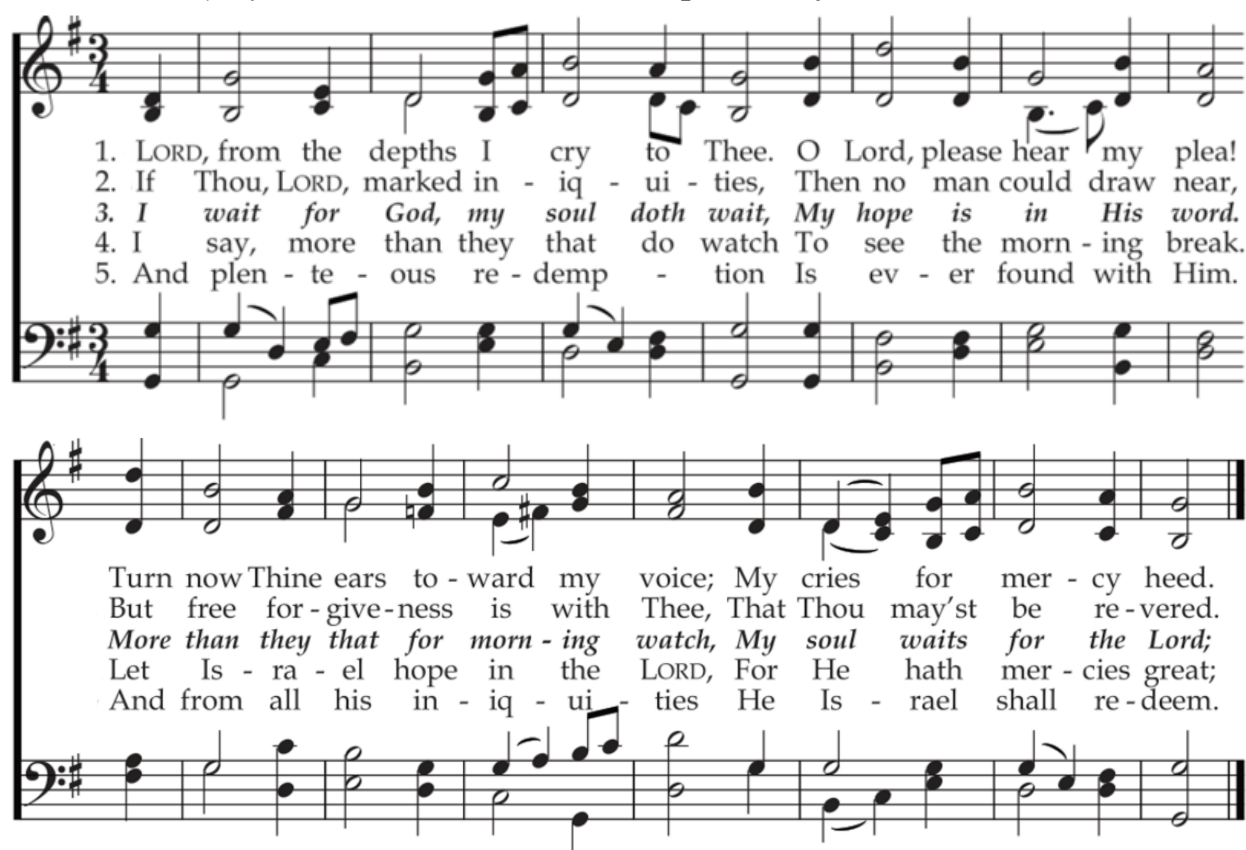
The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

The Word of the Lord.

People: **Thanks be to God.**

The People remain seated for the singing of the Psalm.

Psalm 130 *De profundis* Lord, from the depths I cry to Thee **ABERYSTWYTH**



1. LORD, from the depths I cry to Thee. O Lord, please hear my plea!
 2. If Thou, LORD, marked in - iq - ui - ties, Then no man could draw near,
 3. I wait for God, my soul doth wait, My hope is in His word.
 4. I say, more than they that do watch To see the morn - ing break.
 5. And plen - te - ous re - demp - tion Is ev - er found with Him.

Turn now Thine ears to - ward my voice; My cries for mer - cy heed.
 But free for - give - ness is with Thee, That Thou may'st be re - vered.
 More than they that for morn - ing watch, My soul waits for the Lord;
 Let Is - ra - el hope in the LORD, For He hath mer - cies great;
 And from all his in - iq - ui - ties He Is - rael shall re - deem.

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The Epistle Ephesians 4:25-5:2 (NRSV)

A reading from the letter to the Ephesians.

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing;

rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

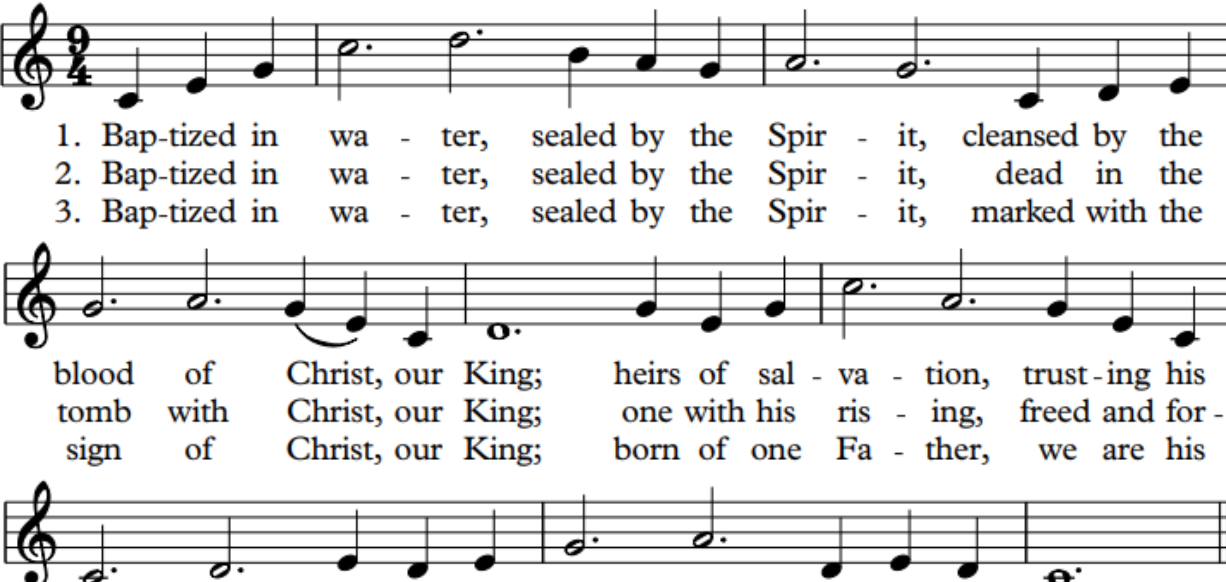
The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able and join in singing the Sequence Hymn.

Sequence Hymn Baptized in Water

TRAD. GAELIC MELODY



1. Bap-tized in wa - ter, sealed by the Spir - it, cleansed by the
 2. Bap-tized in wa - ter, sealed by the Spir - it, dead in the
 3. Bap-tized in wa - ter, sealed by the Spir - it, marked with the

blood of Christ, our King; heirs of sal - va - tion, trust-ing his
 tomb with Christ, our King; one with his ris - ing, freed and for -
 sign of Christ, our King; born of one Fa - ther, we are his

prom - ise, faith - ful - ly now God's prais - es we sing.
 giv - en, thank - ful - ly now God's prais - es we sing.
 chil - dren, joy - ful - ly now God's prais - es we sing.

Gospel John 6:35, 41-51 (NRSV)

Gospeler: ✠ The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

-The Sermon or Homily helps us apply the words of the early prophets and Christ in our lives.-

The Sermon

The Rev. Nathan Biornstad
Rector

A period of silent reflection follows the homily.

The Nicene Creed *All stand and say together.*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.**

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate of the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again, in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
With the Father and the Son he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Intercessory Prayers

Leader: One God who creates, redeems, and sustains us: you brought us into being, and we do not want to exist without you. Let us join together in prayer, saying, "Give us the strength we need for today," and responding, "and the hope we need for tomorrow."

We pray for Christ's body, your church. Remind us that we are in union with you and one another. Teach us to be imitators of you.

Silence

Give us the strength we need for today,

People: **And the hope we need for tomorrow.**

Leader: Lord, we pray to be more like the Rev. Merrill Bittner, one of the Philadelphia 11, the first women ordained in the Episcopal Church. Grant us similar unwavering faith and perseverance in the face of challenges. Help us to imitate her dedication and compassion. May we overcome any obstacles we encounter. May we, like Merrill, carry your love and grace to every corner of our lives, bringing hope and light to those we serve in your name.

Silence

Give us the strength we need for today,

People: **And the hope we need for tomorrow.**

Leader: We pray for those in authority across the globe. Infuse them with wisdom and speak peace into their hearts. Expand your vision for the world to every corner of the earth, to every part of your creation.

Silence

Give us the strength we need for today,

People: **And the hope we need for tomorrow.**

Leader: We pray for those who carry burdens of illness, pain, anxiety, or grief.
May they draw strength from your presence and comfort those
around who care for them. We pray especially for George, Lin, Nancy,
and Paula.

You may add additional prayer requests at this time.

Give us the strength we need for today,

People: **And the hope we need for tomorrow.**

Leader: We pray for those who have died, who are now surrounded by your
glory and the songs of angels. Comfort those who mourn with your
promise of hope and of the resurrected life. We pray especially for
those who loved Nicholas.

You may add additional prayer requests at this time.

Give us the strength we need for today,

People: **And the hope we need for tomorrow.**

Prayers of the People

In Our Prayers: Gus Ambriz, Caroline Anderfaas, Justin Anderson, Betsy Bailey, Robert Cherpes, Diane Coy, Chris Hornyak, the Jouret family, Ginger Leachman, Esther Manguramas, Steve Martin, Dan O'Brien, Ann Ortt, Tracy Quigley, George Ranney, Claire Ross, Marianne Sparks, Rev. Nancy Sinclair, Zaida Tolton, John Walton, Tom Wesley, Betty Wilcox, and Derek Wimmer.

The Confession

Presider says: Let us confess our sins against God and our neighbor.

Silence may be kept. The Presider and People then say together:

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;**

**that we may delight in your will,
and walk in your ways,
to the glory of your Name.
Amen.**

The Presider says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

- The Peace is an extension of Christian greeting and teaching to love our neighbor as ourselves. It symbolizes our intent to forgive as we are forgiven, to live in peace with all people. We greet one another in the name of the Lord. –

Passing of the Peace

Priest: The peace of Christ be always with you.

People: **And also with you.**

Then the people may greet one another in the name of the Lord.

Announcements & Blessings

Women's Ordination Celebration

Join us on Sunday, October 27th at 5pm as we celebrate the 50th anniversary of women's ordinations with a very special service honoring this significant milestone. This service will feature many familiar faces, including Rev. Kay Sylvester and Rev. Karen Maurer.

To deepen our appreciation, each week leading up to the event, we'll include a biography in the bulletin inserts highlighting the lives and contributions of the eleven women who were first ordained. Today, we are honoring Rev. Merrill Bittner. Don't miss this chance to reflect on their remarkable legacy!

New Schedule for Godly Play

Godly Play returns on September 8th with an exciting change. Our Sunday School program will now be alternating being offered at our 8:30am service and our 10:30am service. Months with five Sundays will have Sunday School at both services.

Homecoming Sunday

Celebrate Homecoming Sunday on September 8th, where we'll bless our preschool teachers and all students at 8:30am and welcome back the St. Wilfrid

Choir at 10:30am. Fun and games for the whole family will be available between services, hosted by our fantastic preschool teachers. This is a great Sunday to bring a friend!

Social Media Profile

You may have recently noticed an account on Facebook and/or Instagram that looks slightly suspicious. Never fear, “SaintWilfrid York” is an account we have created to help us manage our social media pages. We appreciate those of you who reached out to report the account.

If you have experience using Facebook/Instagram Meta, the office could use your expertise! Contact Laurie via email at admin@stwilfridschurch.org to lend your aid.

Offertory Sentence

– As a continuation of thousands of years of spiritual practice, talent, treasures, and oblations are offered before the altar in our response to God’s care and nurture. –

If you would like to support the mission and ministries of St. Wilfrid's through an online donation, please scan this QR code



Offertory Solo

It is well with my soul

Text: Horatio Spafford

Music: Philip Bliss

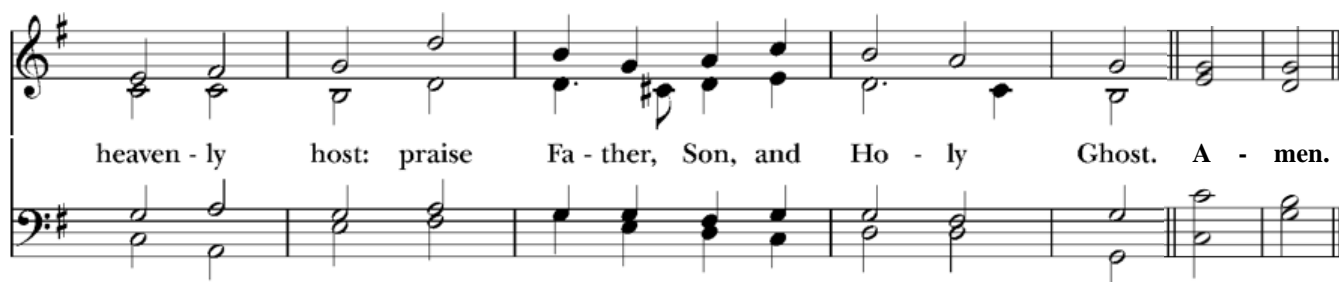
Presentation Hymn

Old 100th

A musical score for a hymn, featuring two systems of music. Each system consists of a treble and bass staff joined by a brace. The key signature is one sharp (F#), and the time signature is common time (C). The lyrics are written below the notes. The first system of music has the lyrics: "Praise God, from whom all bless - ings flow; praise". The second system of music has the lyrics: "him, all crea - tures here be - low; praise him a - bove, ye".

Praise God, from whom all bless - ings flow; praise

him, all crea - tures here be - low; praise him a - bove, ye



THE HOLY COMMUNION

- A Sacrament is an outward and visible sign of an inward and spiritual grace given unto us, ordained by Christ himself. For Anglicans there are two great Sacraments: Eucharist and Baptism. The *Sursum Corda* (Lift up your hearts) is an invitation for the people joining in the Eucharistic offering, to raise minds and hearts to “things that are above, where Christ is, seated at the right hand of God.” -

Please stand as you are able.

Presider: The Lord be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Presider: It is truly right to glorify you, Holy God, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and forever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing:

- The *Sanctus* echoes the words of the high angels, in the prophet Isaiah’s vision of the dwelling place of God (Isaiah 6:1-3).
- The *Benedictus* also comes directly from Scripture as the acclamation that disciples uttered as Jesus entered Jerusalem. -

Sanctus & Benedictus

Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. * Bless - ed is he who comes

in the name of the Lord. Ho - san - na in the

high - est. Ho - san - na in the high - est.

The people may continue standing, or they may kneel as they are able.

Presider: We acclaim you, Holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the

power of death. In your mercy, you came to our help, so that in seeking you, we might find you. Again and again, you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Glorious God, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor, he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose, he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification ✠ of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Holy God, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Presider and People: **We praise you, we bless you.**
 We give thanks to you.

— The *epiclesis* is the point at which the church, through the voice of the Presider, asks God to make holy, 'sanctify', 'send', 'pour', 'breathe', both the gift of bread and wine and the people who stand around the altar in worship. —

Presider: Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the matriarchs, patriarchs, prophets, apostles, and martyrs, with St. Wilfrid and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

The Lord's Prayer

Presider: And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,	as we forgive those
hallowed be thy Name,	who trespass against us.
thy kingdom come,	And lead us, not into temptation,
thy will be done,	but deliver us from evil.
on earth as it is in heaven.	For thine is the kingdom,
Give us this day our daily bread.	and the power, and the glory,
And forgive us our trespasses,	for ever and ever. Amen.

The Breaking of the Bread

— The fraction (breaking) of the bread is a crucial link between what has come before and what comes after it. Christ has offered his life for us, and the breaking of the bread makes it possible for all to share in that life. —

A period of silence is kept. The Presider breaks the consecrated bread.

Presider: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

—We eat and drink the sacramental foods. Through the inward and spiritual grace of this sacramental action we are reconstituted as Christ's body, infused with Christ's life, and empowered to be Christ's presence in the world. —

Invitation To Communion

Presider: We gather around the table of God. It is made ready for those who love God and who want to love God more. So come, you who have much faith and you who have little, you who have been here often, and you who have not been for a long time or ever before, you who have tried to follow and you who have failed. Come. Wherever you are on your journey of faith, the Church welcomes you and Christ invites you to be known, fed and loved here.

These are the Gifts of God, for you the People of God.

Christ our Lord invites to his table all who love him and who seek to live in peace with one another. As directed by an usher, please come forward to the Communion rail, kneel, and cup your hands to receive the bread. Those who choose not to receive, but would prefer a blessing, may indicate their desire by folding their arms across their chest. **Gluten-free wafers are available upon request.** Upon receipt of the bread you may cross yourself and take a few moments for prayers. Following the bread, you will have an opportunity to take the wine. You may receive the wine in one of three ways: sipping the wine via the common cup (to limit the spread of illness, the inside of our chalice has a high white gold content, and we use a high alcohol proof wine), through Intinction (if you would like to have your piece of bread {wafer} dipped into the wine, please leave the wafer in your hand and a member of the Altar Party will dip the bread into the wine for you and place the dipped wafer back into your hand), or by drinking from the small plastic chalices.

All are invited to sing the refrain of the hymn below. The choir will sing the verses.

Communion Hymn 576 God is love

MANDATUM

Refrain



God is love, and where true love is

1-3 || *Final Ending*



God him - self is there. there.

1 Here in Christ we gath - er, love of Christ our call - ing.
 2 When we Chris - tians gath - er, mem - bers of one Bo - dy,
 3 Grant us love's ful - fill - ment, joy with all the bless - ed,



Christ, our love, is with us, glad - ness be his greet - ing.
 let there be in us no dis - cord but one spi - rit.
 when we see your face, O Sa - vior, in its glo - ry.



Let us fear and love him, ho - ly God e - ter - nal.
 Ban - ished now be an - ger, strife and ev - ery quar - rel.
 Shine on us, O pur - est Light of all cre - a - tion,

Repeat Refrain



Lov - ing him, let each love Christ in one an - oth - er.
 Christ, our God, be al - ways pres - ent here a - mong us.
 be our bliss while end - less a - ges sing your prais - es.

Post Communion Prayer

Please stand as you are able. After Communion, the Presider invites everyone to prayer.

Presider: Let us pray together:

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing *The Priest blesses the people.*

Hymn 344 Lord, dismiss us with thy blessing SICILIAN MARINERS

1 Lord, dis - miss us with thy bless - ing; fill our hearts with
2 Thanks we give and a - dor - a - tion for thy Gos - pel's
3 so that when thy love shall call us, Sa - vior, from the
joy and peace; let us each, thy love pos - sess - ing,
joy - ful sound: may the fruits of thy sal - va - tion
world a - way, fear of death shall not ap - pall us,
O re - fresh us trav - eling through this wil - der - ness.
ev - er faith - ful to thy truth may we be found;
may we ev - er reign with thee in end - less day.

Dismissal

Deacon: Let us bless the Lord. Alleluia! Alleluia! Alleluia!

People: **Thanks be to God. Alleluia! Alleluia! Alleluia!**

Voluntary Rigaudon

Andre Campra

PARTICIPANTS IN TODAY'S LITURGY

THE REV. NATHAN BIORNSTAD, RECTOR

THE REV. WILLIAM E. WELLS, ASSOCIATE & MINISTER OF MUSIC

JANE HYDE AND KELLY FRANKIEWICZ, LECTORS

MICHAEL SEARING, CANTOR

By tradition, The Episcopal Church offers Holy Communion to all baptized persons. If you are not baptized, but wish to receive, we invite you to participate fully in the opening part of the service, called the Ministry of the Word, hearing God's Word and reflecting on your life, enabling you to come to the table for Communion, if you so choose, with a heart prepared to receive. We hope that, if you feel touched by the Word and Sacrament and wish to learn more about the life-giving power of the Spirit of the Risen Christ, you will contact Fr. Nathan to inquire about participating in Holy Baptism.

18631 CHAPEL LANE, HUNTINGTON BEACH, CA 92646, 714.962.7512

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