

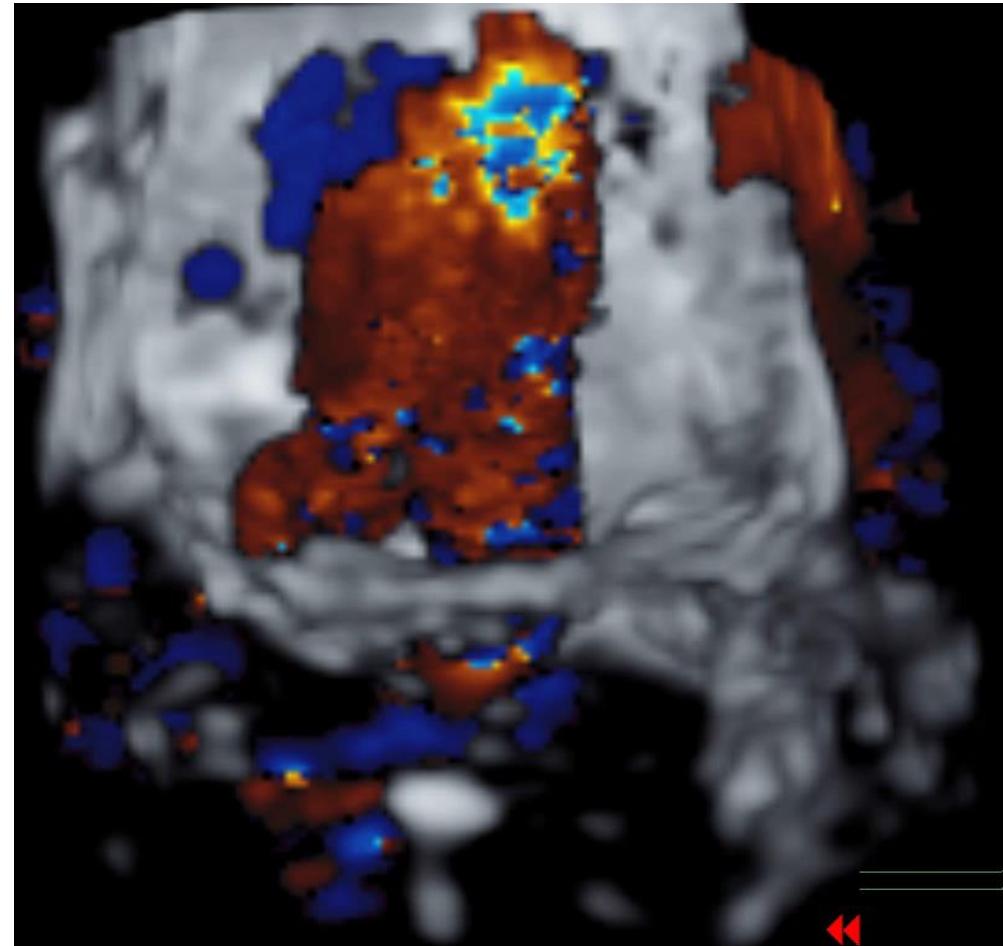
3D echocardiography

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Disclosures

- None

Objective

3D orientation

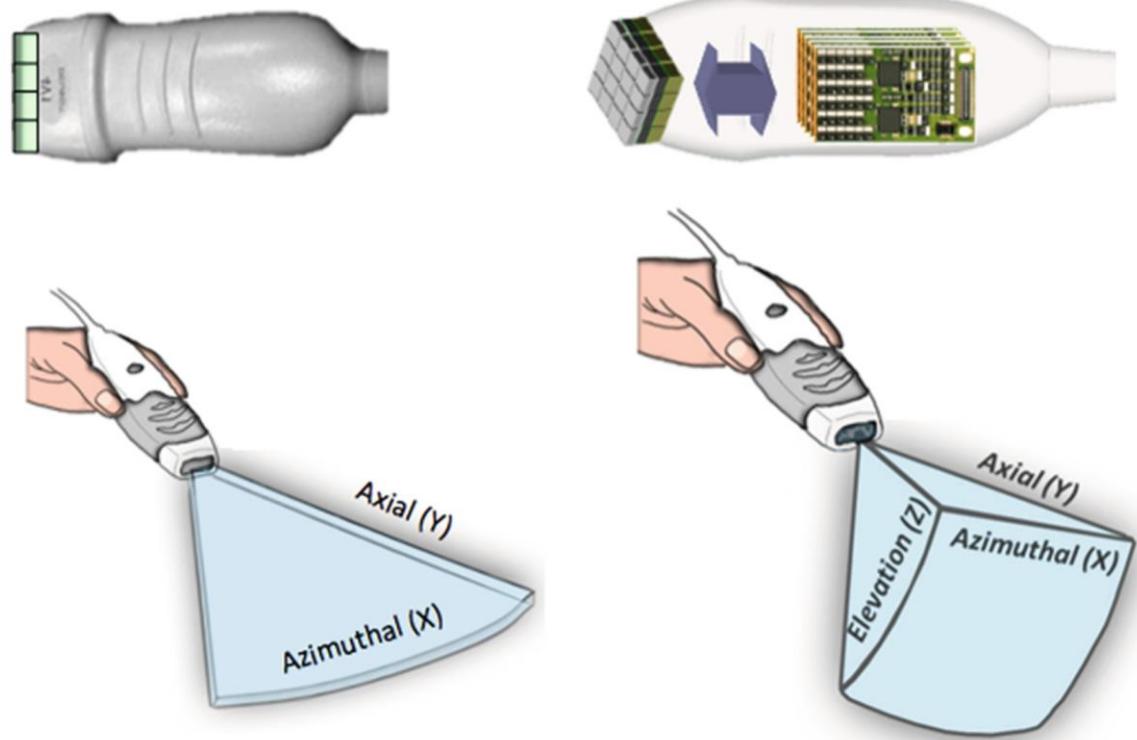
Learn how to obtain high quality 3D images

Application of 3D echo in MV, TV and LAA pathology

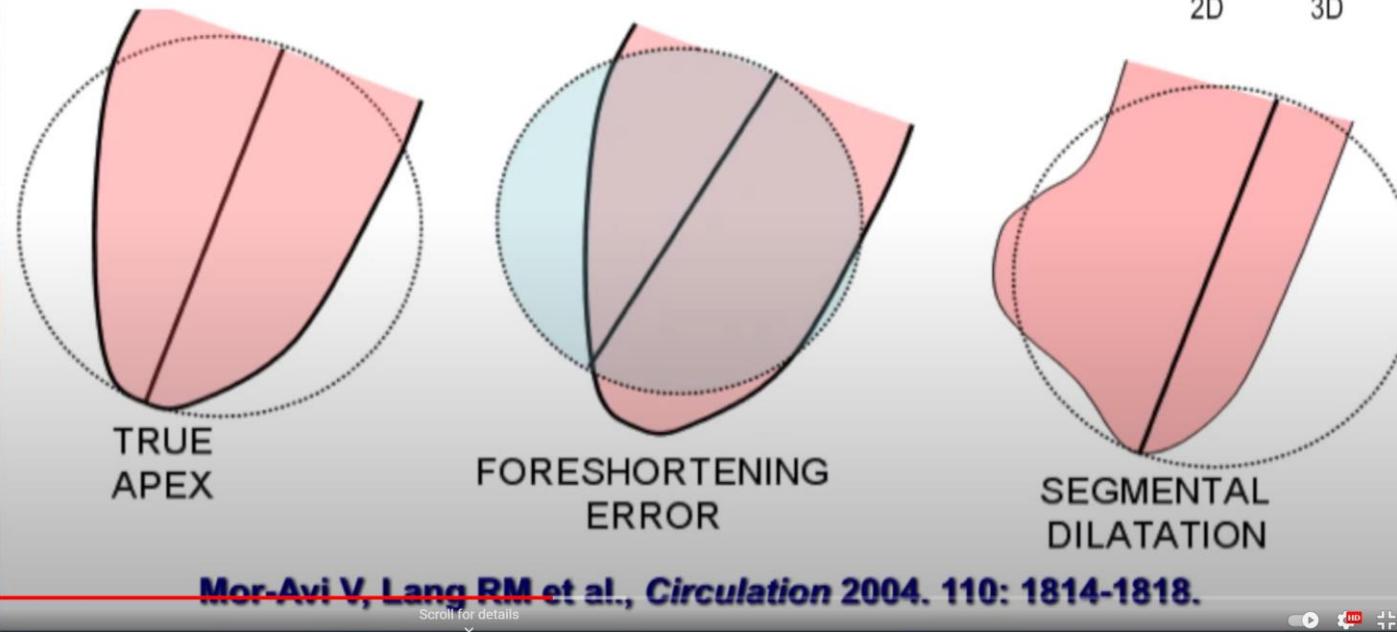
3D versus 2D

2D has a single plane of scanning

3D has two planes of simultaneous scanning



Why is 3D More Accurate?



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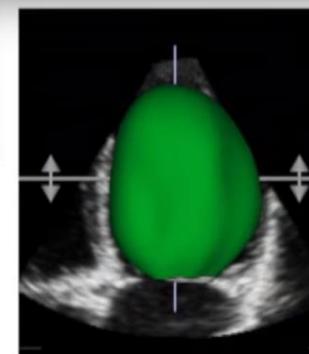
LV Volumes: 3DE

✓ Advantages

- Avoid image foreshortening
- No geometric assumptions
- More accurate and reproducible

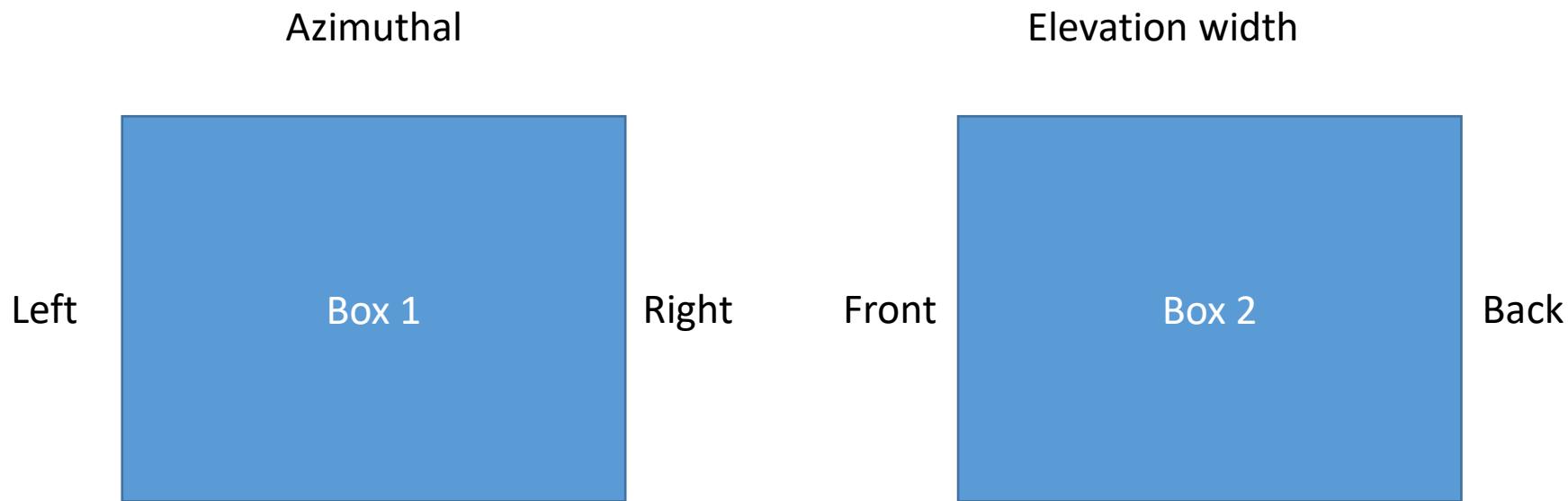
✗ Disadvantages

- Low temporal resolution
- Less data on normals



3D Acquisition Modes

3D zoom (or 2 click crop)



3D Full Volume

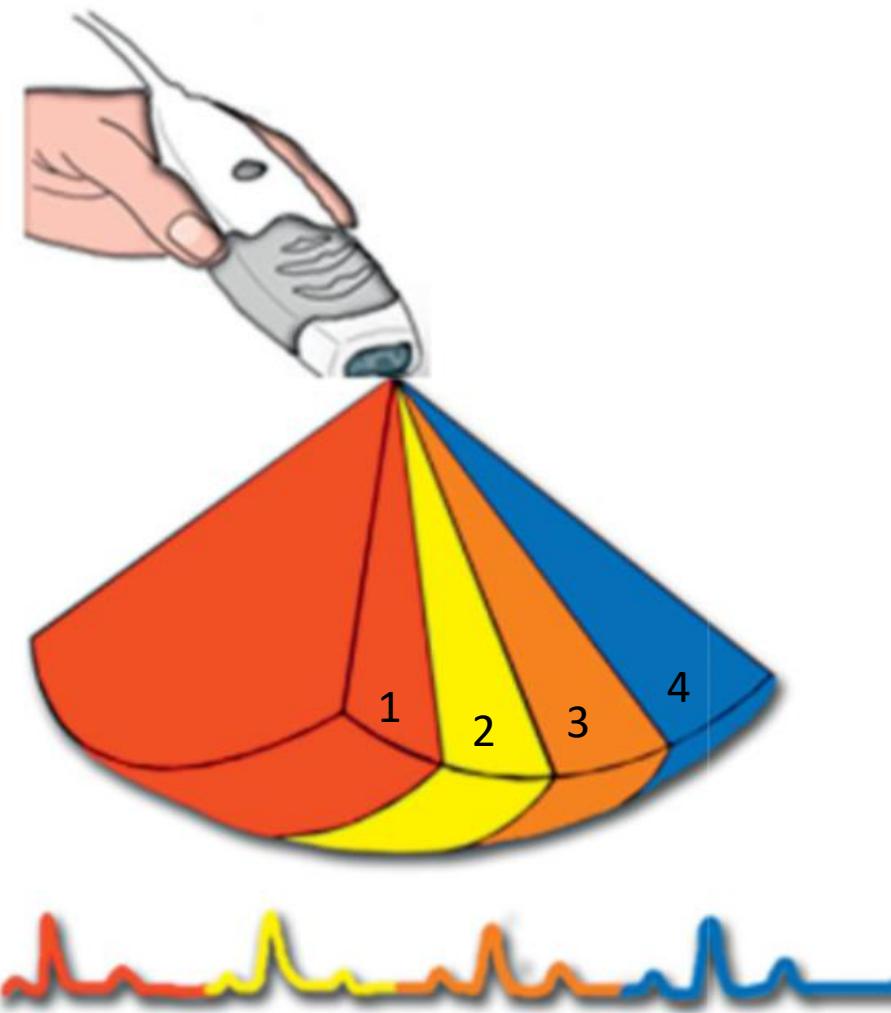
3D Full Volume

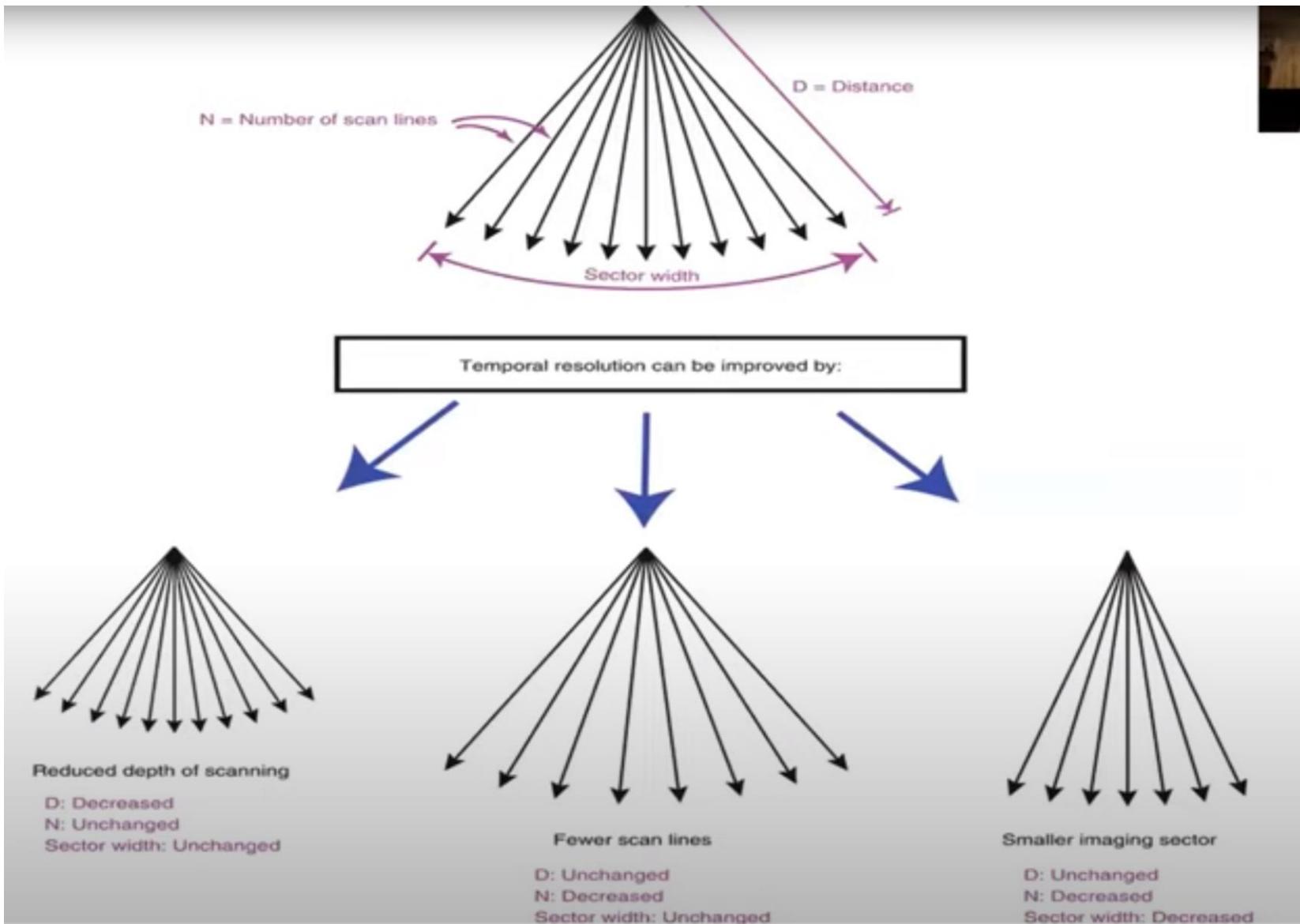
Multibeat Acquisition

A small piece of the scan sector is imaged in each cardiac cycle

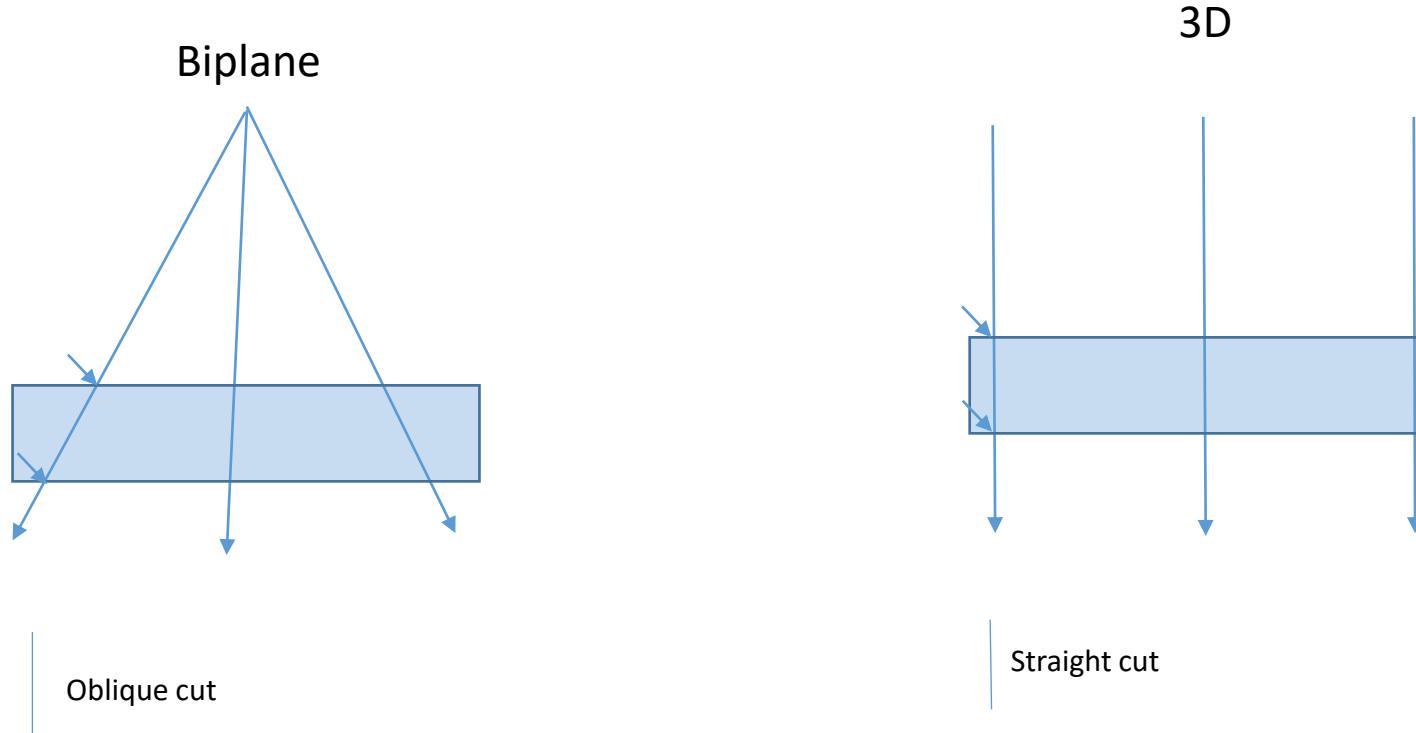
With each cardiac cycle an adjacent portion of the scan sector is imaged.

Finally all the small pieces over multiple cardiac cycle (upto 4) are stitched to form the full image



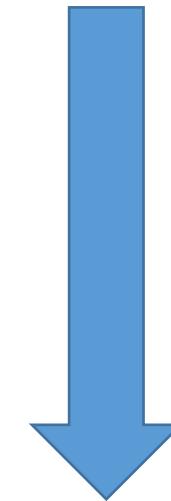


Biplane (X-plane) versus 3D

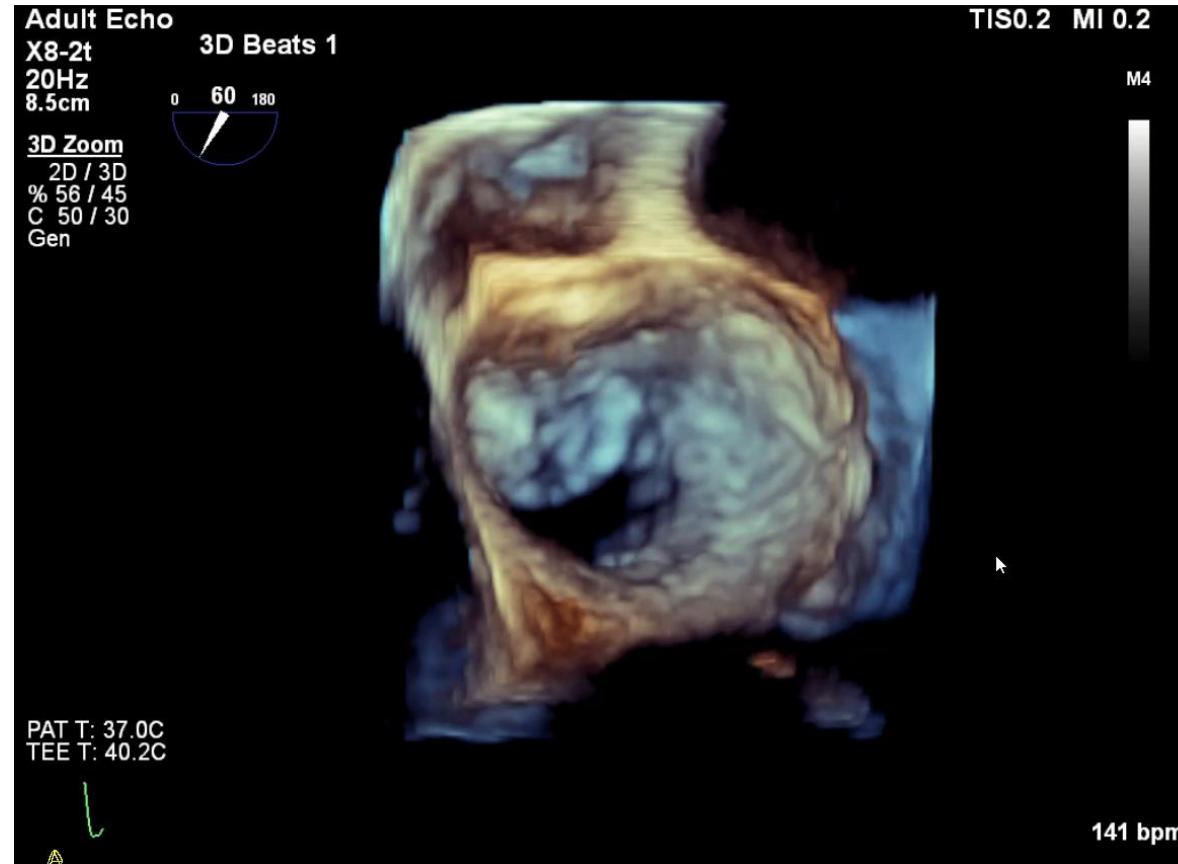


3D orientation

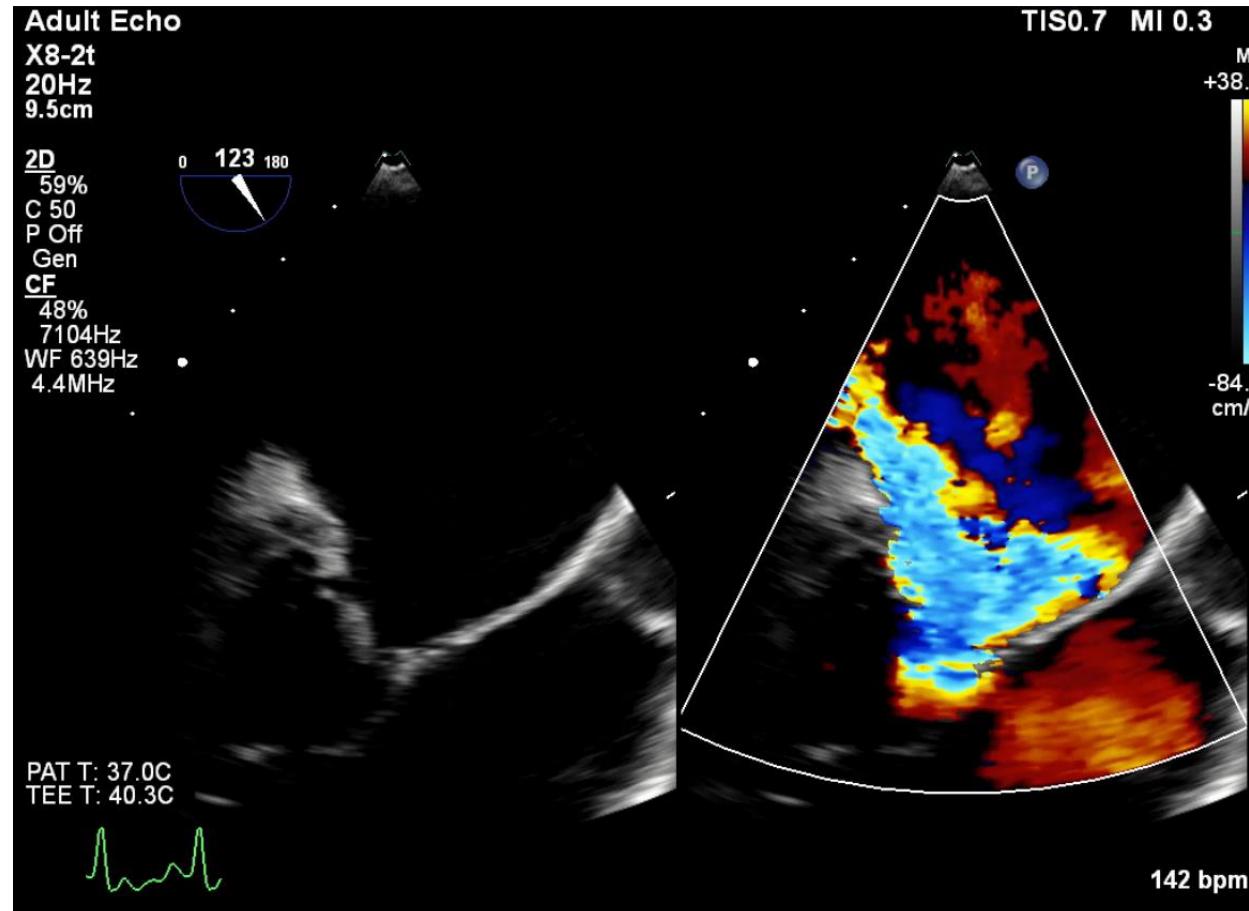
3D orientation



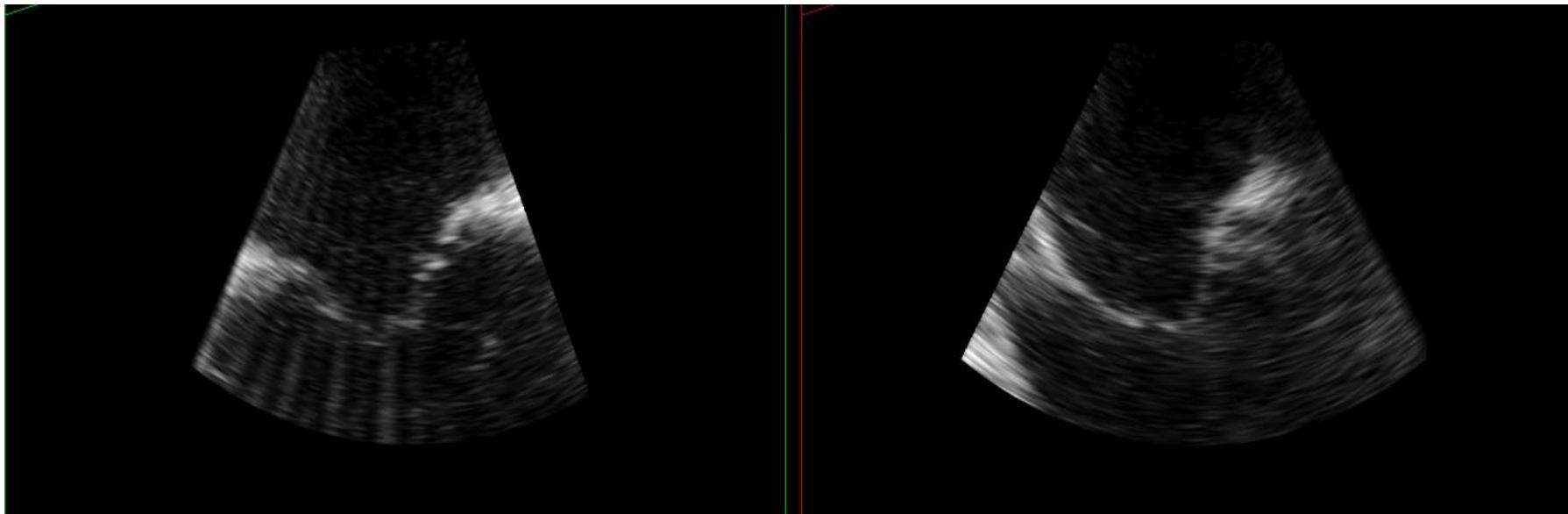
Frame rate and window width/Heart rate

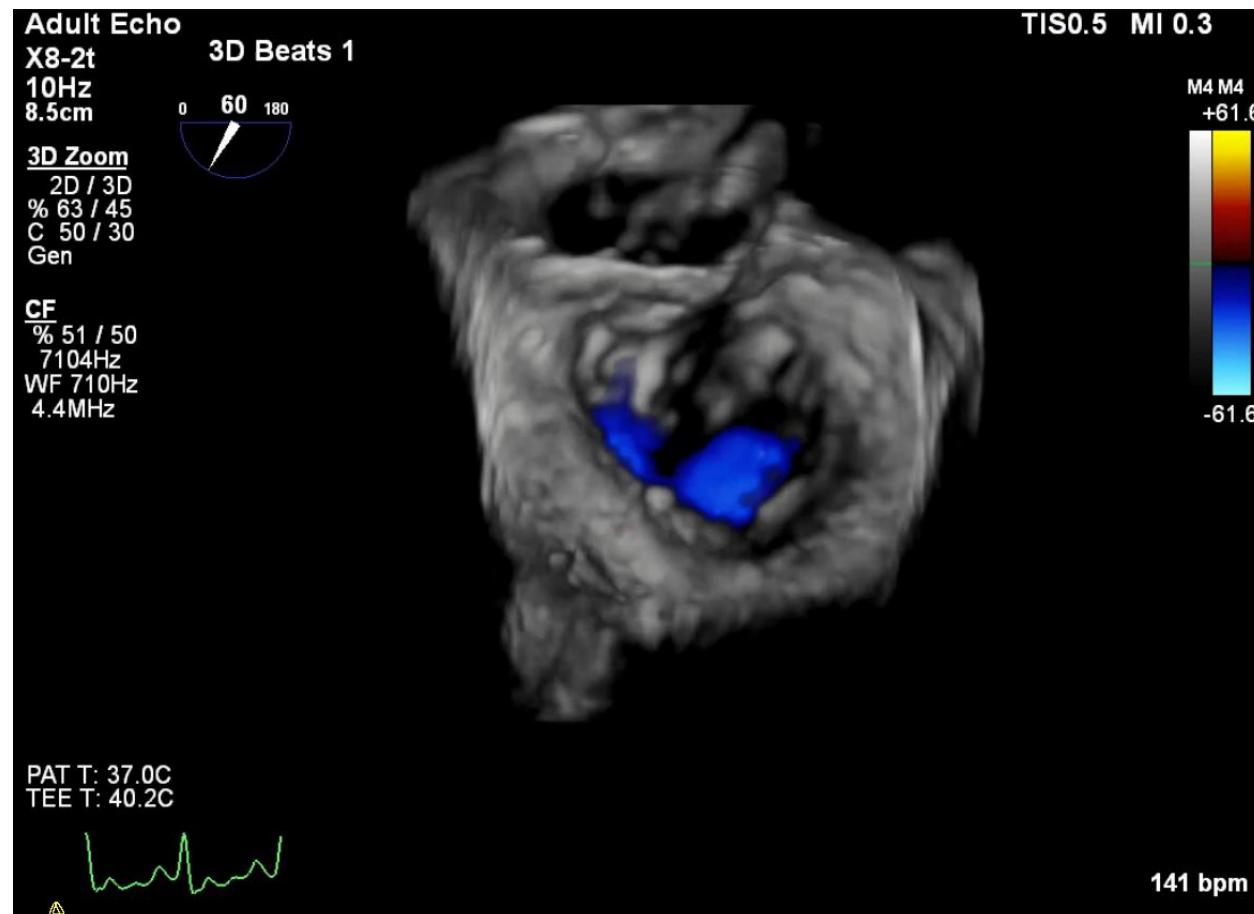


48 year old woman with functional MR



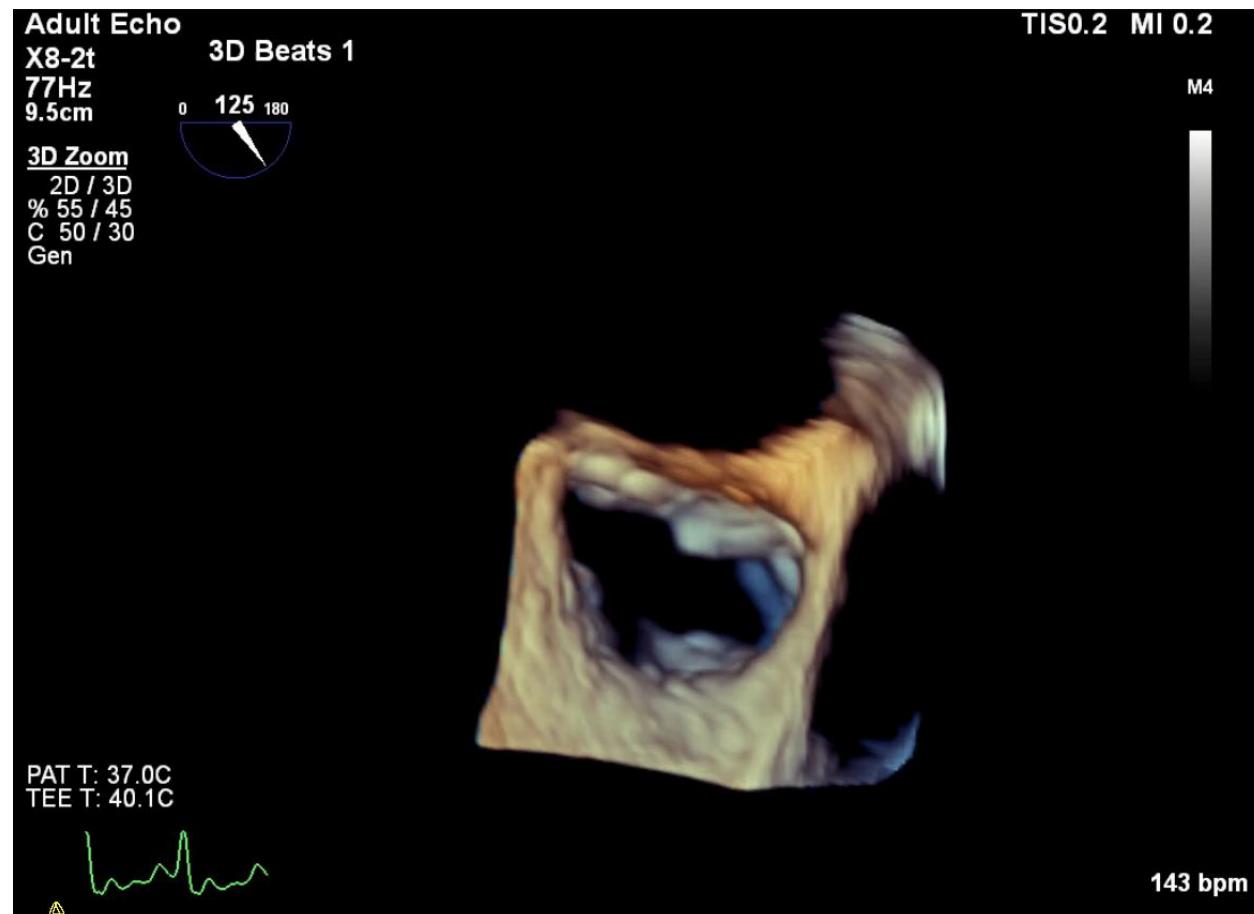
Frame rate and window width/Heart rate
E1173256

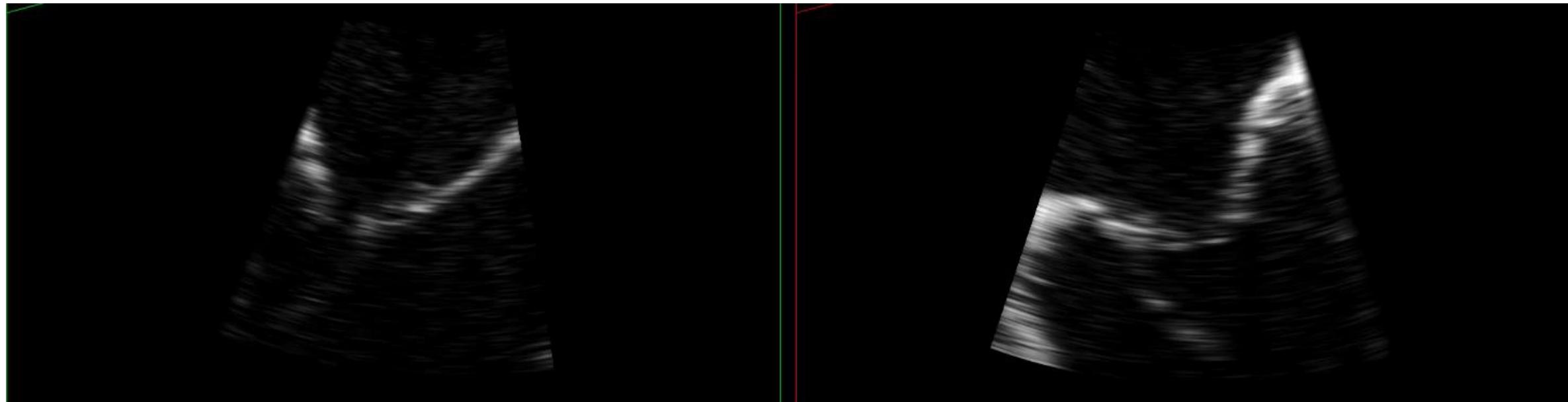
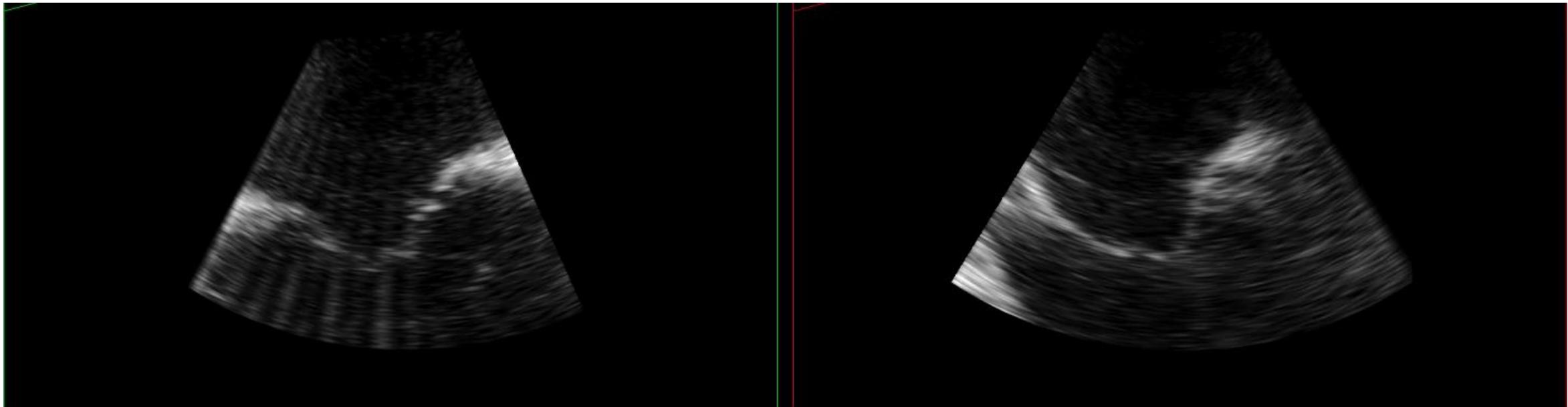


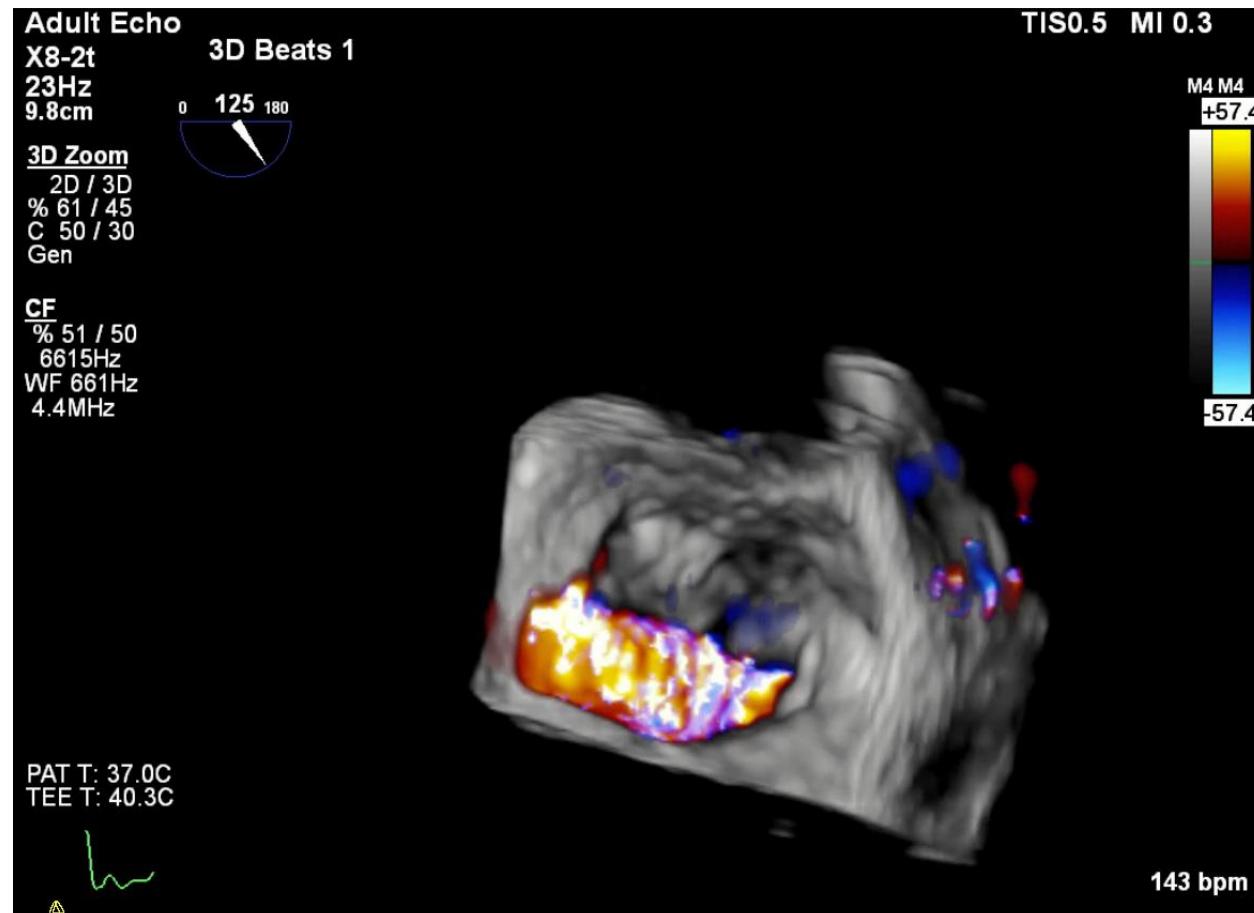




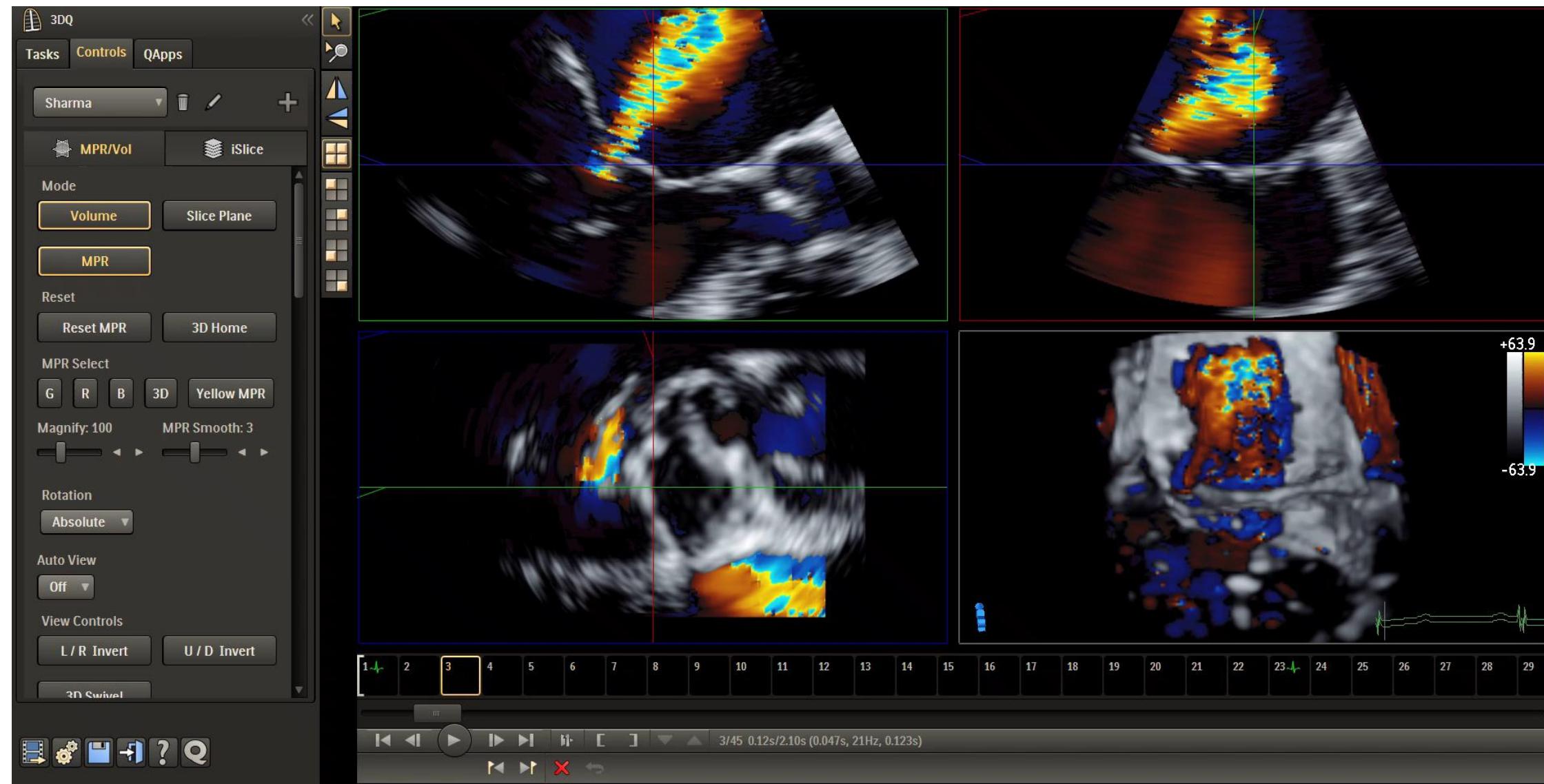
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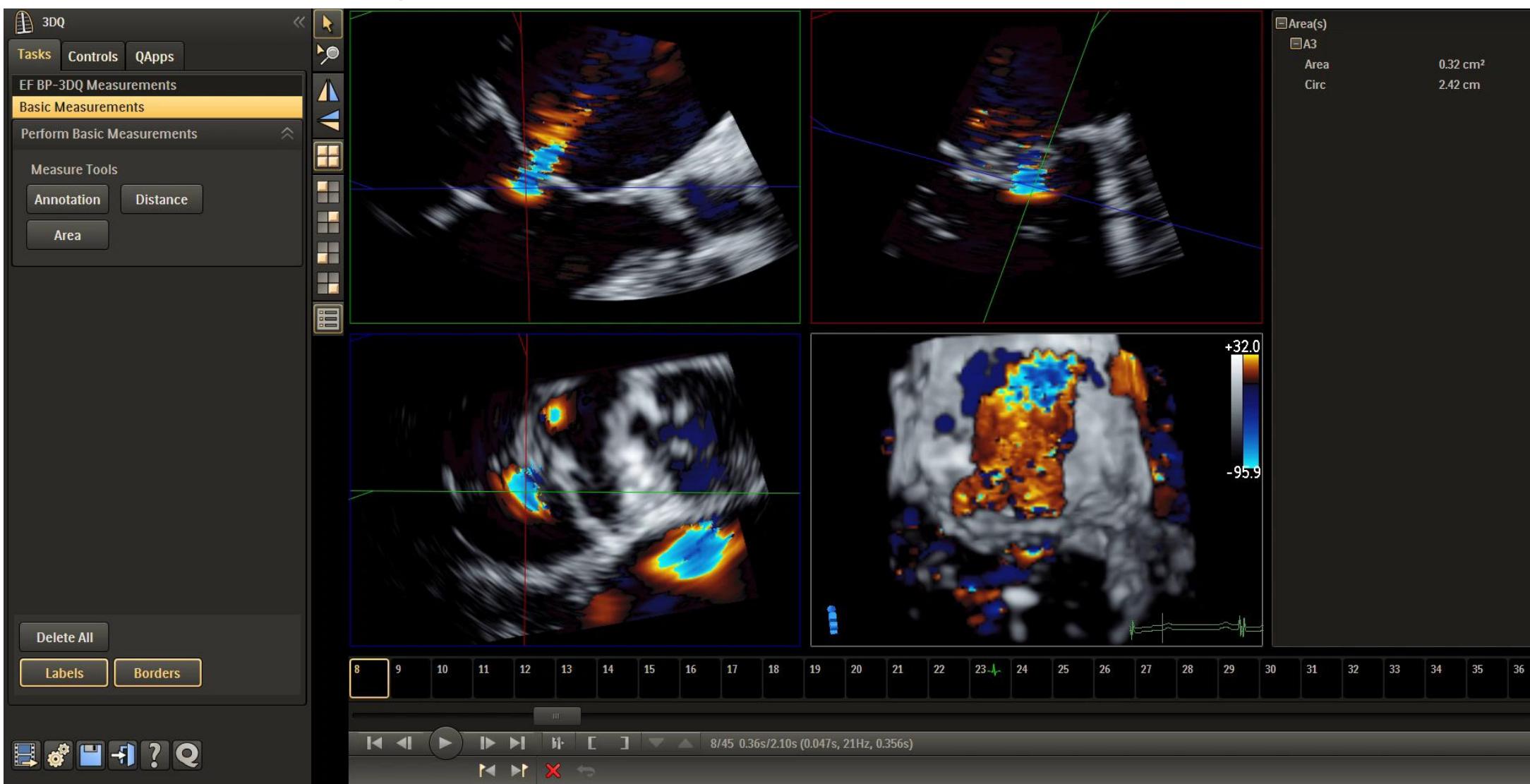




Using color 3D for direct EROA measurement



Second jet

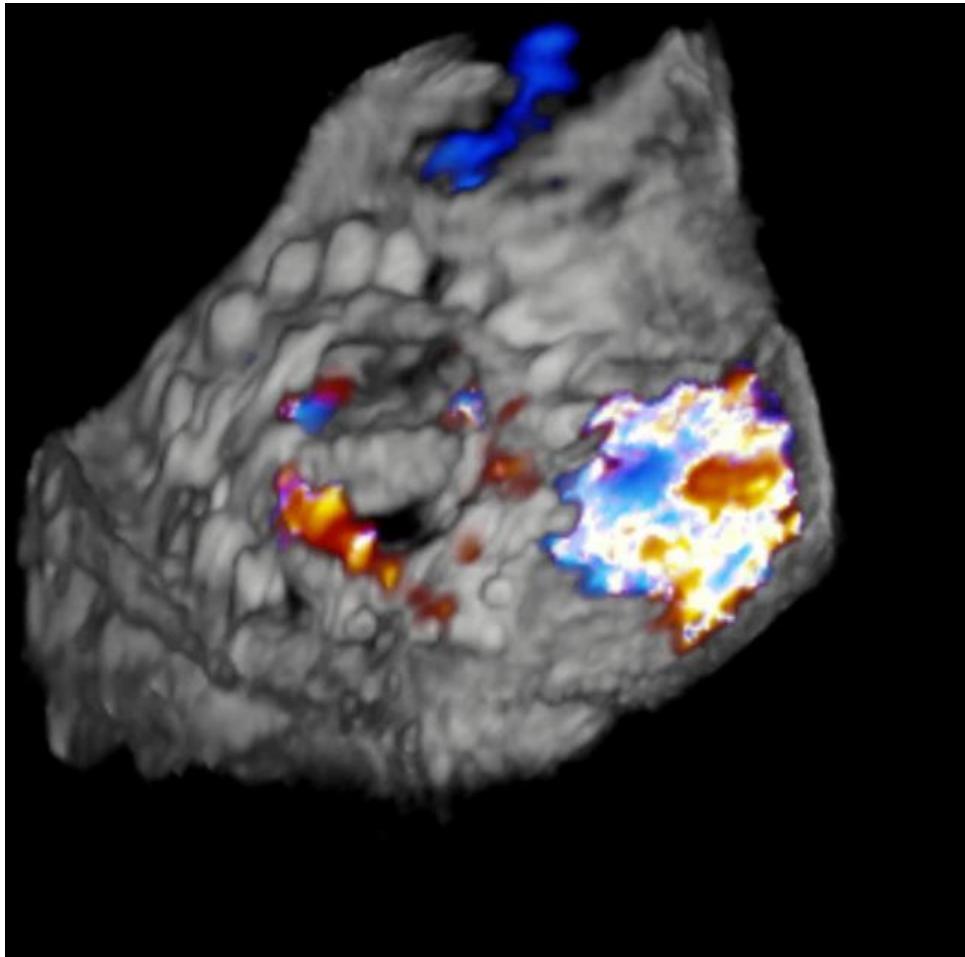


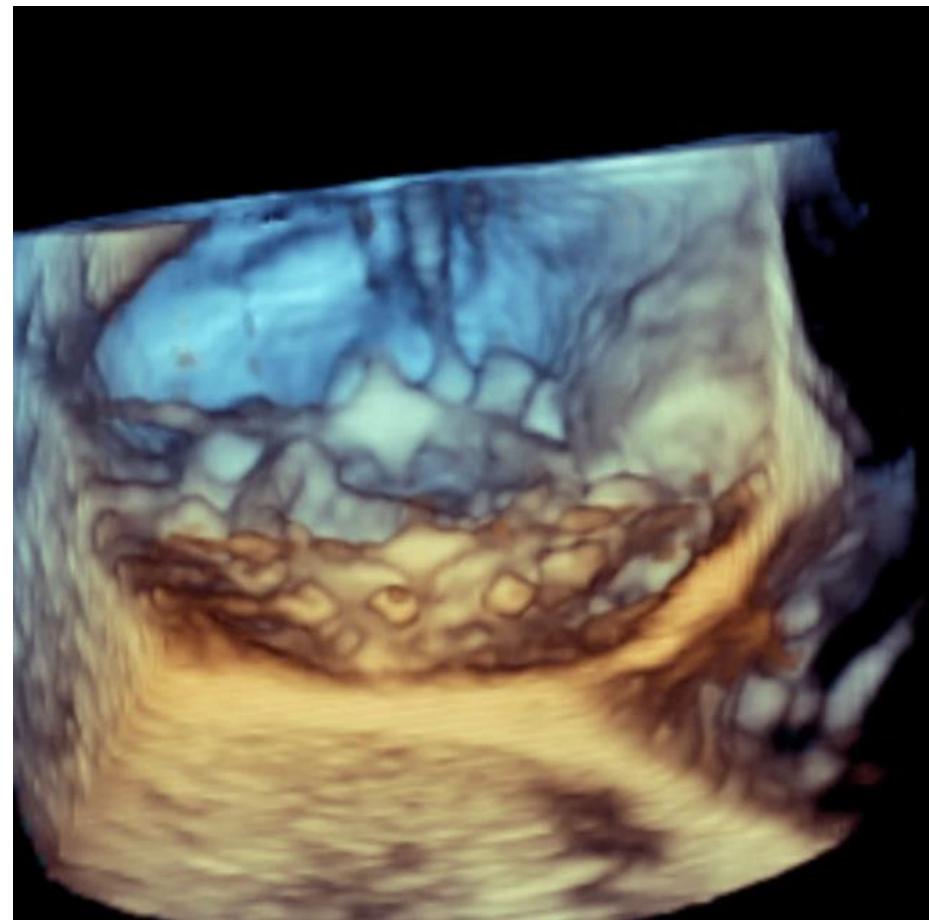
Total 3D EROA
0.03 + 0.32 cm²

61 year old with recent mechanical MVR

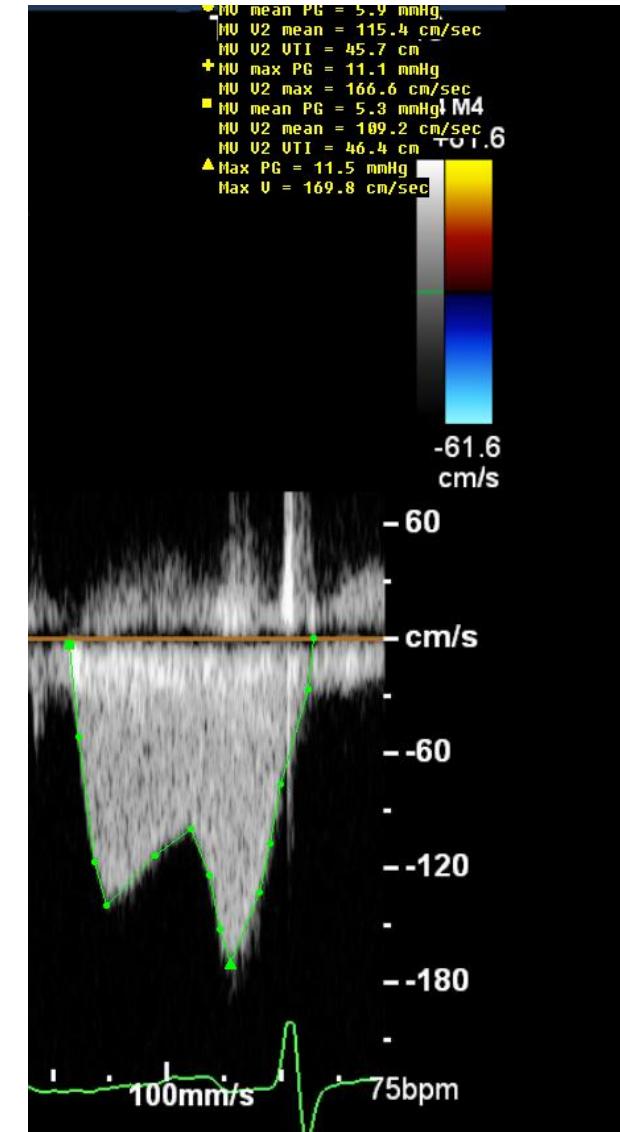
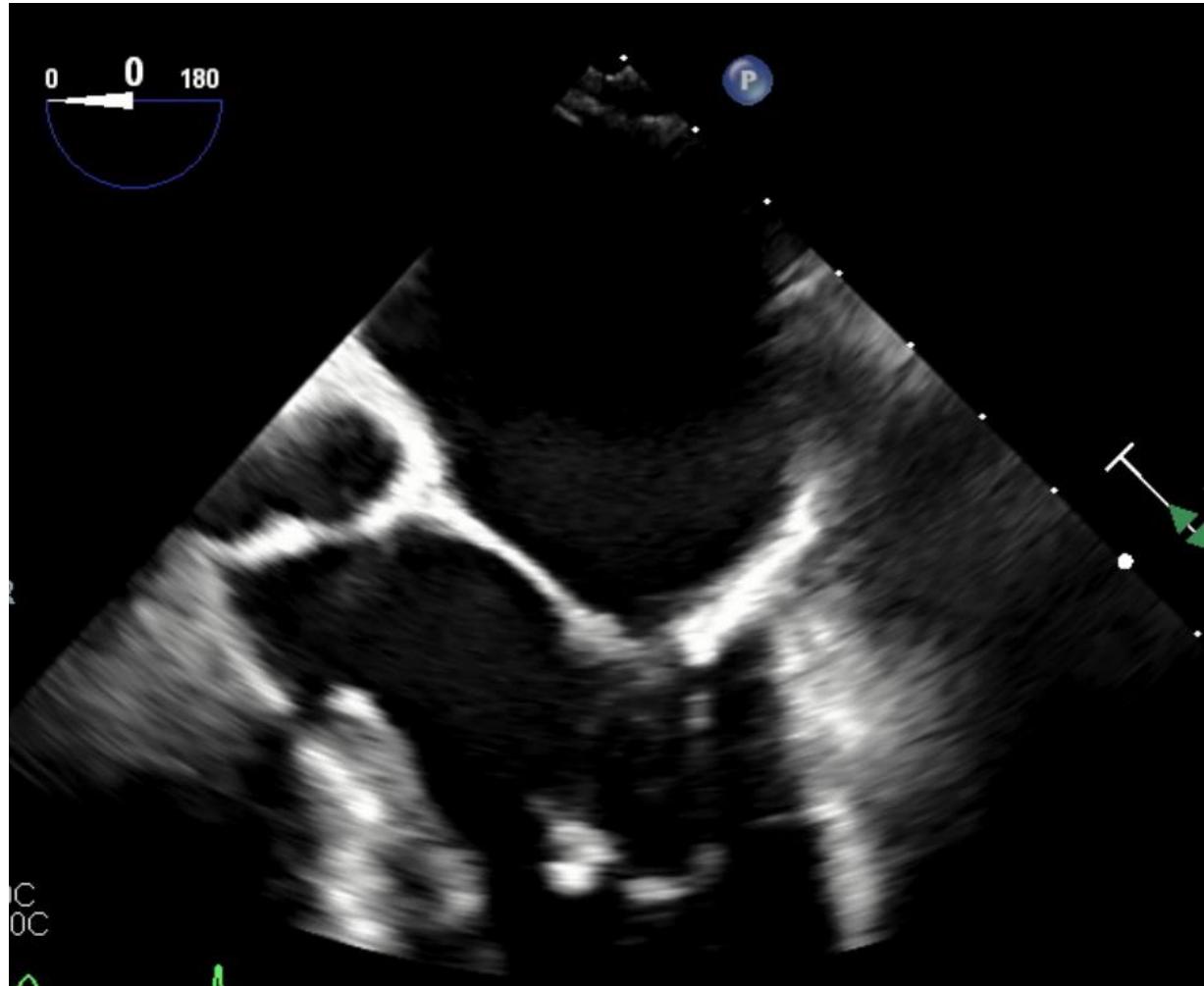


Perivalvular medial MR



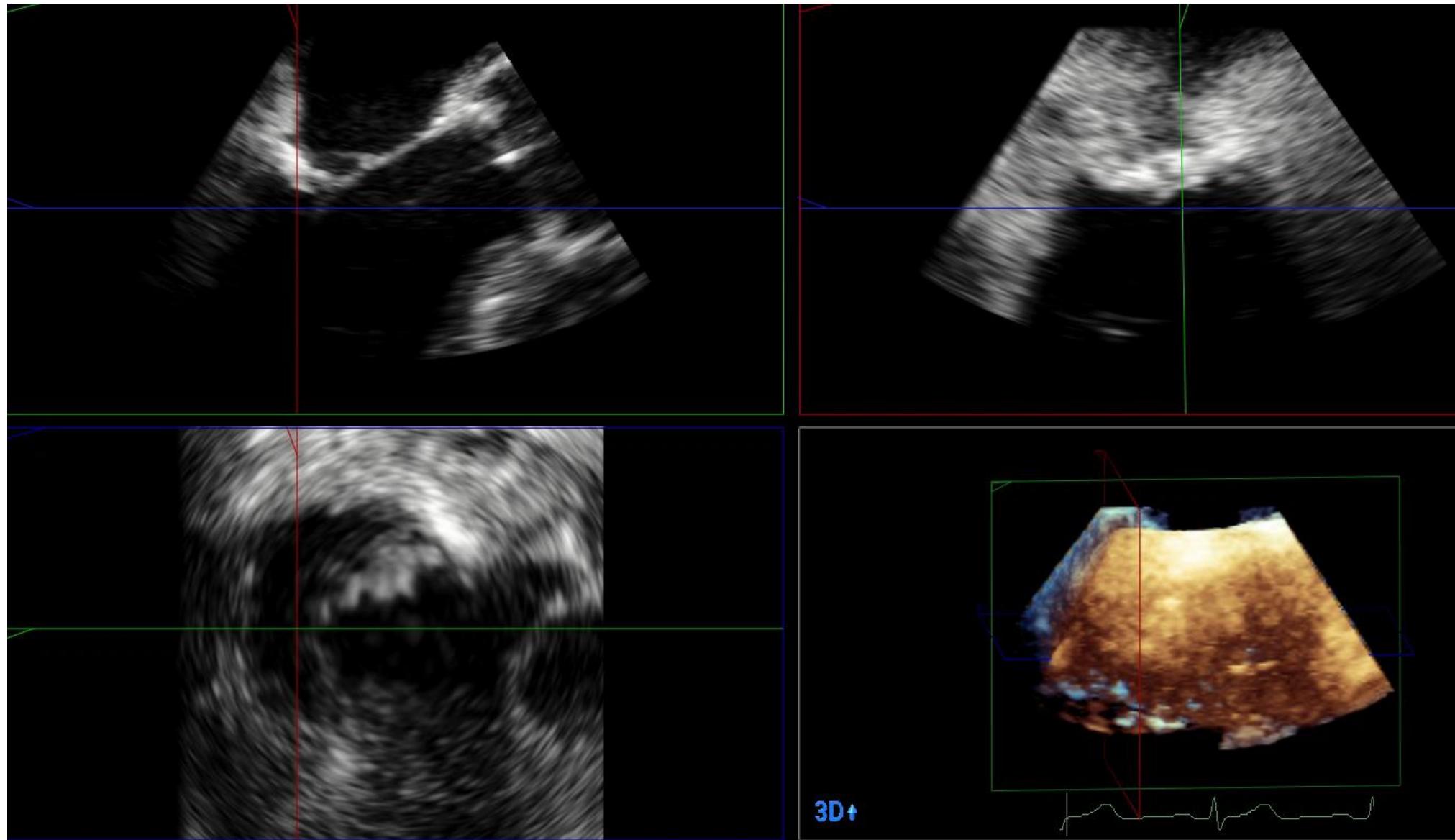


Mitral stenosis



MVA by pressure
half time 1.9 cm²

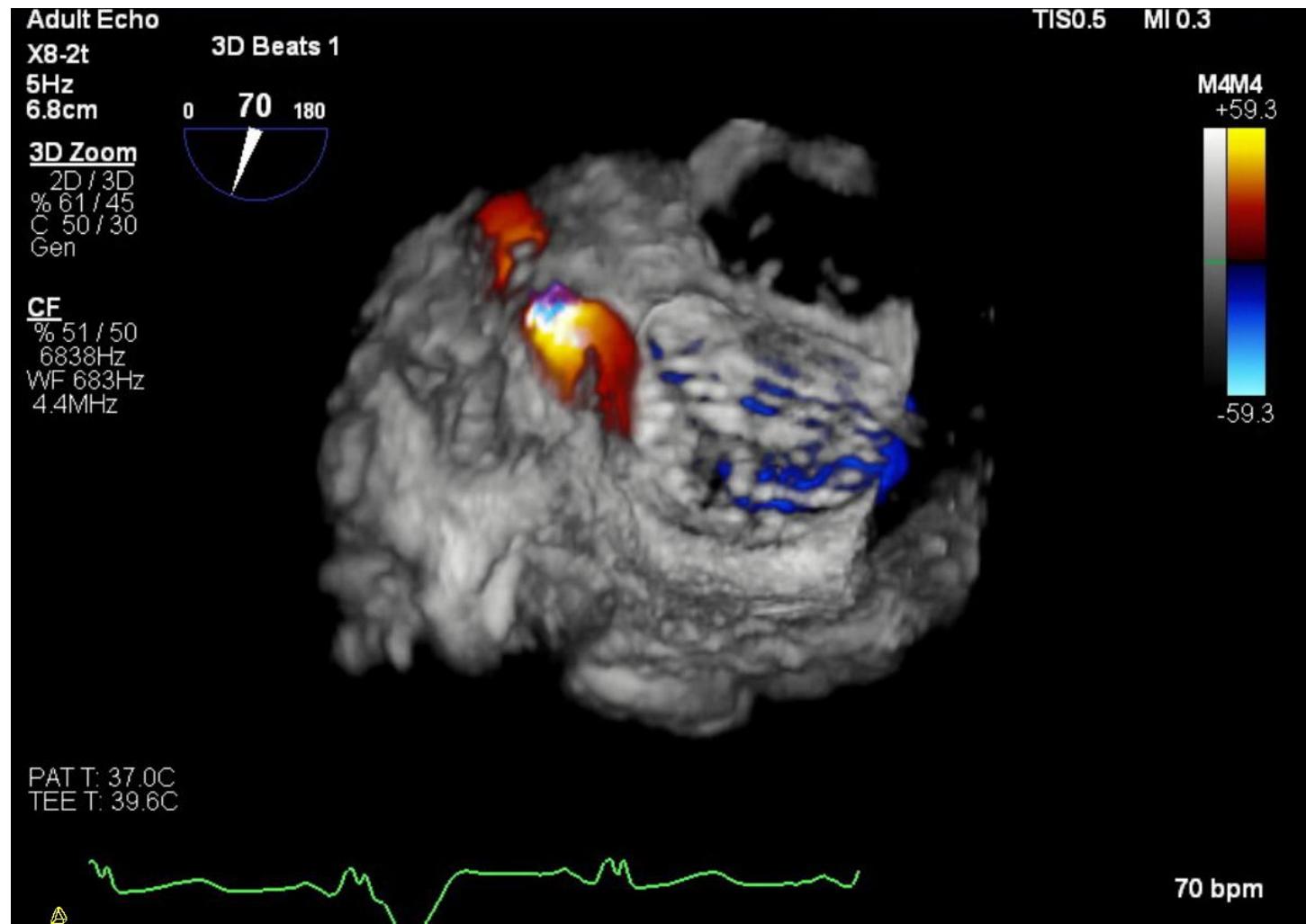
Mitral stenosis



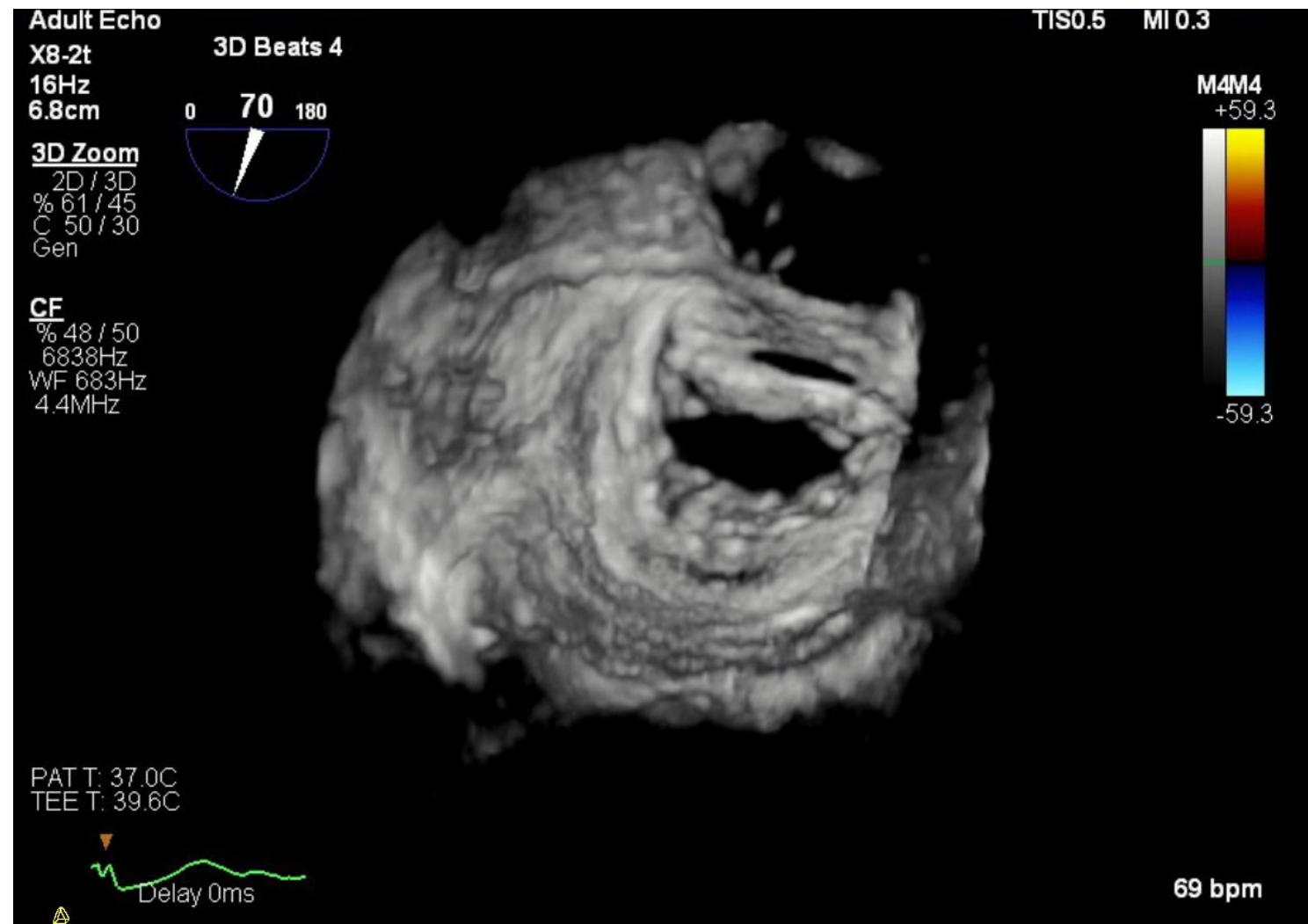
Prosthetic valve 3D

79 year old woman with a pericardial valve mitral bioprosthesis, heart failure, fever and leukocytosis

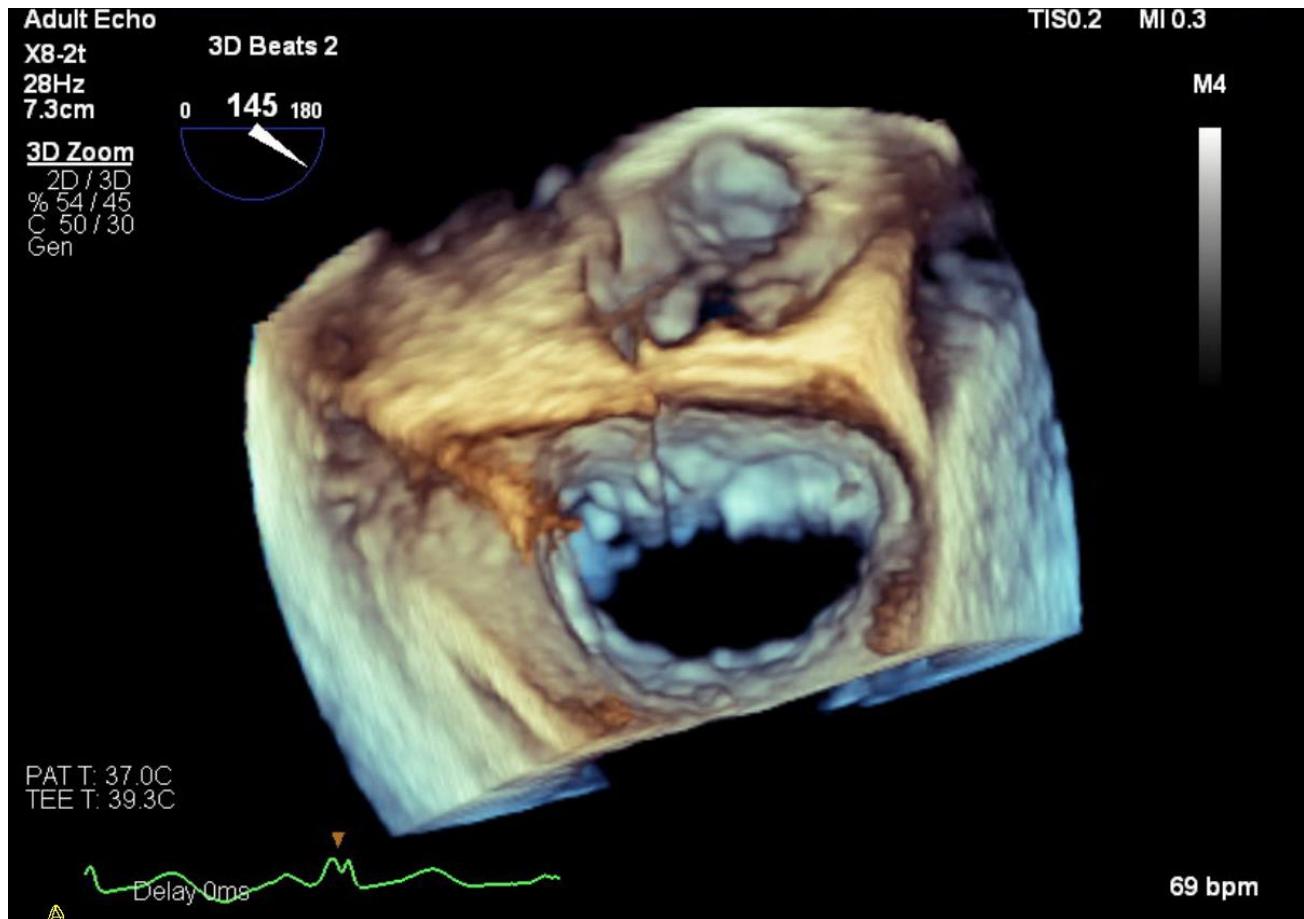
E1522815



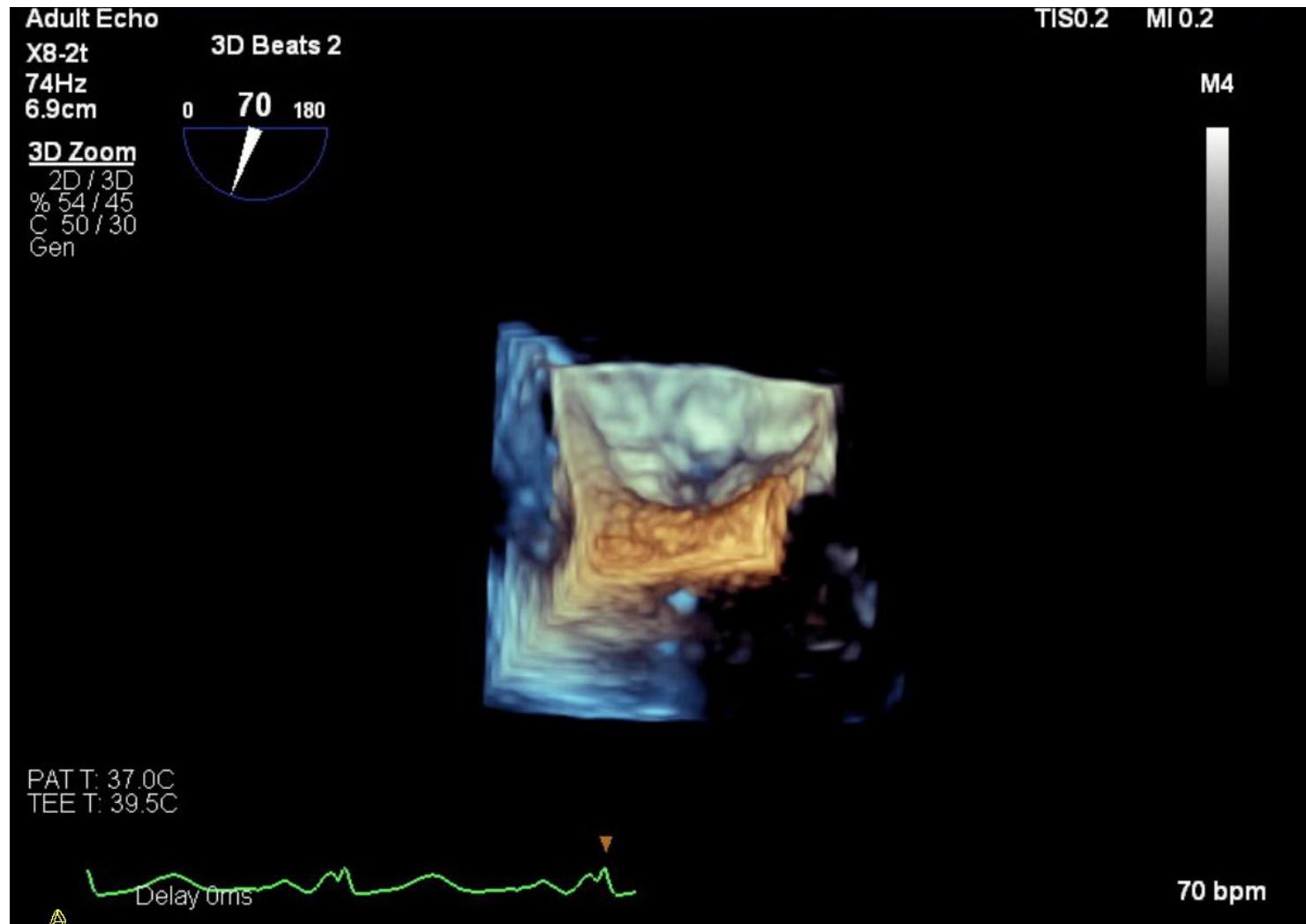
Stitch artifact



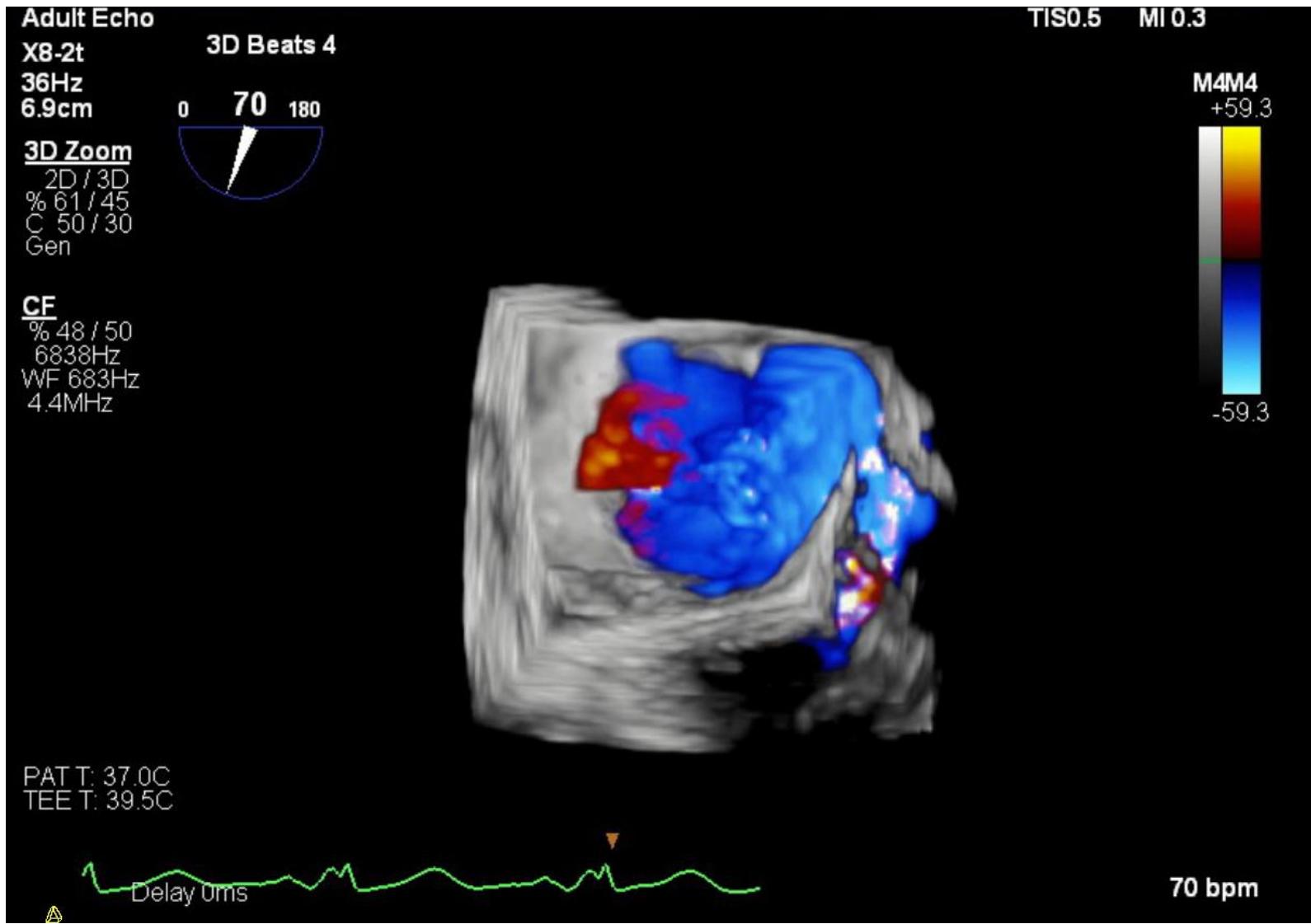
Stitch artifact



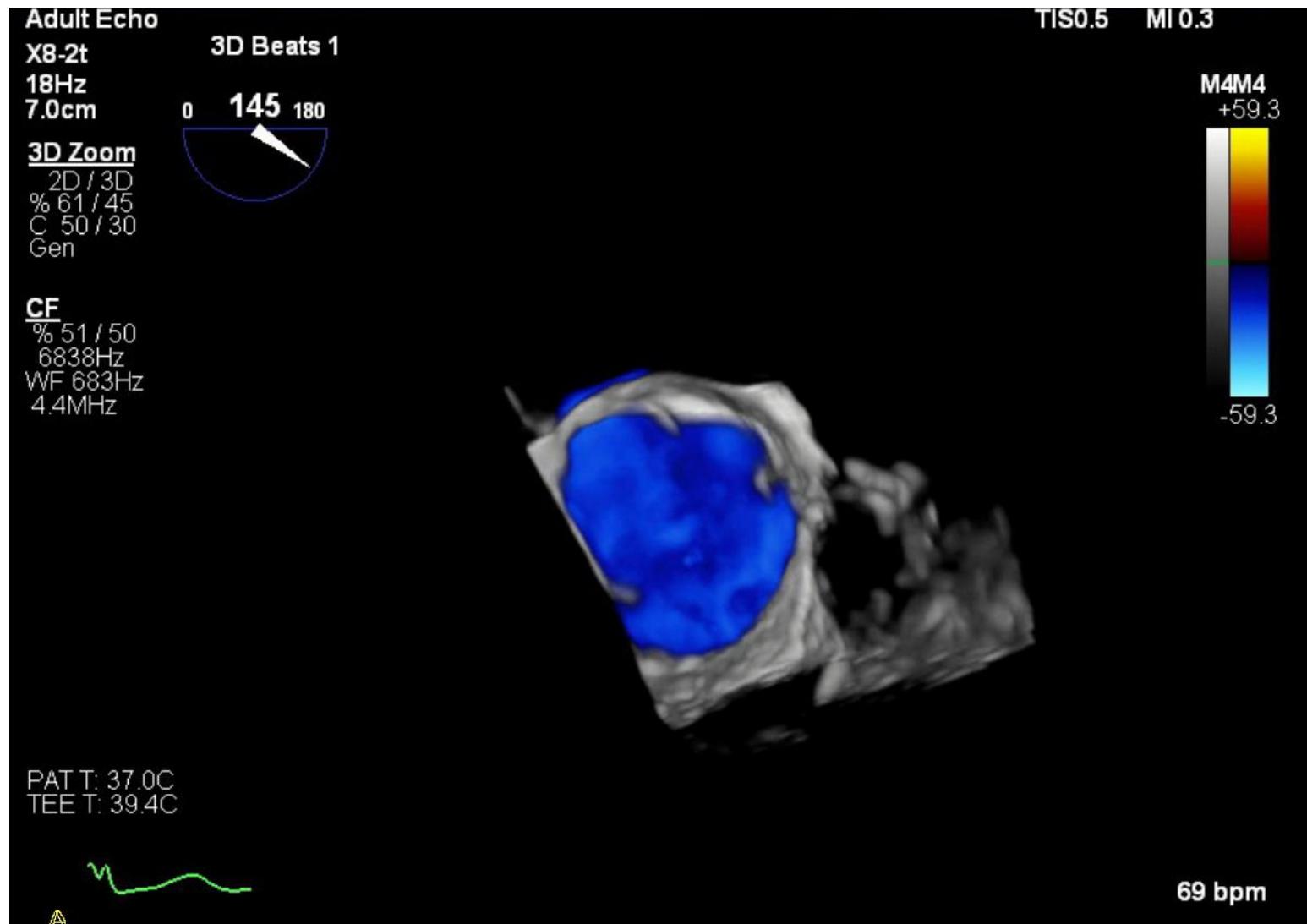
Multibeat acquisition and narrow window



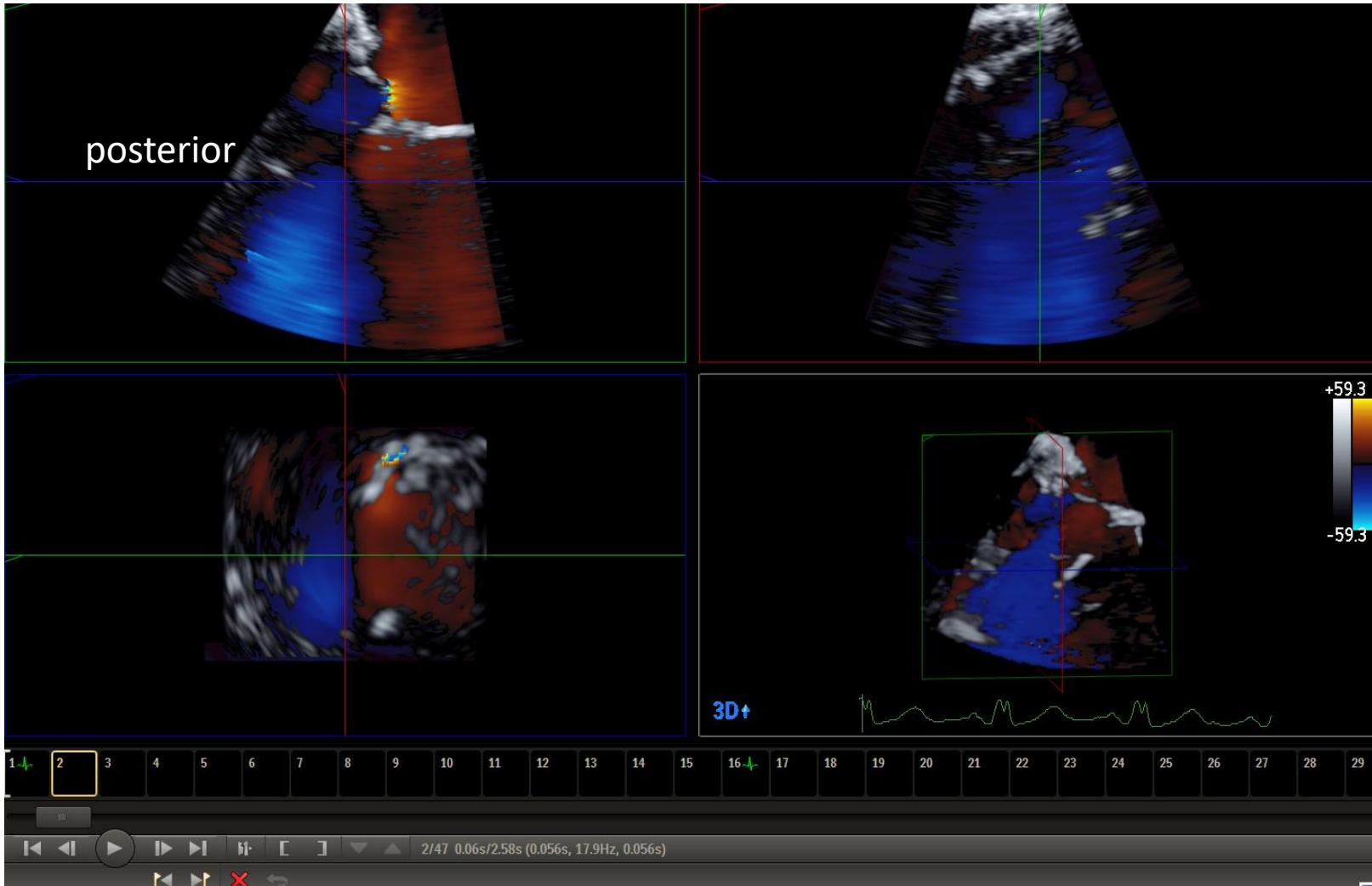
Color multibeat acquisition and narrow window



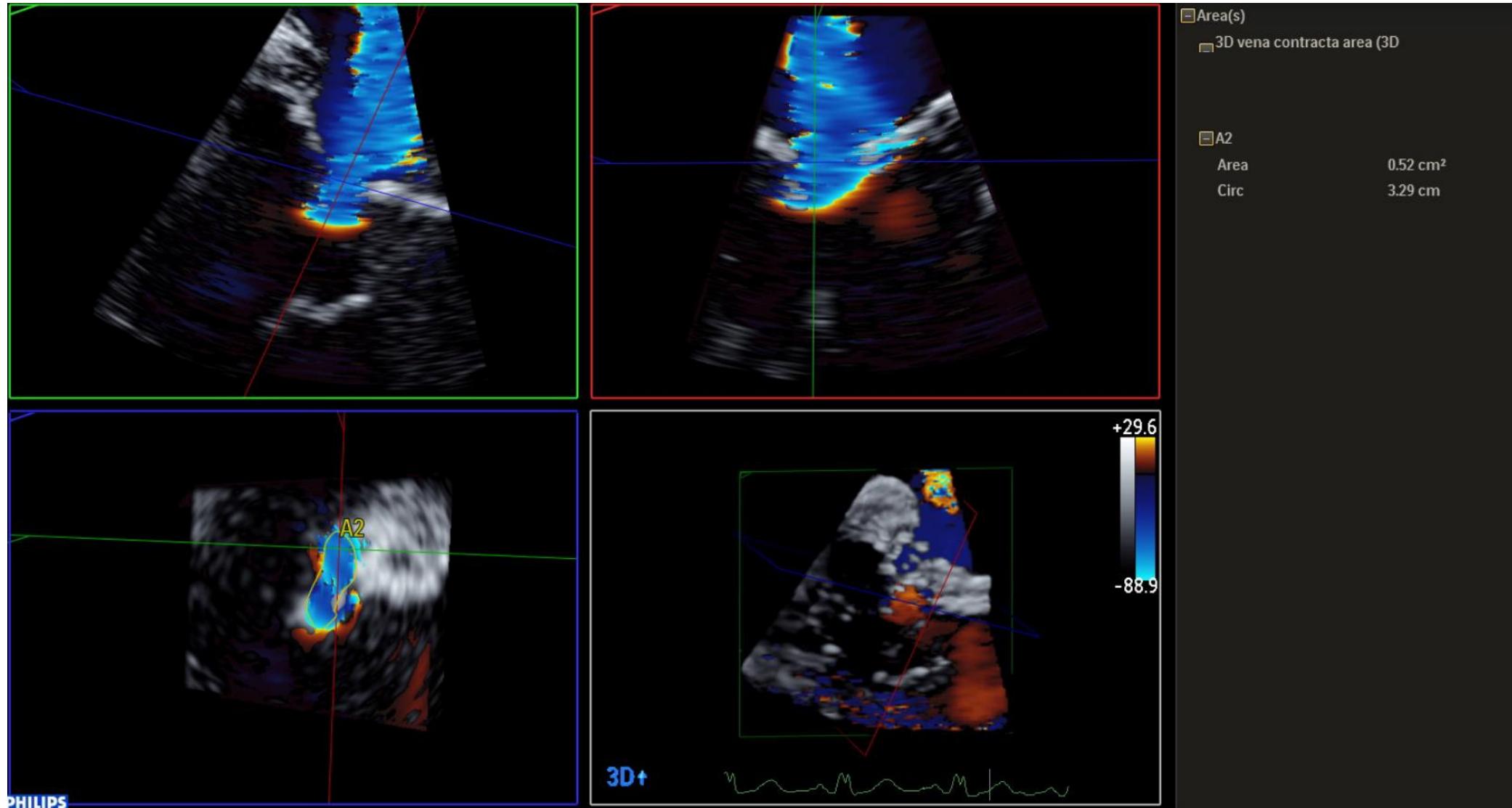
Single beat color with narrow window



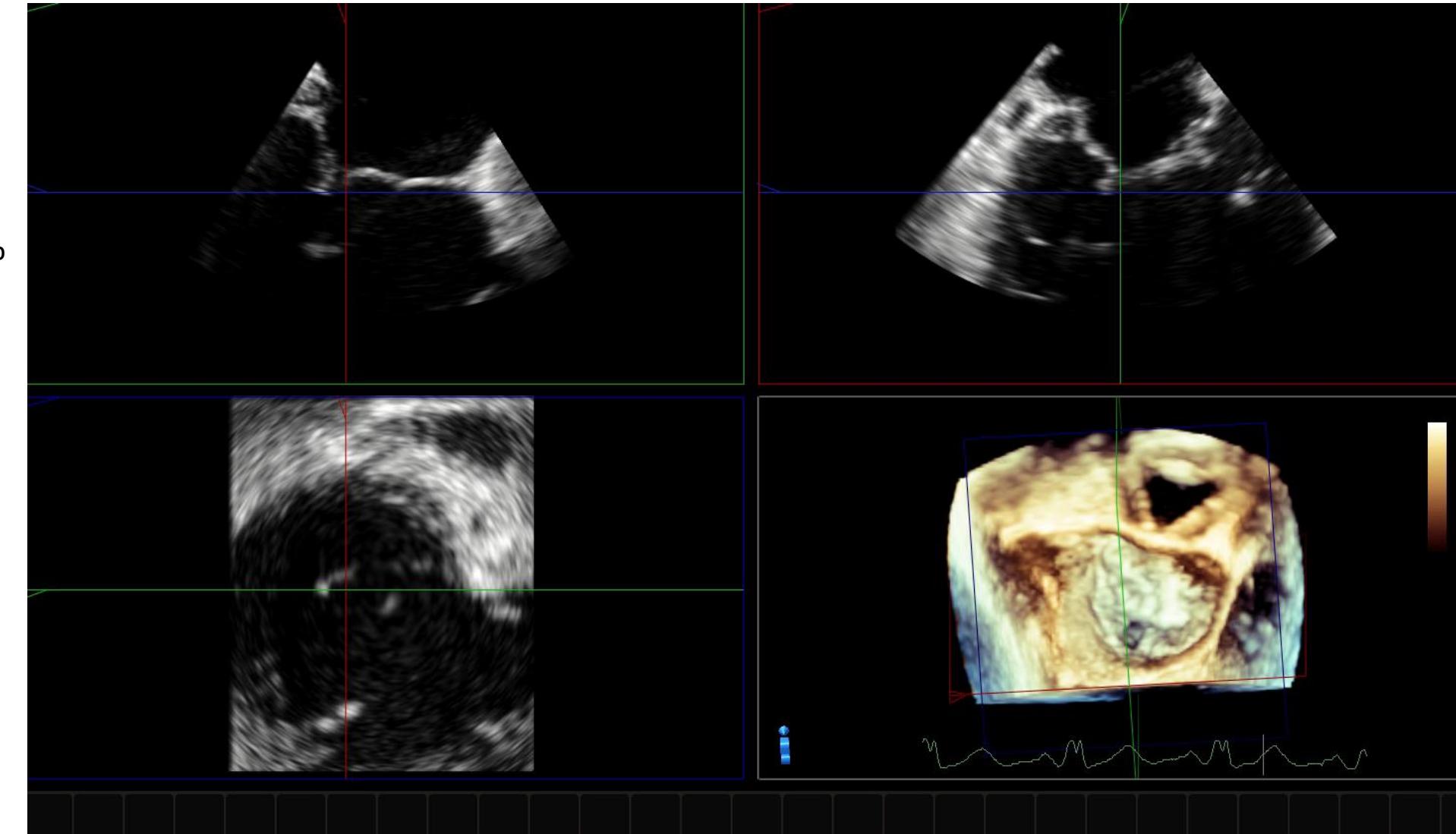
Post processing



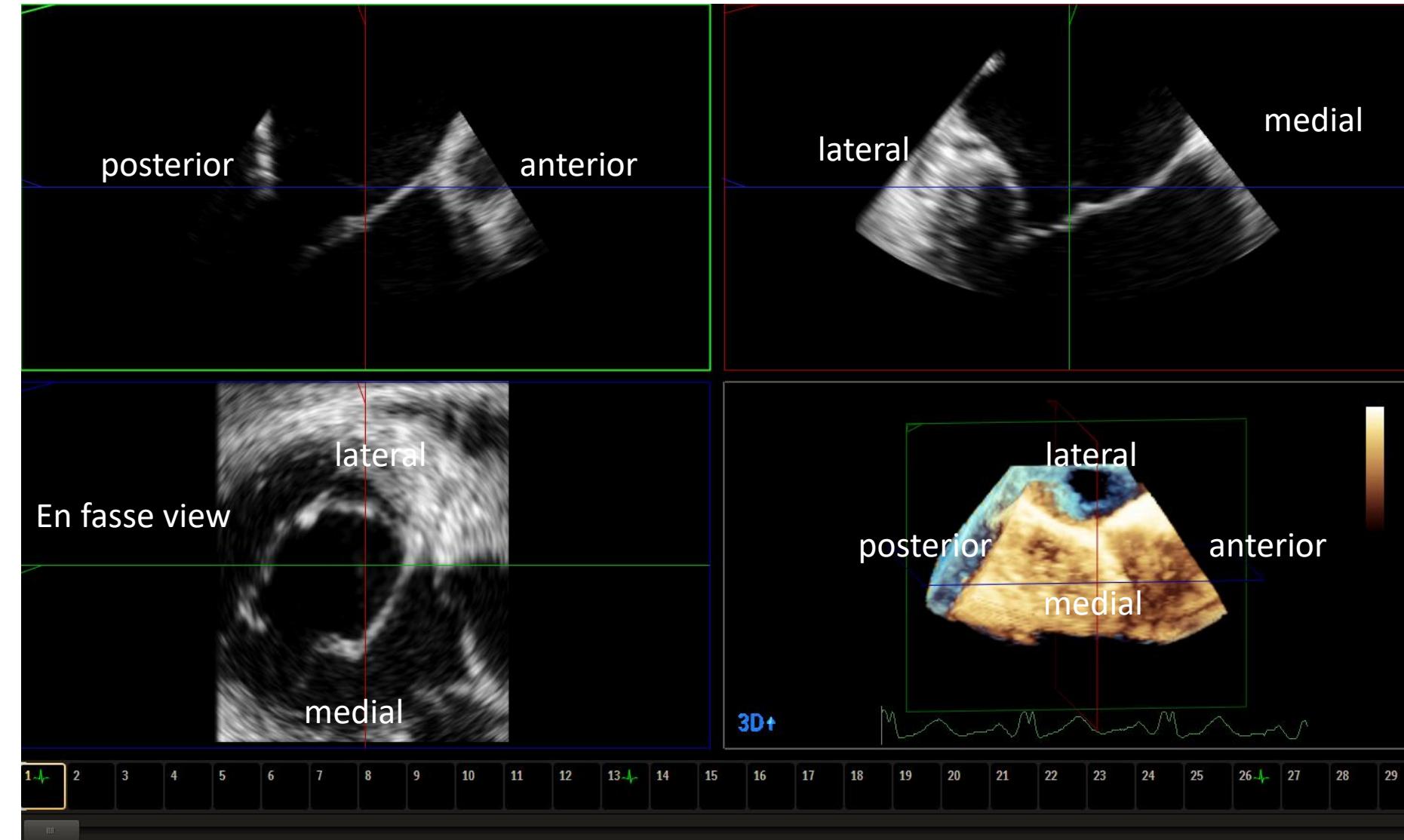
PISA and 3D EROA post processing



Post processing orientation



Post processing orientation



$$145^\circ + 90^\circ = 235^\circ$$

Reverse of 145-90
(reverse of 55°)

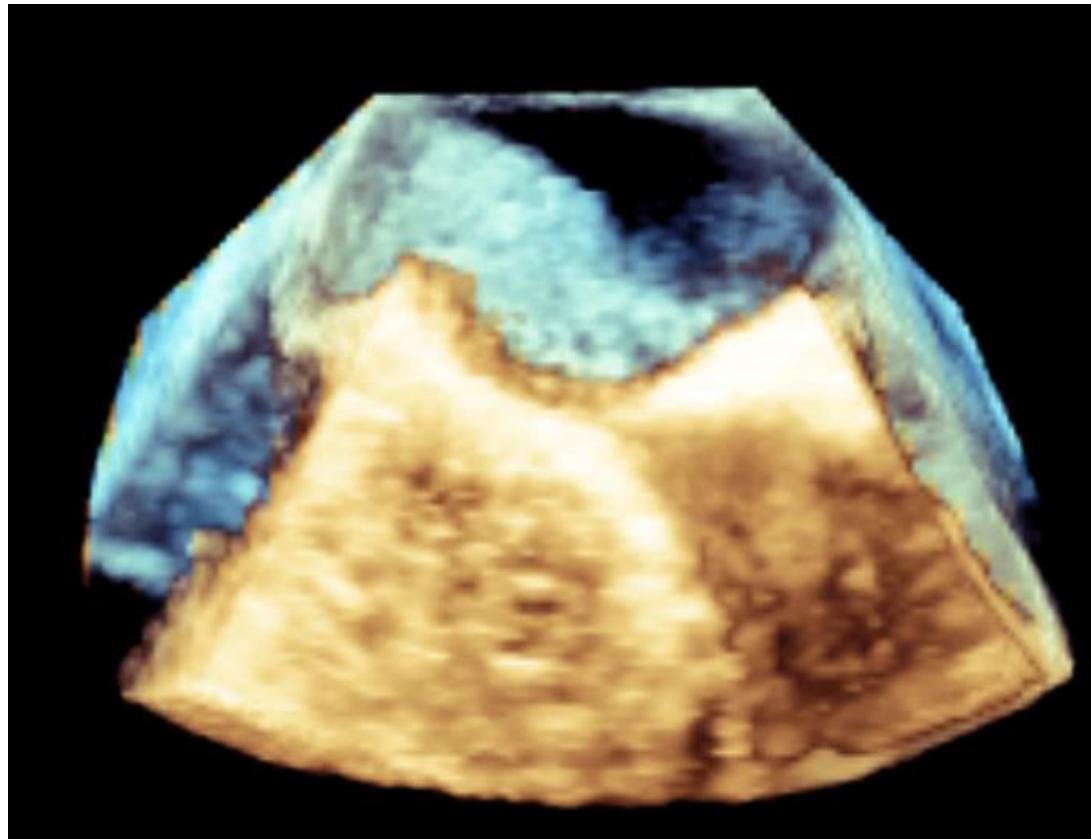
Initial Image

Lateral

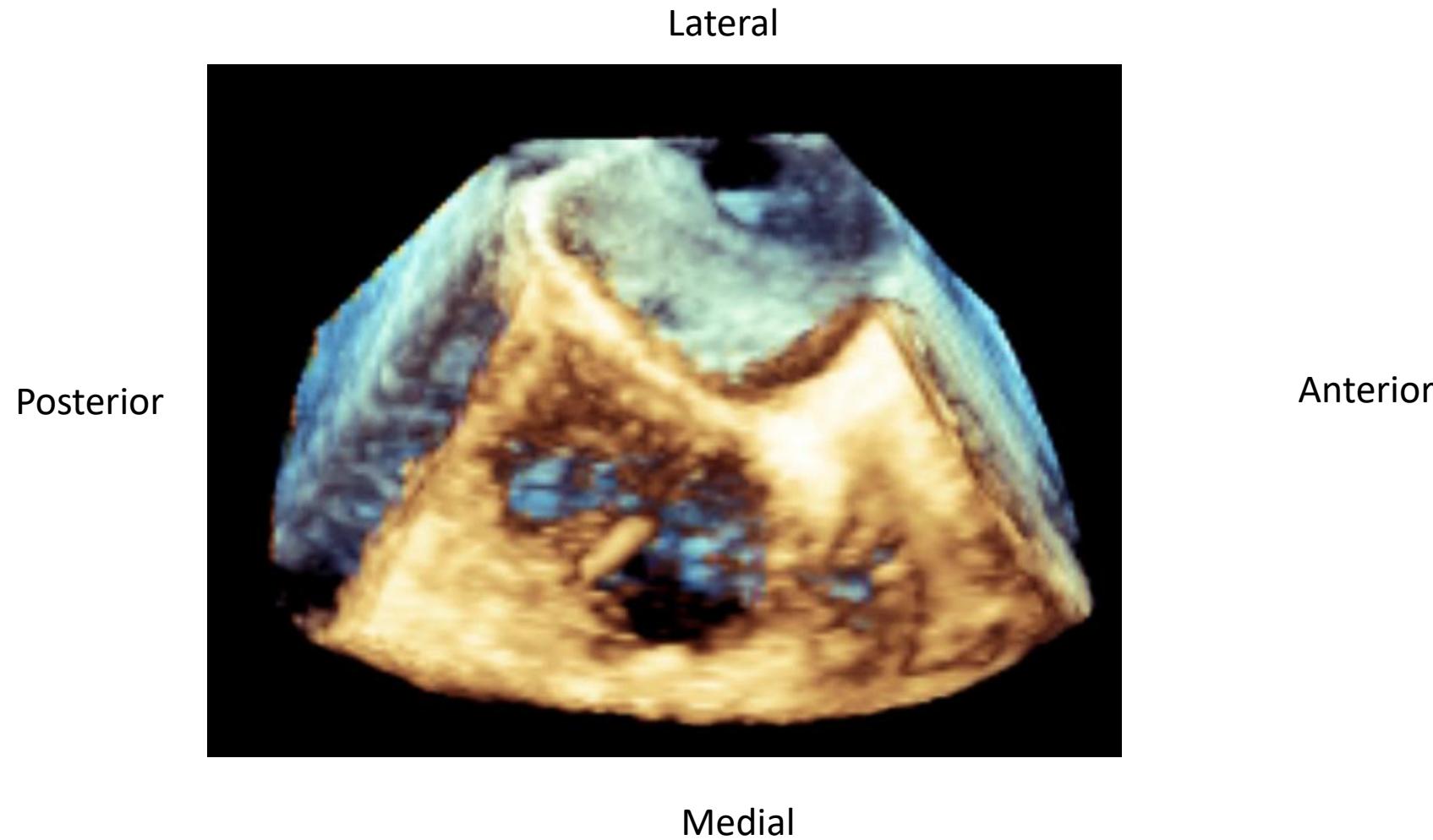
Posterior

Anterior

Medial



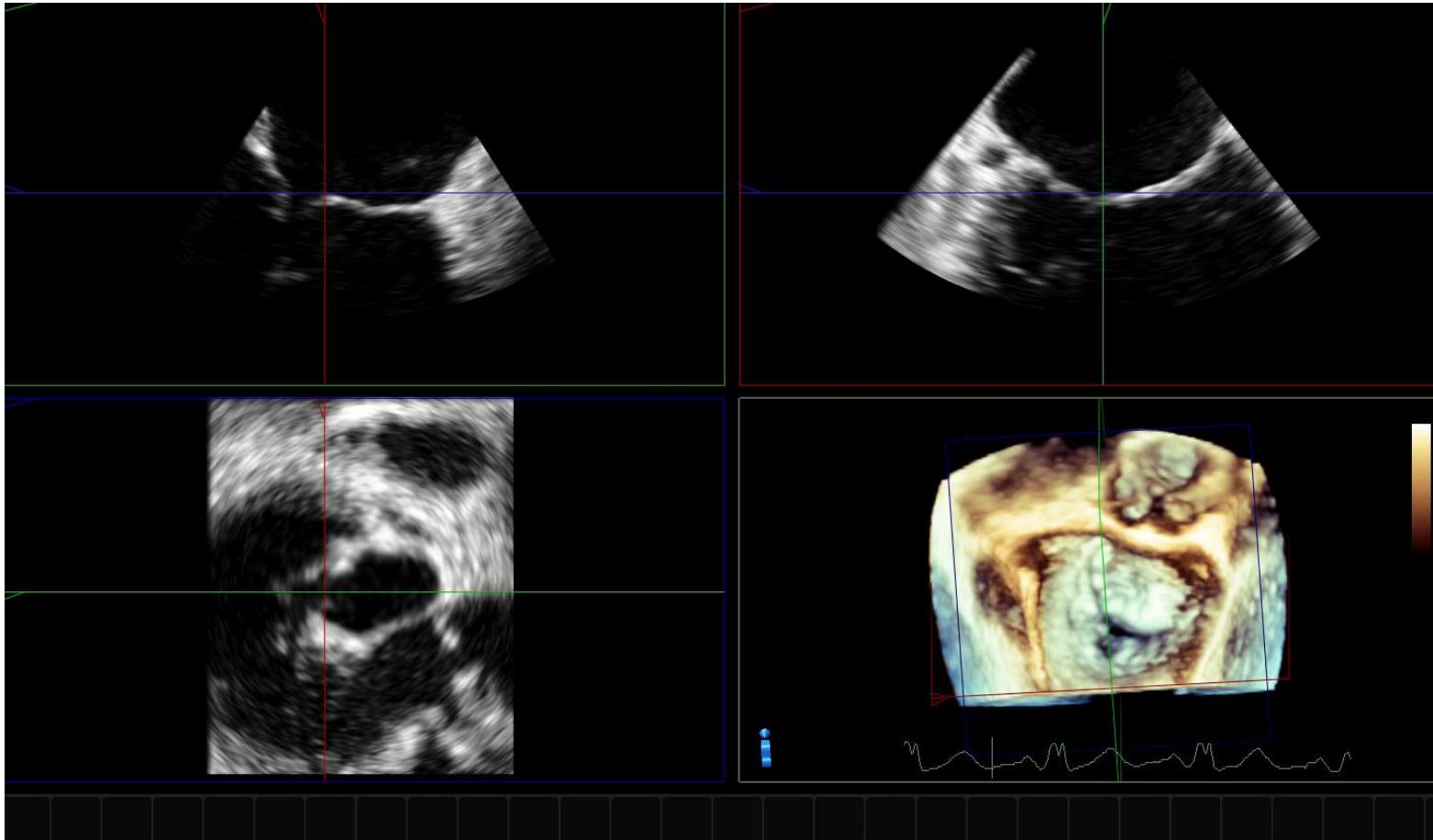
Rotate down for en face (looking down from the LA into the valve)



Z rotate to put aortic valve on top

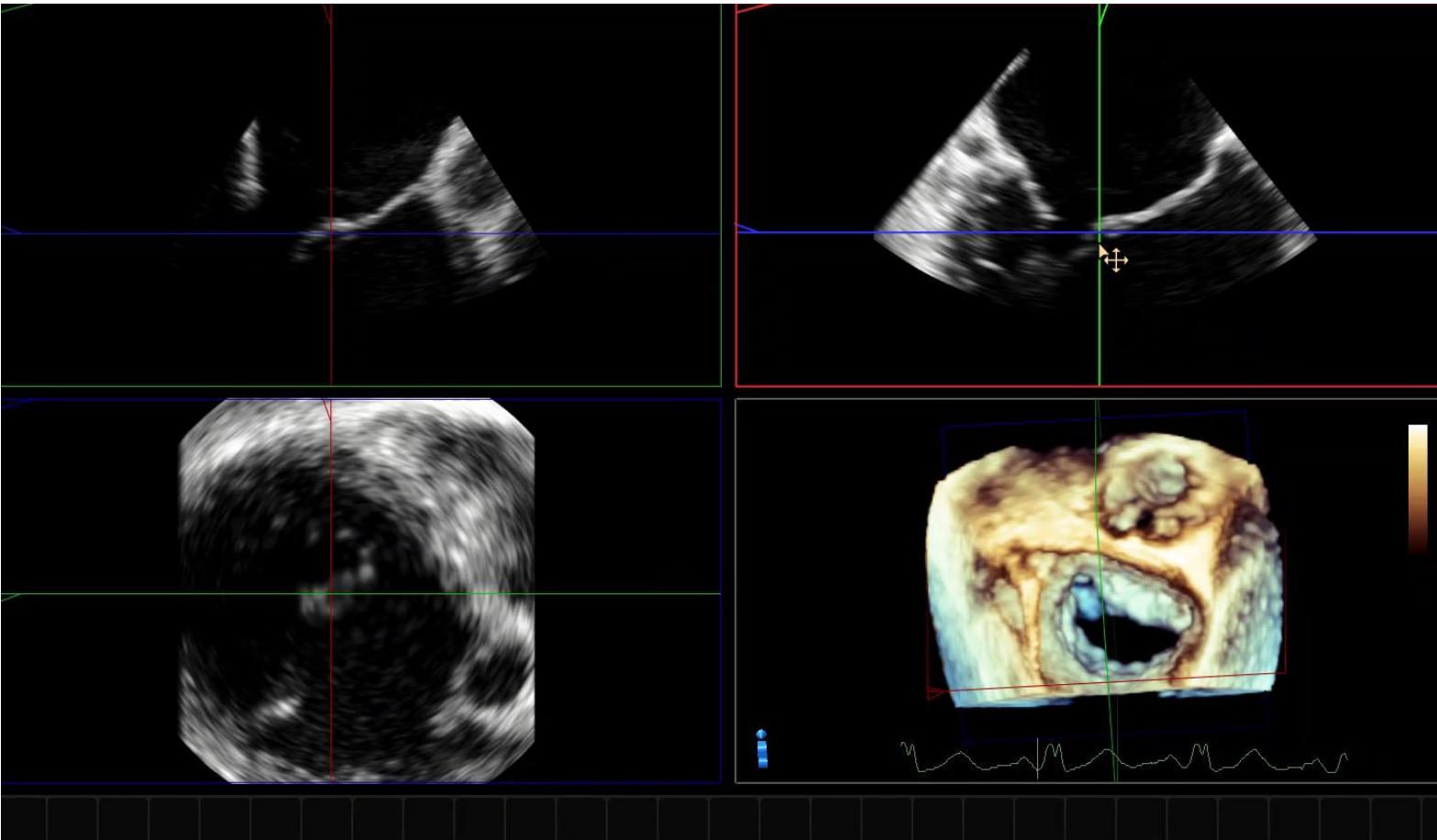


3D MPR movement



Track to confirm 3D orientation
along Ant-posterior direction

3D MPR movement

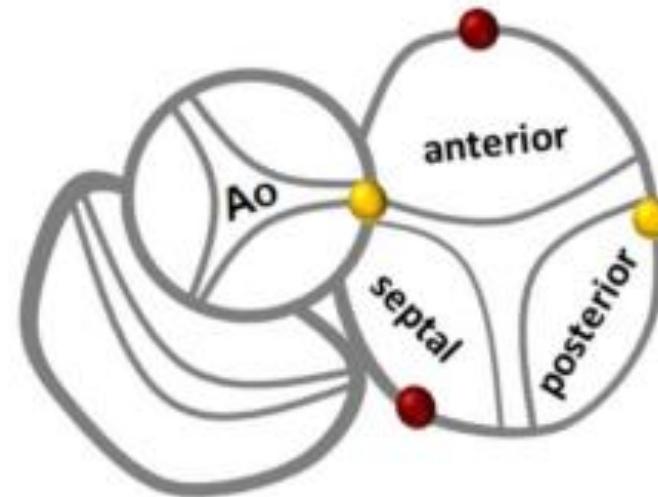


Track to confirm 3D orientation
along medial-lateral direction

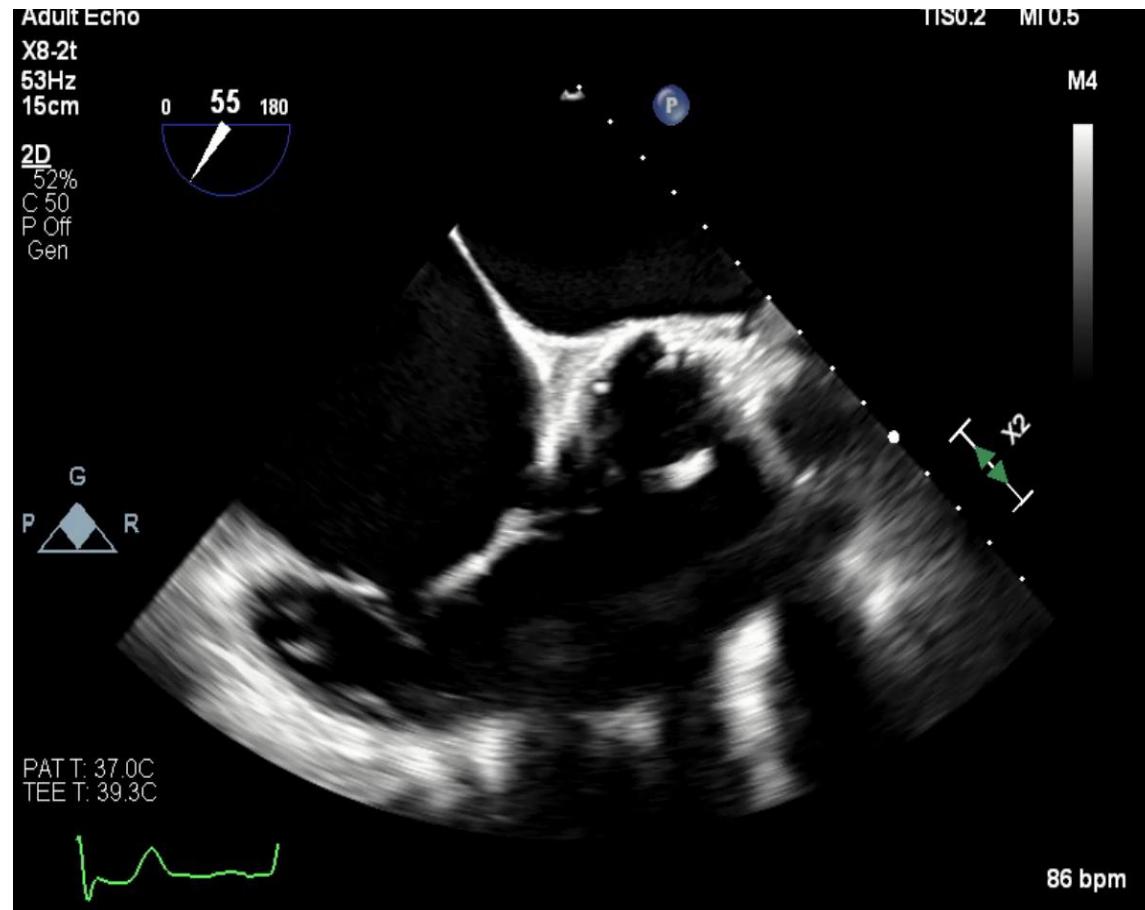
Tricuspid Valve

Target TV orientation

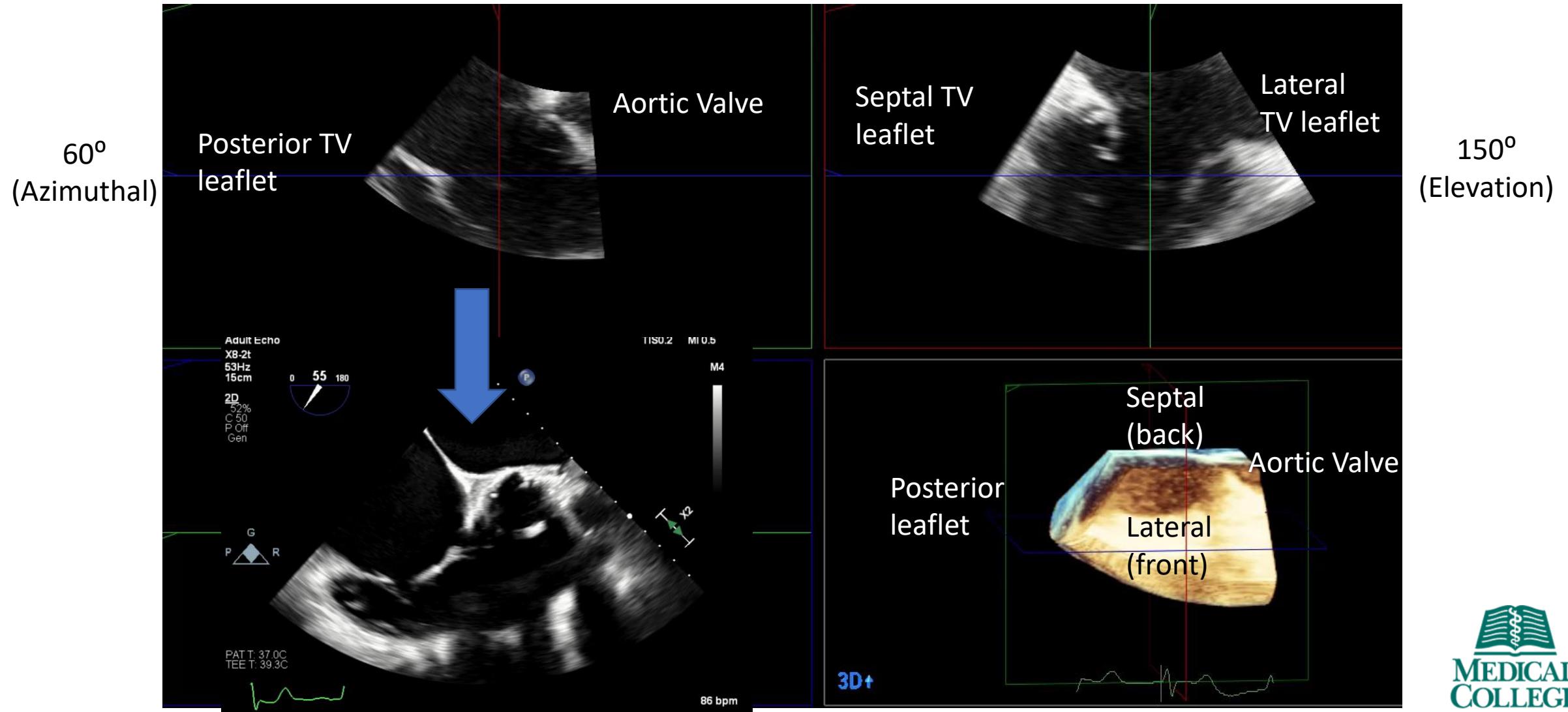
- Aortic valve at 11'o clock
- Septum on left
- TV on right of screen
- Looking down on the TV from RA



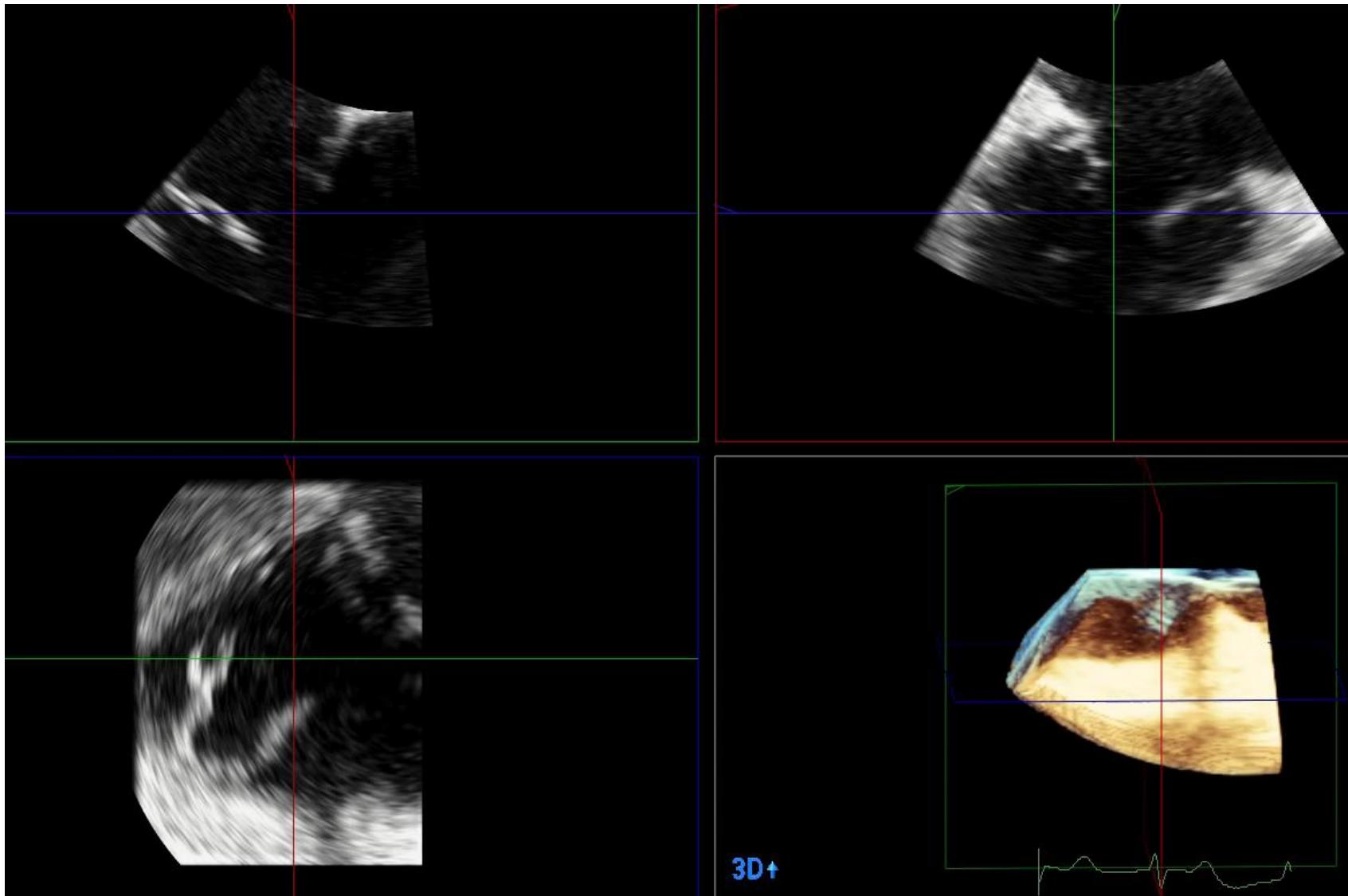
TV from 60 degrees



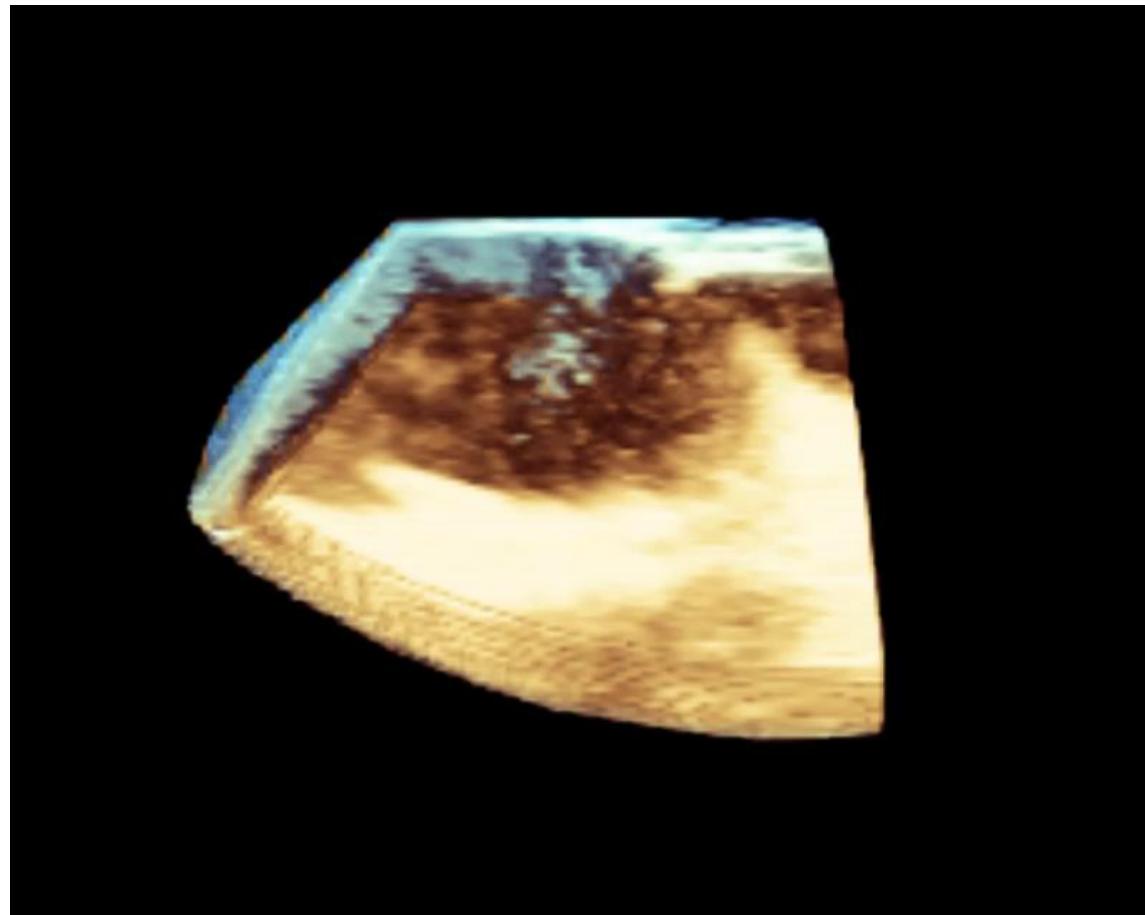
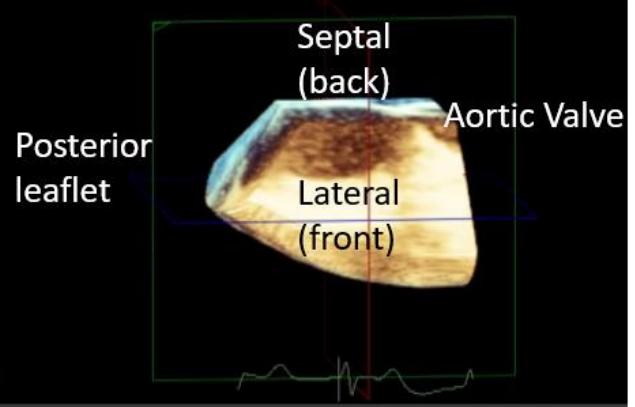
TV from 60 degrees



Confirmation of orientation

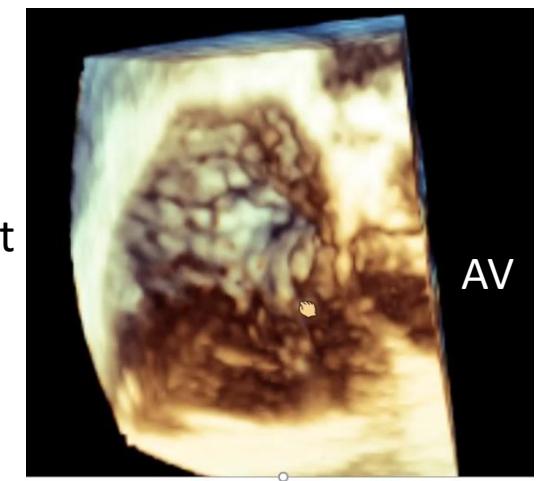


Starting



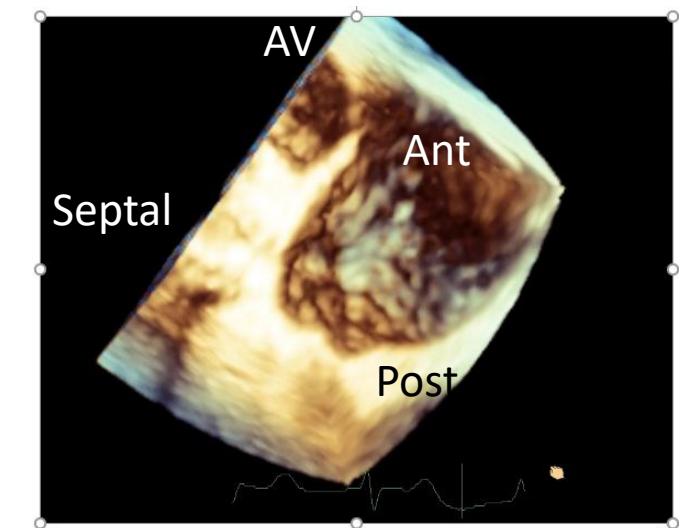
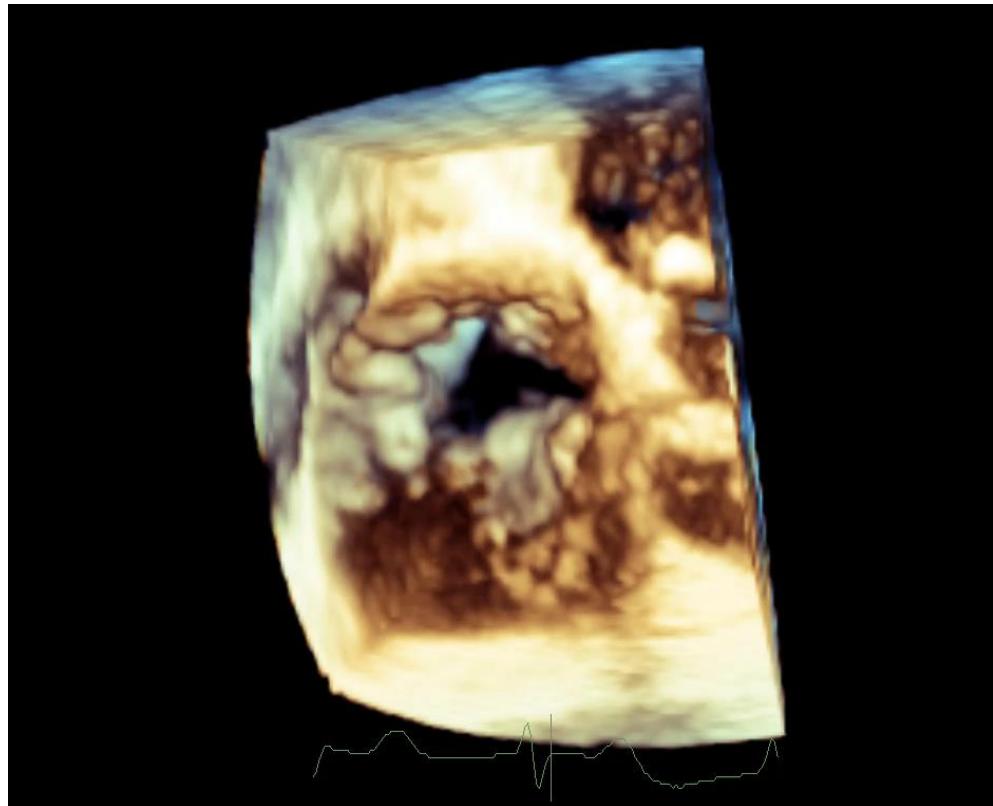
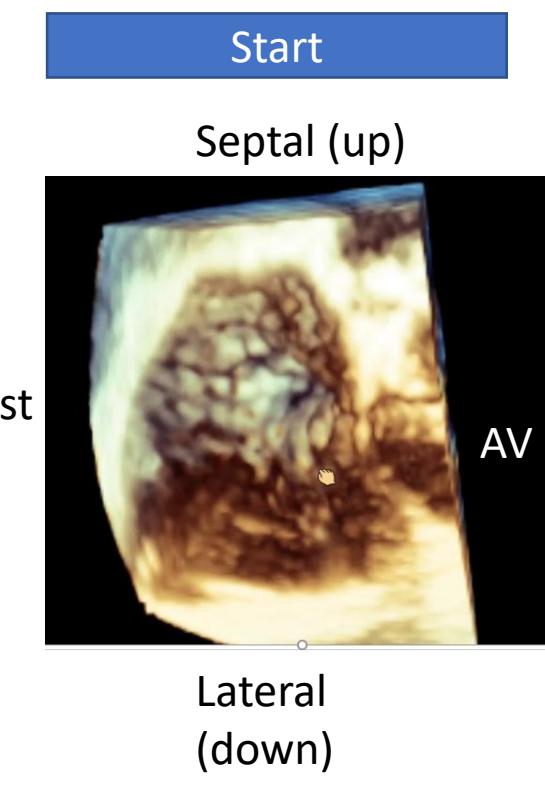
End

Septal (up)

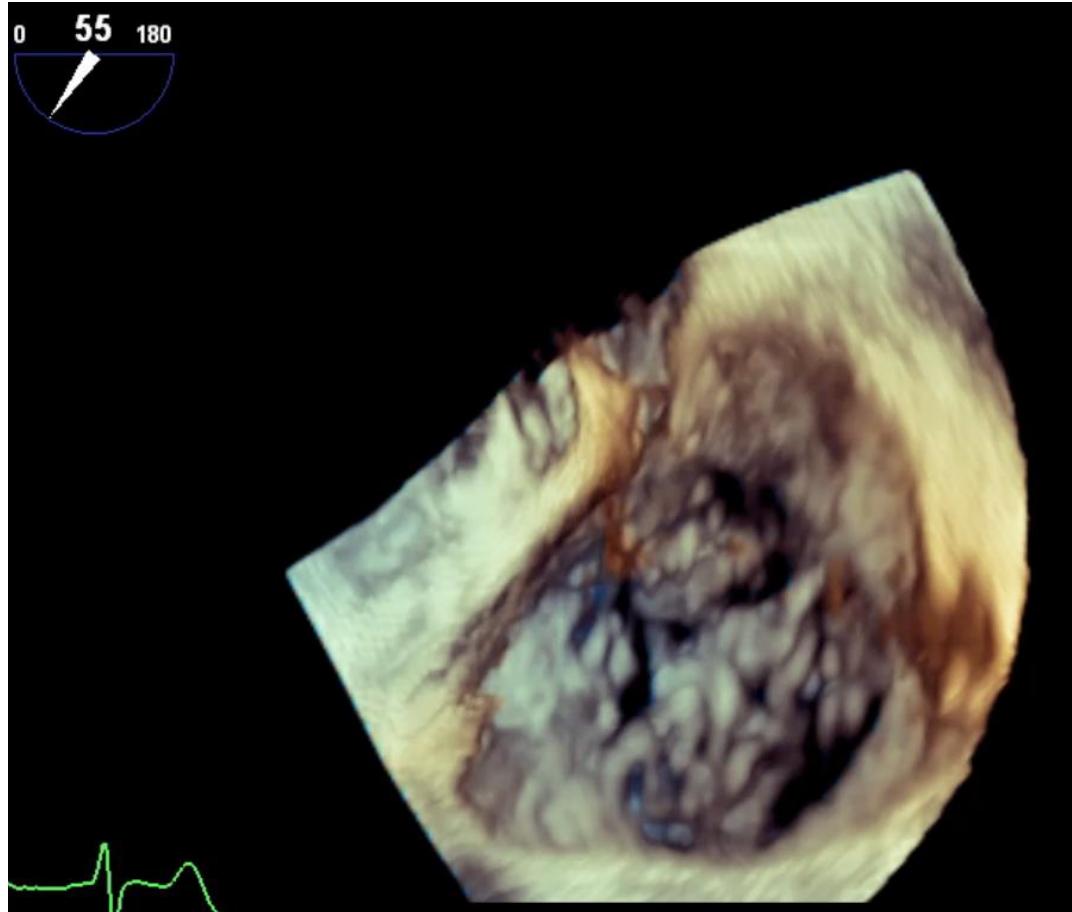


Lateral
(down)

Desired TV orientation



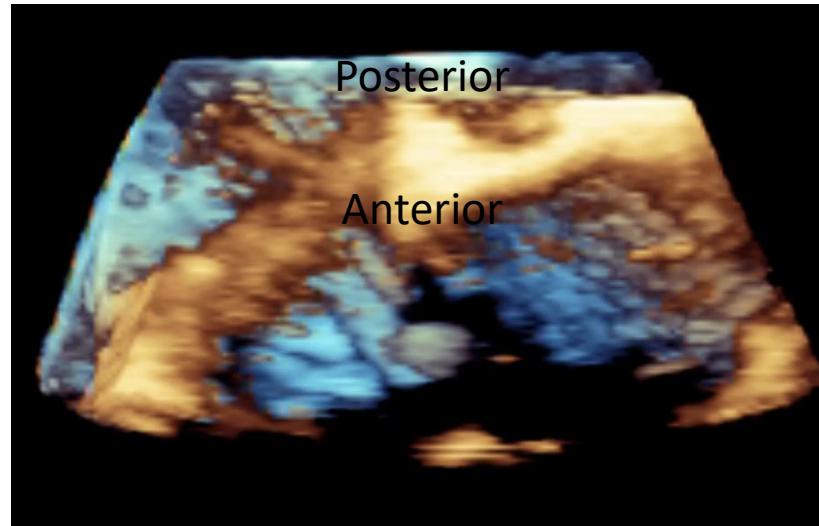
Fine tune gain and rotation



3D orientation

Starting at 0 degrees

Lateral



Septal

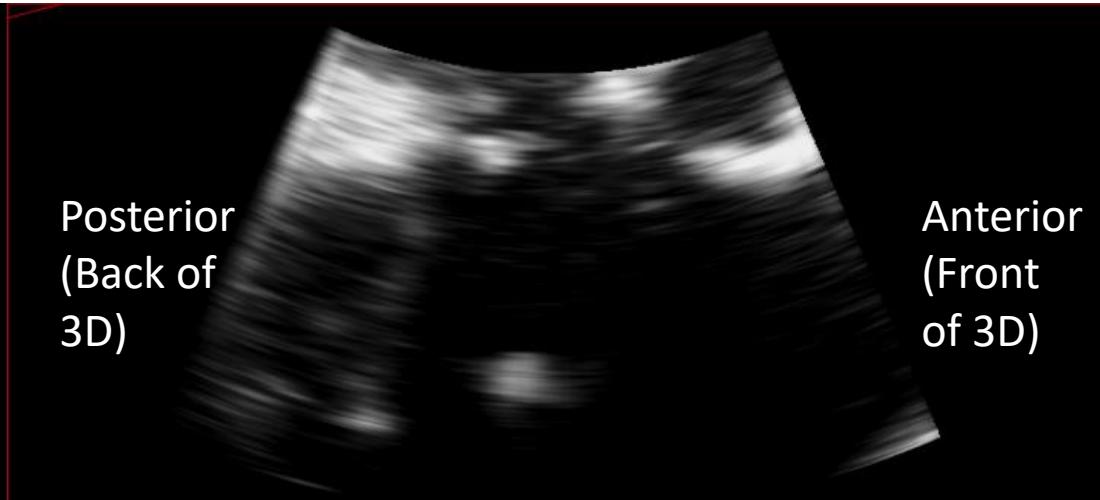
0°



Lateral
(left of
3D)

Septal
(right of
3D)

90°



Posterior
(Back of
3D)

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Azimuthal

Elevation

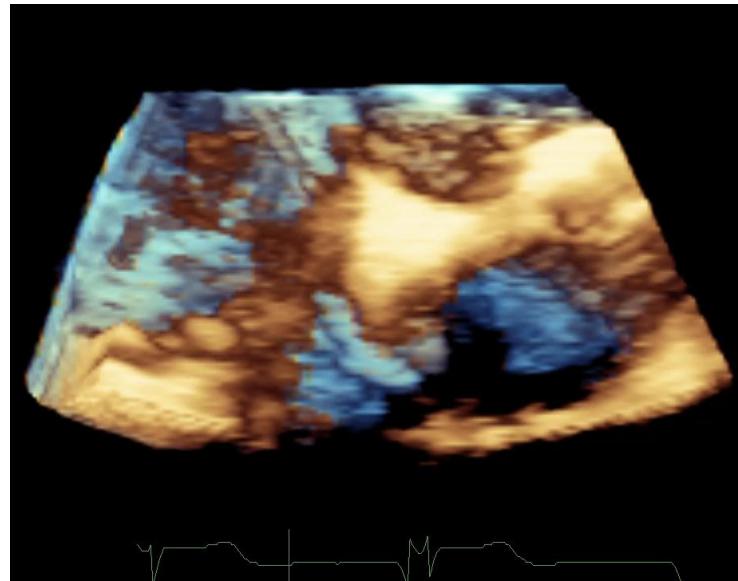
3D orientation

Turn down for 'en fasse'
view (looking down from RA on to
the TV)

Lateral

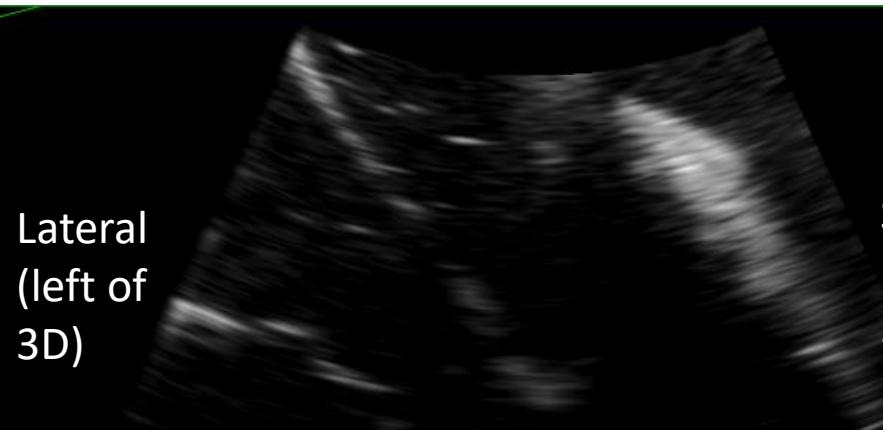
Posterior

Septal



Anterior

0°



Lateral
(left of
3D)

Septal
(right of
3D)

90°

Posterior
(Back of
3D)

Anterior
(Front
of 3D)

Azimuthal

Elevation

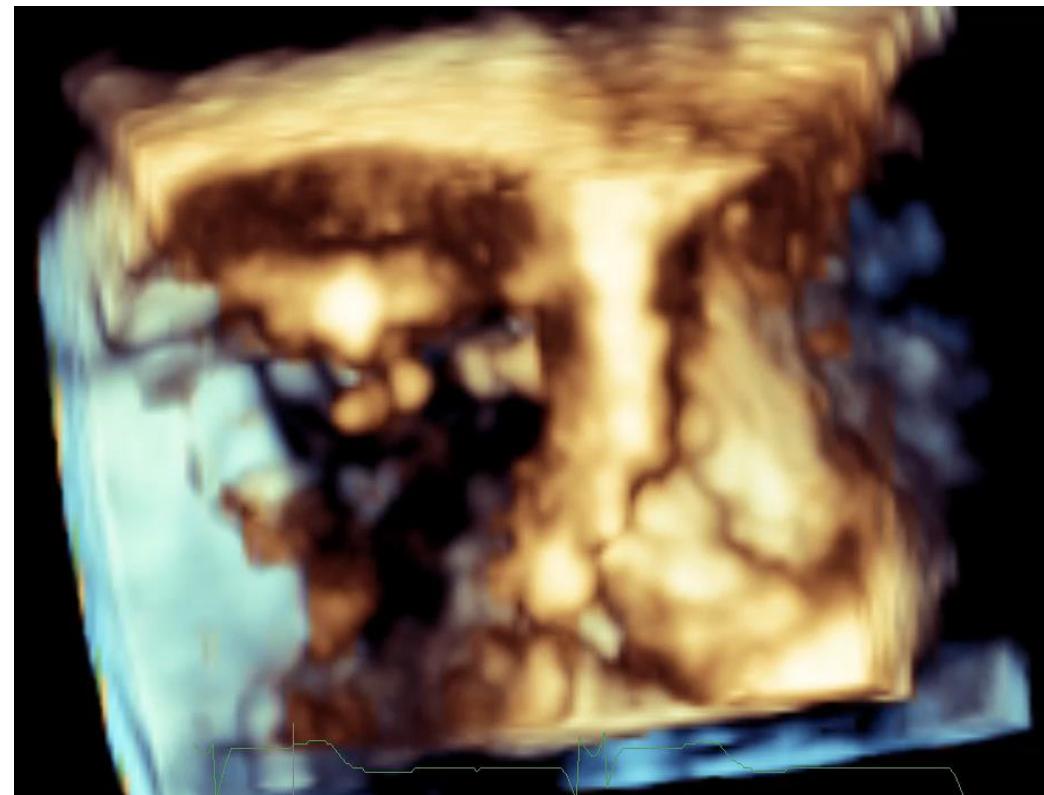
3D orientation

- Rotate to bring the AV at 11'0 clock

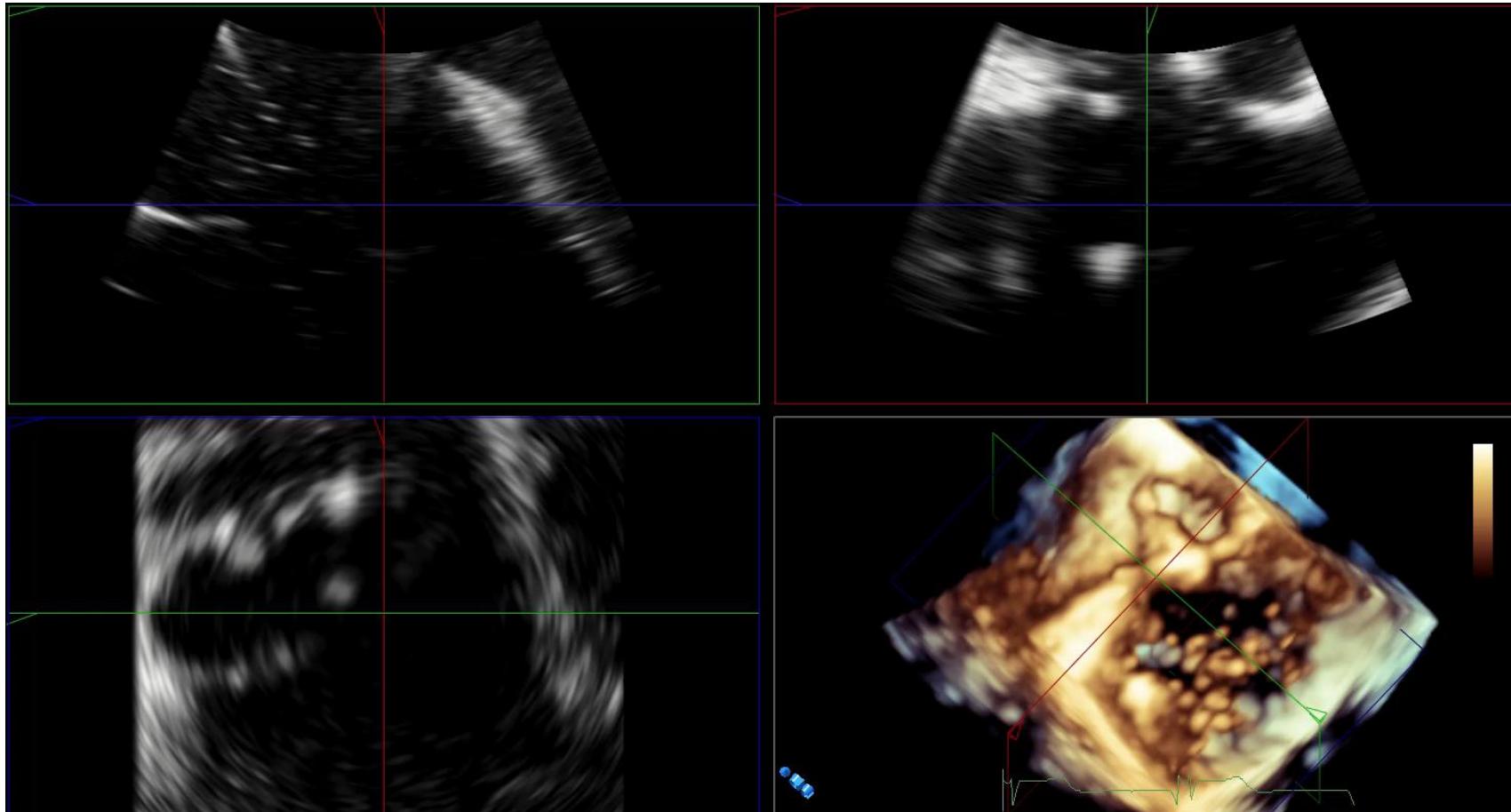
Septal

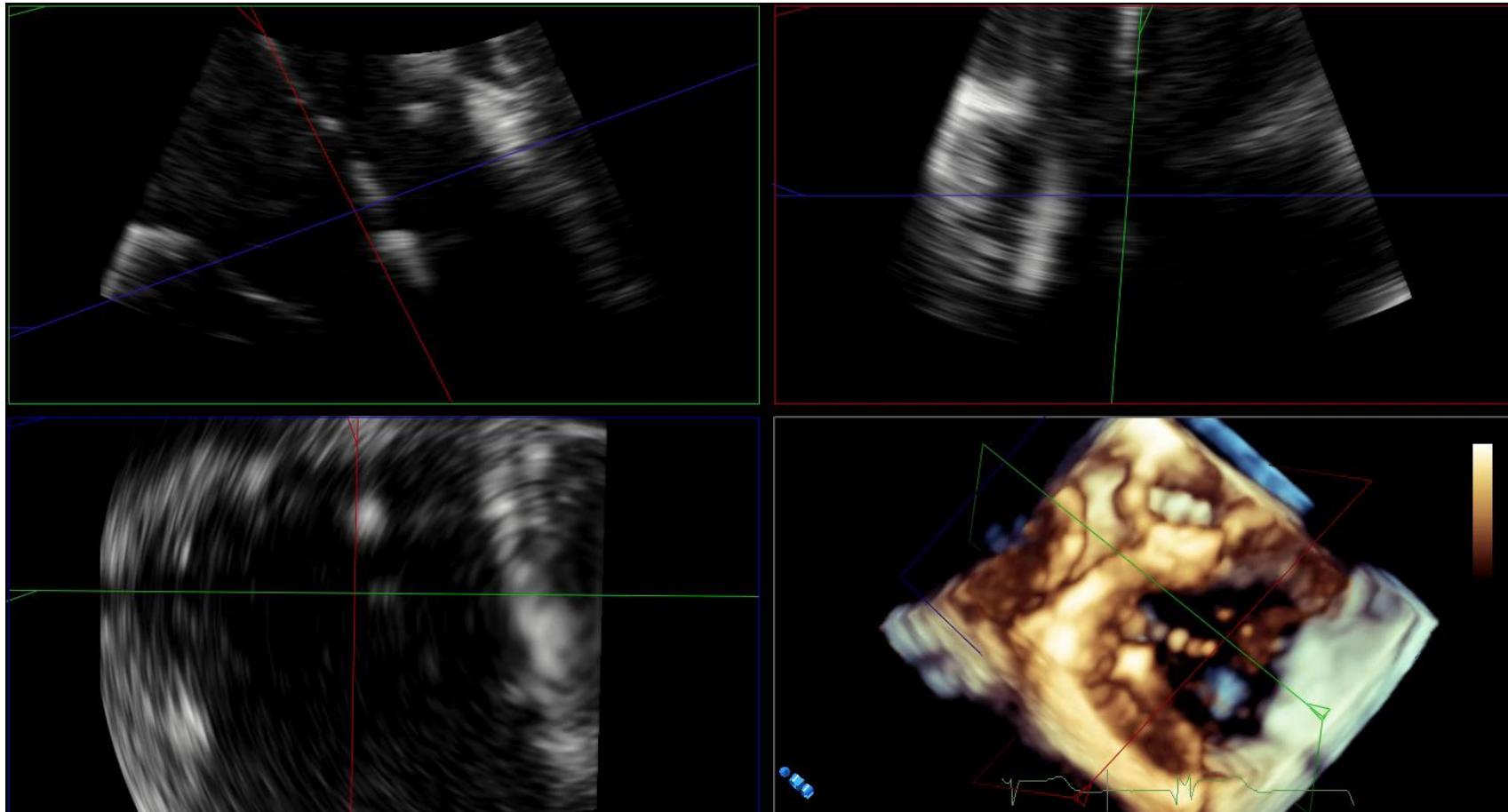
Anterior

Lateral

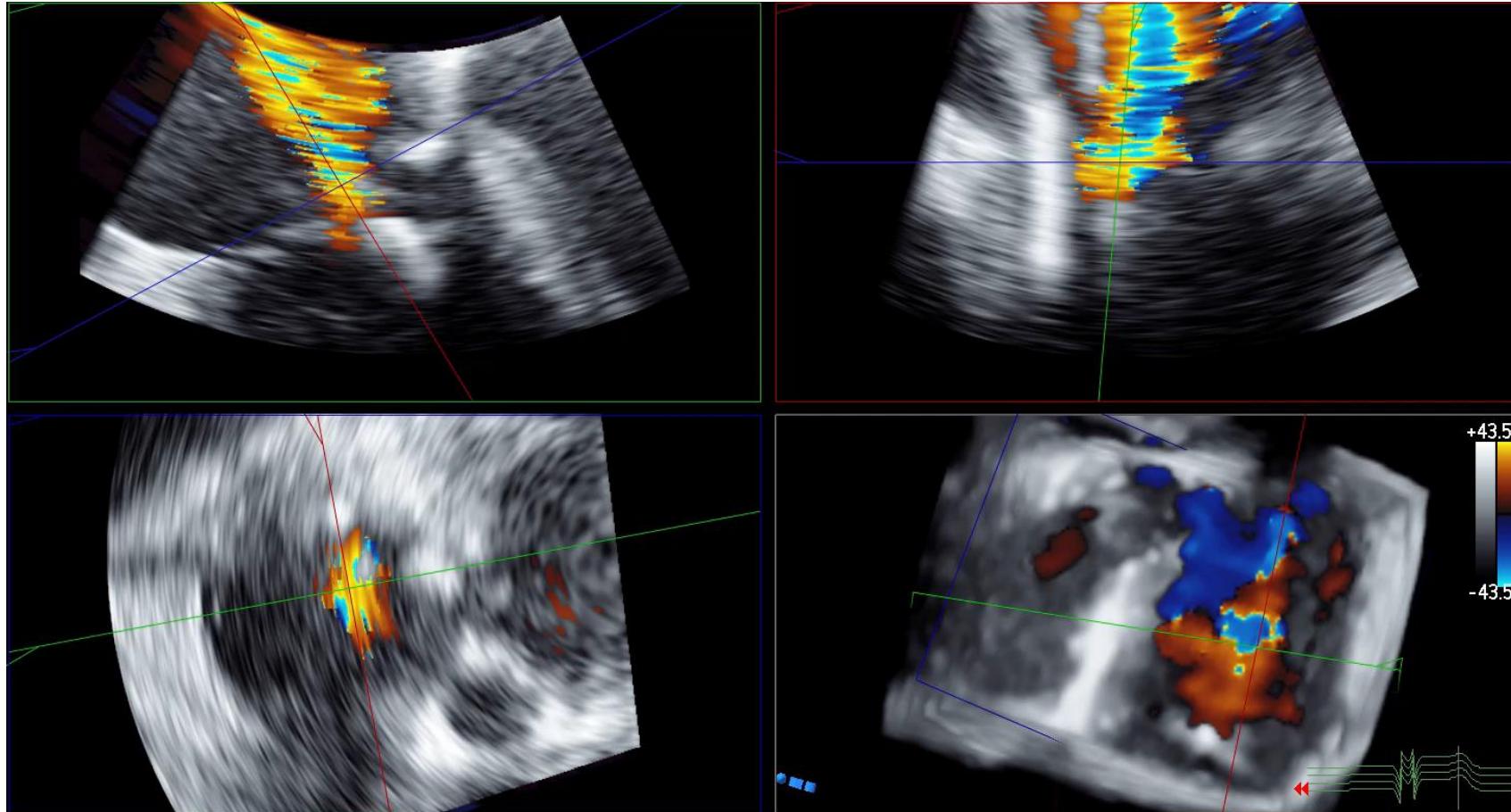


Posterior

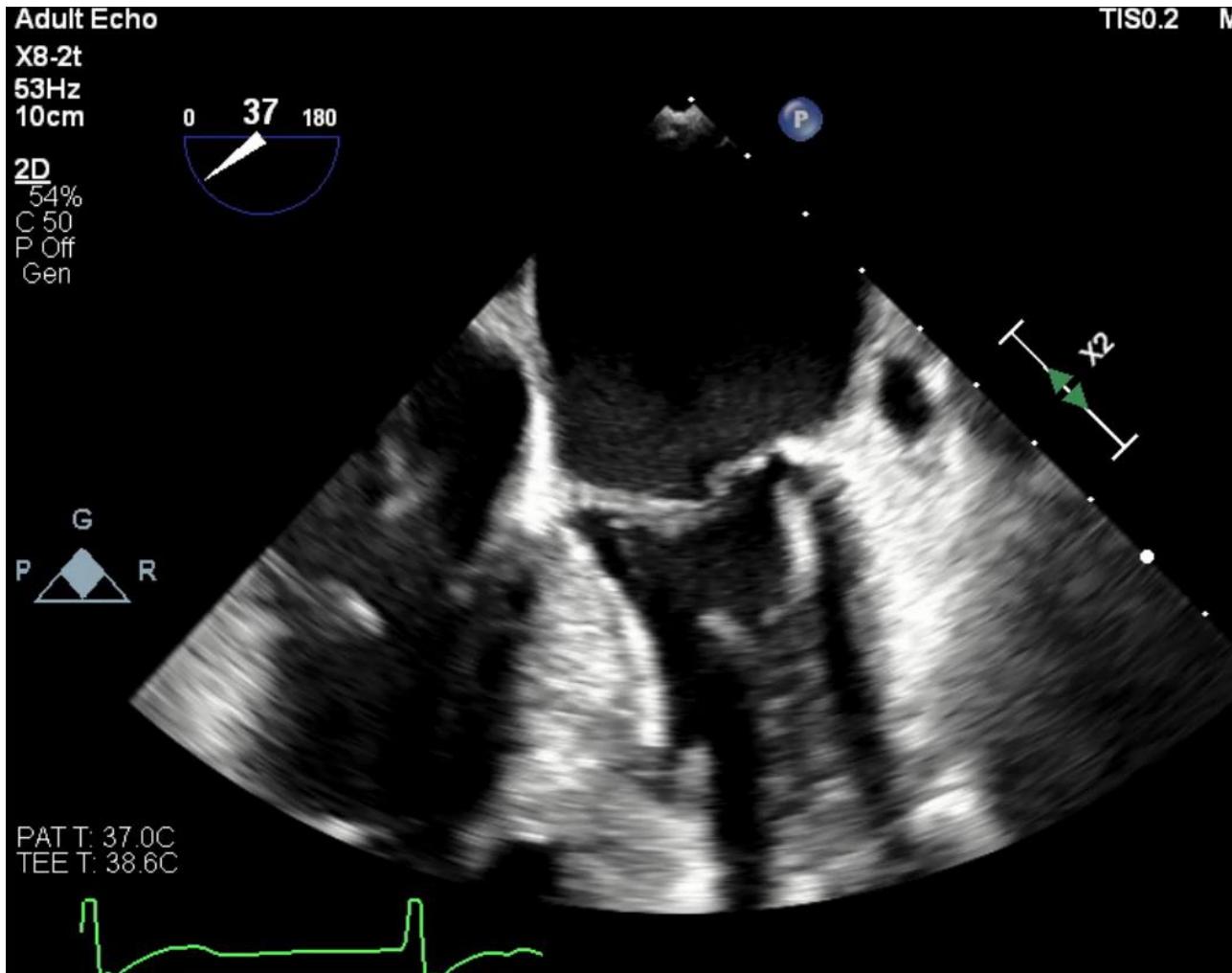




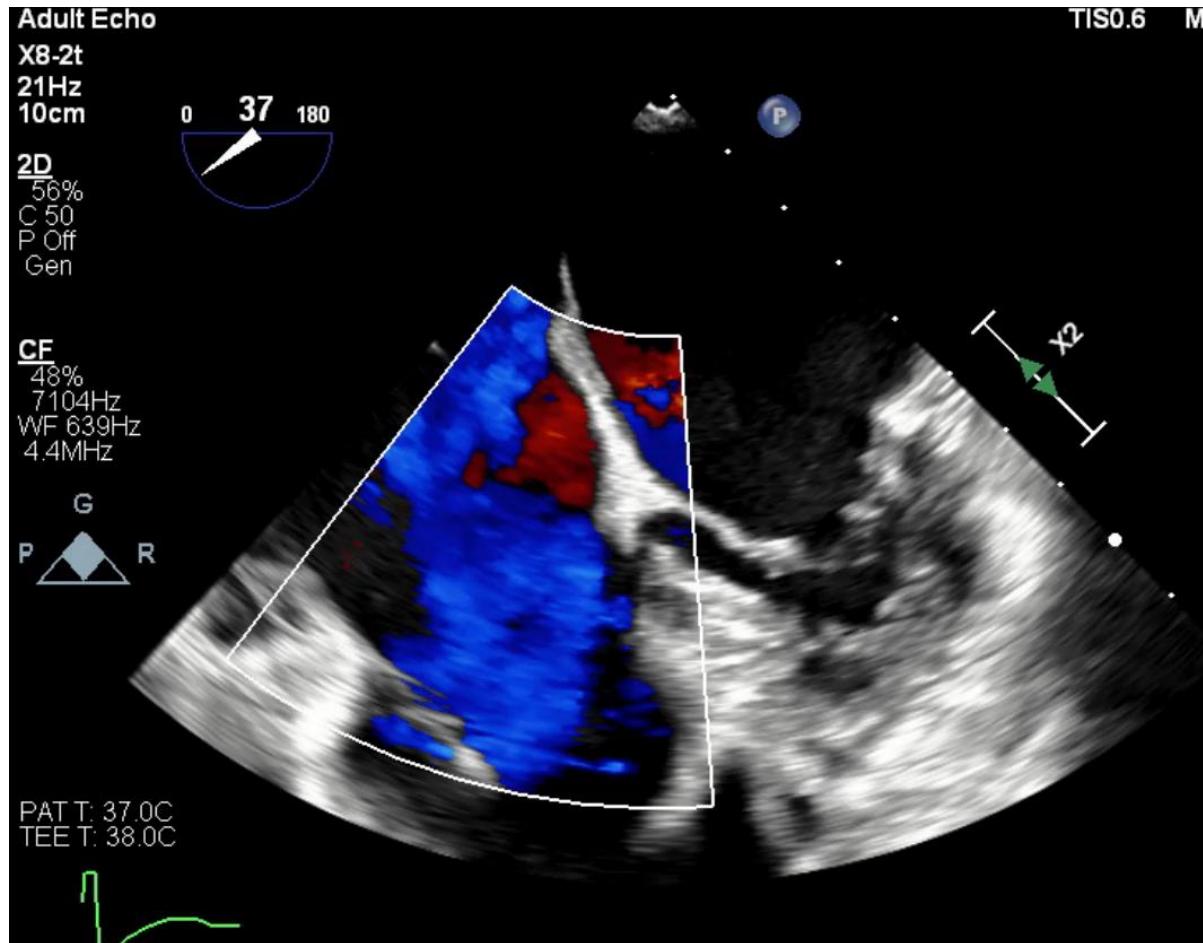
Jet localization using 3D guided 2D color



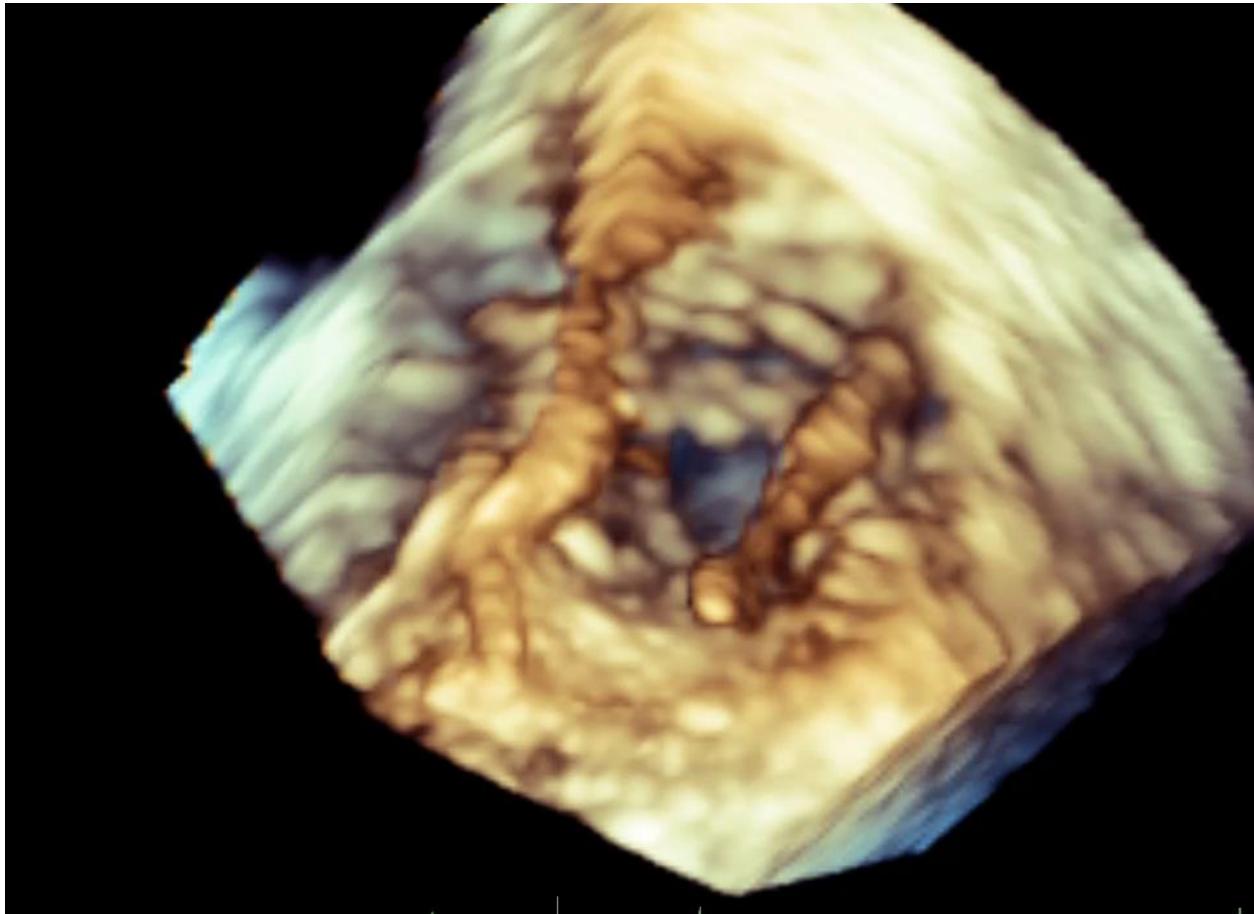
Decision for clip suitability

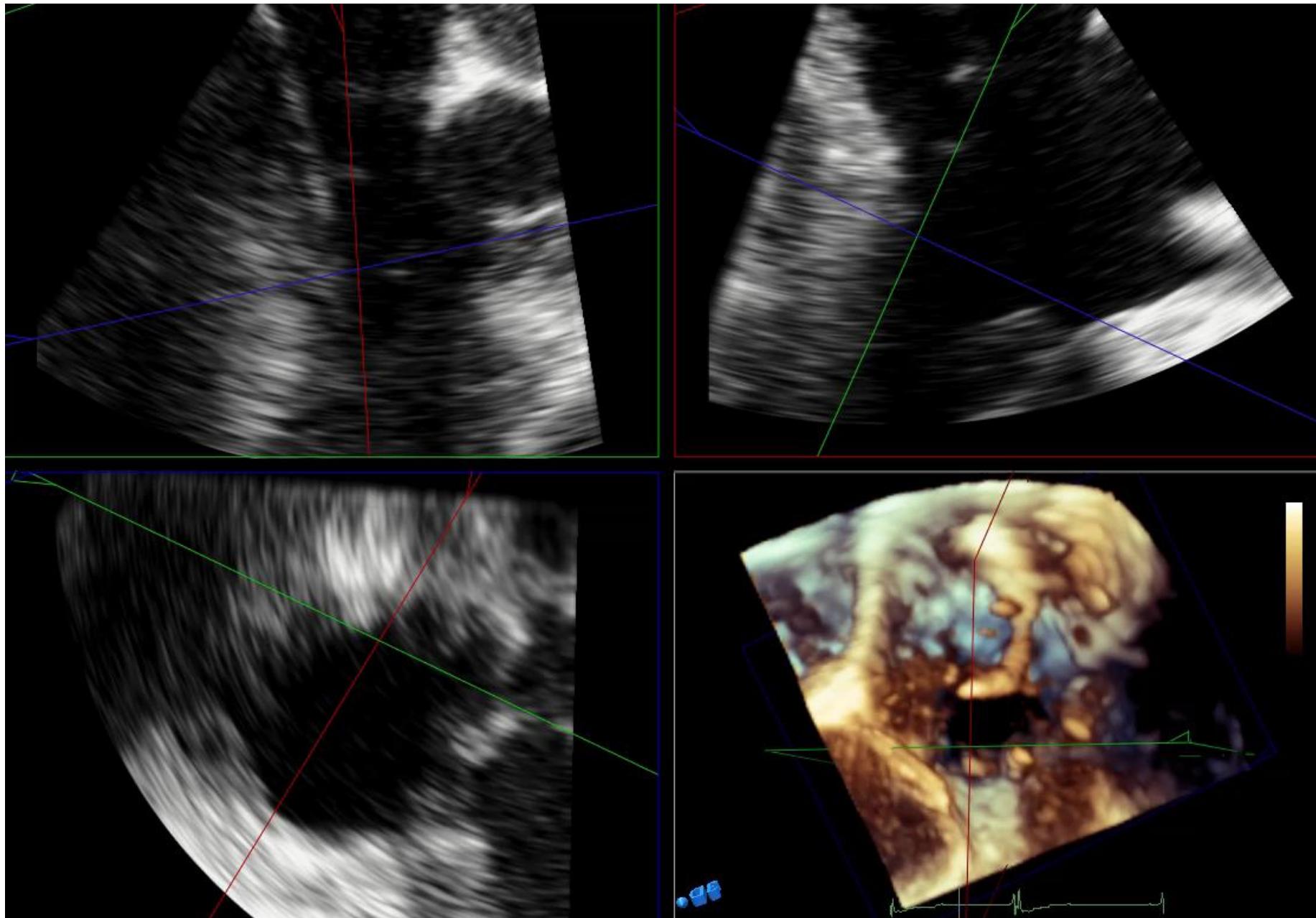


Decision for clip suitability

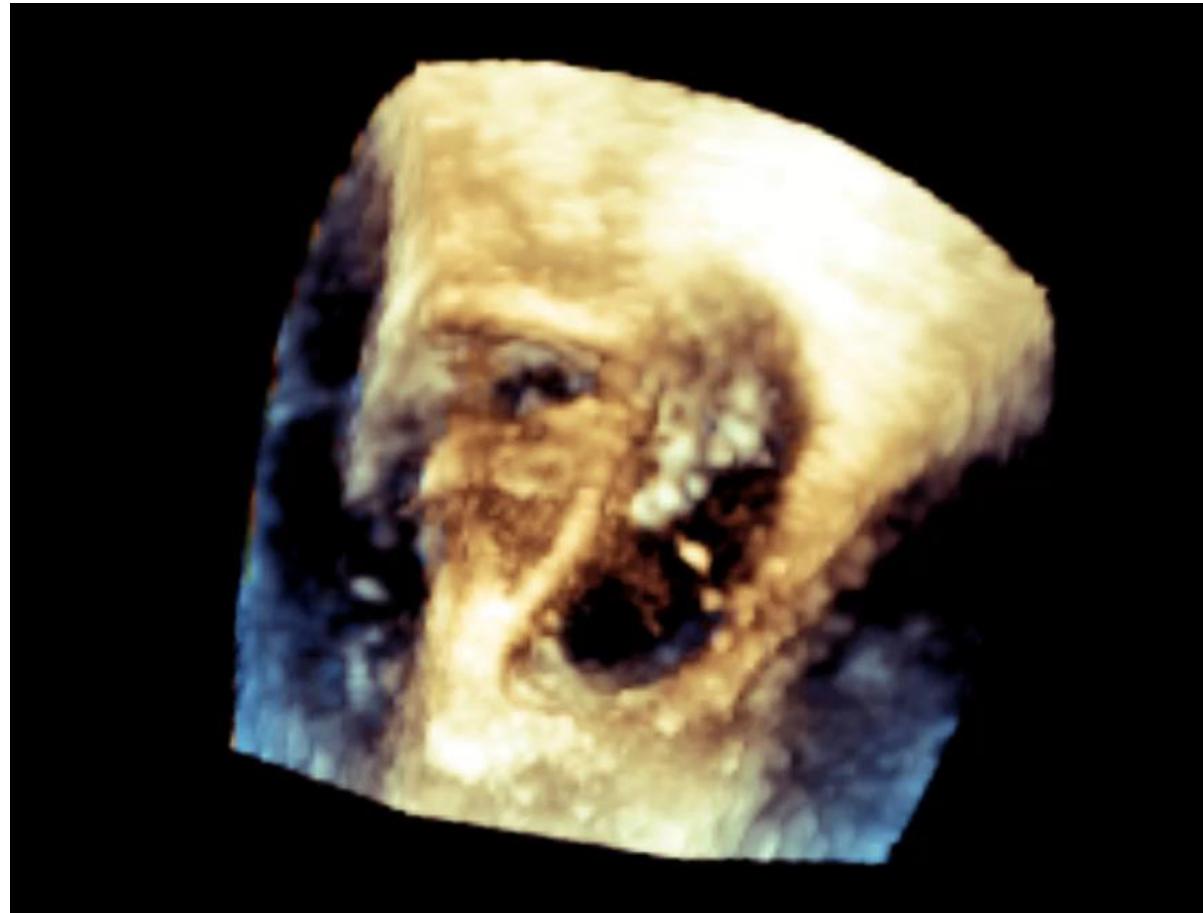


Decision for clip suitability

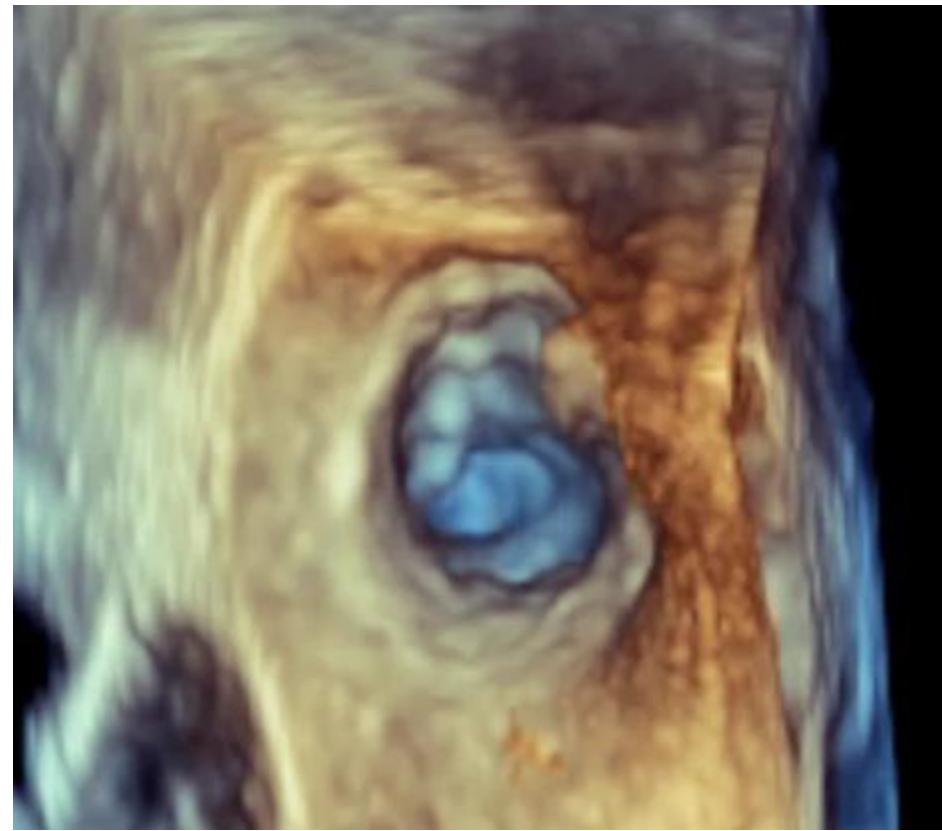




Atypical TV anatomy

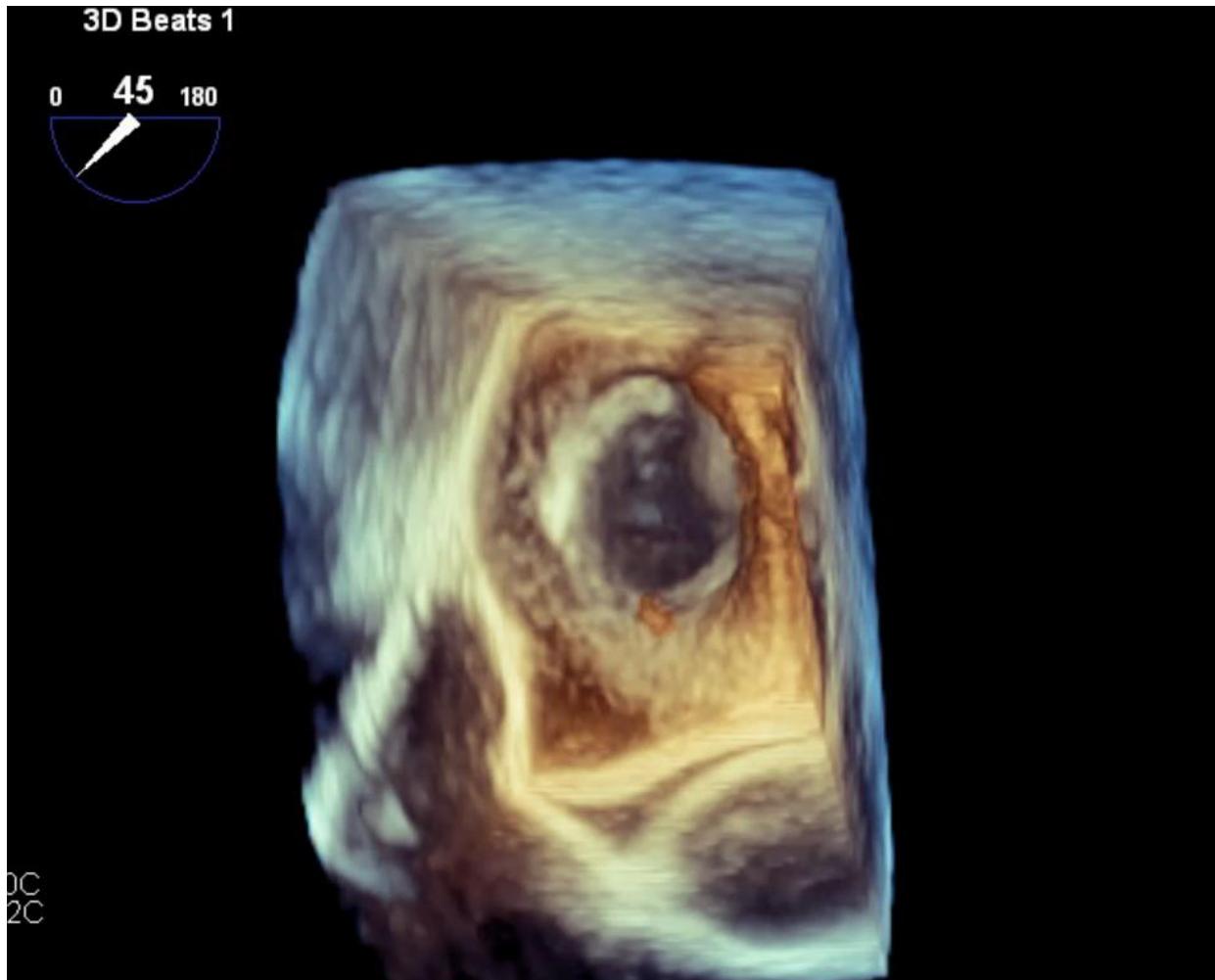


LAA



Orientation

- Start from 45 degrees or 135 degrees (useful for deployment)
- Take pictures with high 2D gain to start with



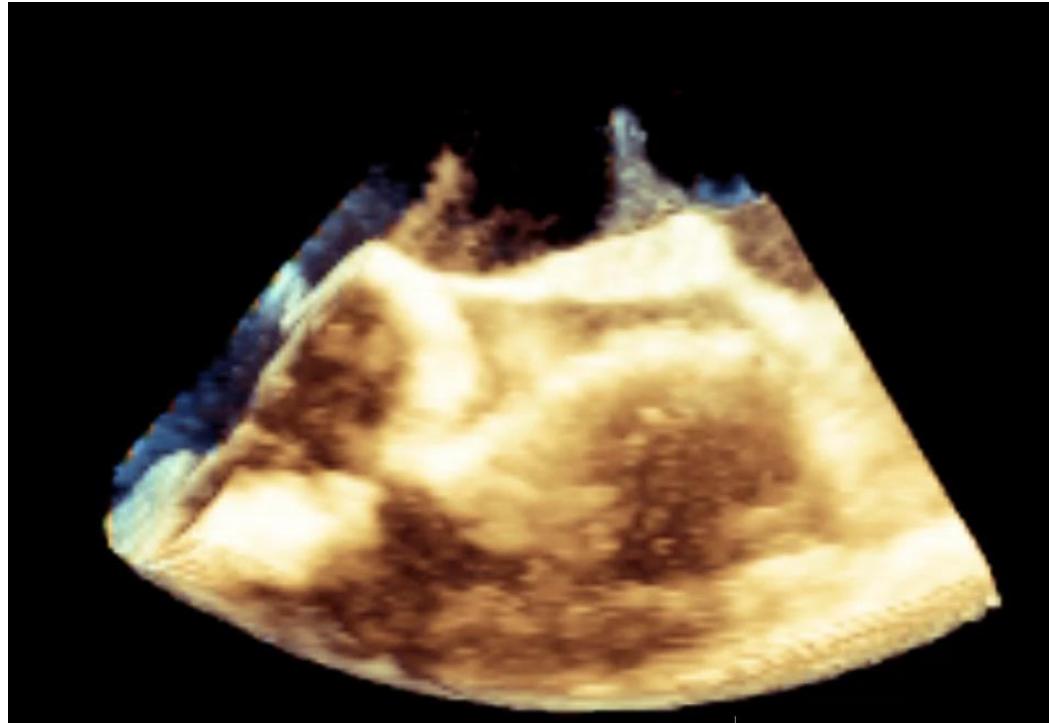
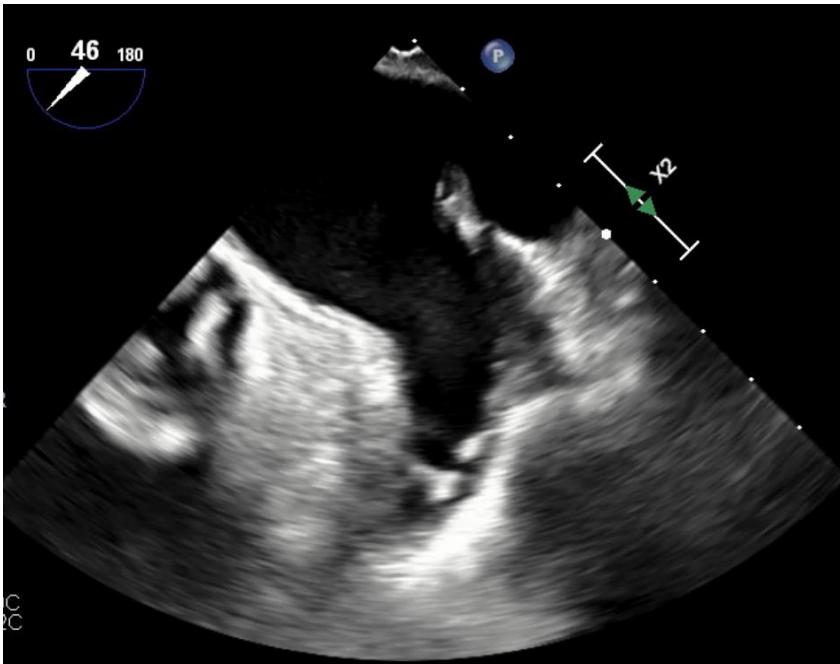
Orientation

- Gain can be decreased post acquisition but not increased so best to take high gain and lower it.
- Or take a high gain first and then take lower gain pictures so that post processing does not have missing data.



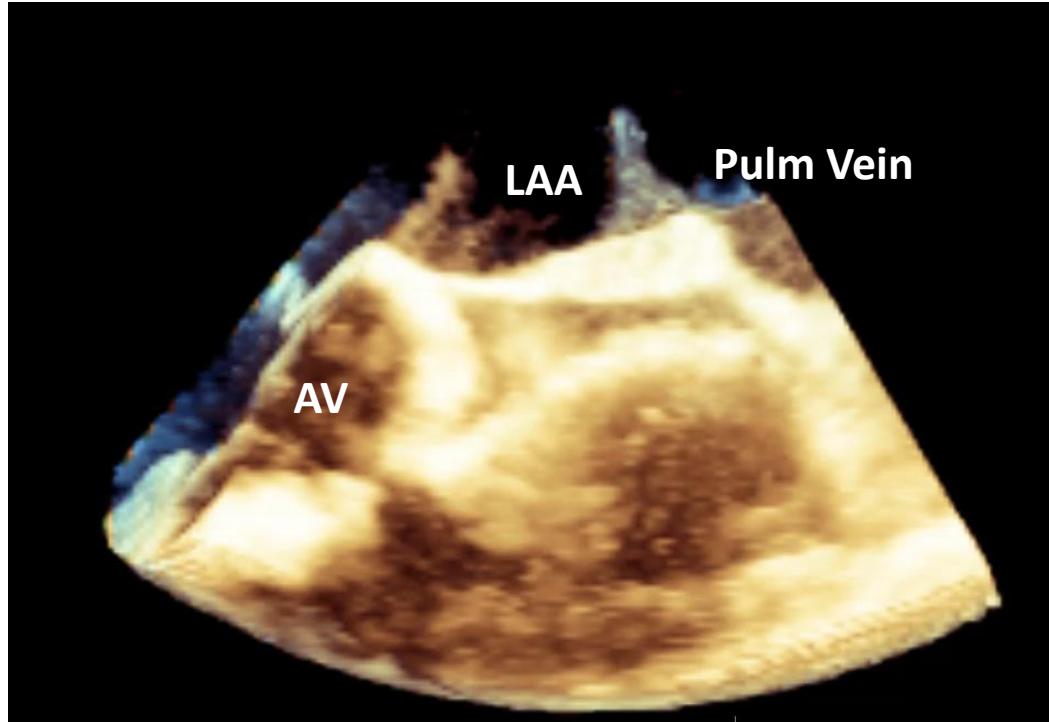
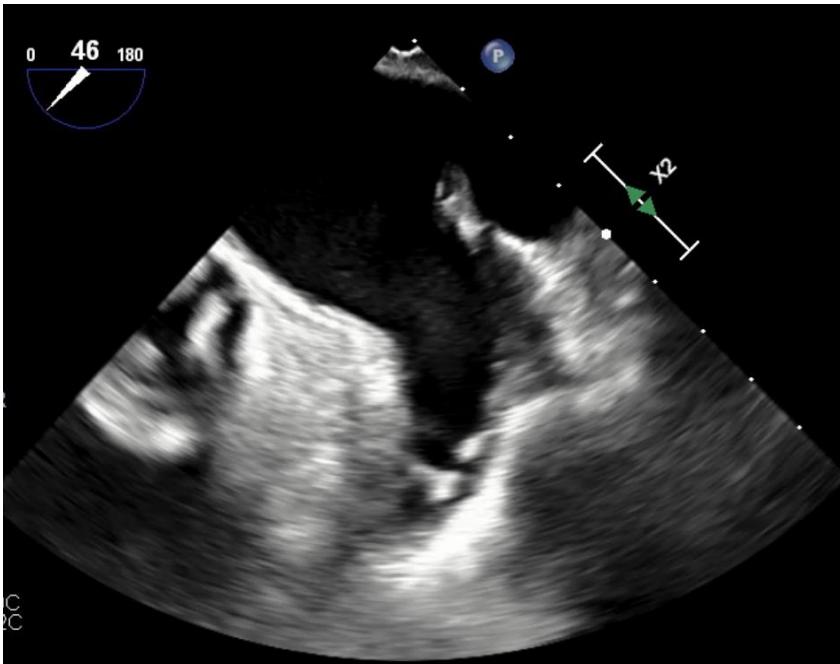
Orientation

- Starting image is 50 degrees
 - Where is the aortic valve
 - Where is the pulmonary vein



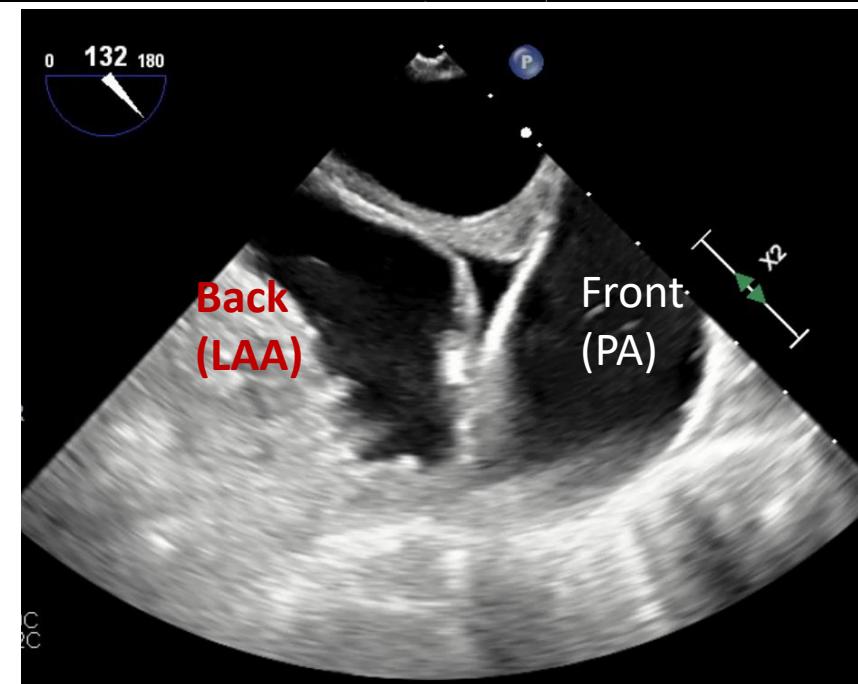
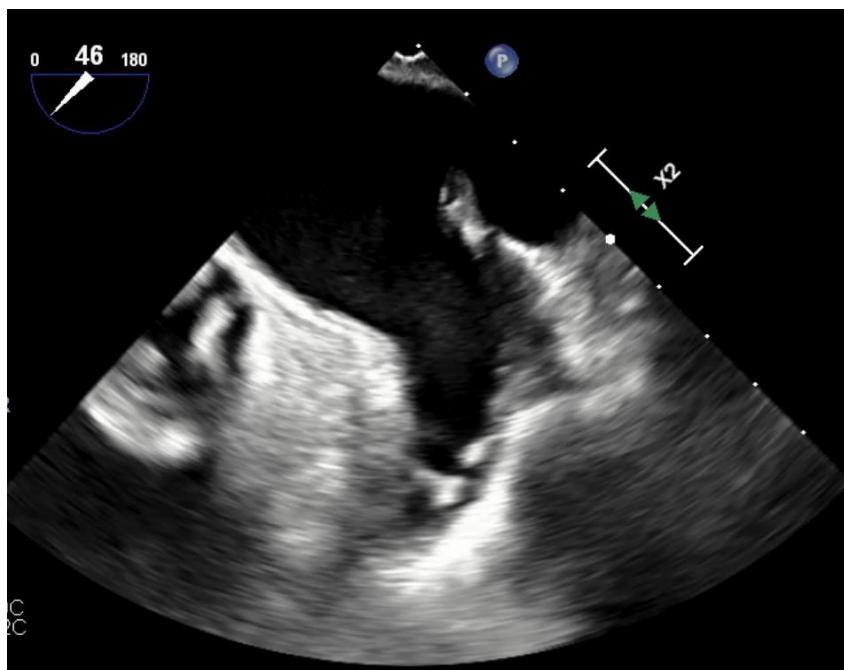
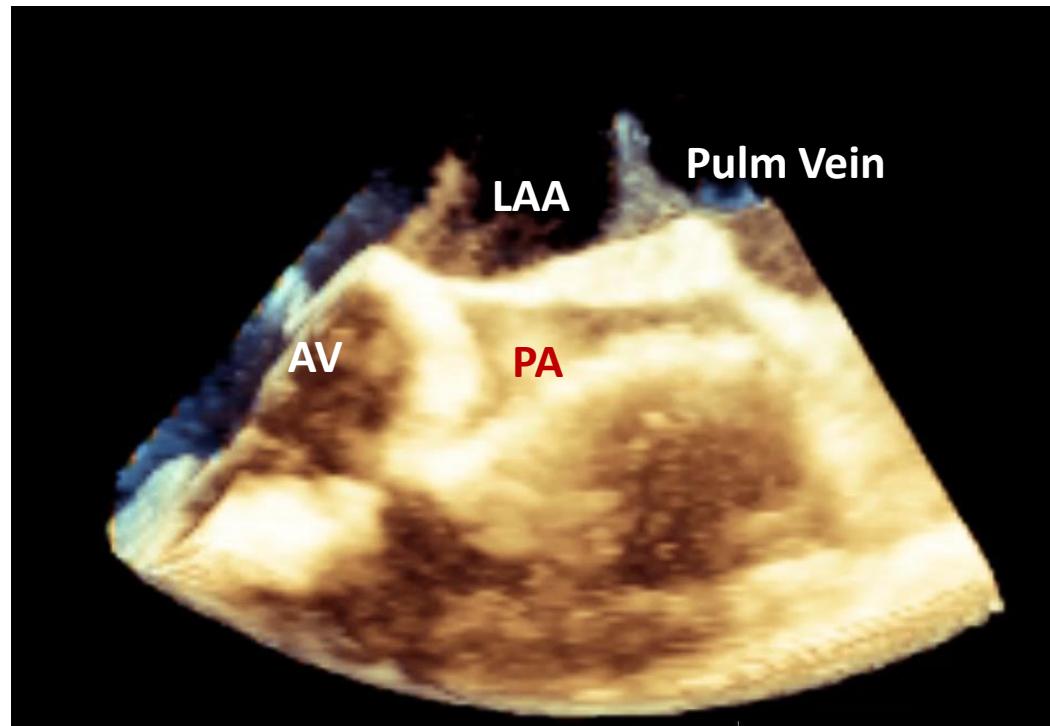
Orientation

- Starting image is 50 degrees
 - What is on the left
 - What is on the right



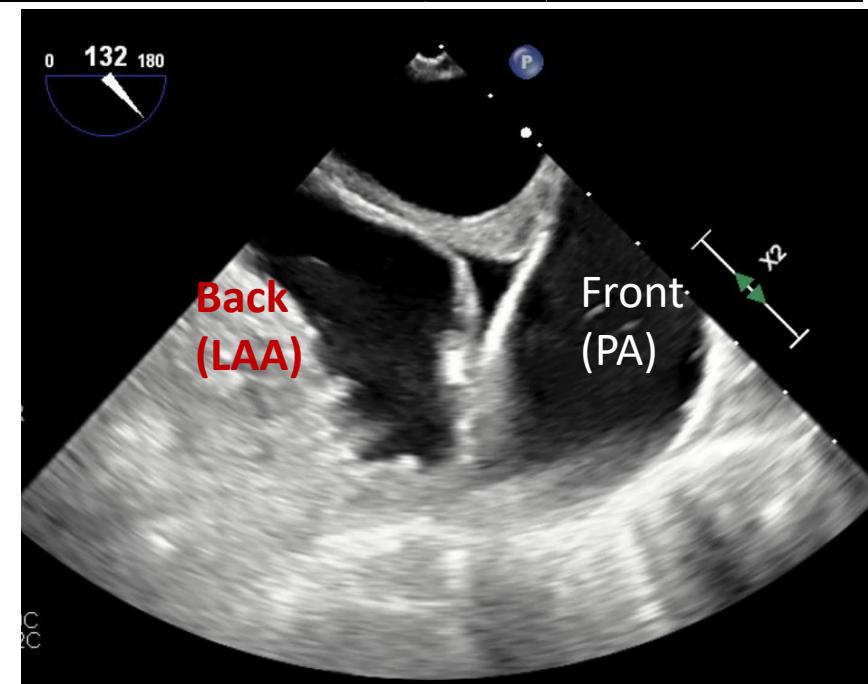
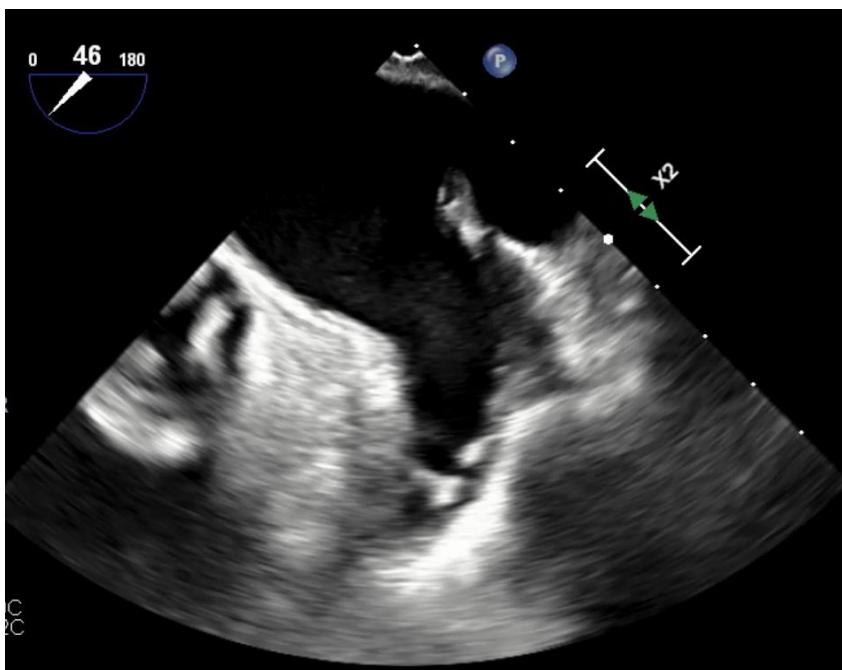
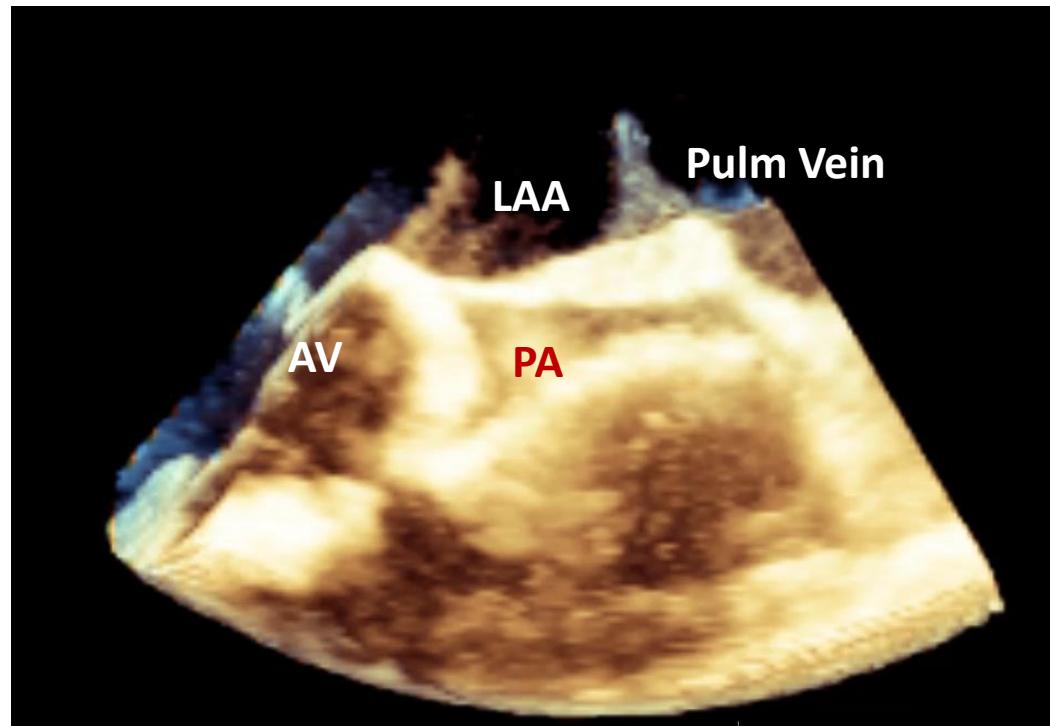
Orientation

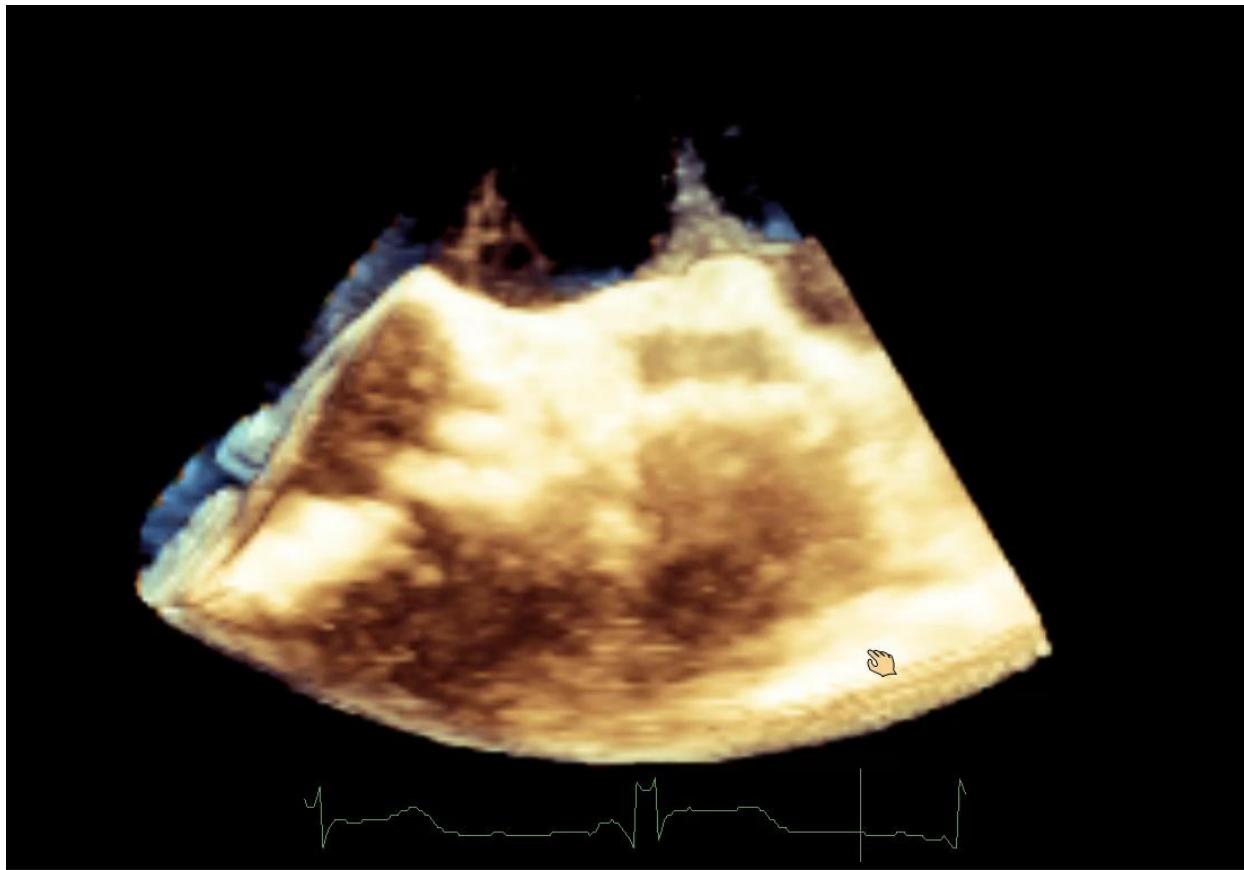
- What is in front
- What is at the back



Orientation

- What is in front
- What is at the back

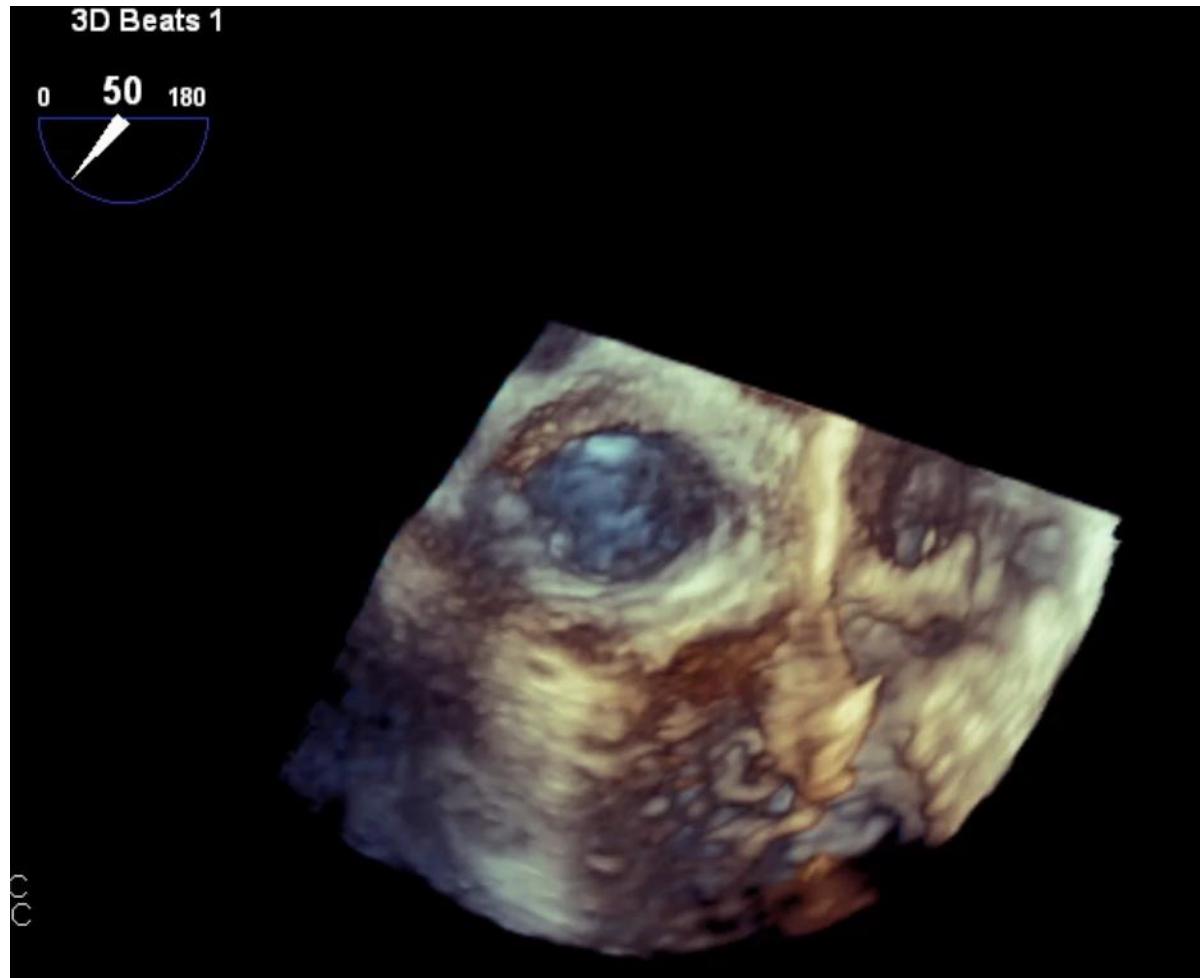




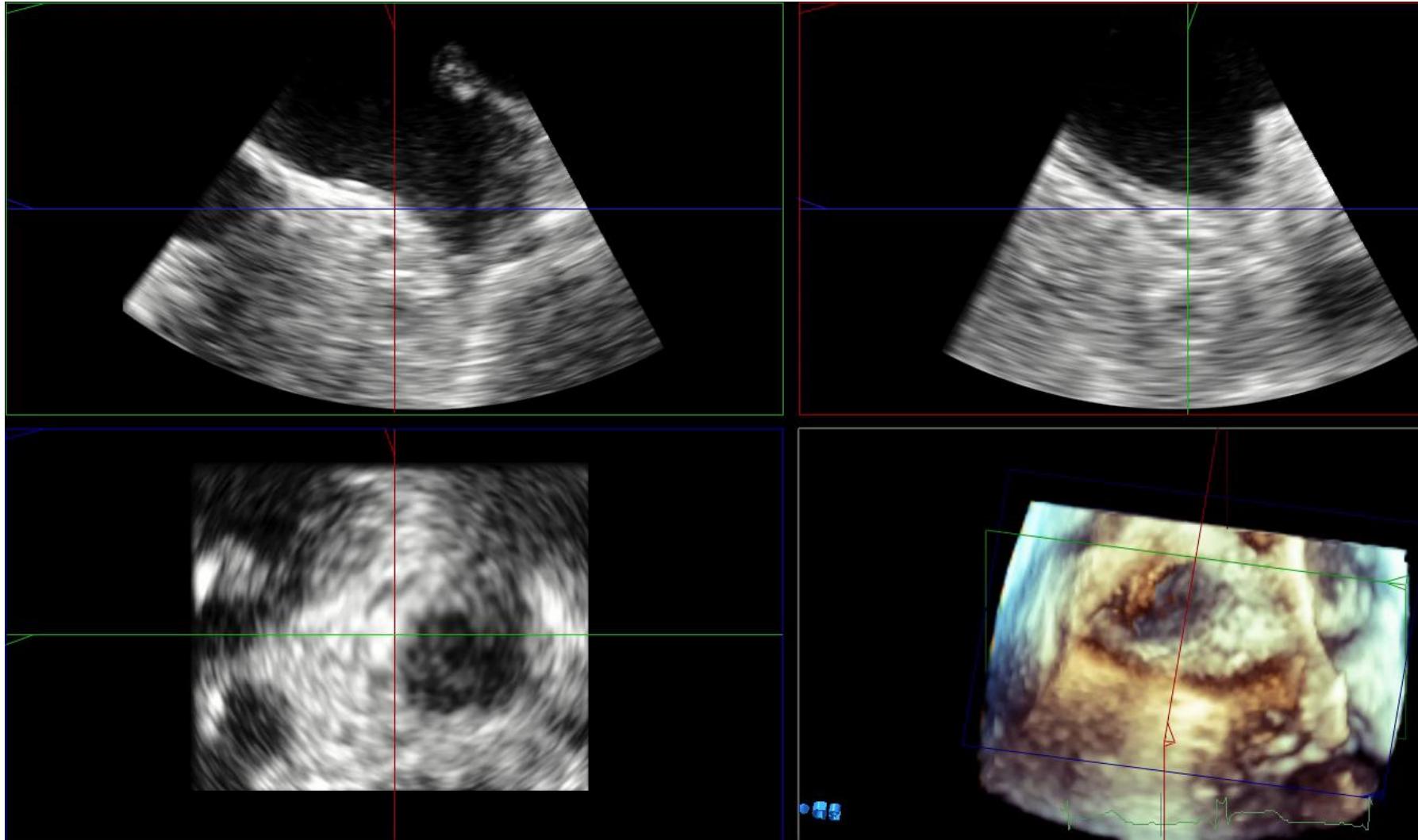
To bring into orientation (like it is seen from the LA, looking down).

Turn down and bring AV to 1'o clock

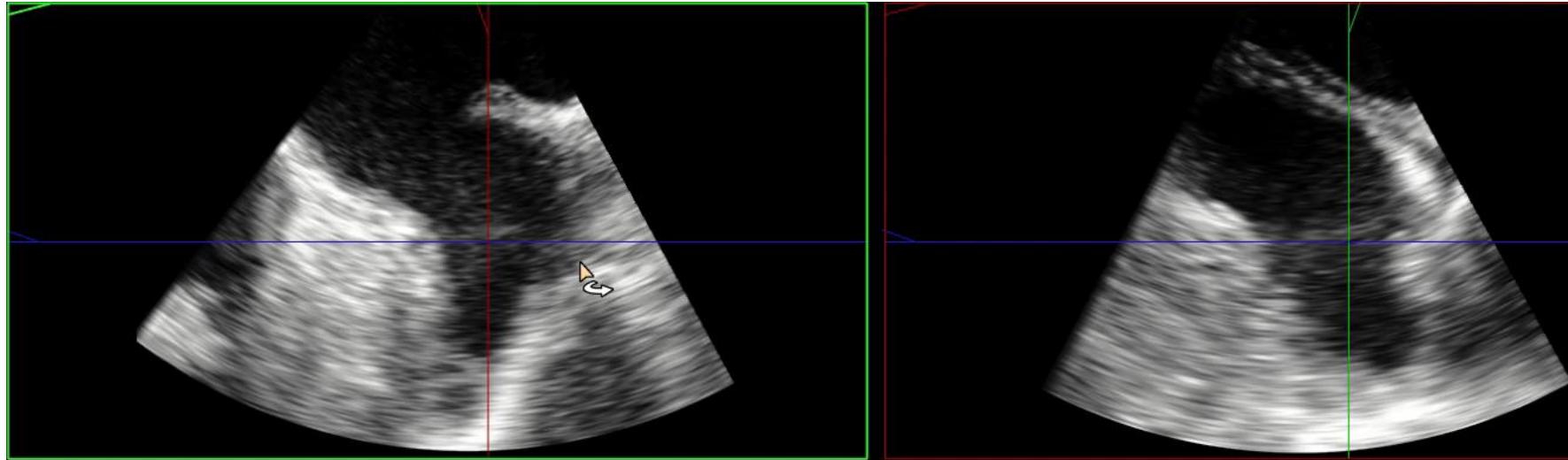
High 2D gain on 3D echo acquisition



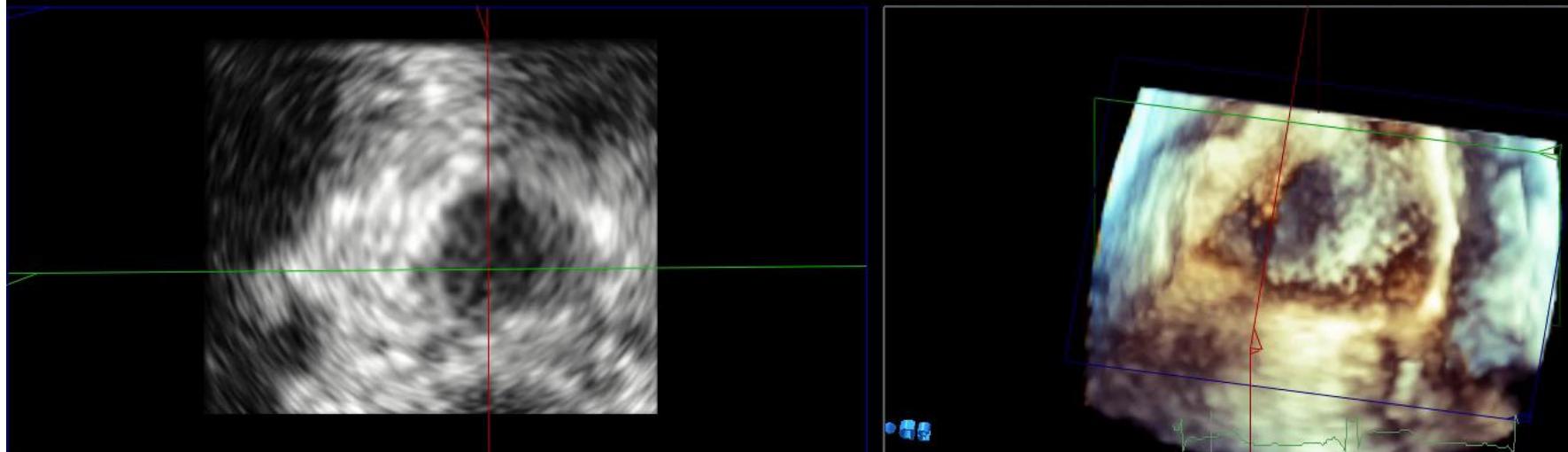
Adjust image including 2D gain to ensure the orifice is well defined before acquiring (“Multiview” button)



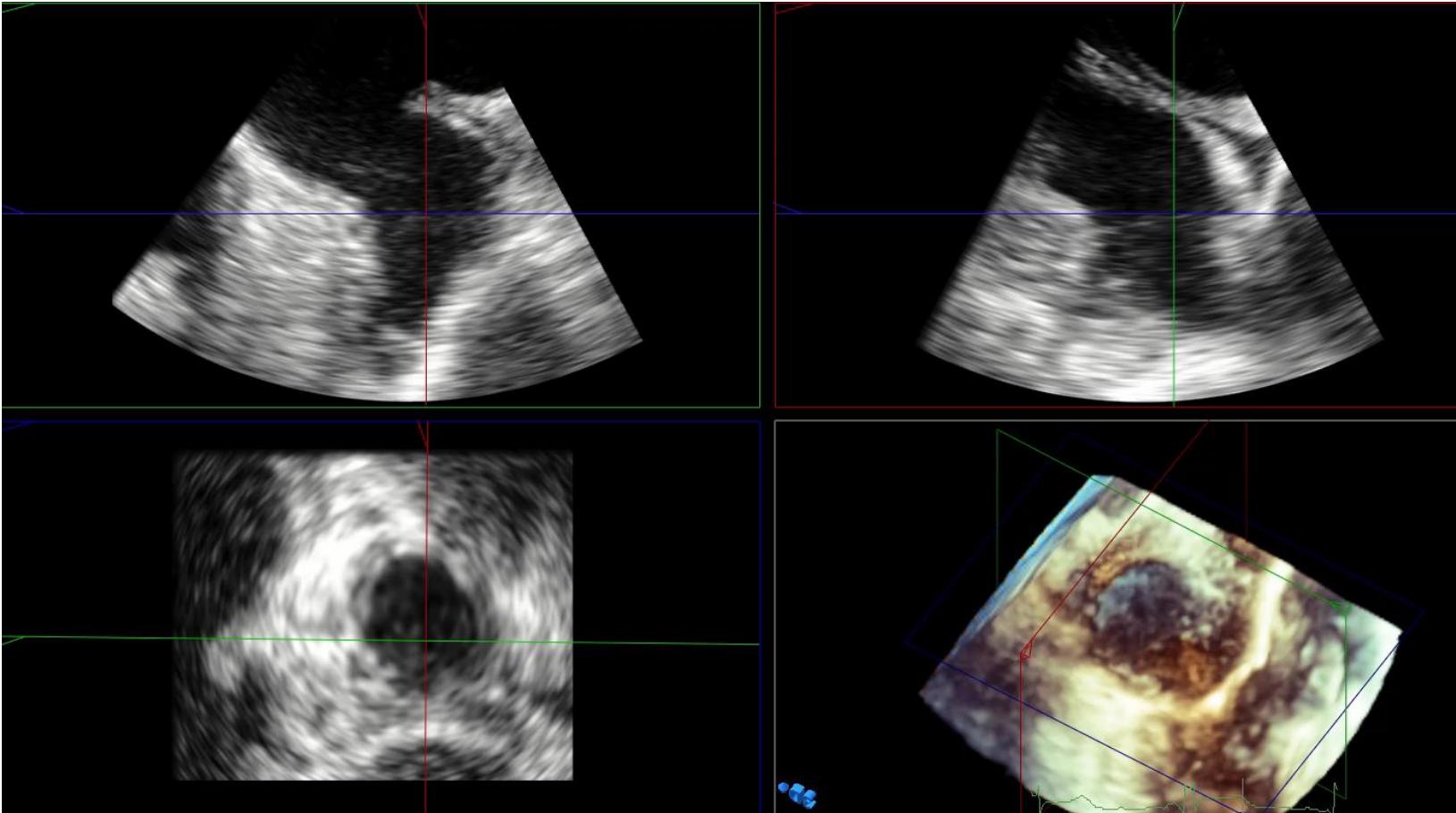
Measure max orifice diameter without coming out of the appendage on any side (particularly the mitral valve side)



Most of the time the orifice is measured near the LCX

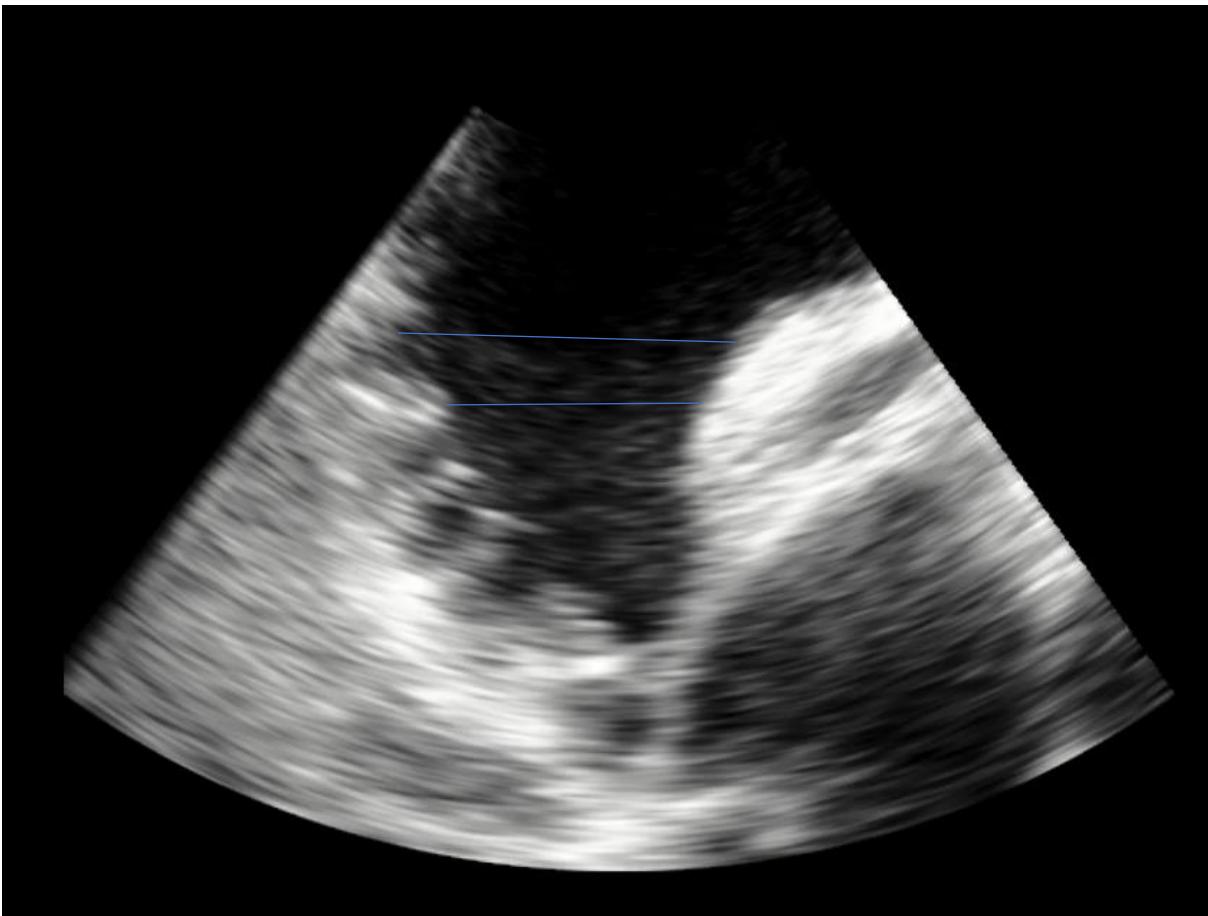


Blue plane can be lowered or brought up to rest at the true orifice



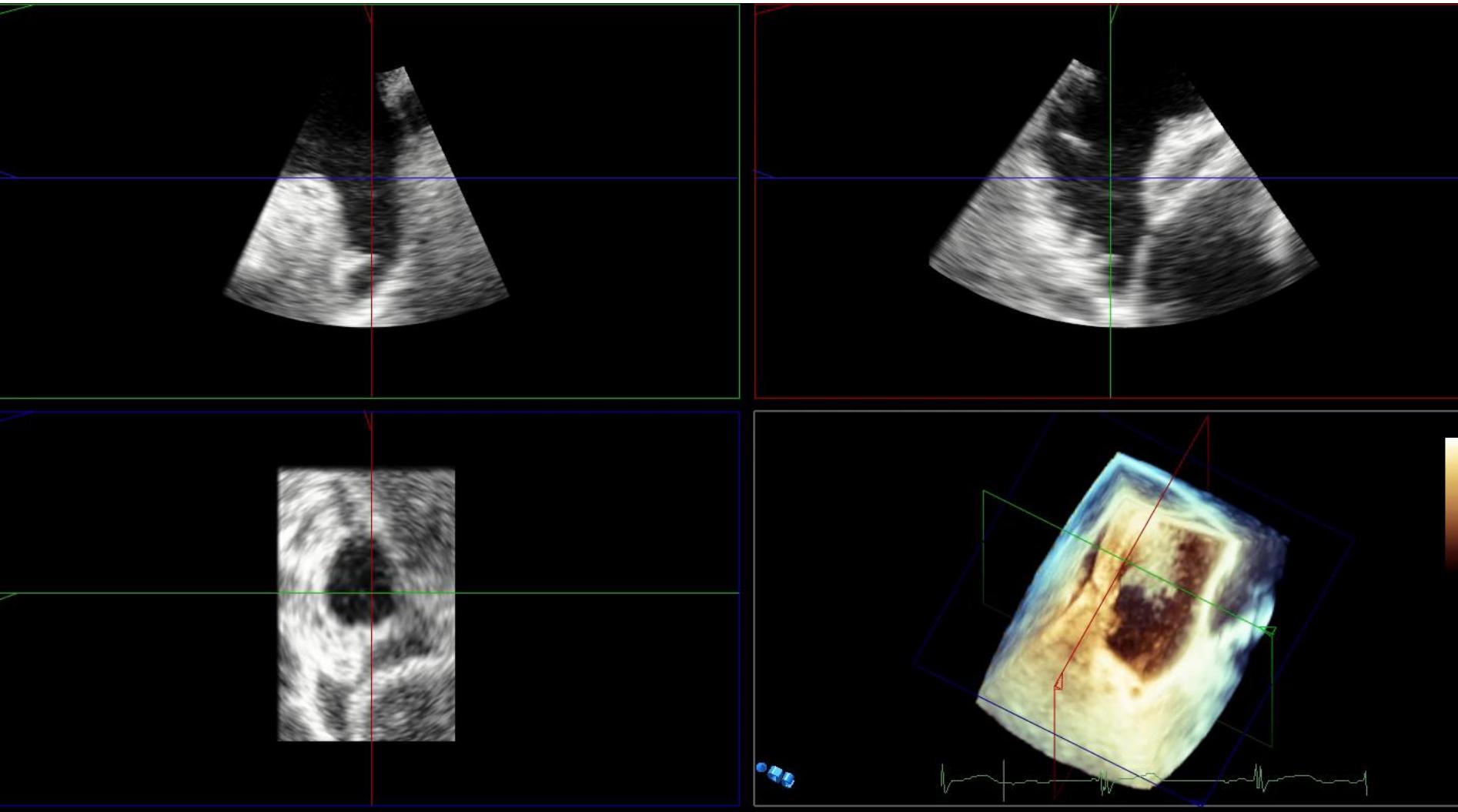
Measure when the orifice is largest (in sinus rhythm this is mostly near the end of T wave)

Example 2



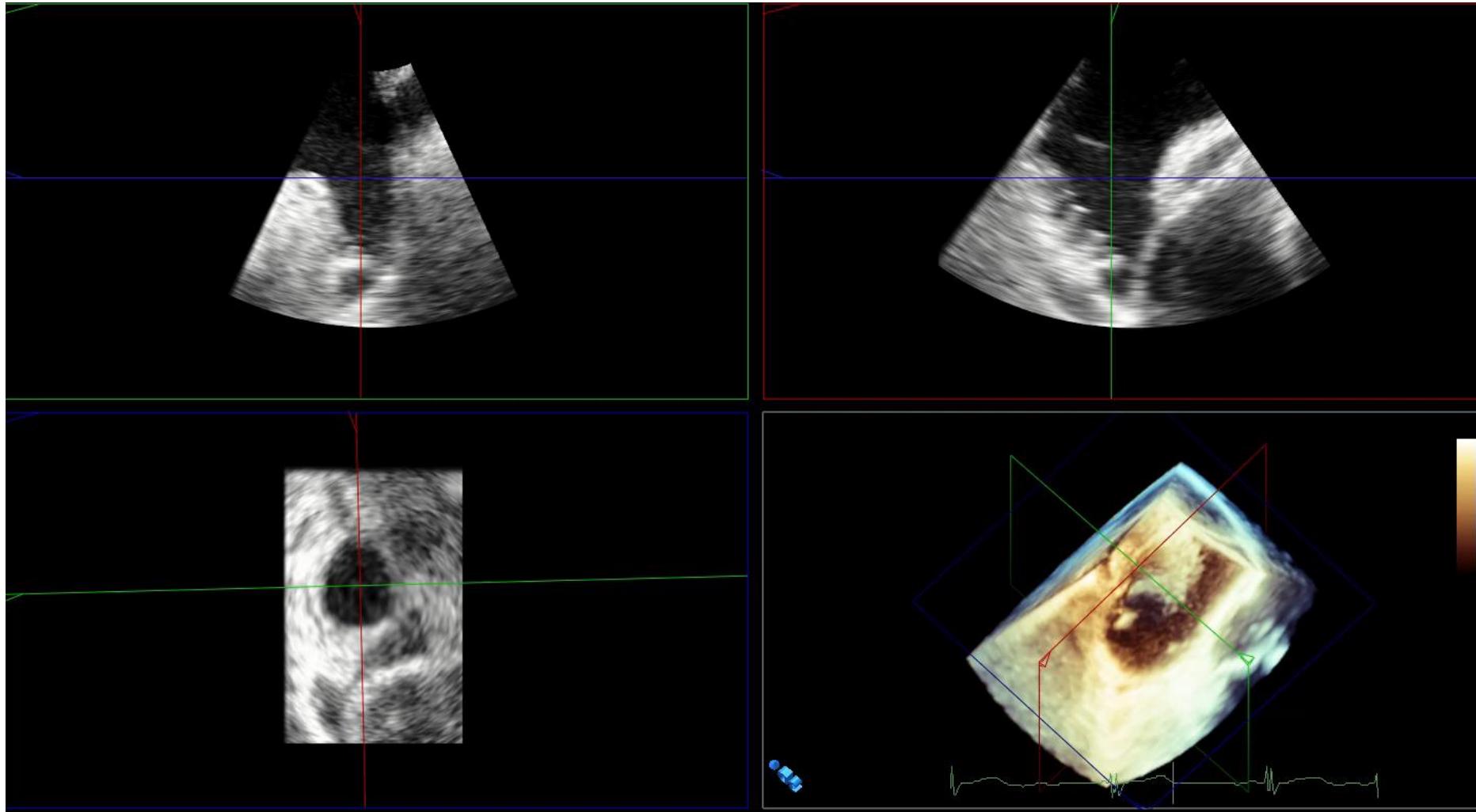
Where is the landing zone

Example 2



Using 3D aided 2D, easier
to know where the orifice is

Finding 0 and 90 from 3D at 45 degrees



Turn the green plane (or 45° plane anticlockwise by 45° to come to 0

Turn the red plane (or the 135° plane anticlockwise by 45° to come to 90°)

Conclusion

- 3D echocardiography should be done routinely to increase acquisition as well as post processing skills.
- 3D echocardiography provides accurate assessment of valvular heart disease, anatomy and localization of structures of interest within the heart (eg. PPM leads in relation to the tricuspid valve).
- Image orientation and high frame rate acquisition are key to optimal 3D echocardiography.