

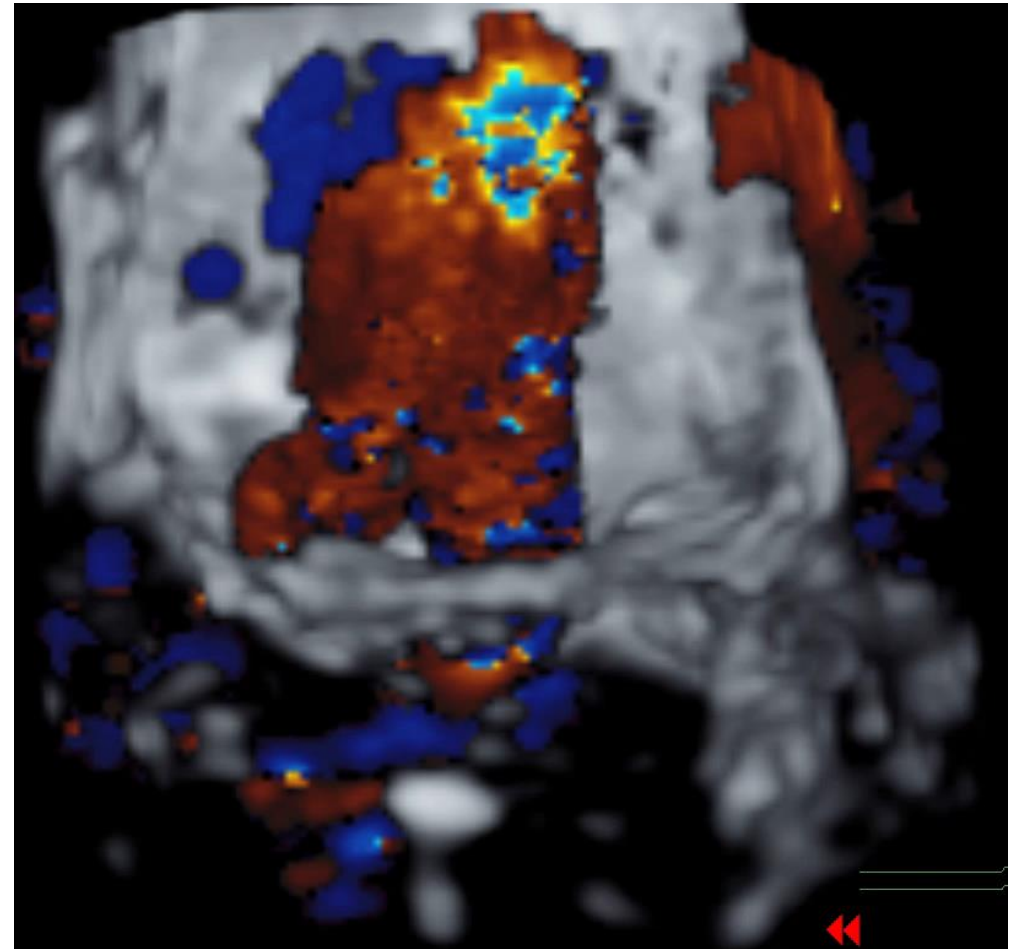
# 3D echocardiography

Abhinav Sharma

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Division of Cardiovascular Medicine

Froedtert and Medical College of Wisconsin



# Disclosures

- None

# Objective

3D orientation

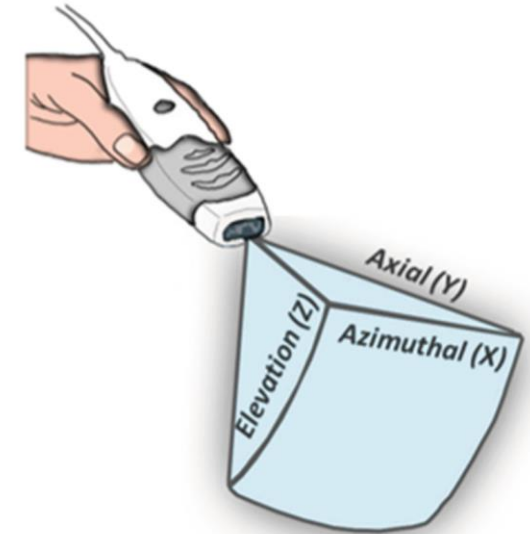
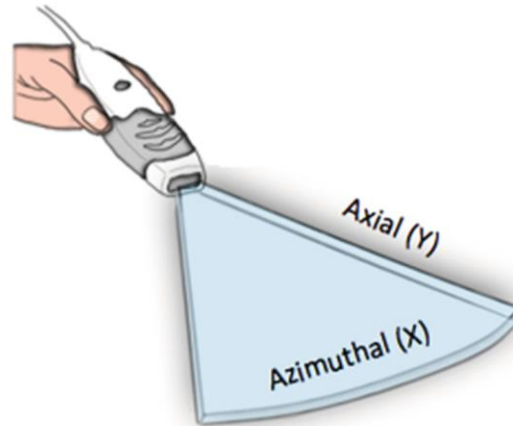
Learn how to obtain high quality 3D images

Application of 3D echo in MV, TV and LAA pathology

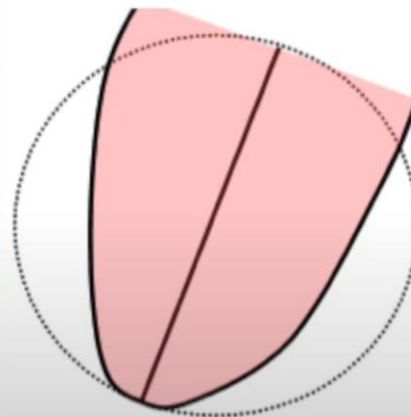
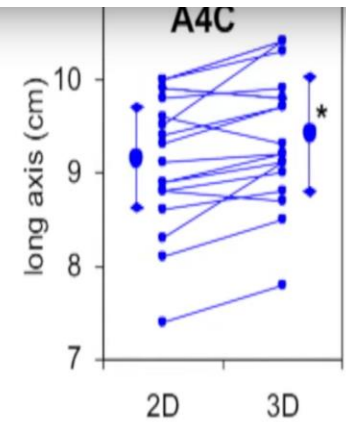
# 3D versus 2D

2D has a single plane of scanning

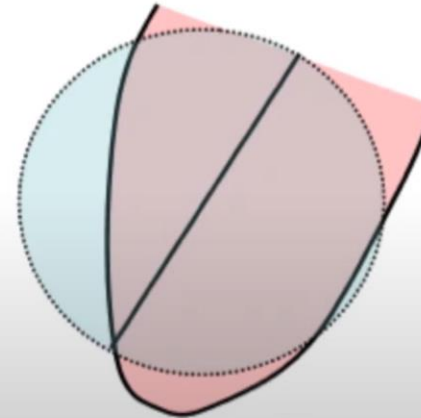
3D has two planes of simultaneous scanning



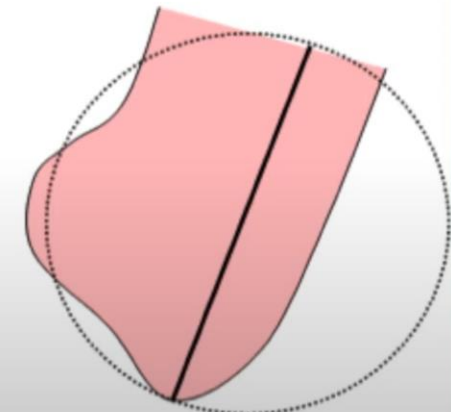
# Why is 3D More Accurate?



TRUE  
APEX



FORESHORTENING  
ERROR



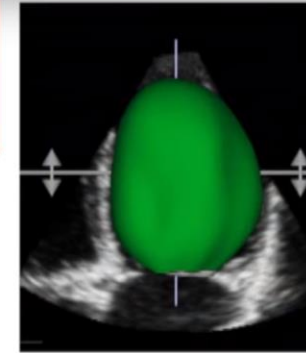
SEGMENTAL  
DILATATION

Mor-Avi V, Lang RM et al., *Circulation* 2004. 110: 1814-1818.

Scroll for details

100

## LV Volumes: 3DE



### ✓ Advantages

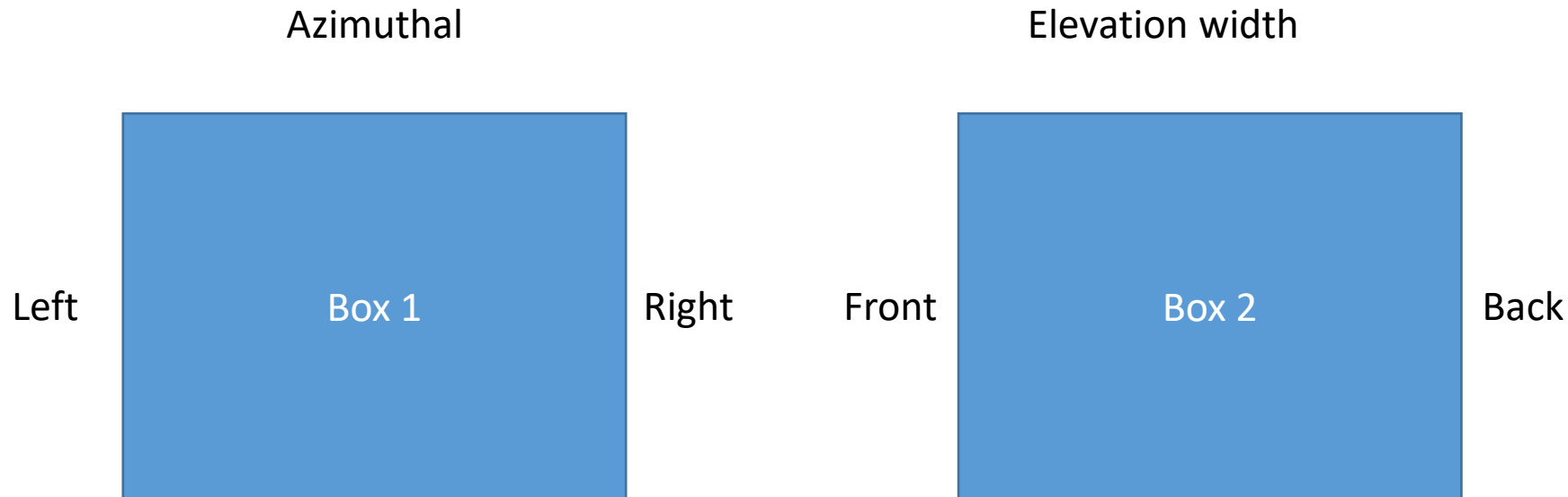
- Avoid image foreshortening
- No geometric assumptions
- More accurate and reproducible

### ✗ Disadvantages

- Low temporal resolution
- Less data on normals

# 3D Acquisition Modes

# 3D zoom (or 2 click crop)





# 3D Full Volume

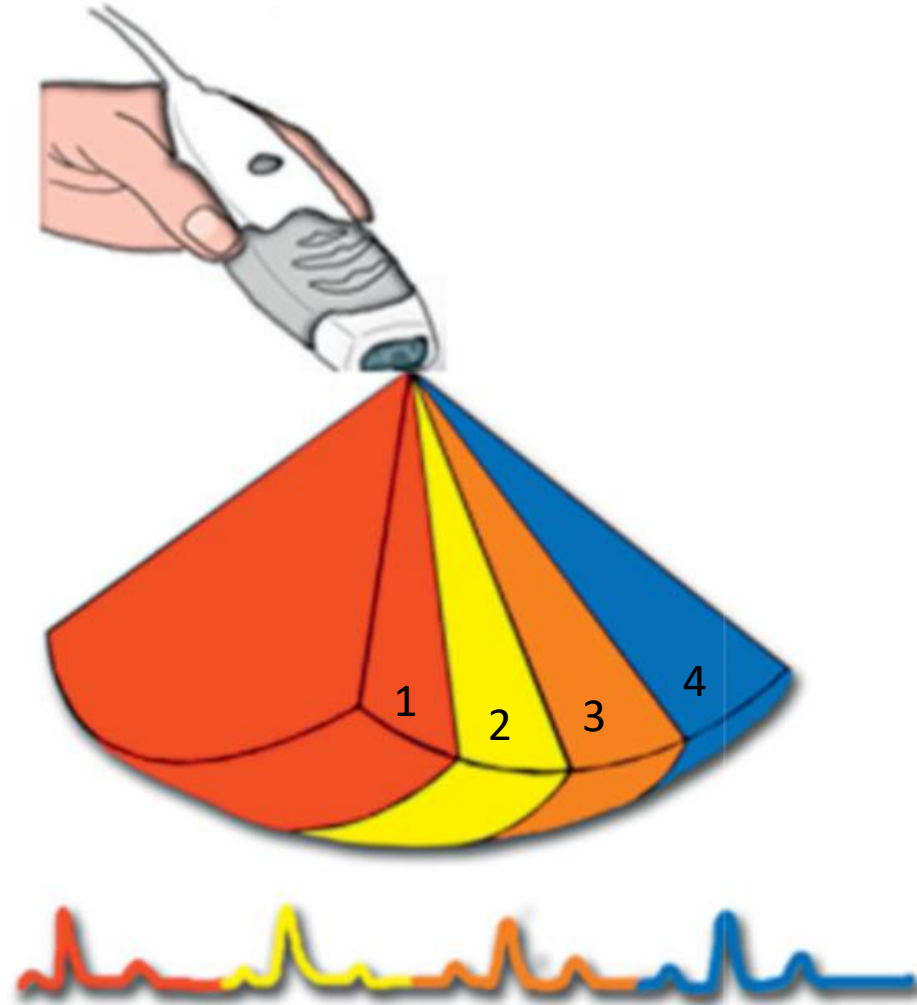
# 3D Full Volume

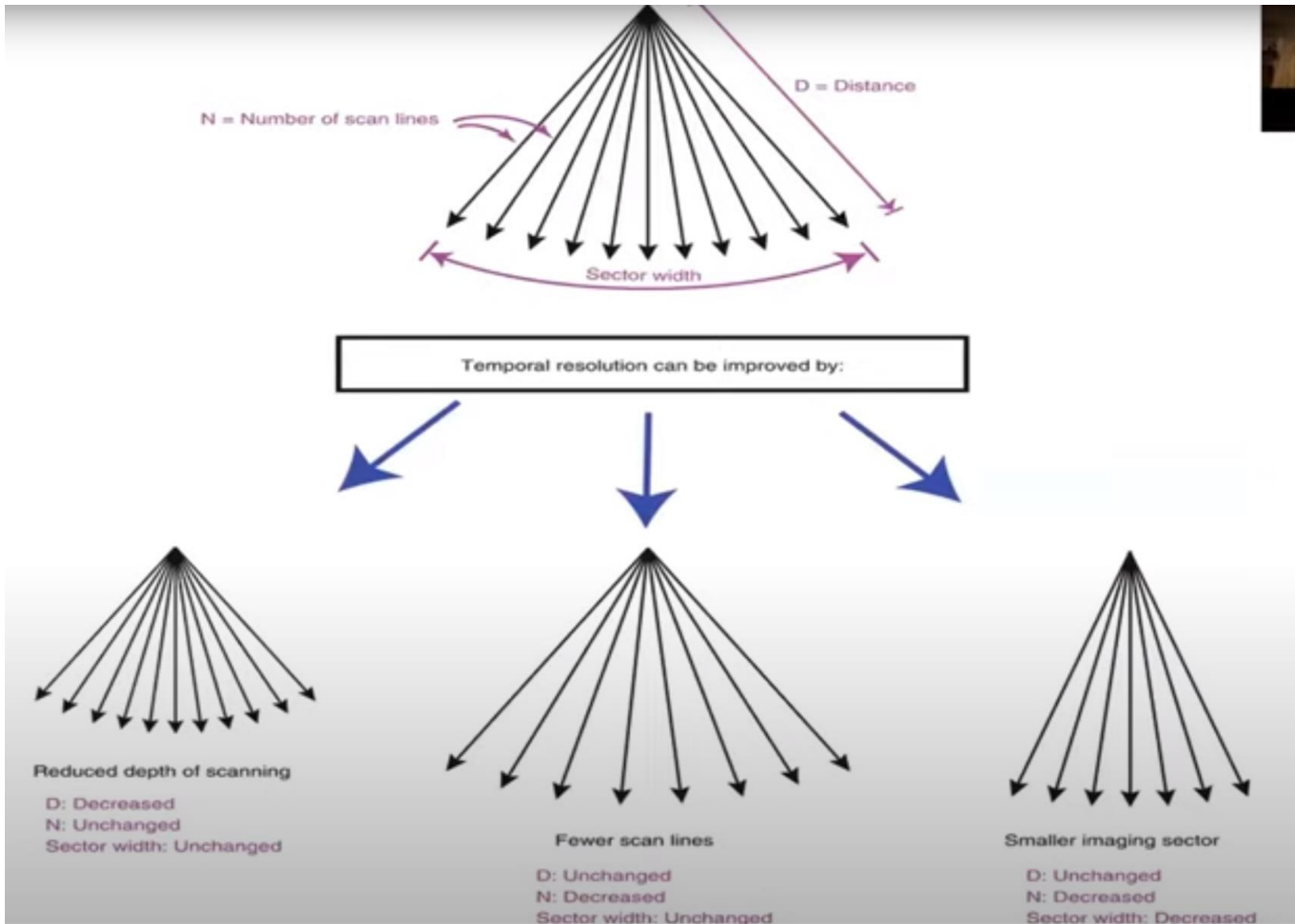
# Multibeam Acquisition

A small piece of the scan sector is imaged in each cardiac cycle

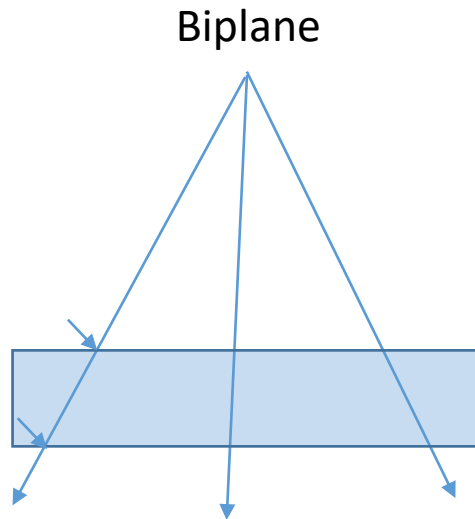
With each cardiac cycle an adjacent portion of the scan sector is imaged.

Finally all the small pieces over multiple cardiac cycle (upto 4) are stitched to form the full image

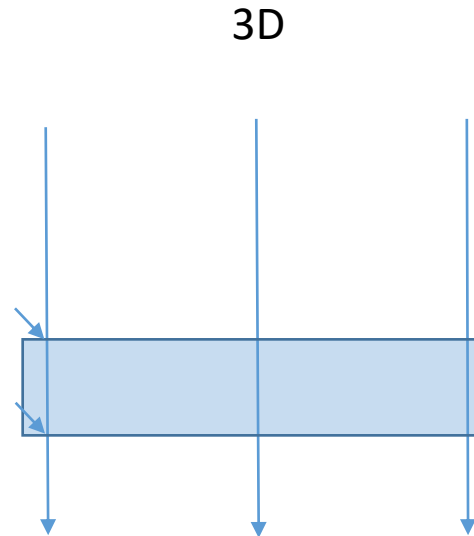




# Biplane (X-plane) versus 3D



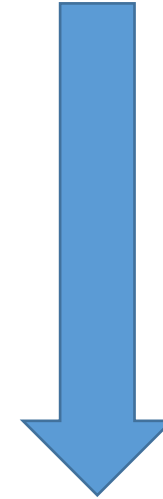
Oblique cut



Straight cut

# 3D orientation

# 3D orientation

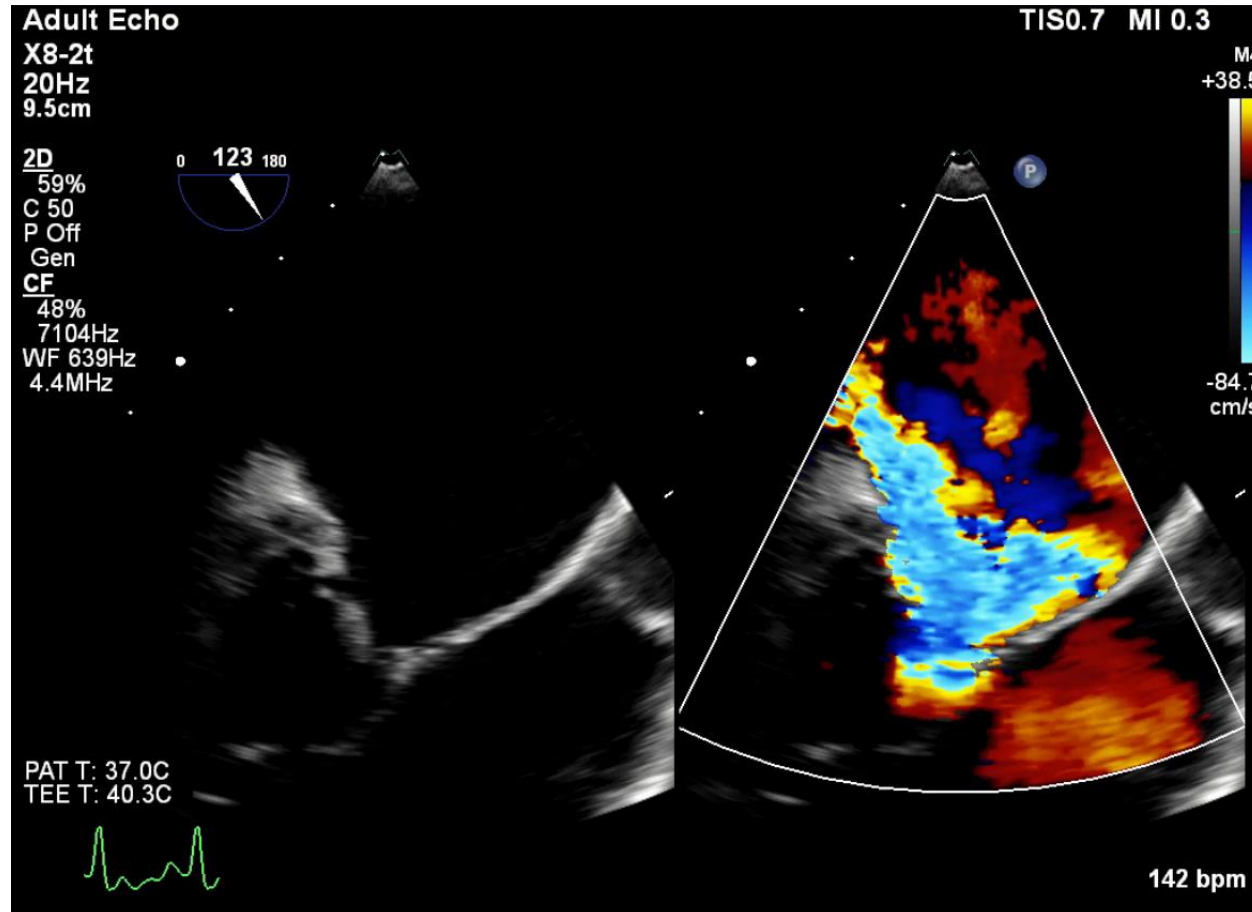


# Frame rate and window width/Heart rate

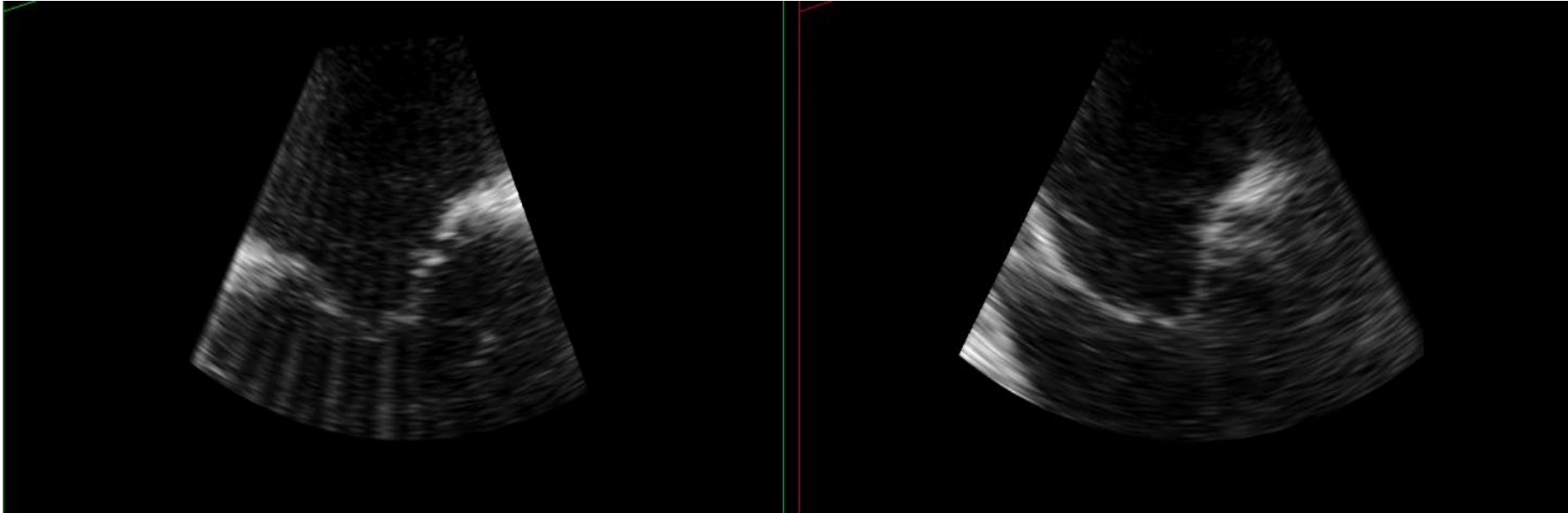


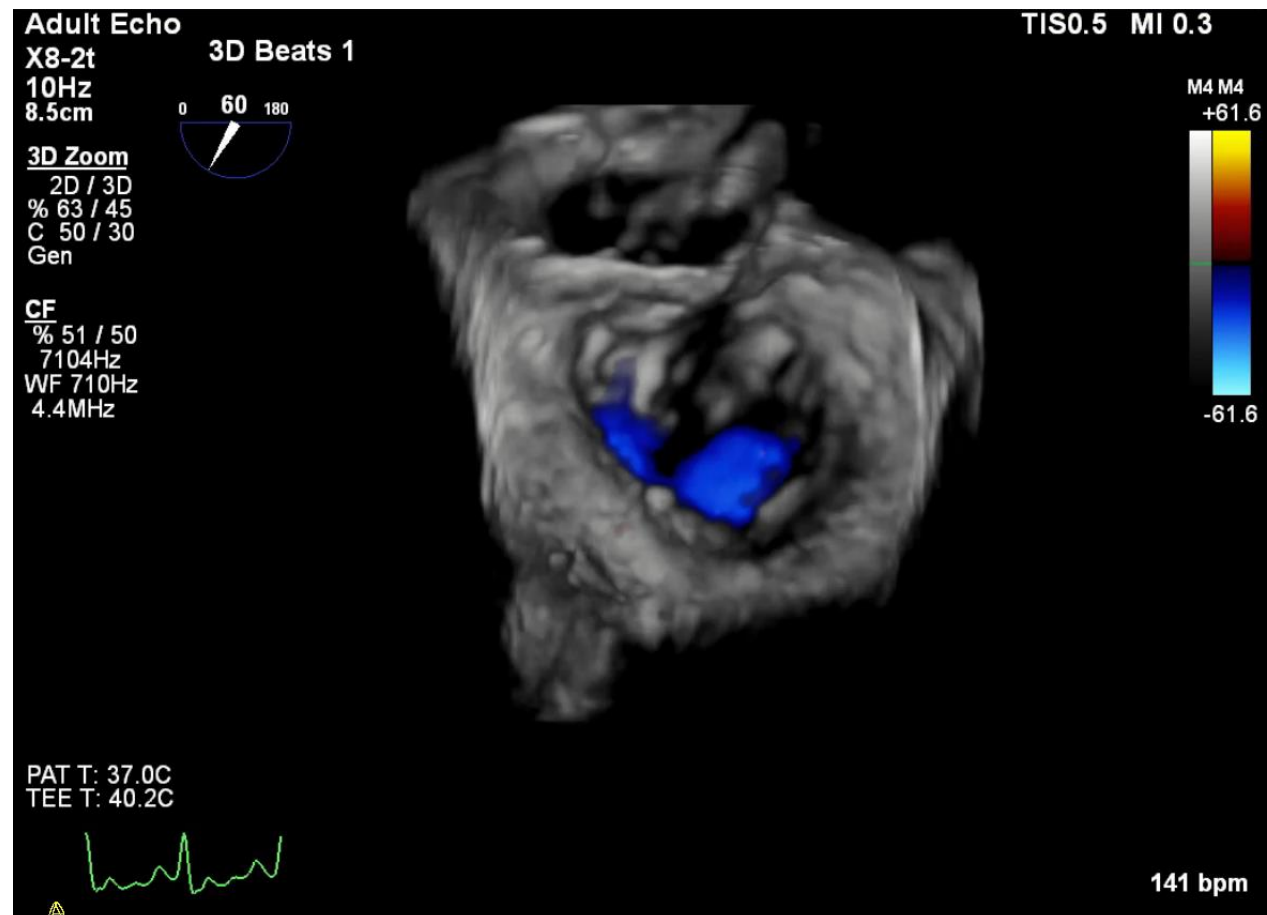


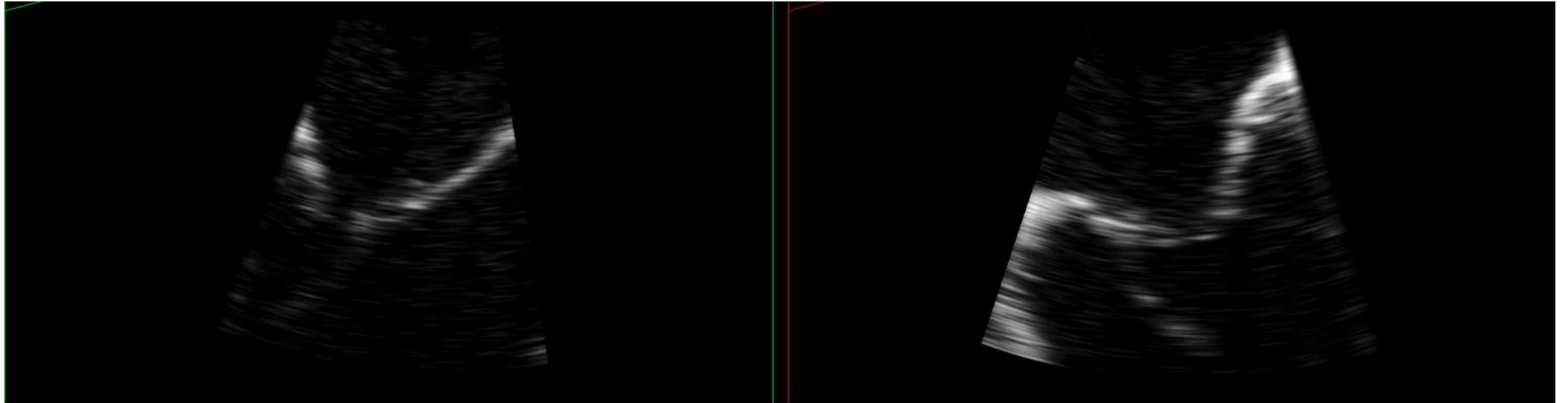
# 48 year old woman with functional MR

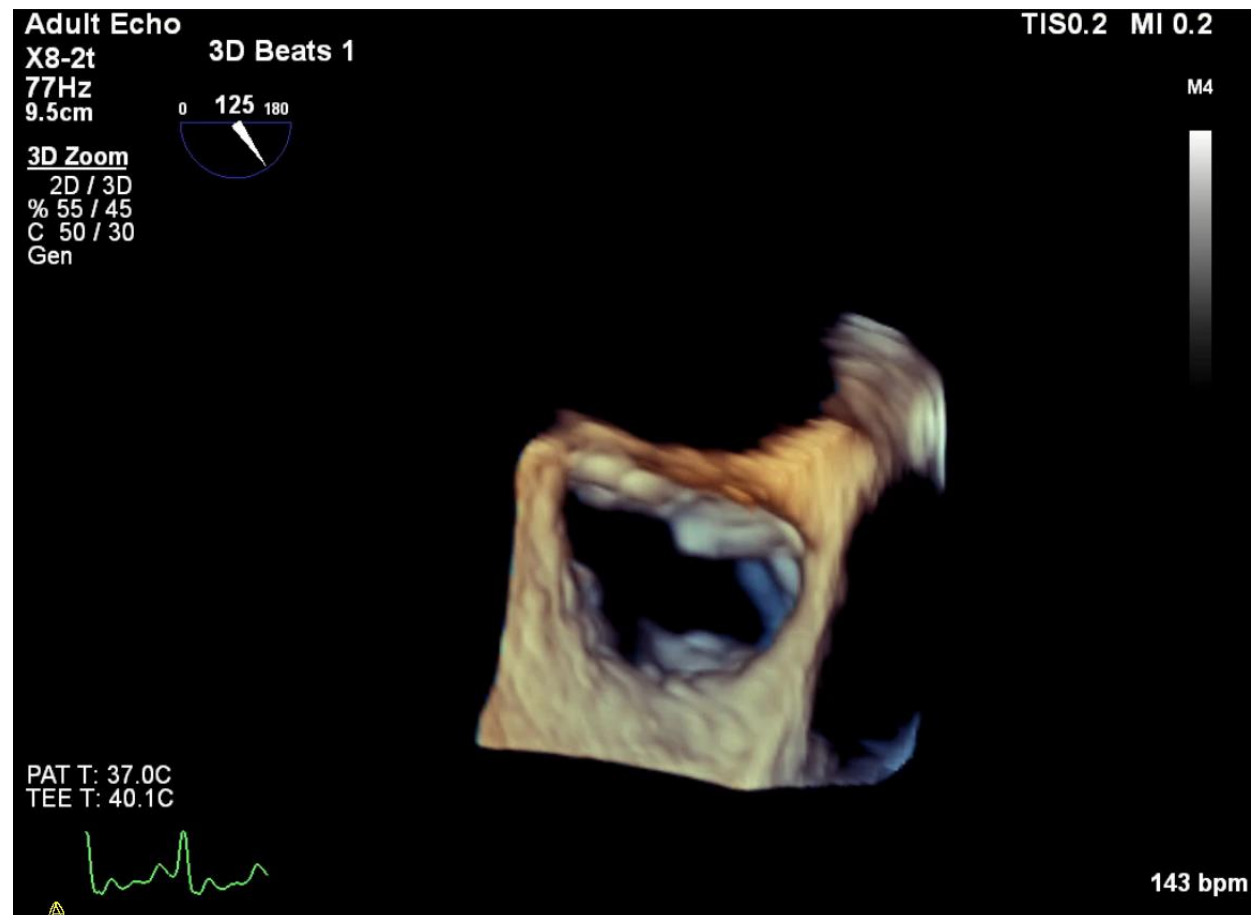


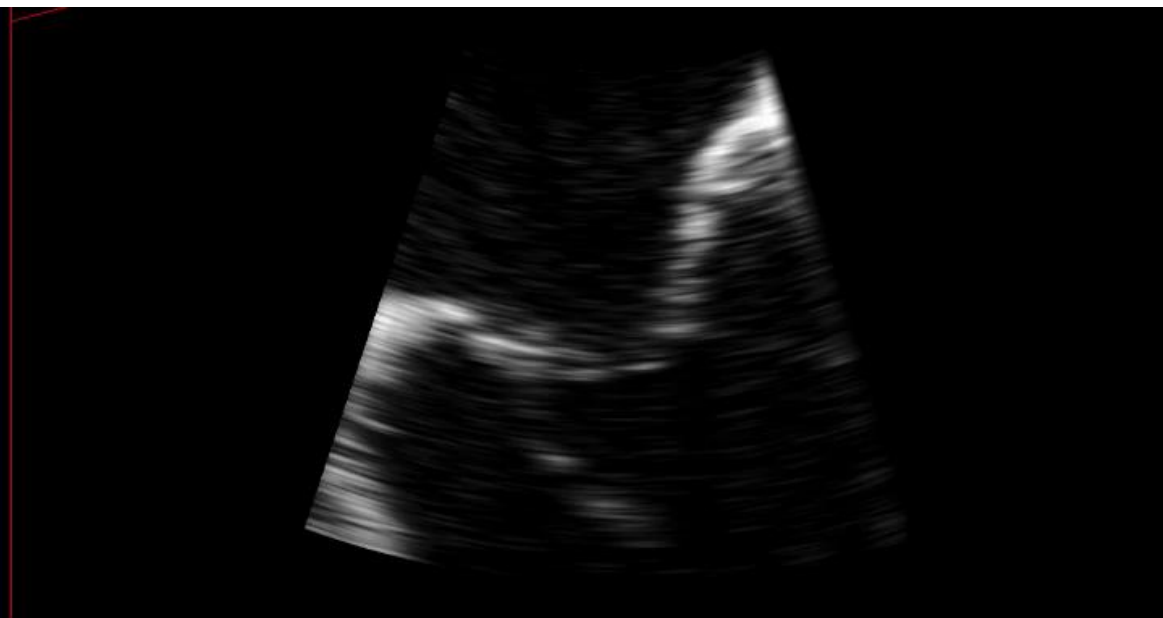
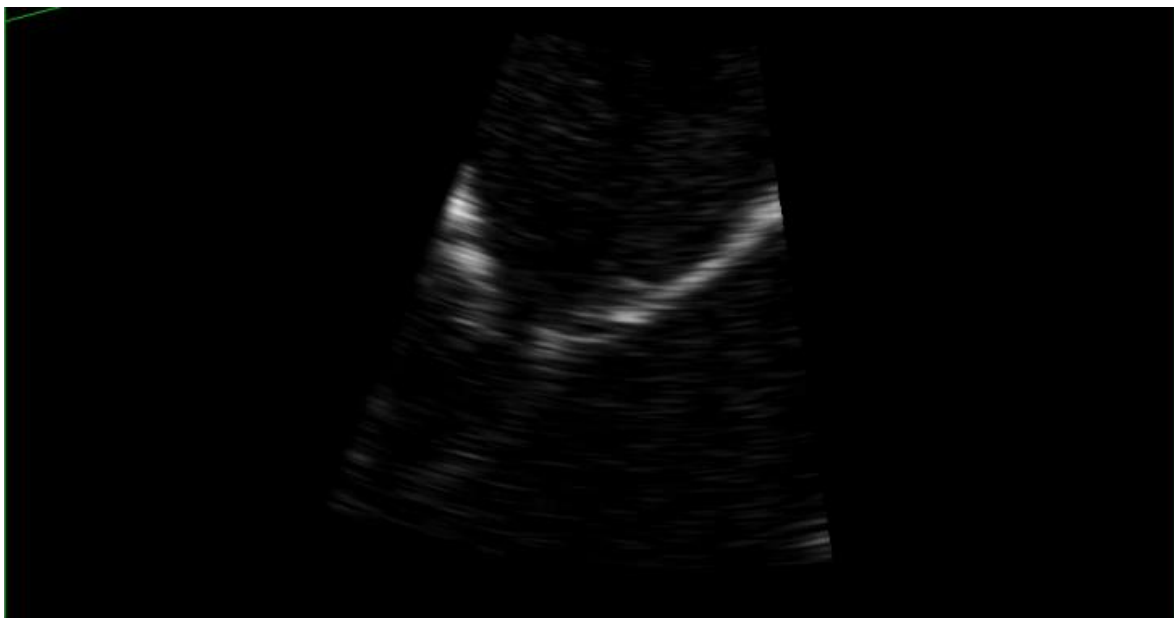
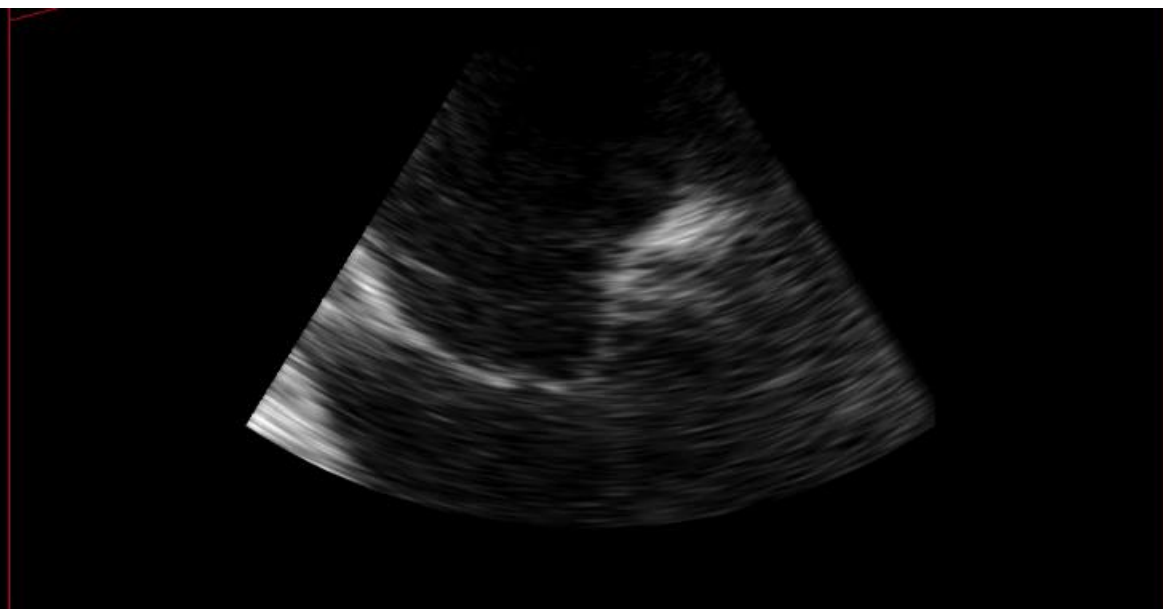
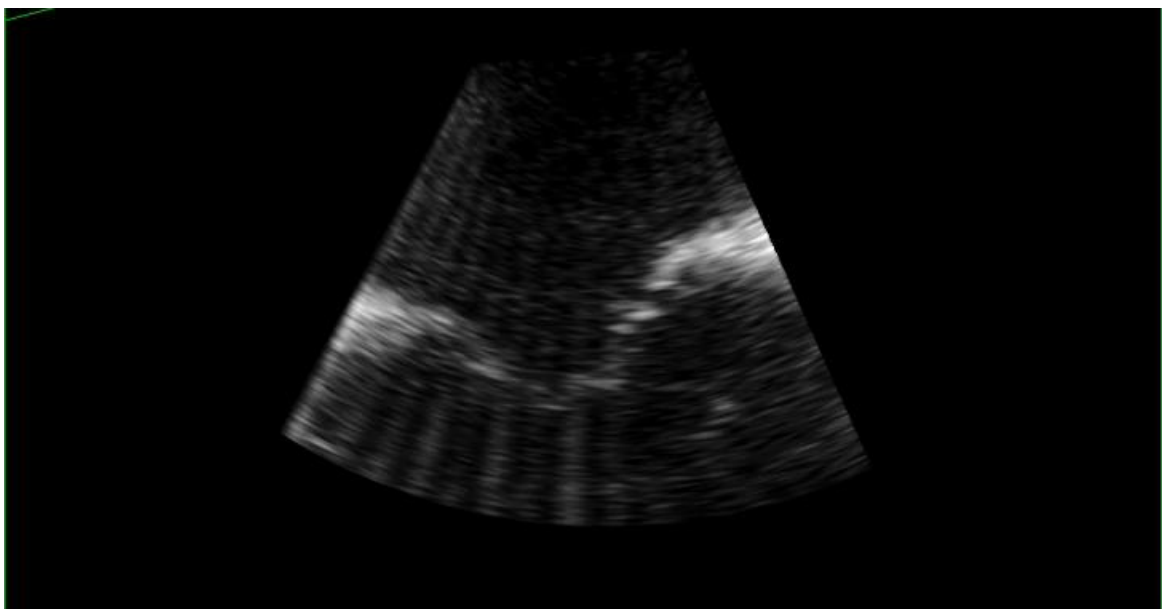
# Frame rate and window width/Heart rate E1173256

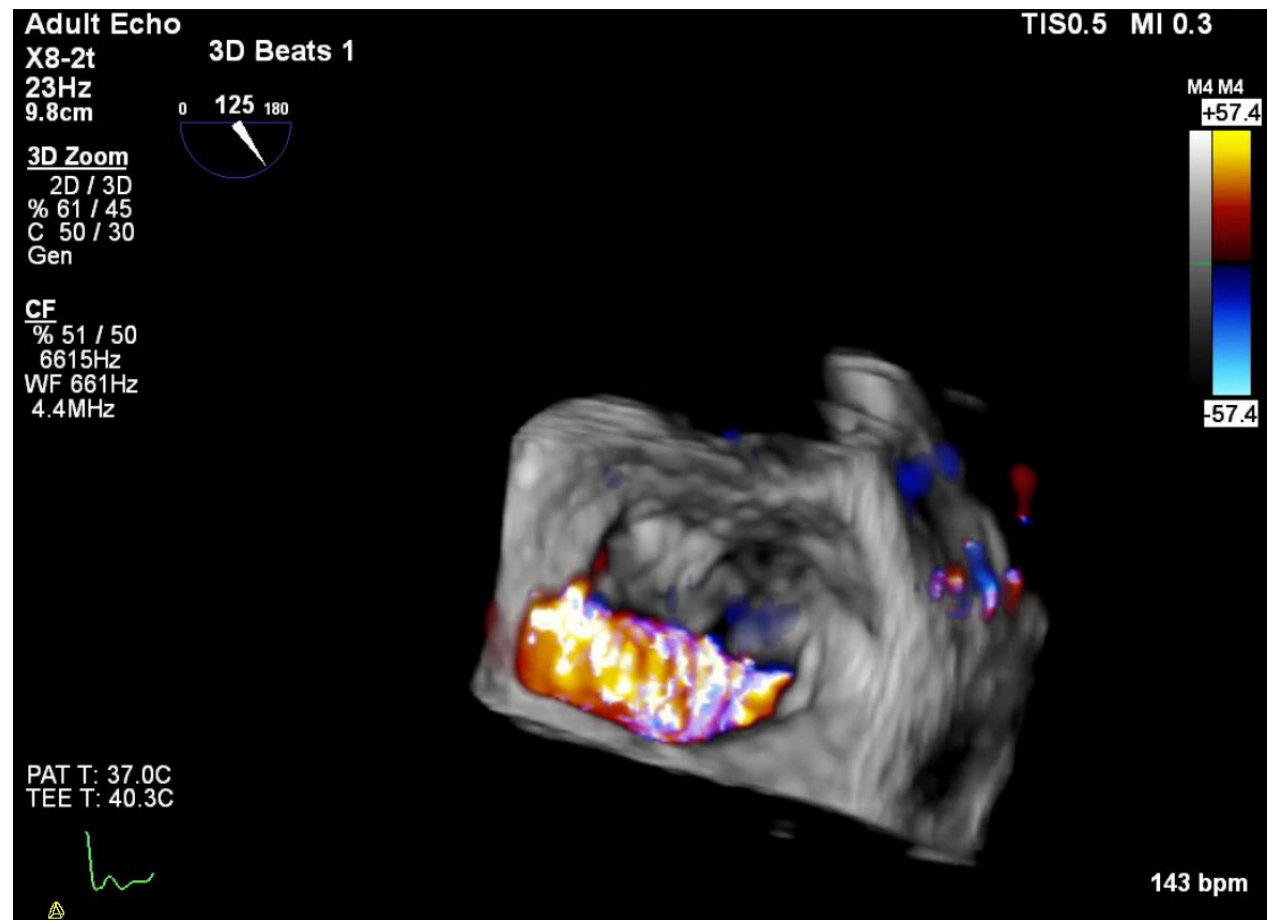






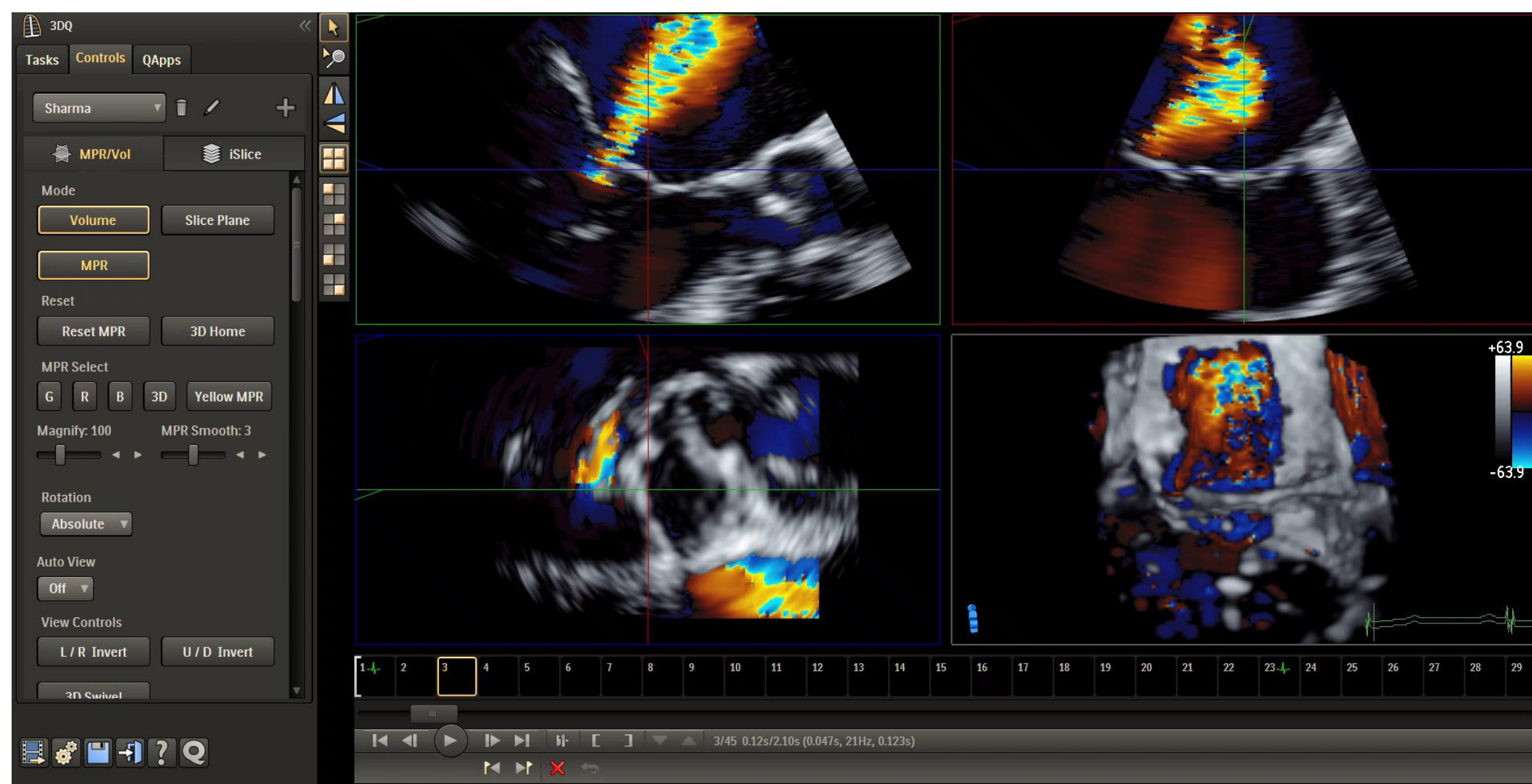








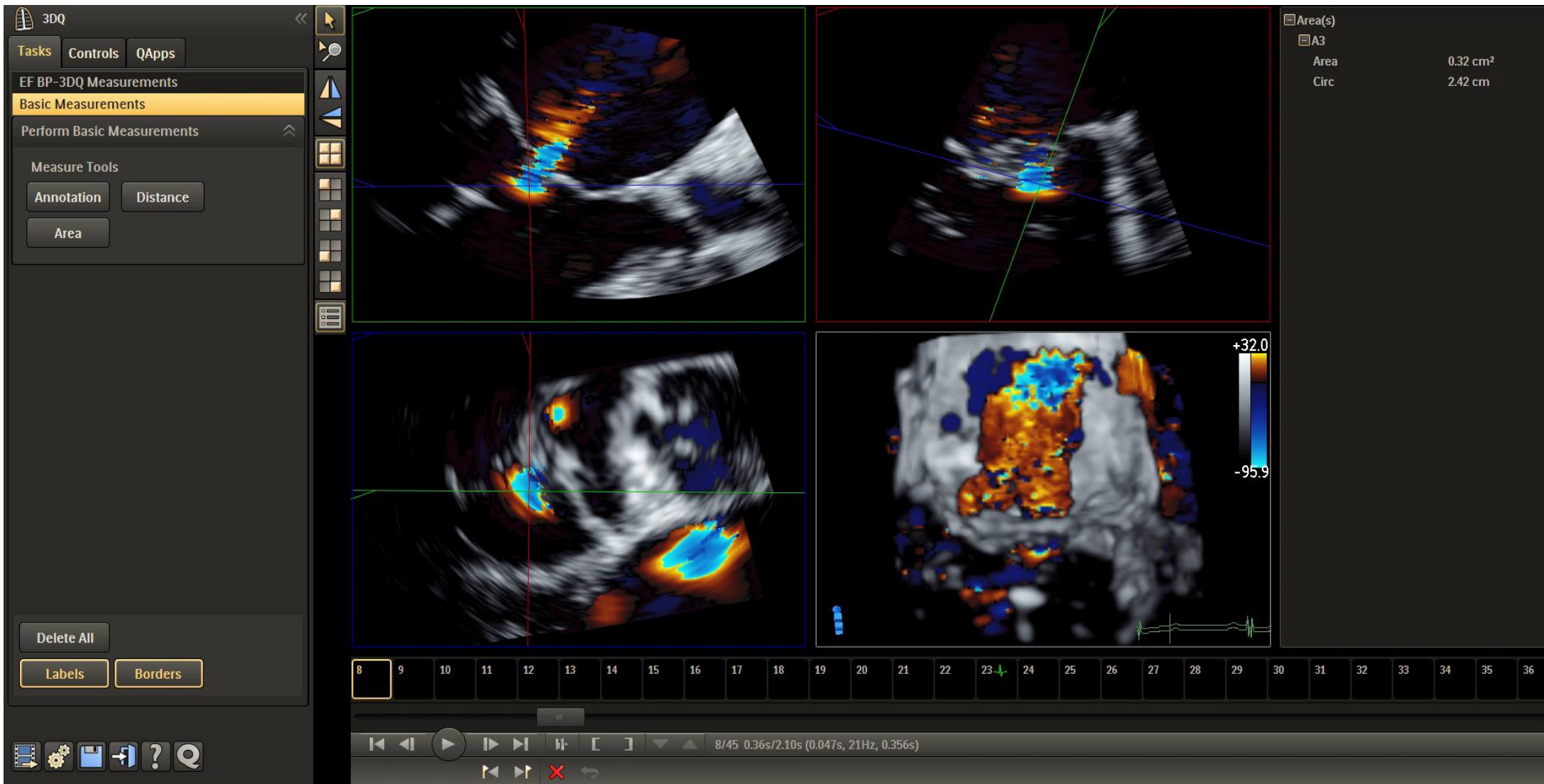
# Using color 3D for direct EROA measurement



3D EROA  
( $>0.40 \text{ cm}^2$   
is severe)



# Second jet

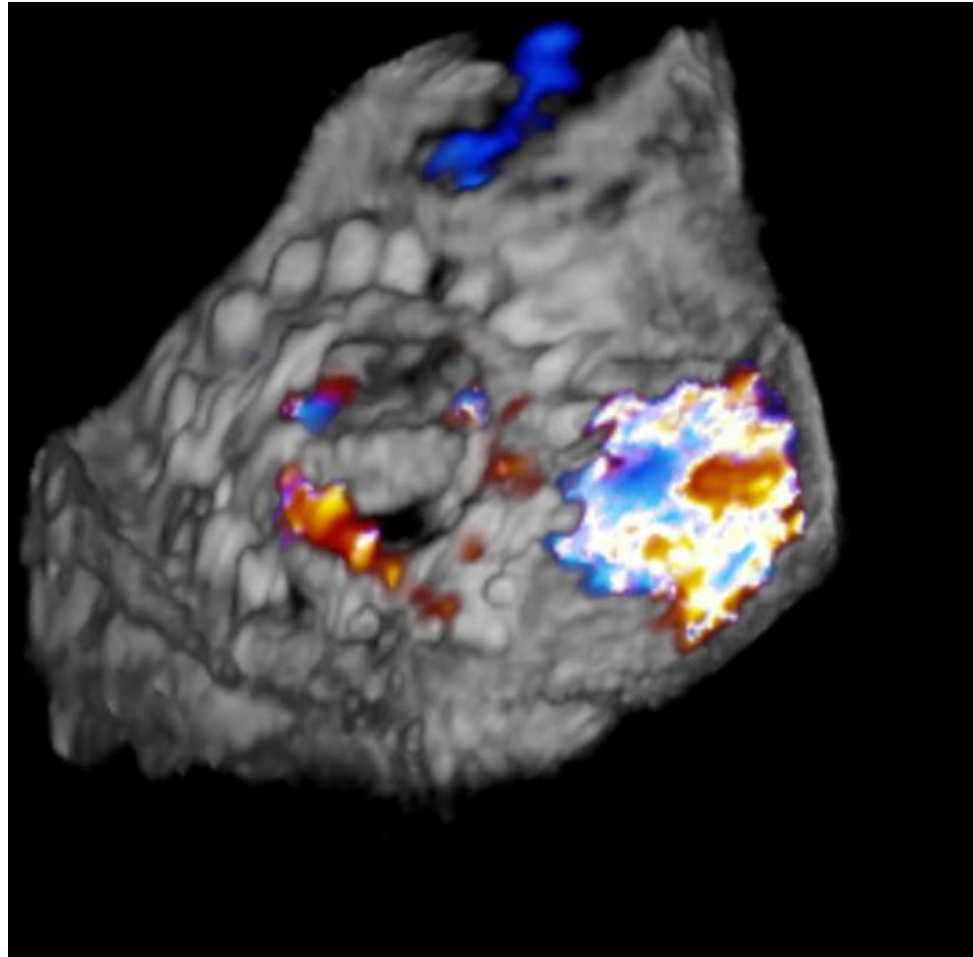


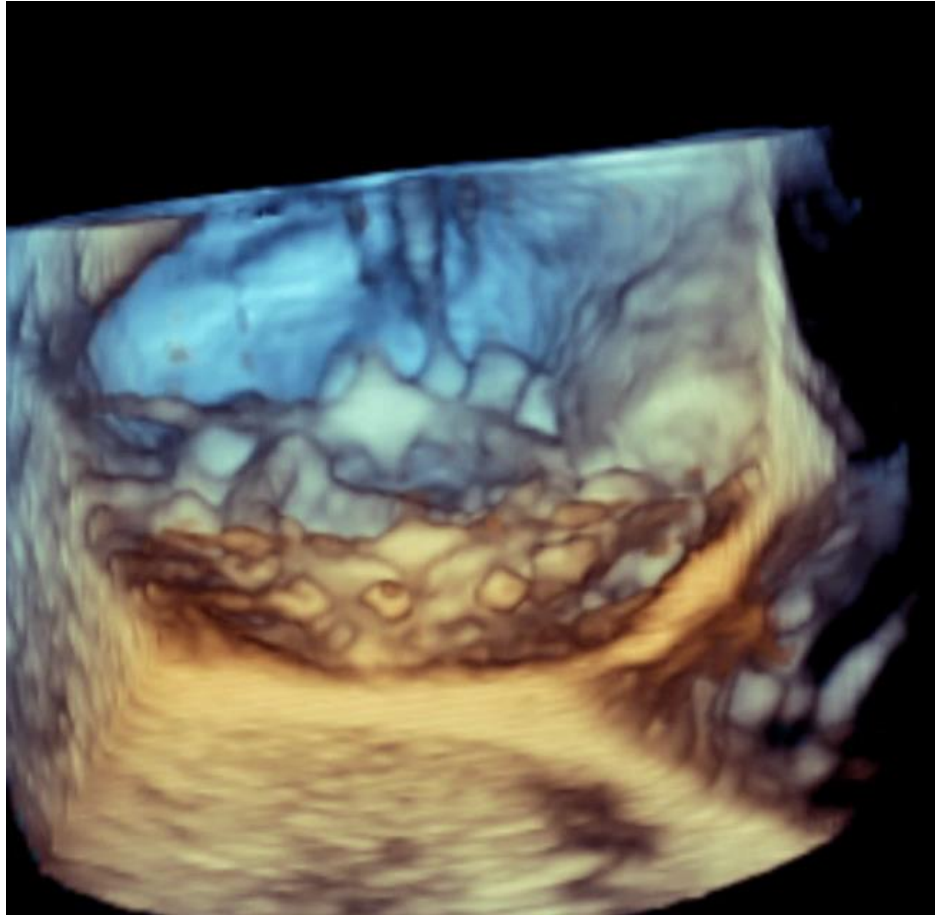
Total 3D EROA  
 $0.03 + 0.32 \text{ cm}^2$

61 year old with recent mechanical MVR

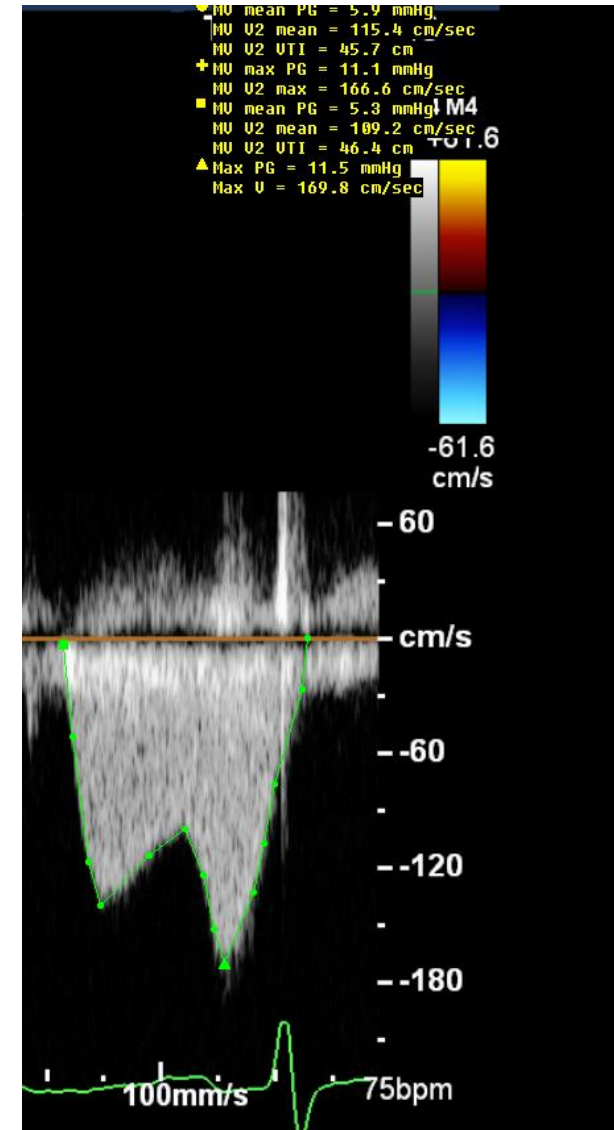
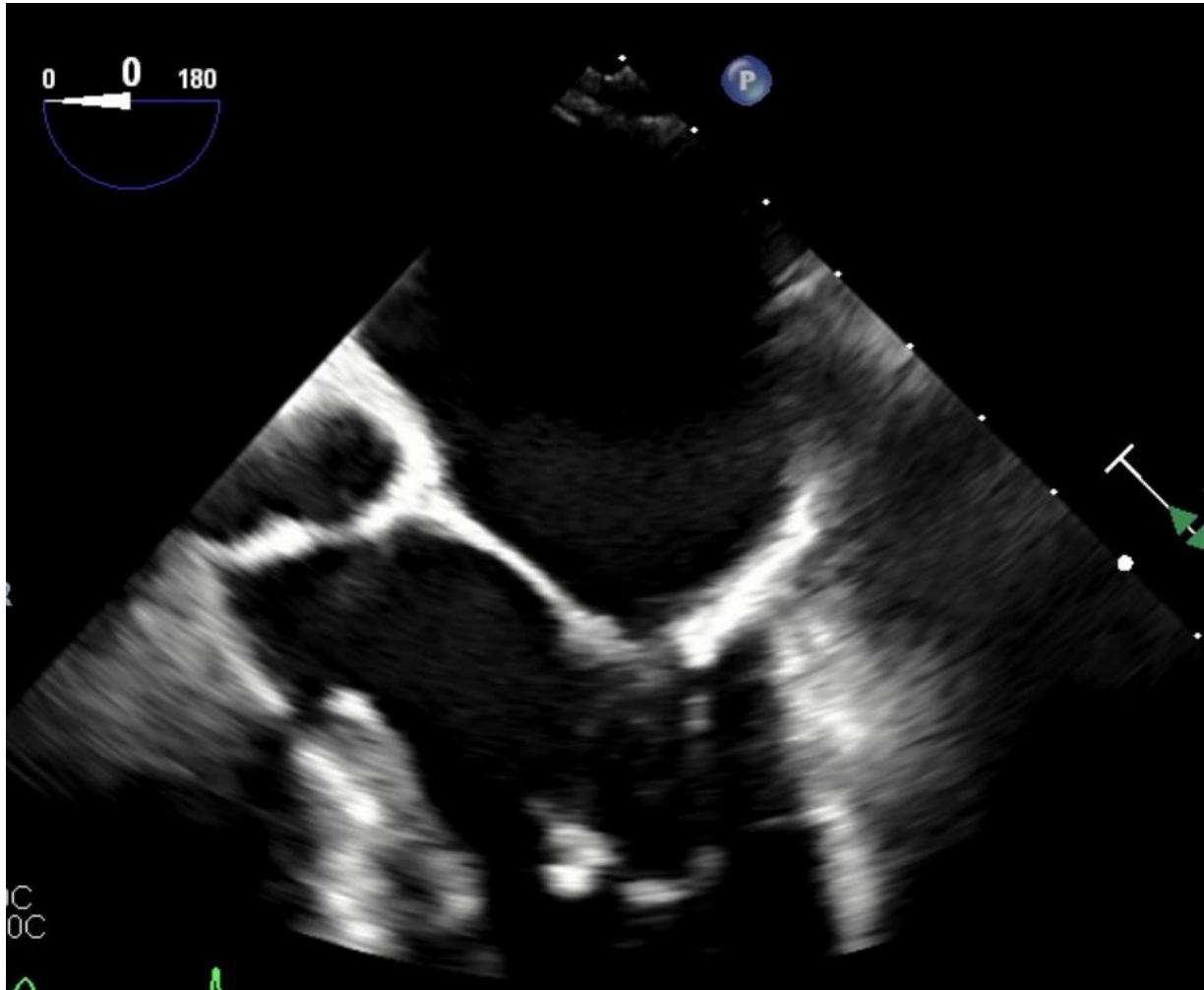


# Perivalvular medial MR





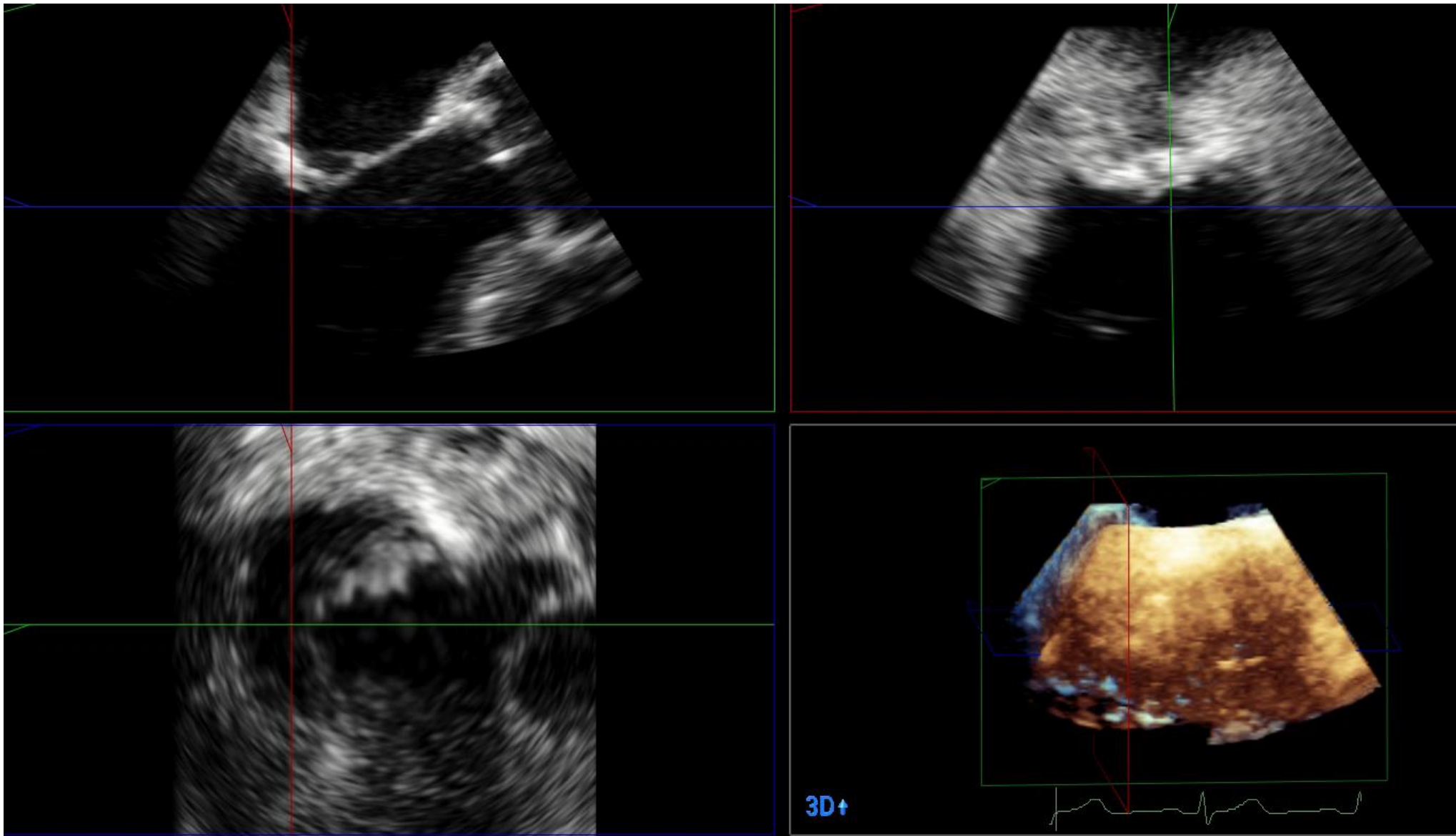
# Mitral stenosis



MVA by pressure  
half time  $1.9 \text{ cm}^2$



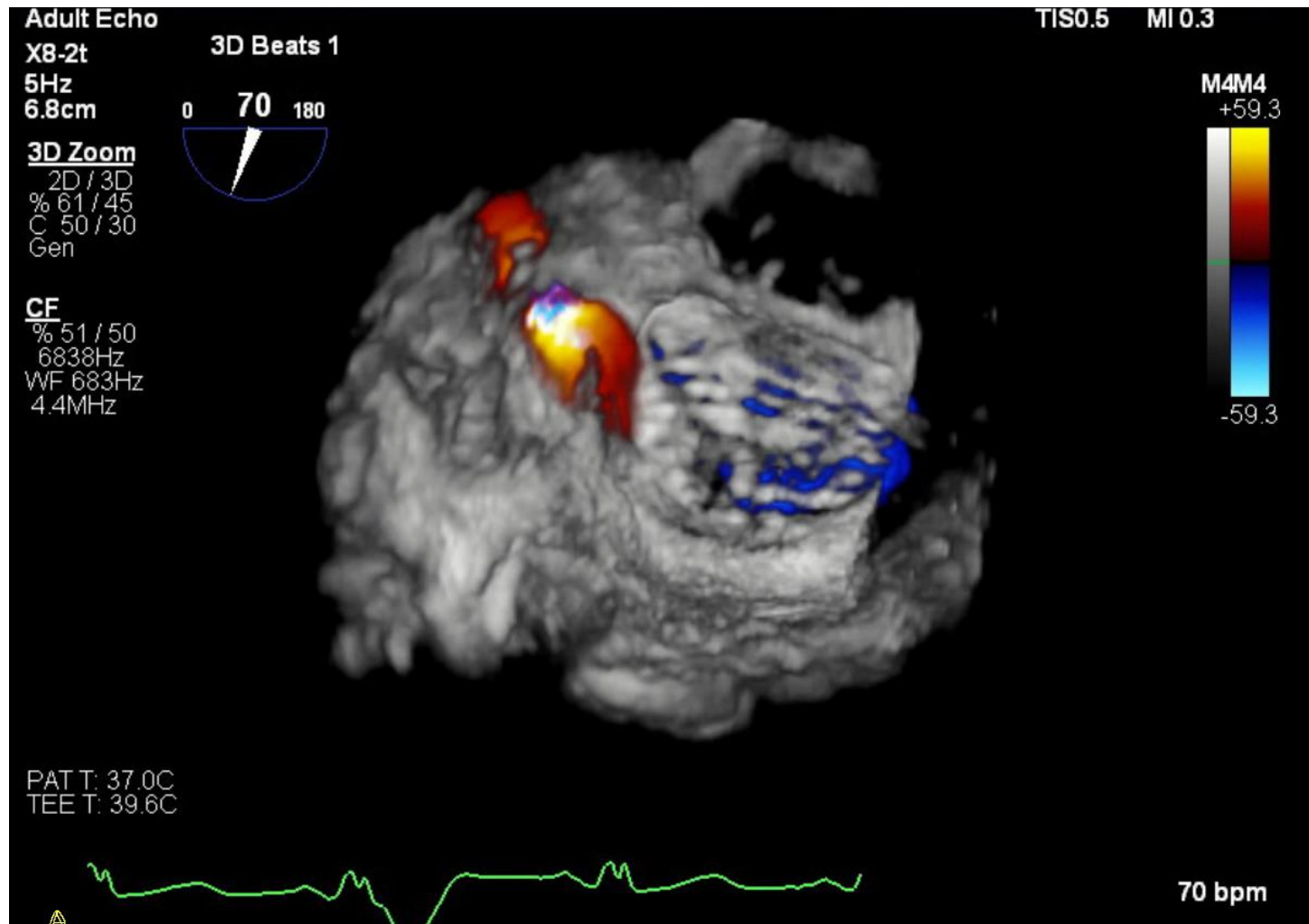
# Mitral stenosis



# Prosthetic valve 3D

79 year old woman with a pericardial valve mitral bioprosthesis, heart failure, fever and leukocytosis

# E1522815

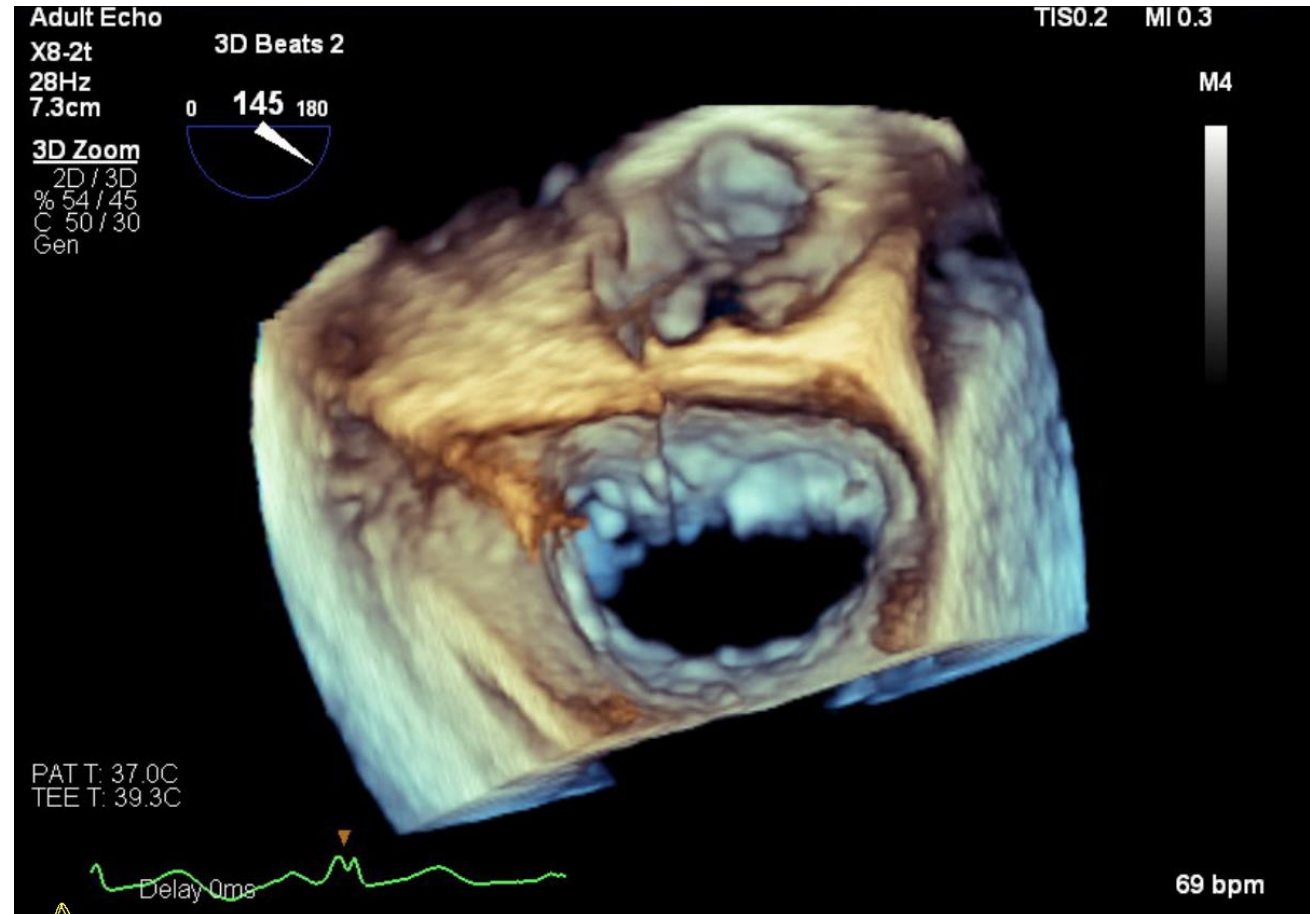




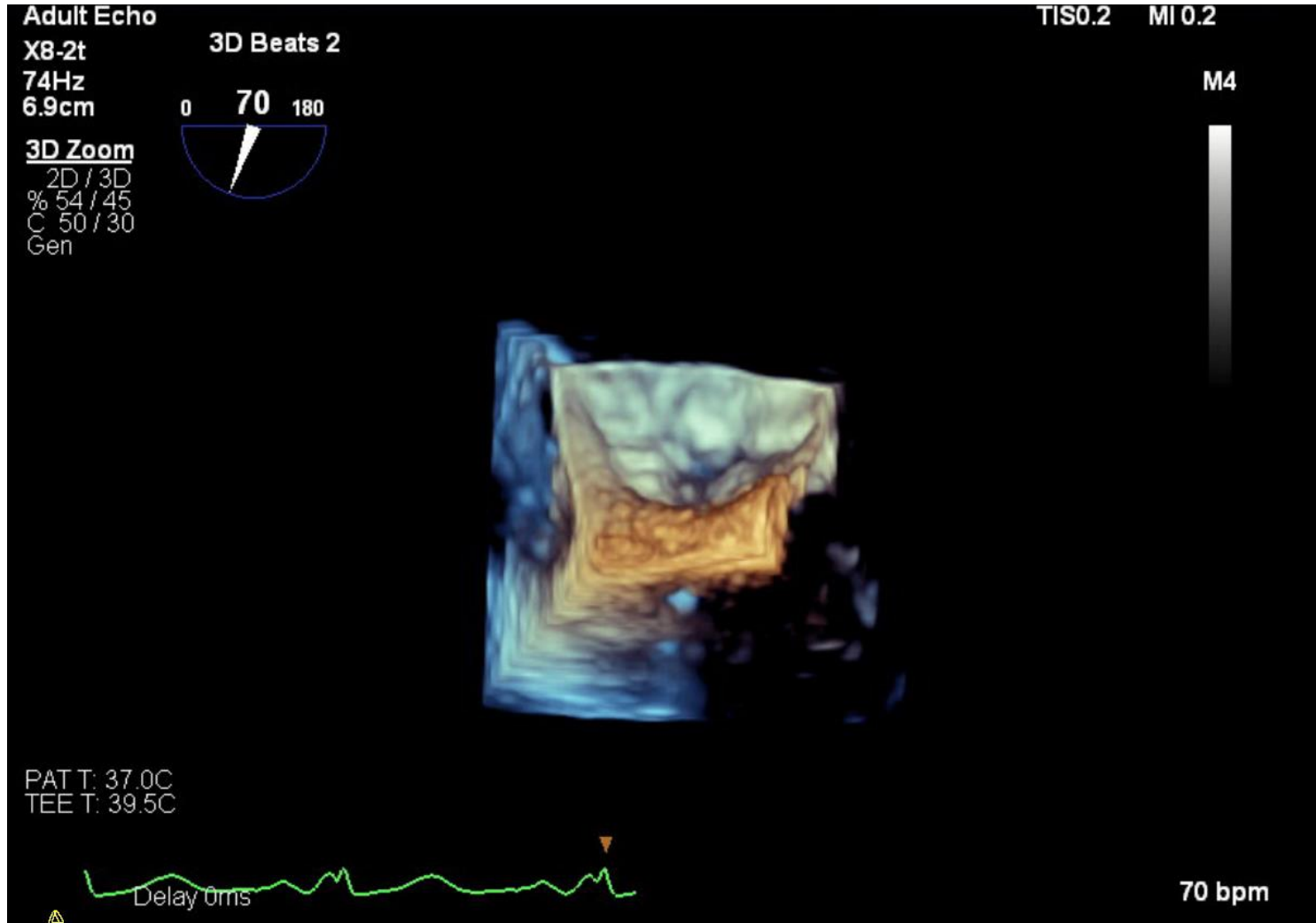
# Stitch artifact



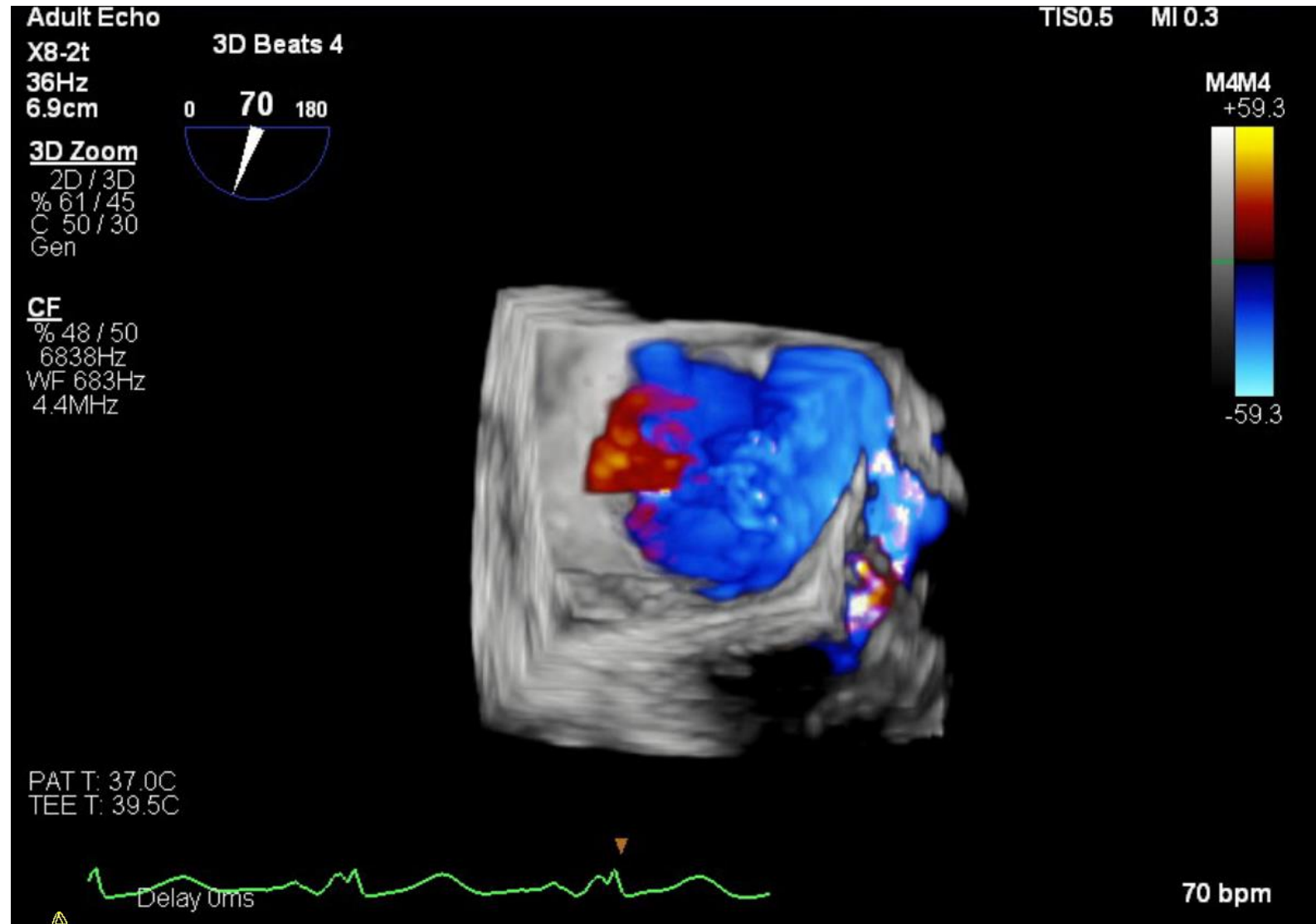
# Stitch artifact



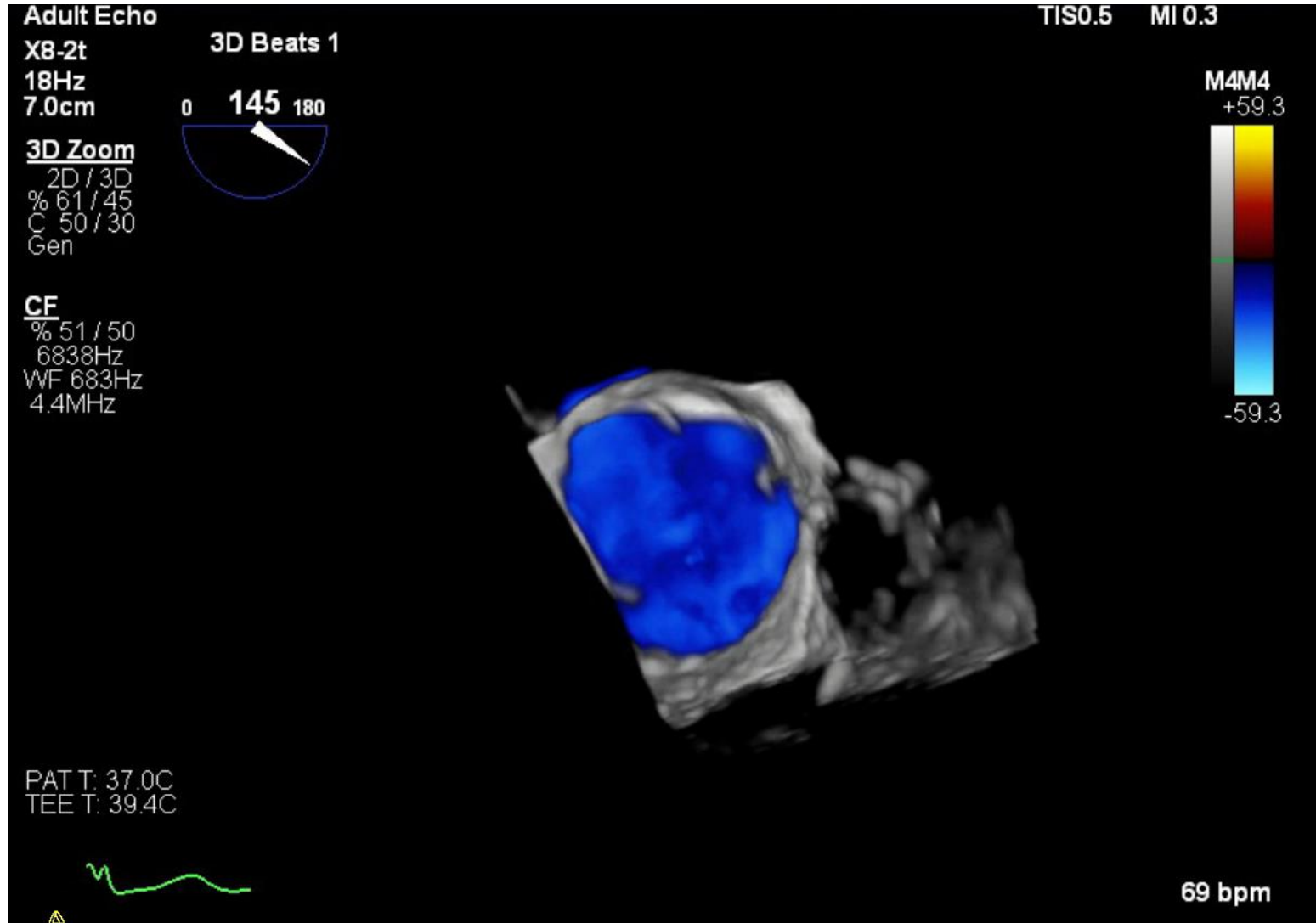
# Multibeam acquisition and narrow window



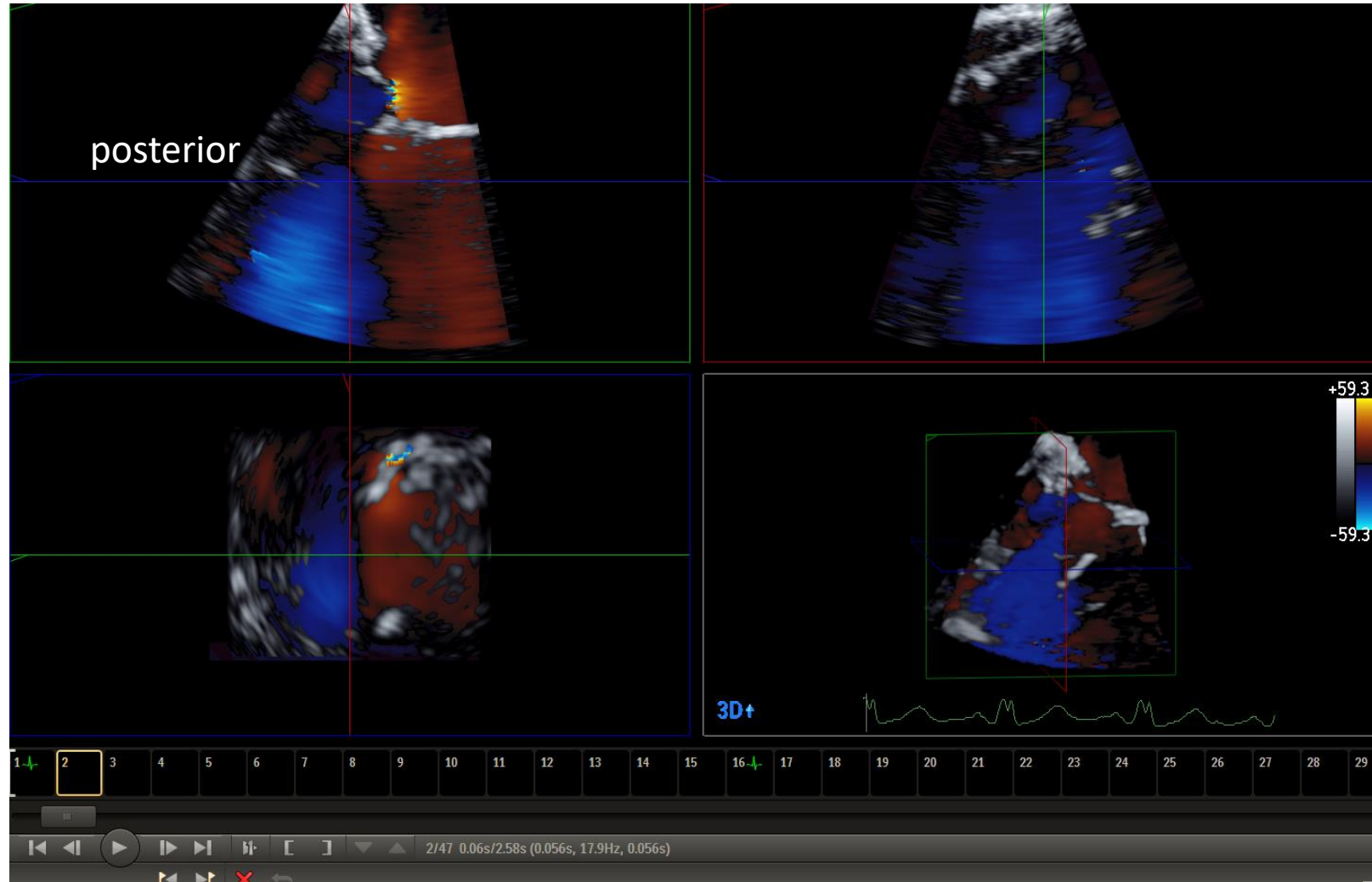
# Color multibeam acquisition and narrow window



# Single beat color with narrow window

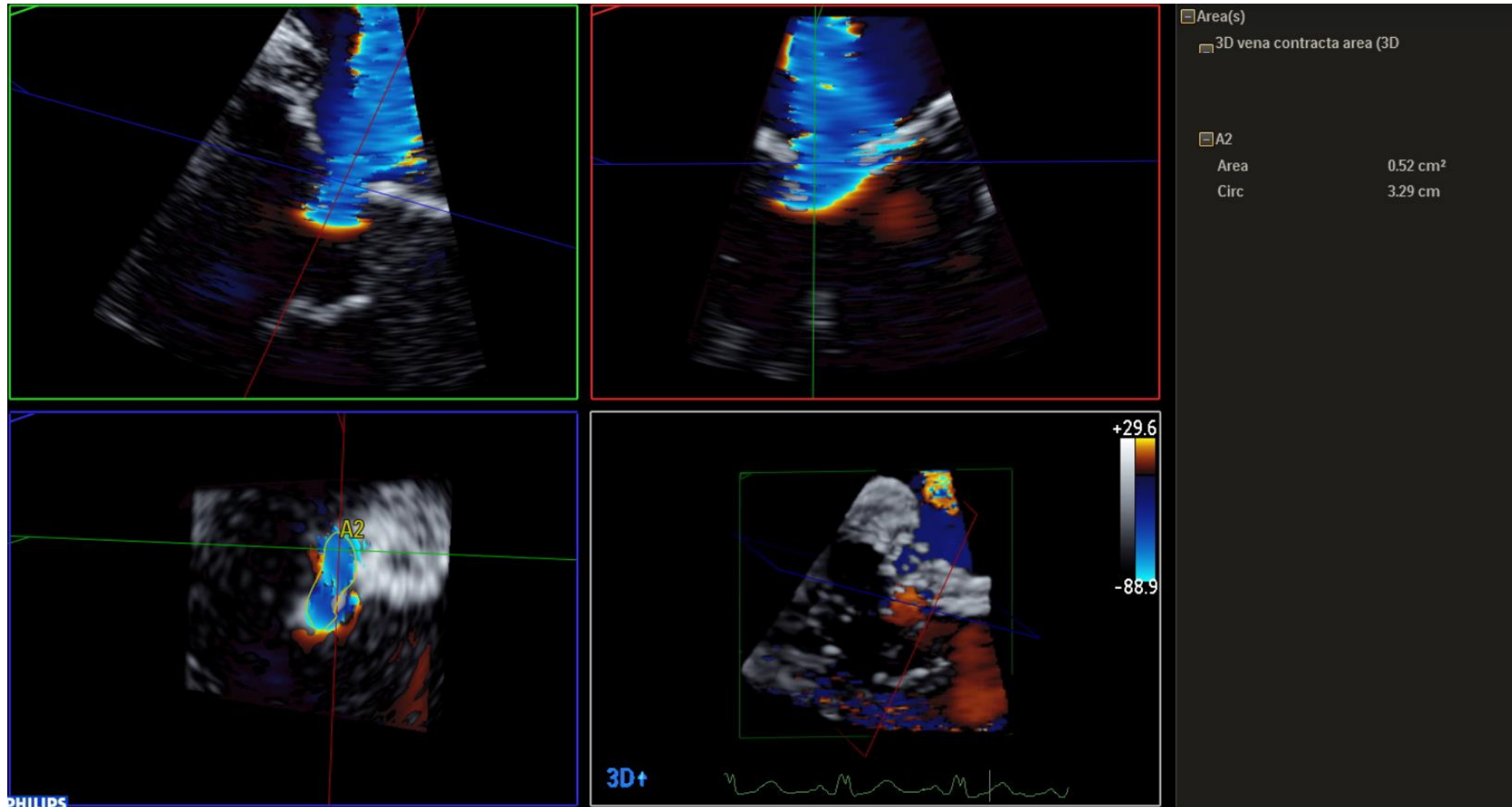


# Post processing



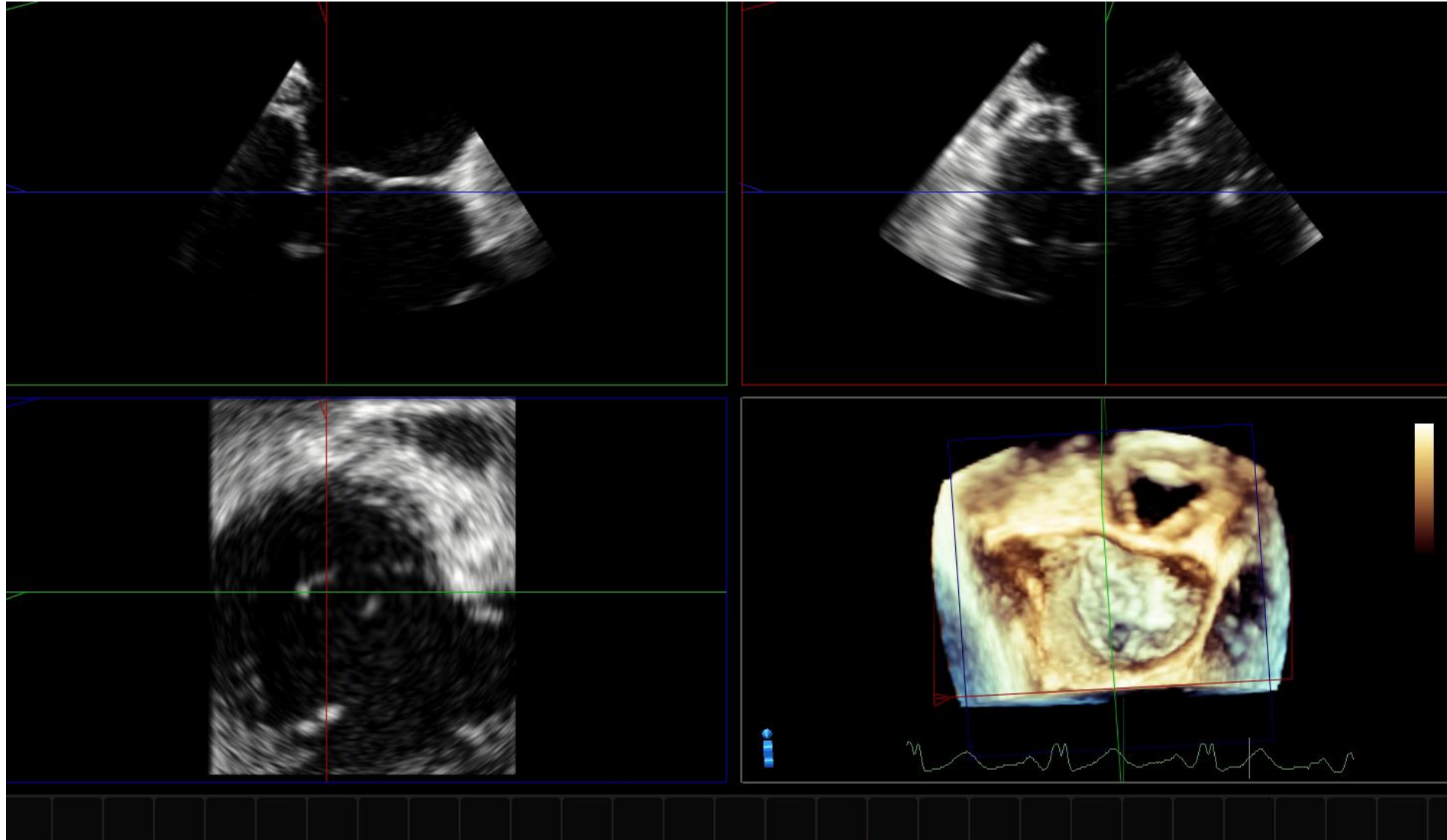


# PISA and 3D EROA post processing



# Post processing orientation

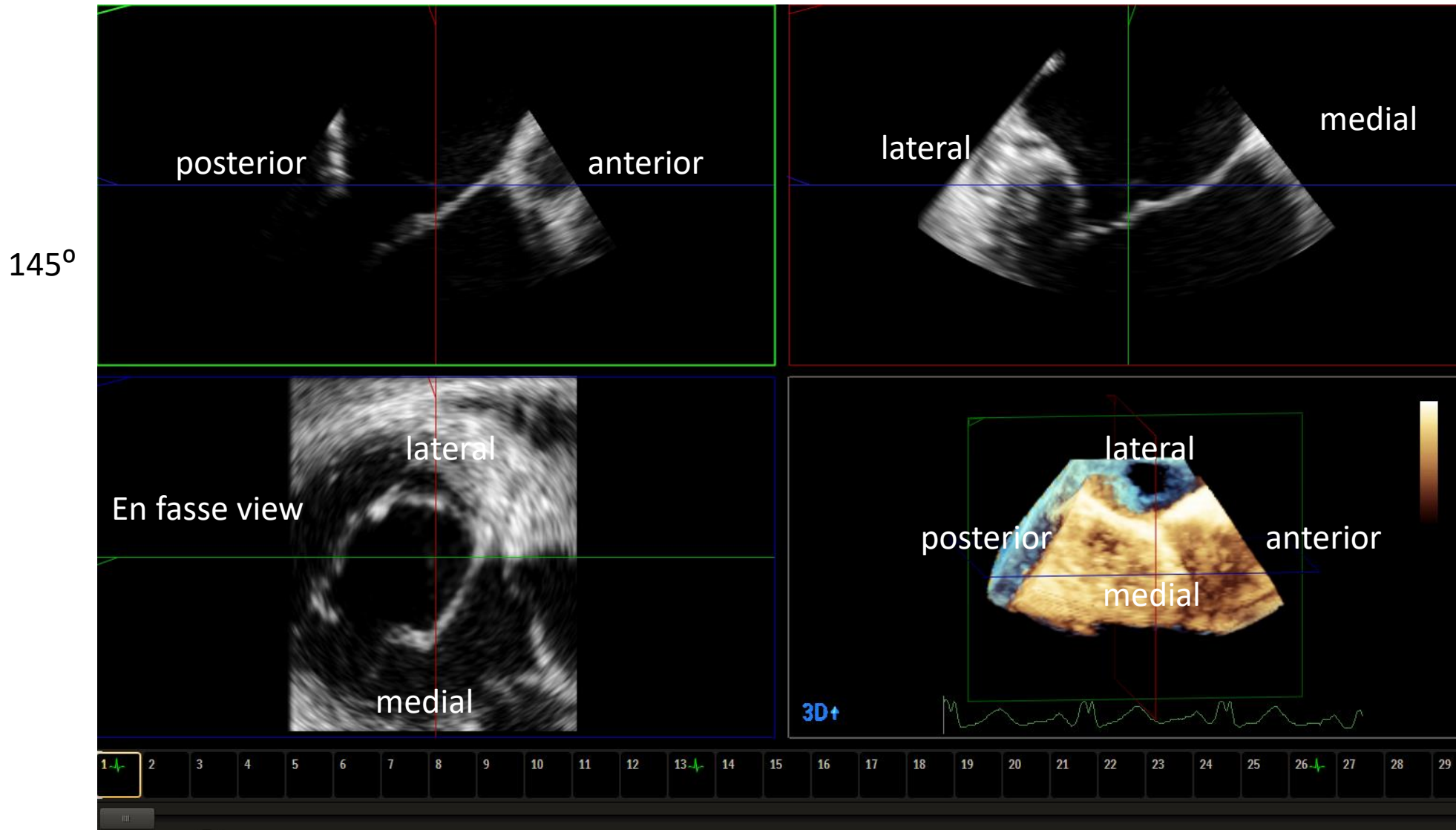
145°



$145^{\circ} + 90^{\circ} = 235^{\circ}$   
Reverse of 145-90  
(reverse of  $55^{\circ}$ )

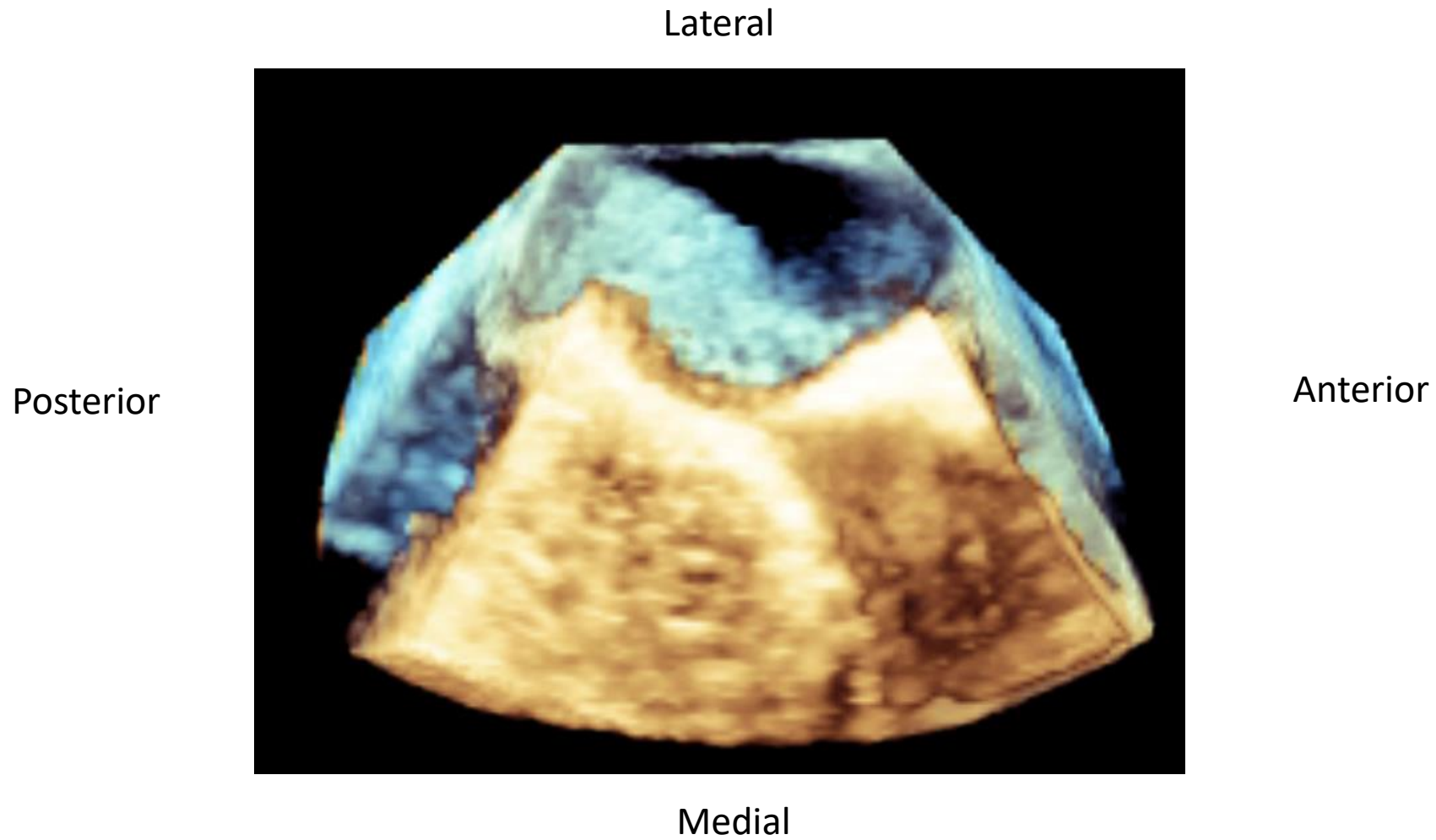


# Post processing orientation

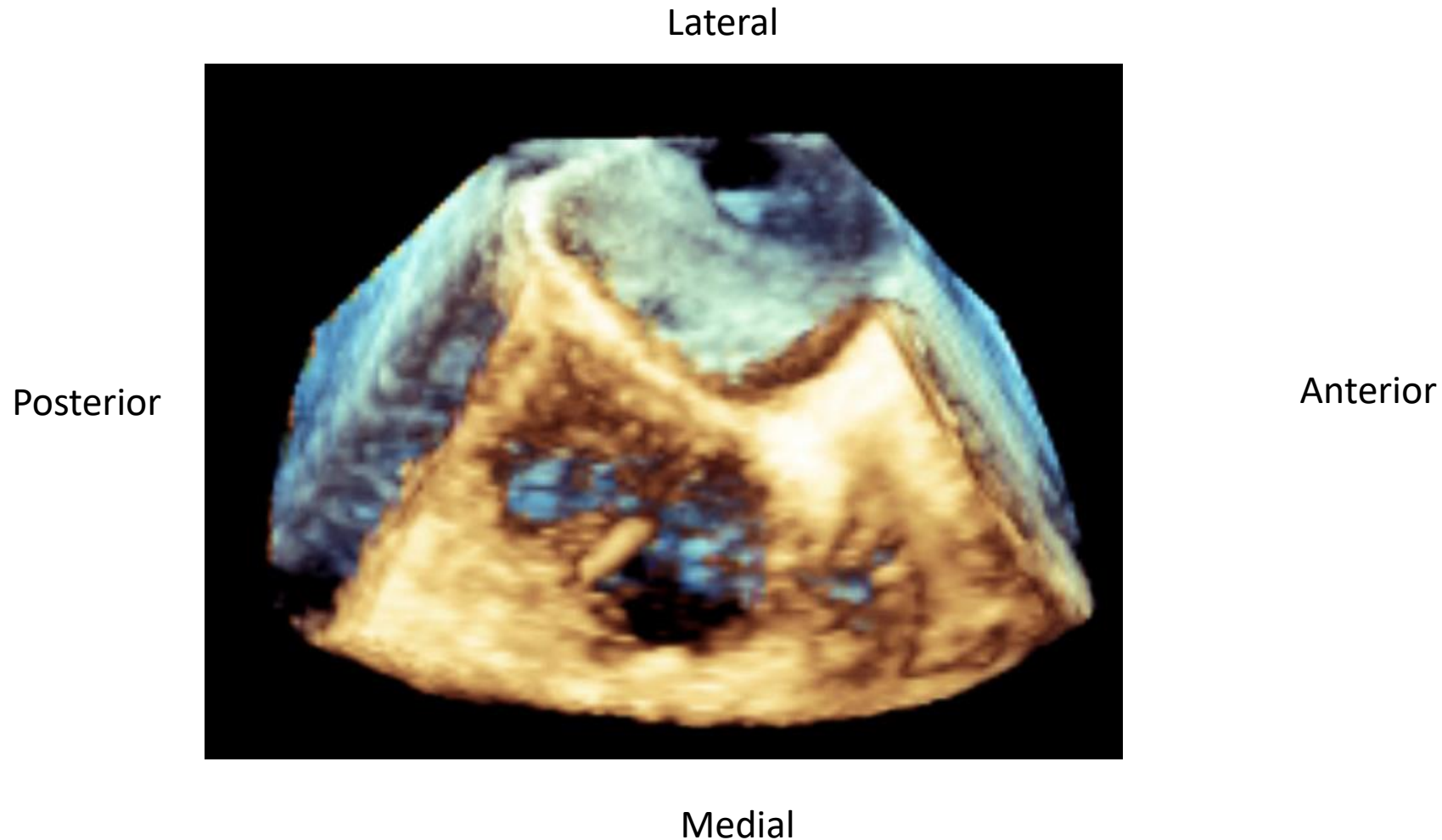


$145^{\circ} + 90^{\circ} = 235^{\circ}$   
Reverse of 145-90  
(reverse of  $55^{\circ}$ )

# Initial Image



Rotate down for en face (looking down from the LA into the valve)



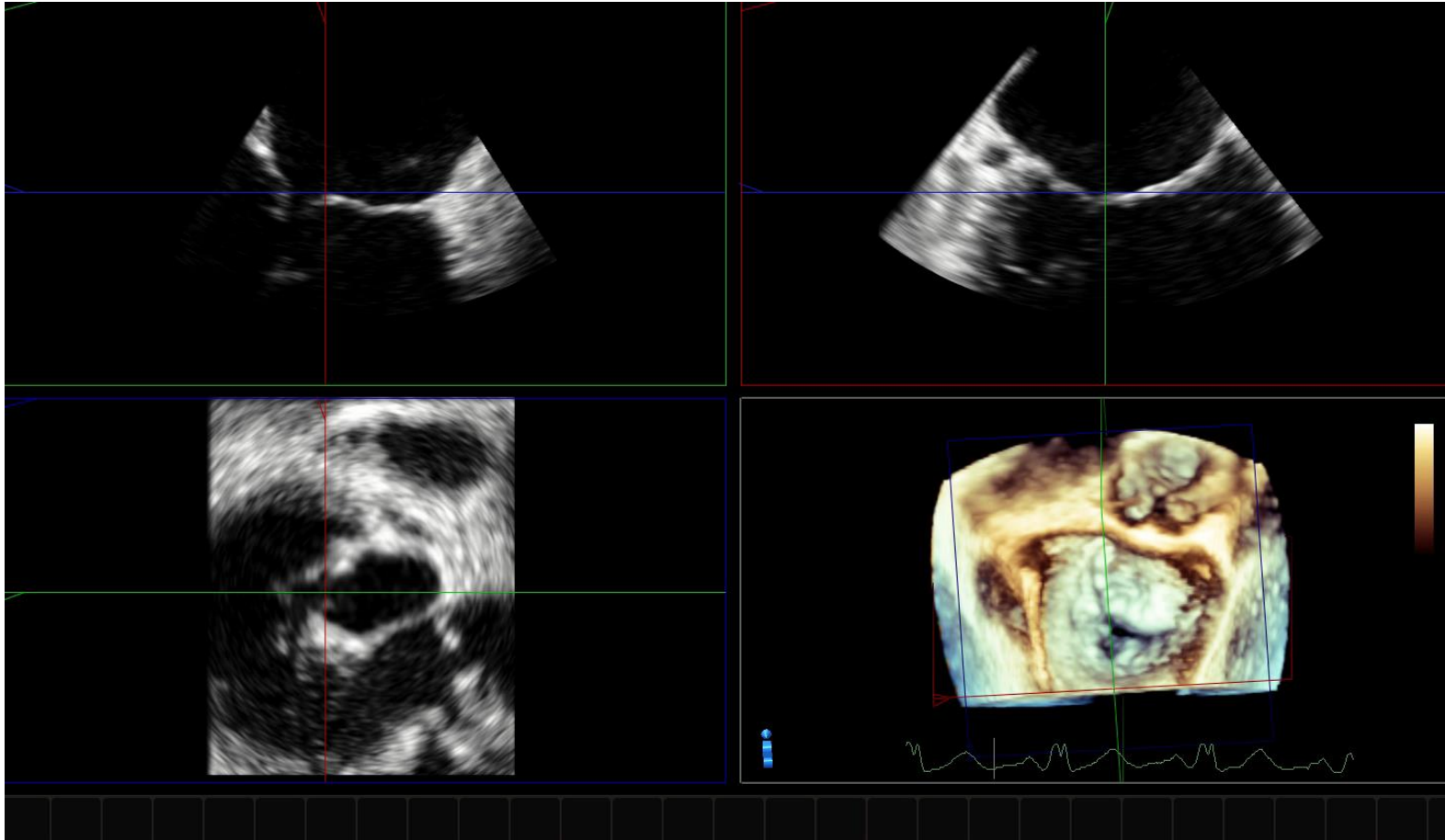
Z rotate to put aortic valve on top

Lateral



Medial

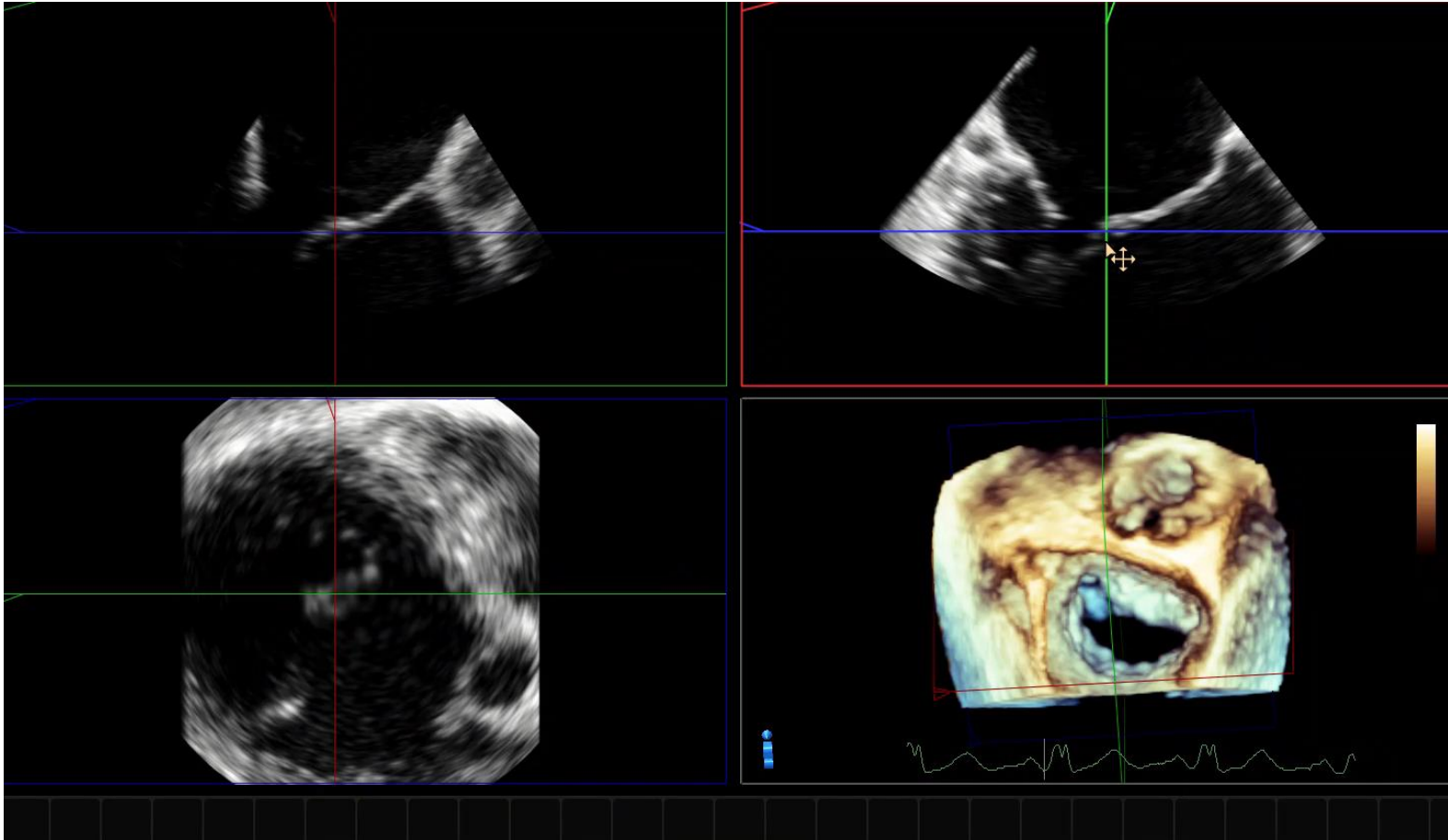
# 3D MPR movement



Track to confirm 3D orientation  
along Ant-posterior direction



# 3D MPR movement

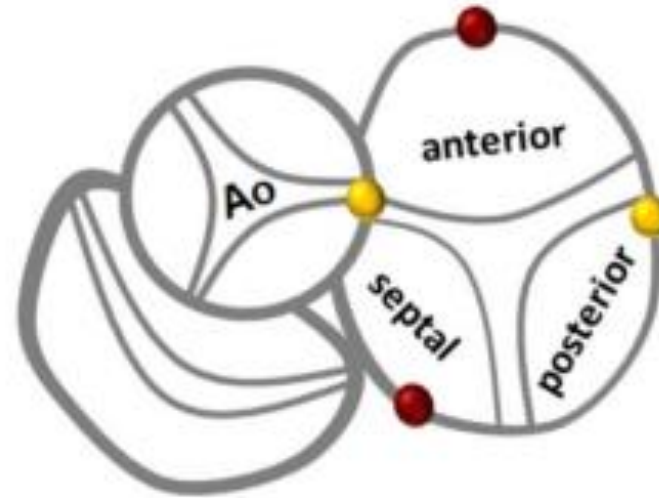


Track to confirm 3D orientation  
along medial-lateral direction

# Tricuspid Valve

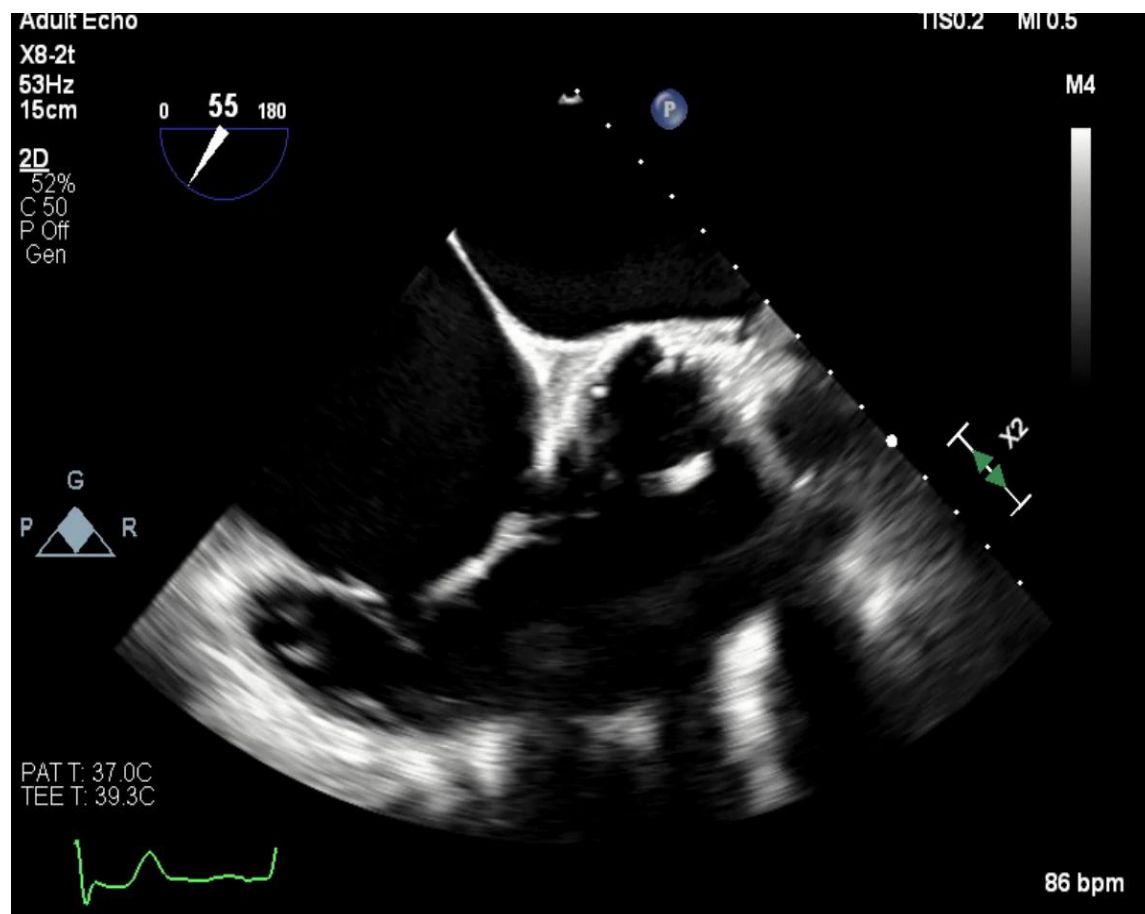
# Target TV orientation

- Aortic valve at 11'o clock
- Septum on left
- TV on right of screen
- Looking down on the TV from RA

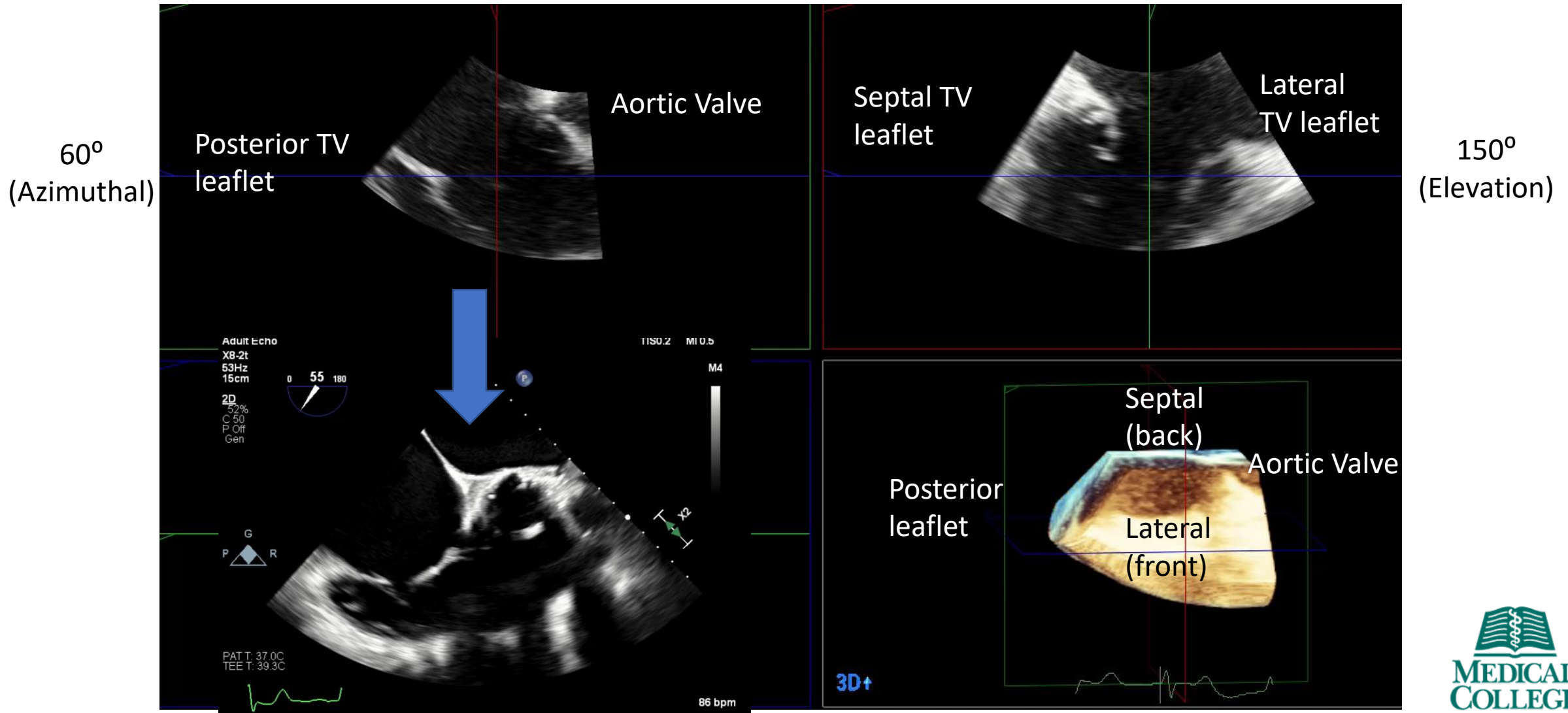




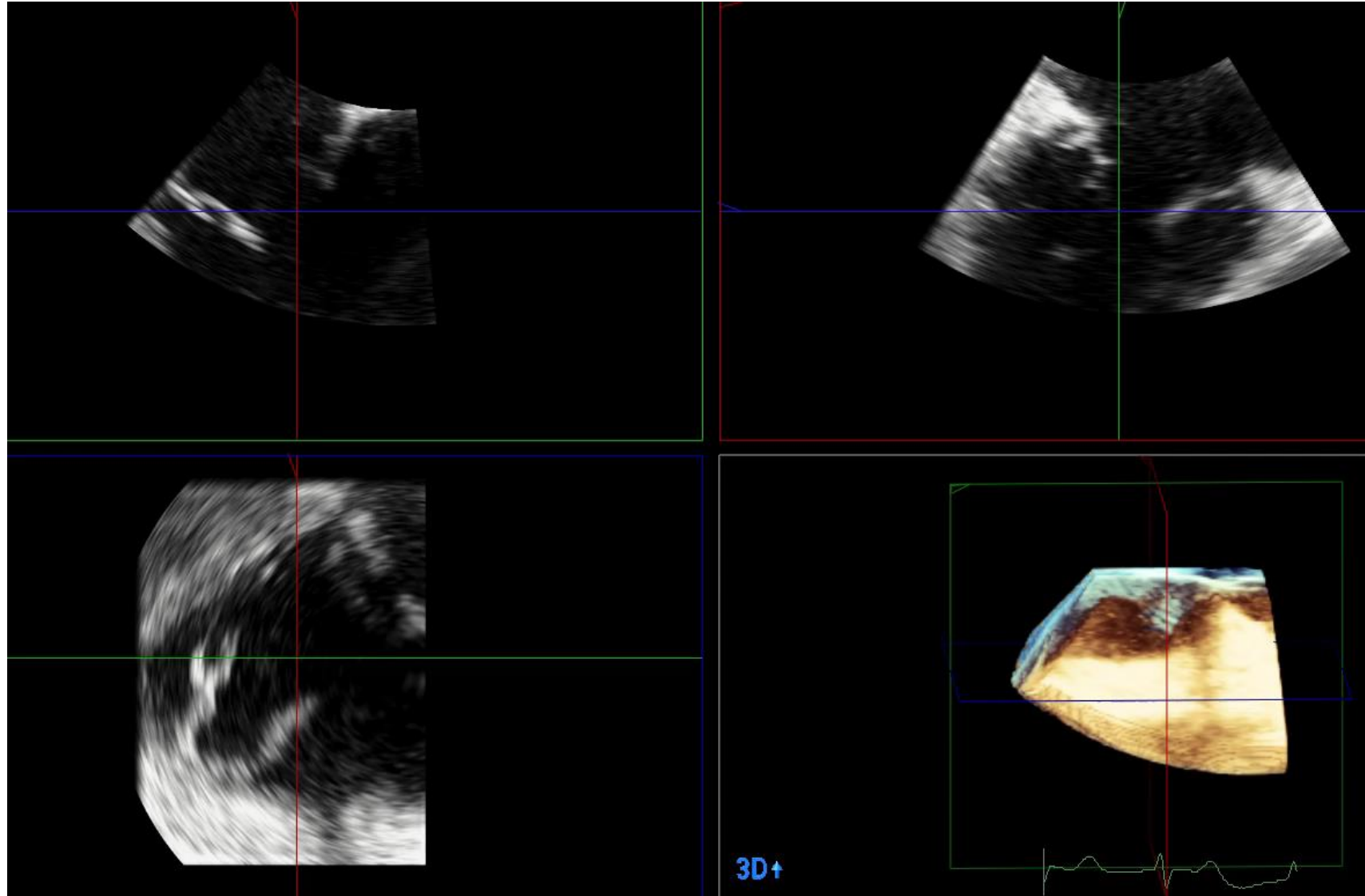
# TV from 60 degrees



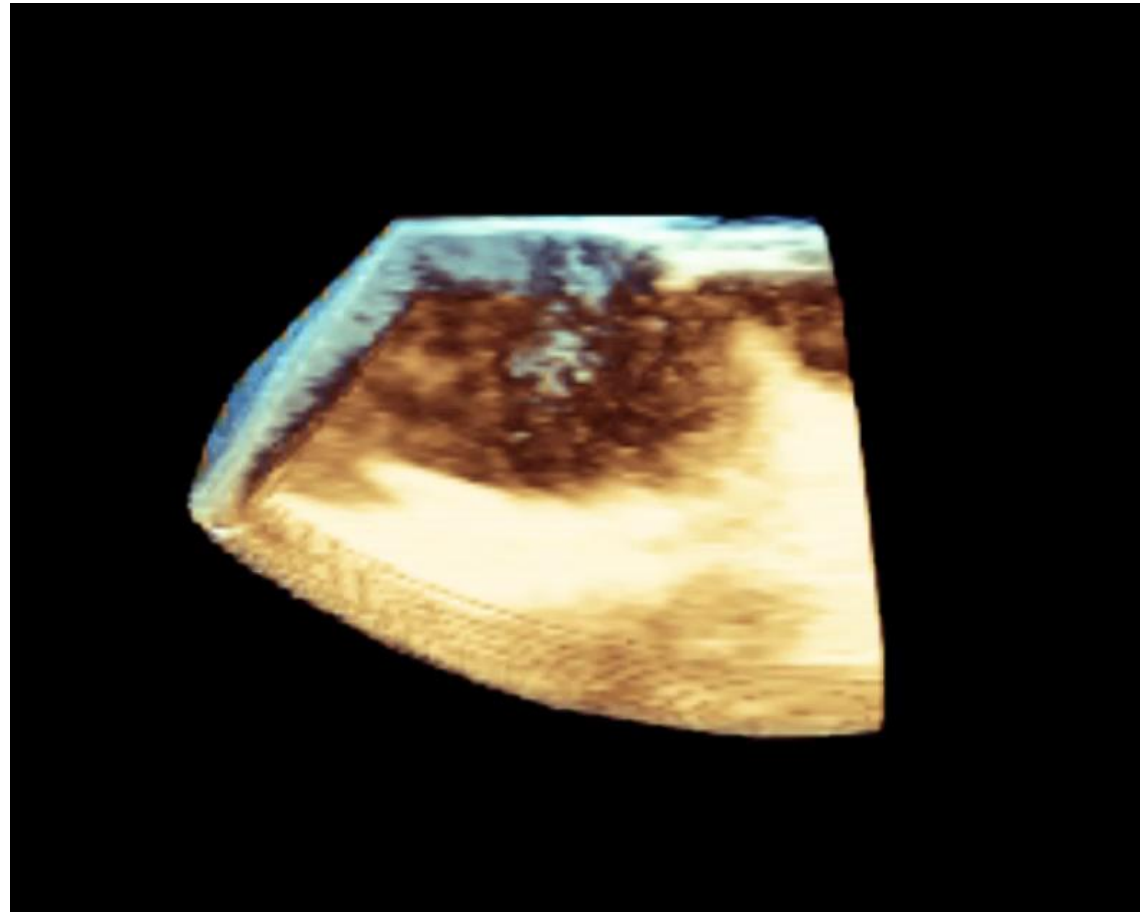
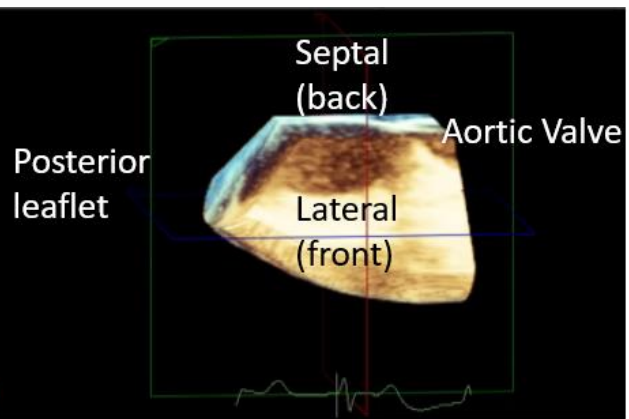
# TV from 60 degrees



# Confirmation of orientation

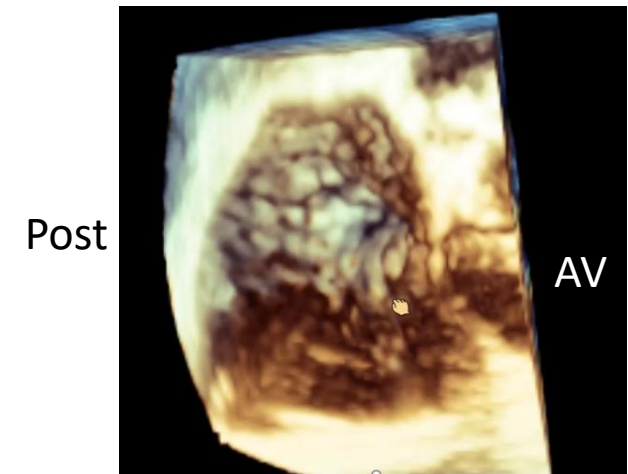


Starting



End

Septal (up)



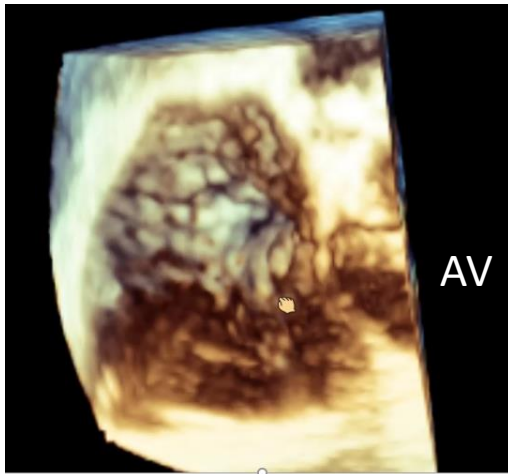
Lateral  
(down)

# Desired TV orientation

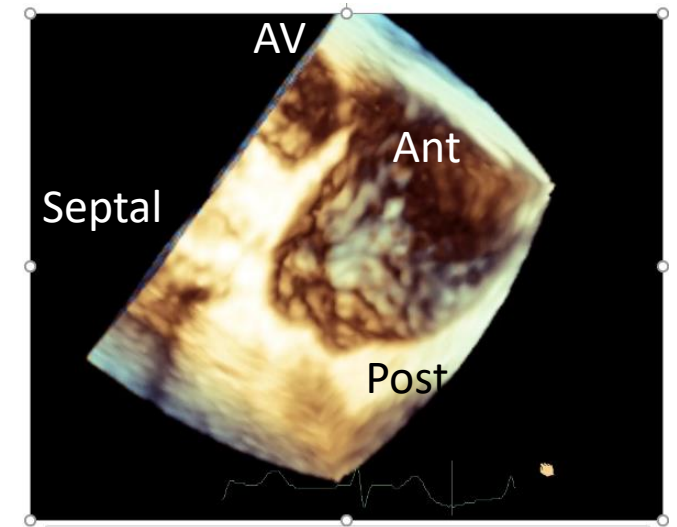
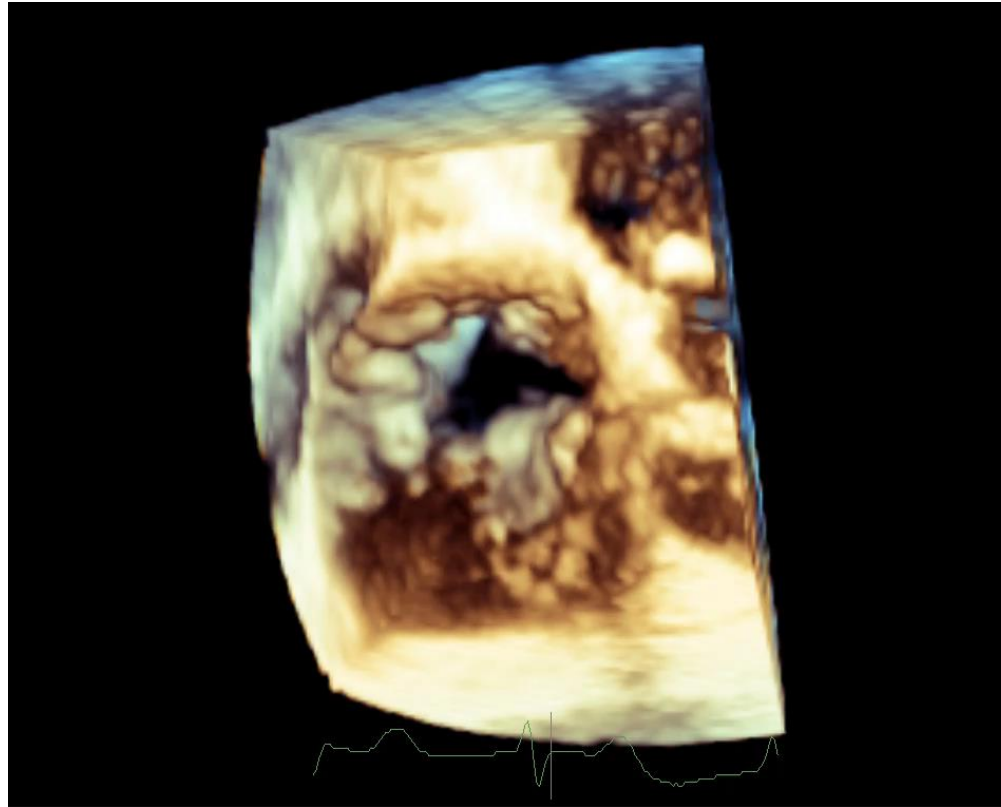
Start

Septal (up)

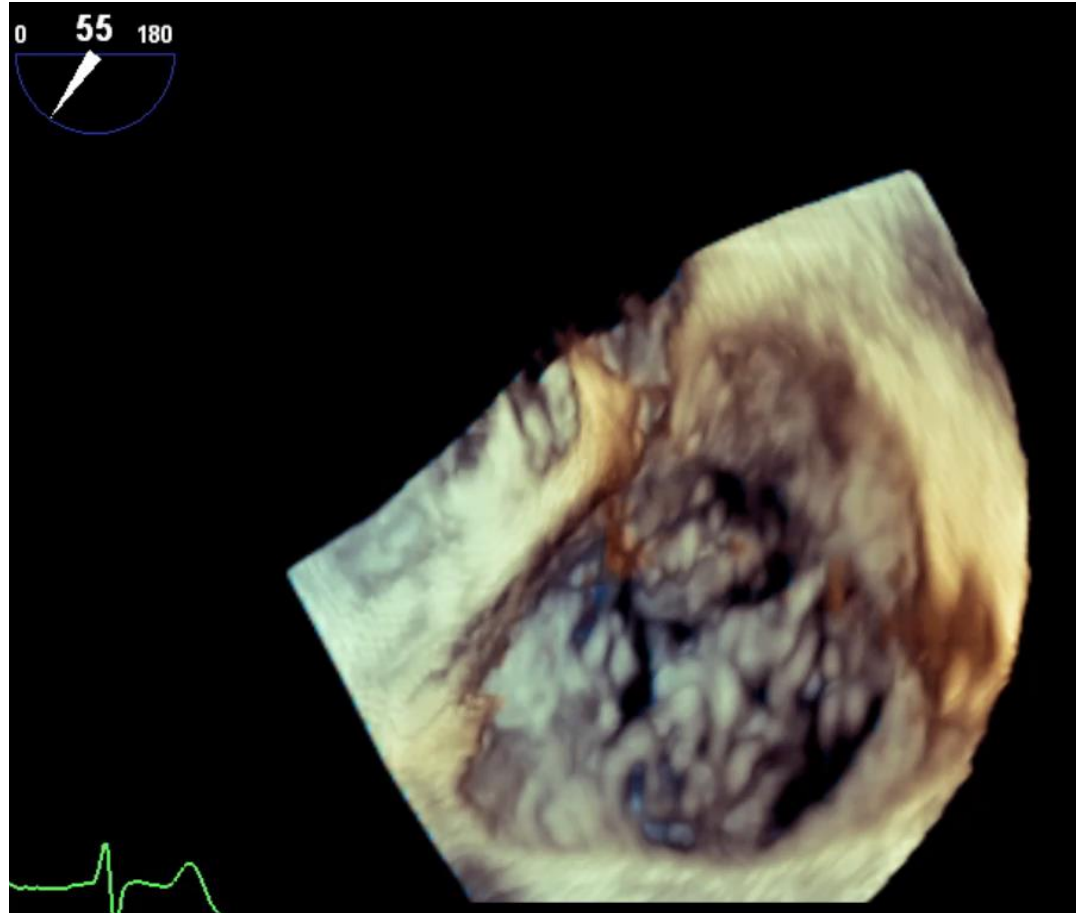
Post



Lateral  
(down)



# Fine tune gain and rotation

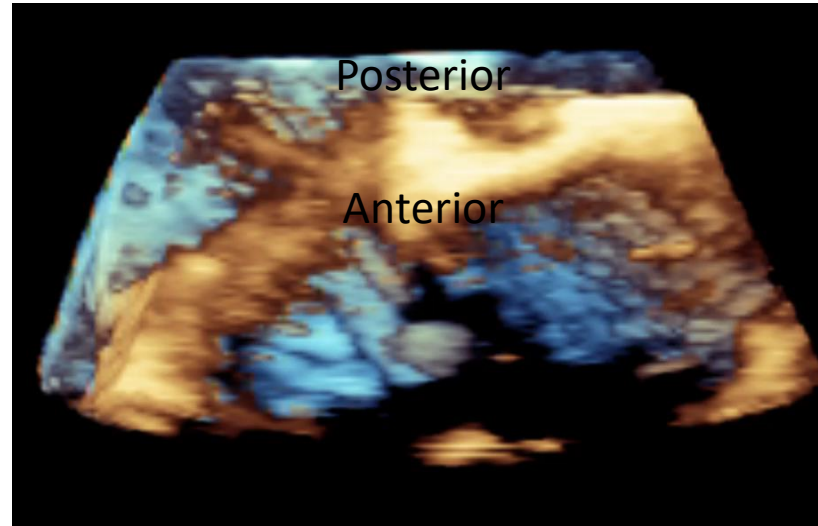




# 3D orientation

Starting at 0 degrees

Lateral



Septal

0°

Lateral  
(left of  
3D)

Septal  
(right of  
3D)

Azimuthal

90°

Posterior  
(Back of  
3D)

Anterior  
(Front  
of 3D)

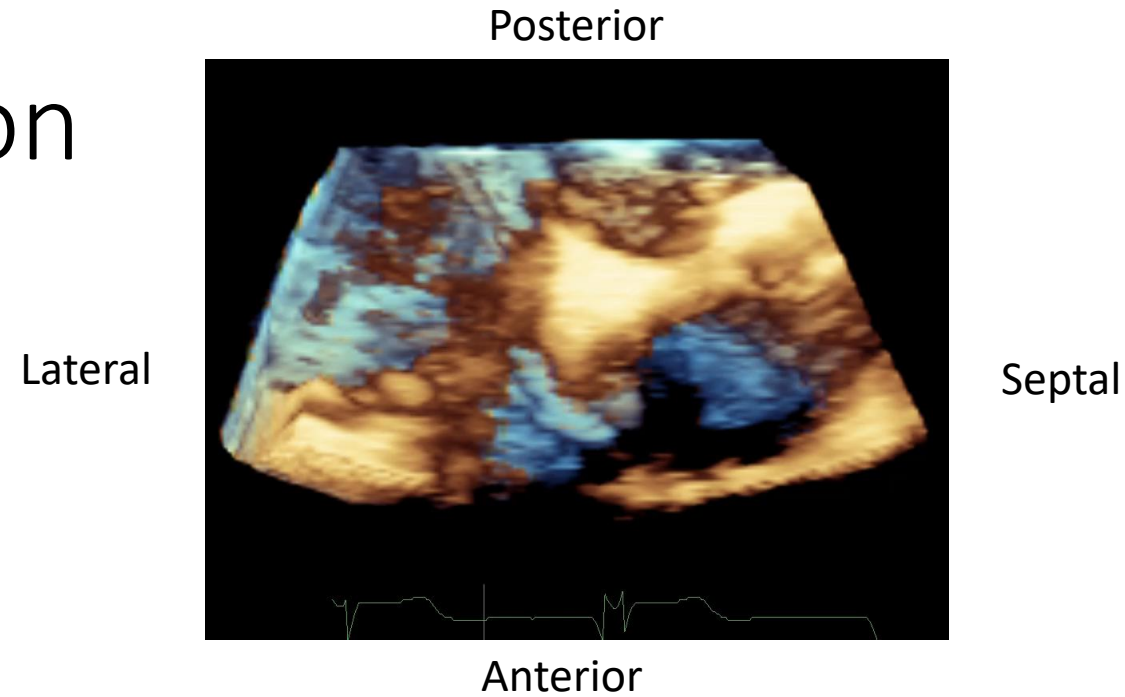
Elevation



OF WISCONSIN

# 3D orientation

Turn down for 'en face'  
view (looking down from RA on to  
the TV)



0°

Lateral  
(left of  
3D)

Septal  
(right of  
3D)

Azimuthal

90°

Posterior  
(Back of  
3D)

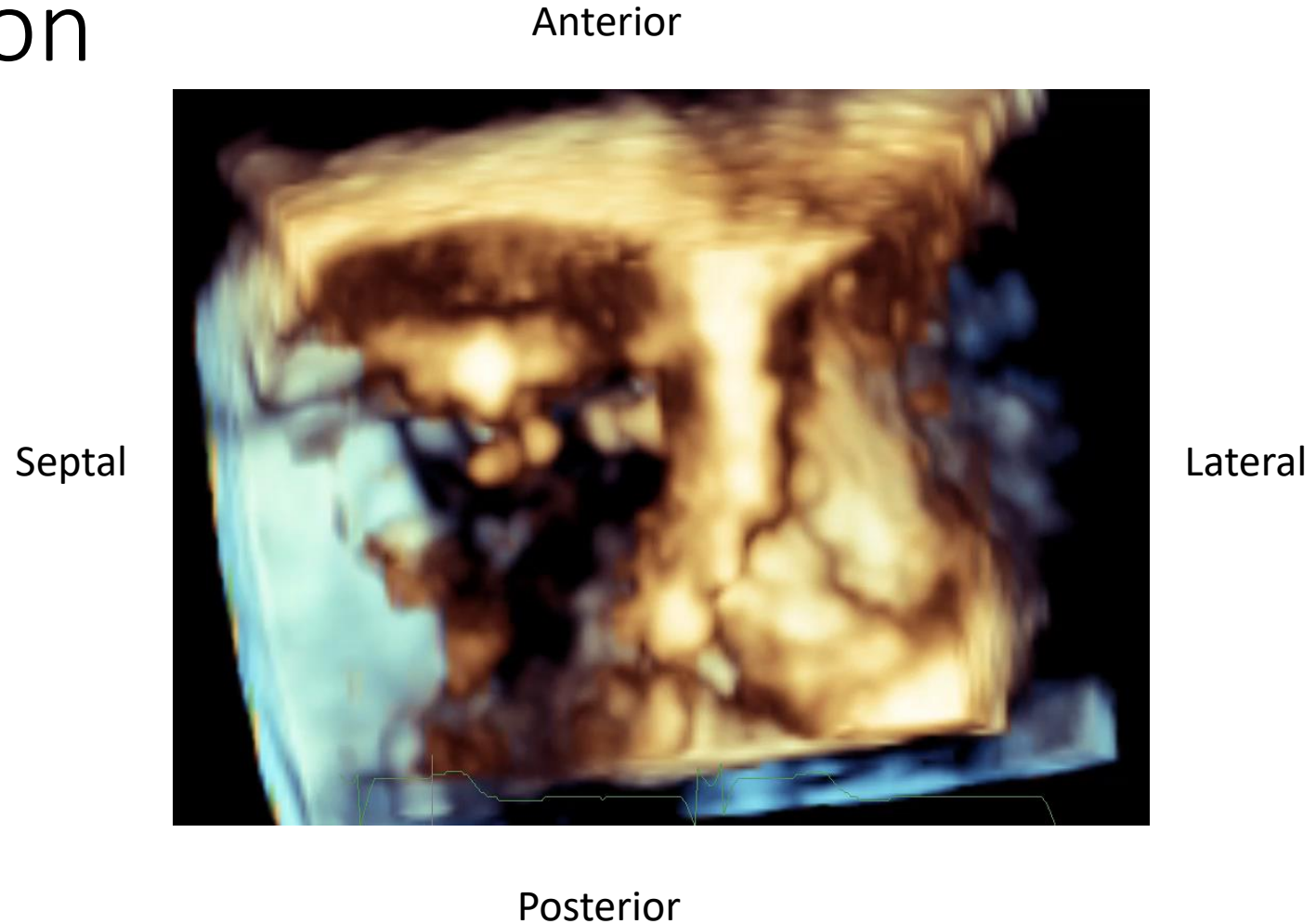
Anterior  
(Front  
of 3D)

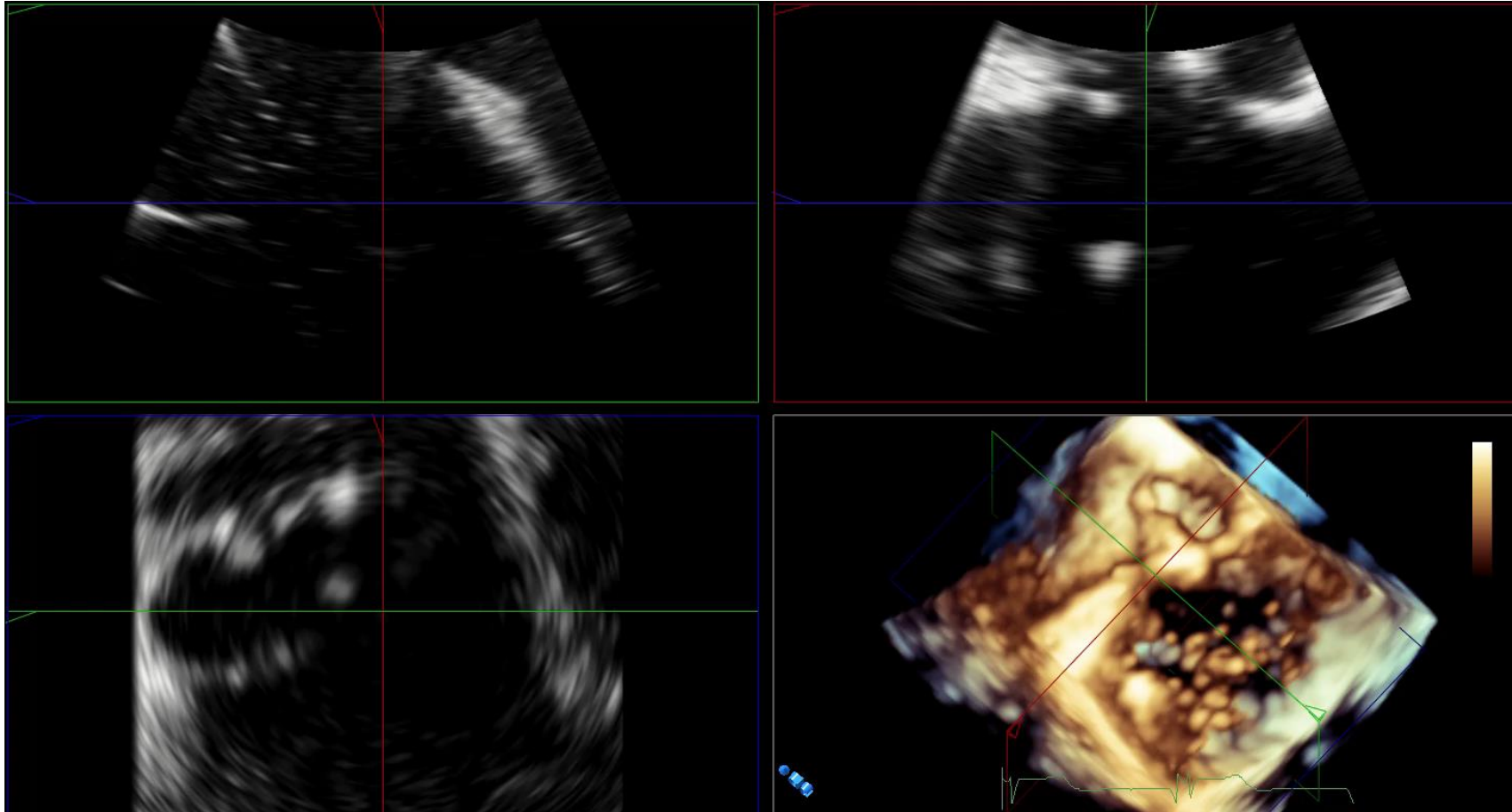
Elevation

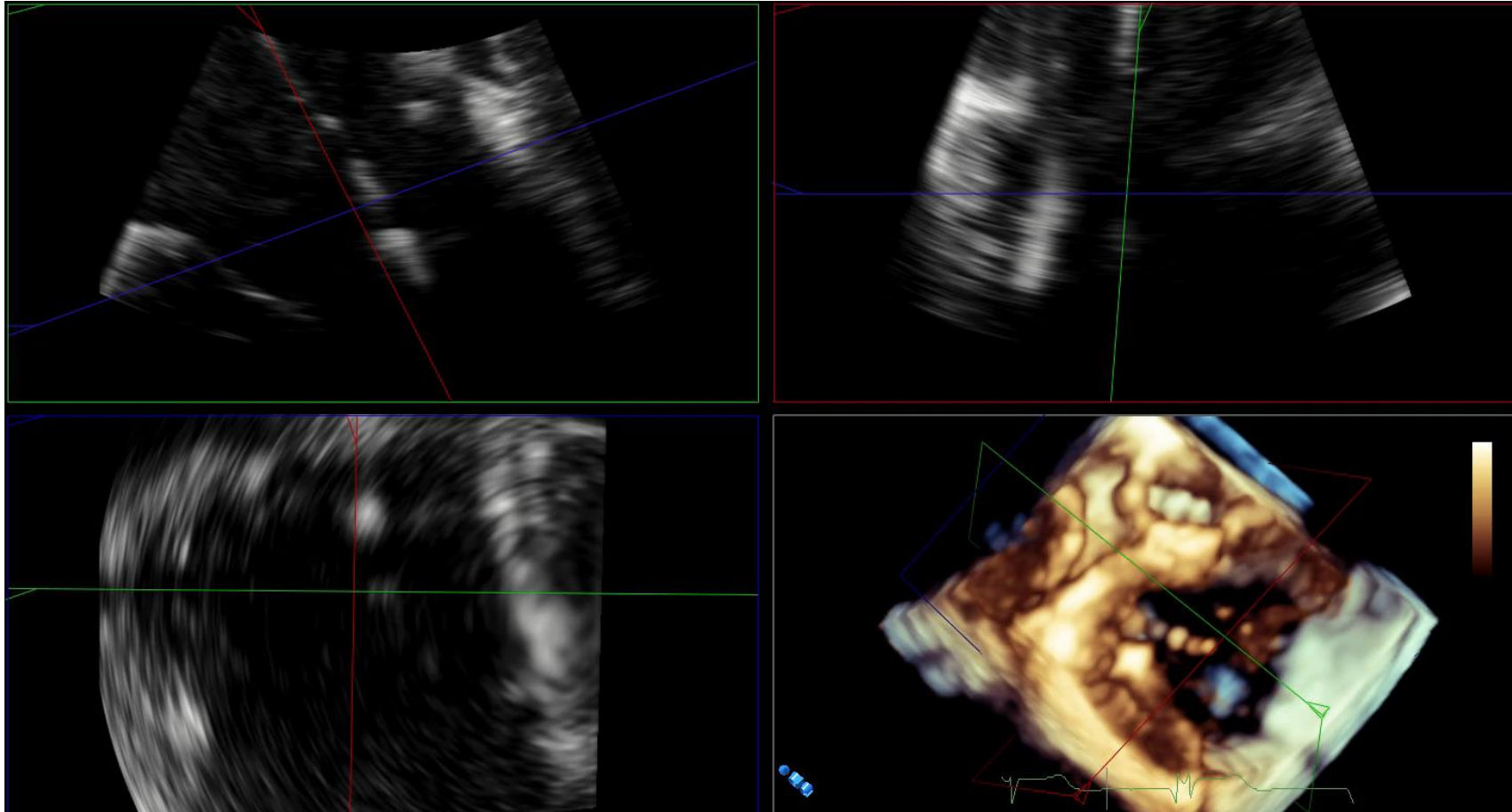


# 3D orientation

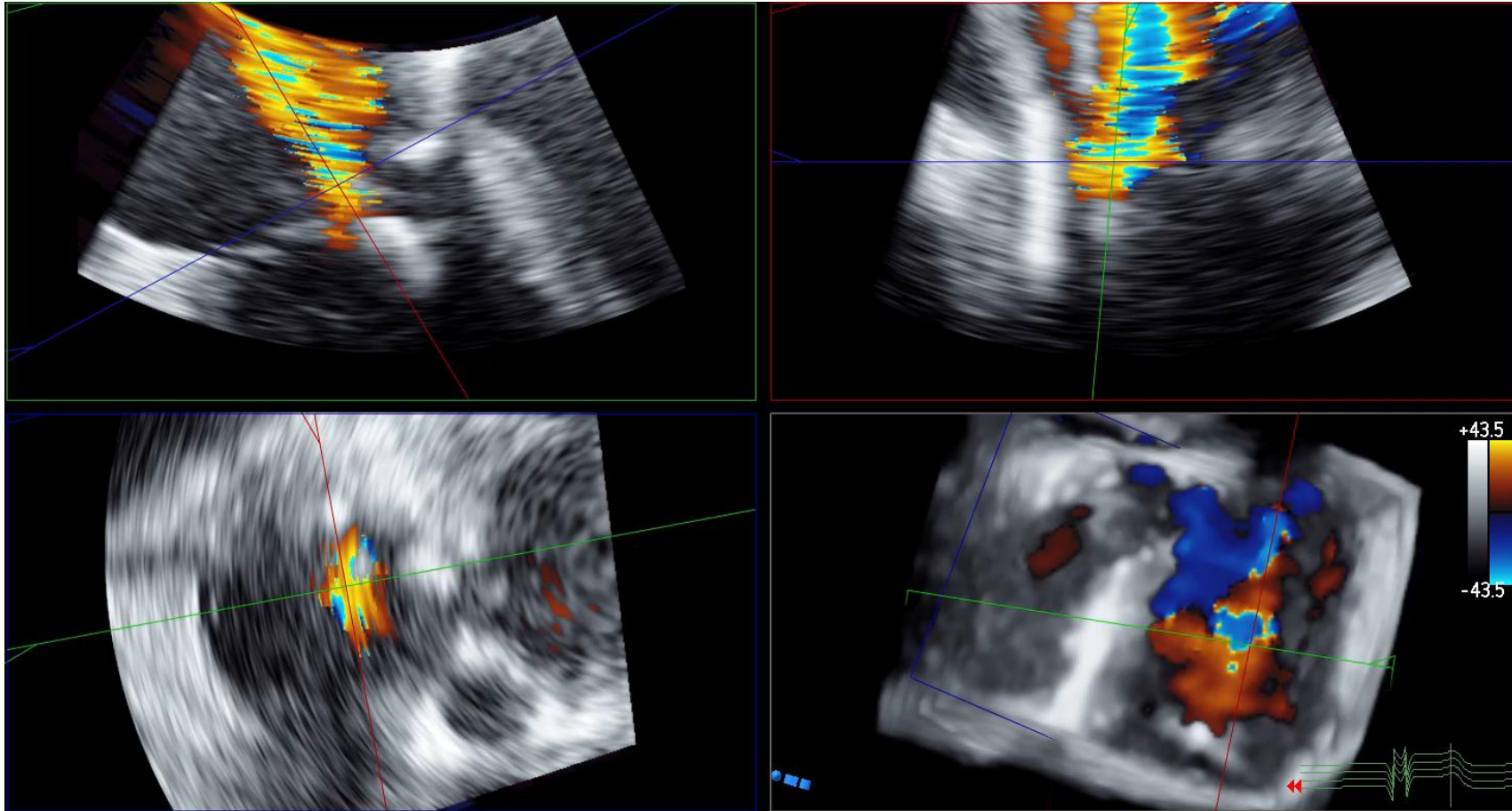
- Rotate to bring the AV at 11'0 clock



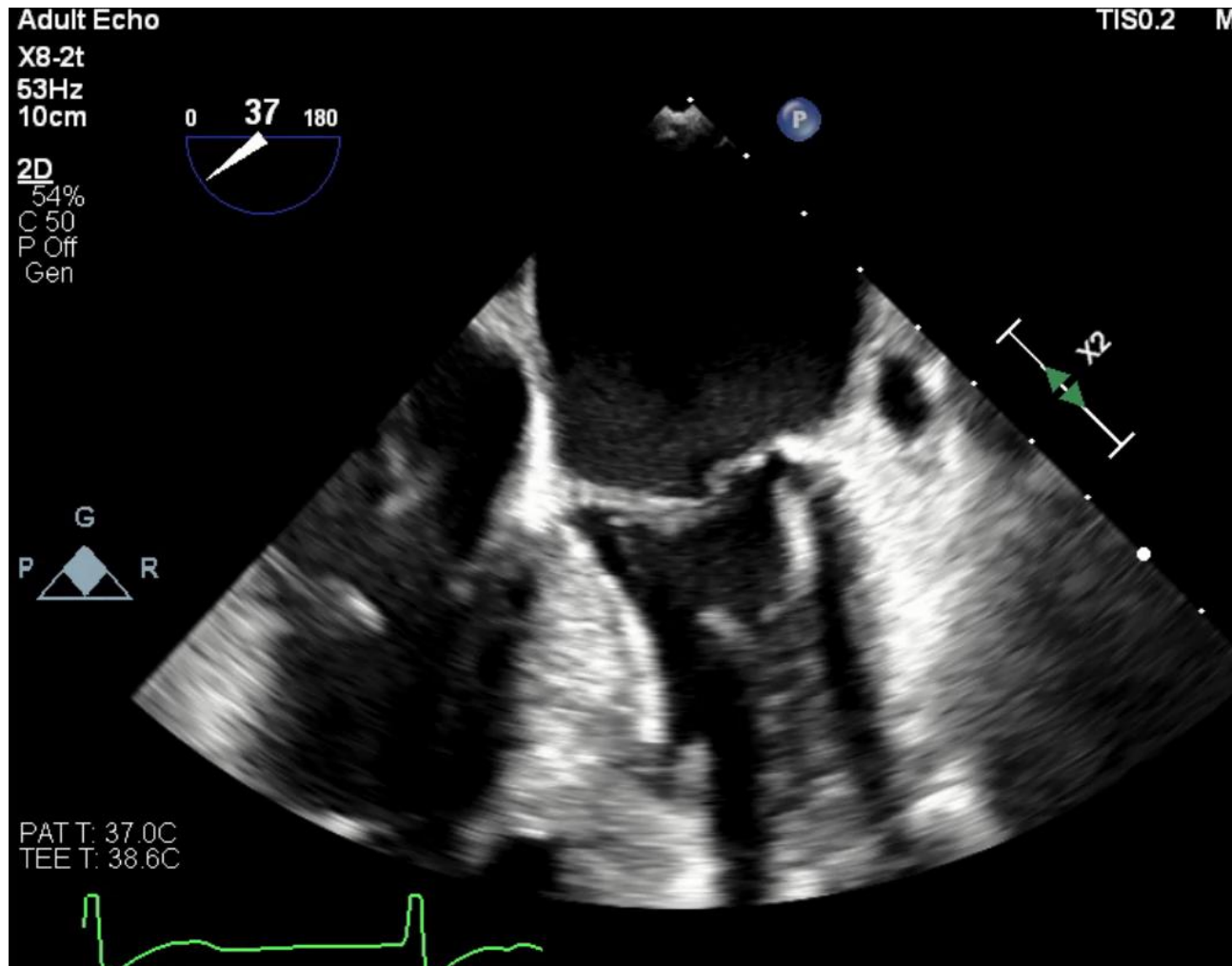




# Jet localization using 3D guided 2D color

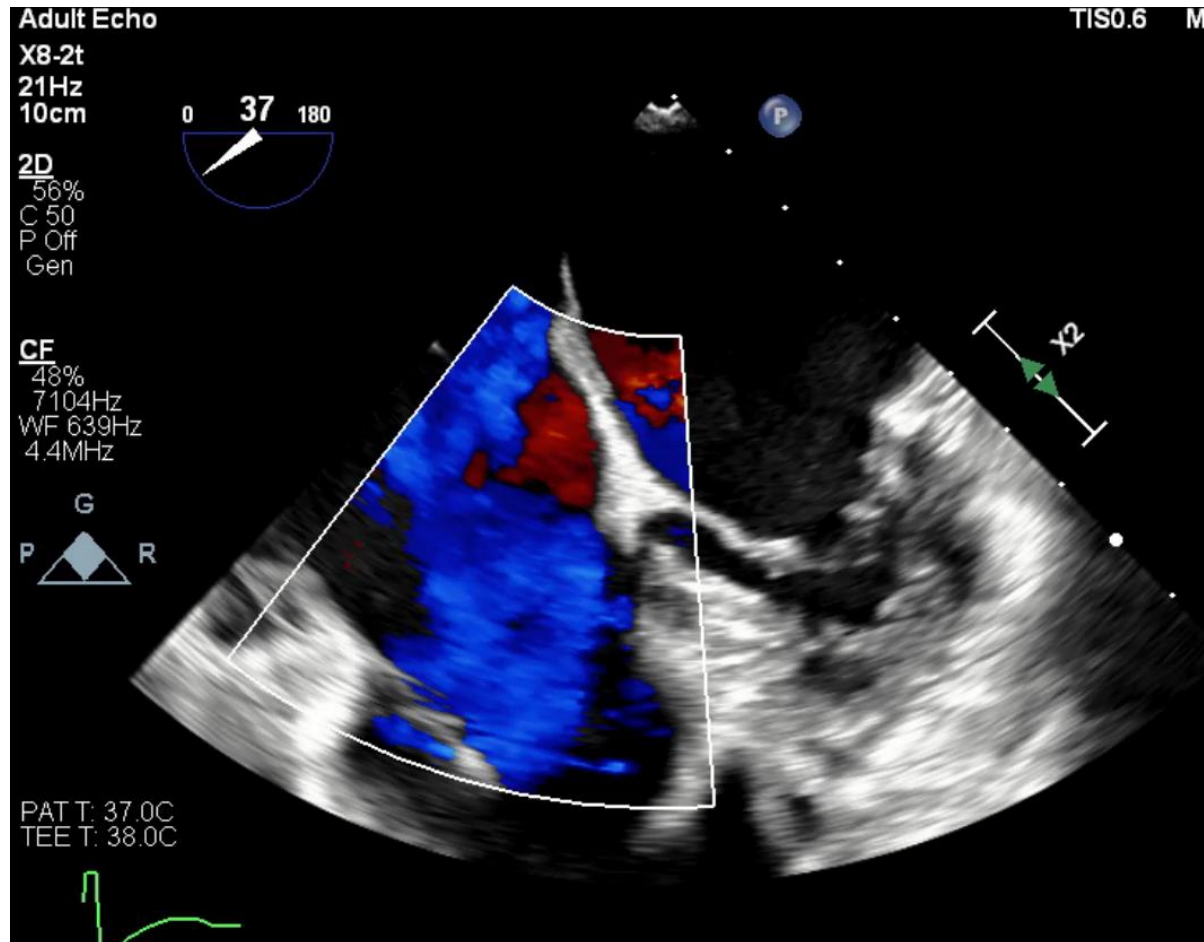


# Decision for clip suitability

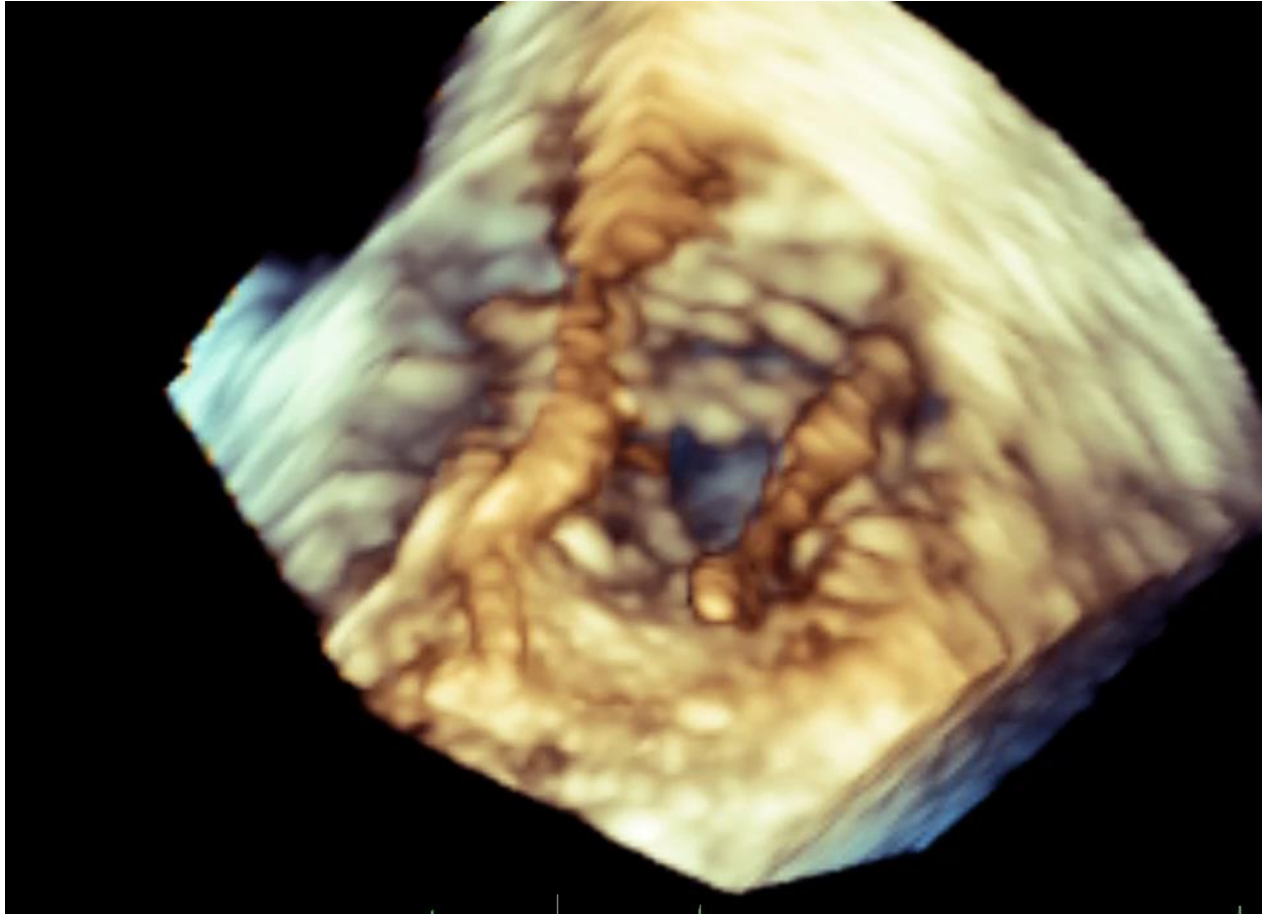


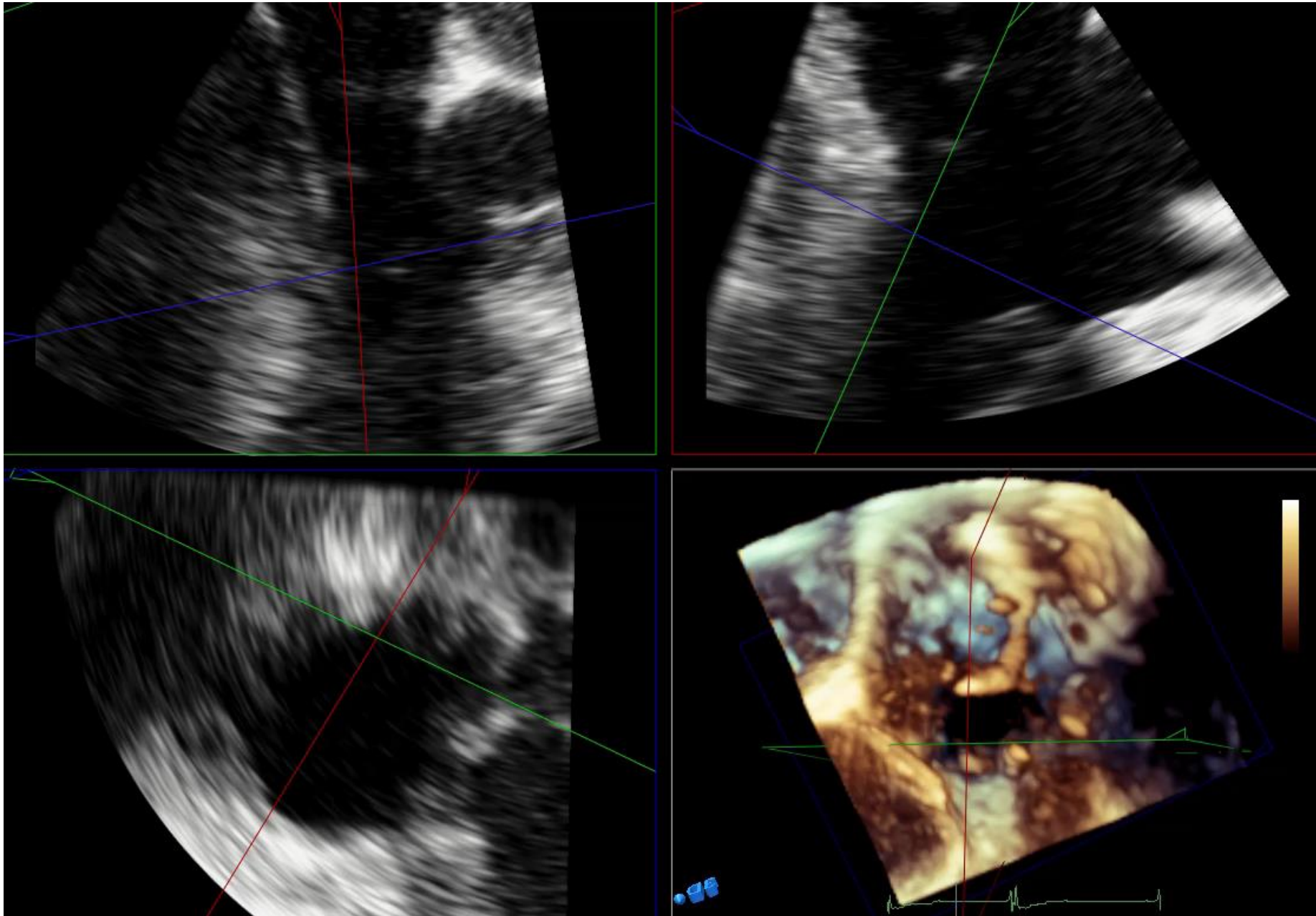


# Decision for clip suitability



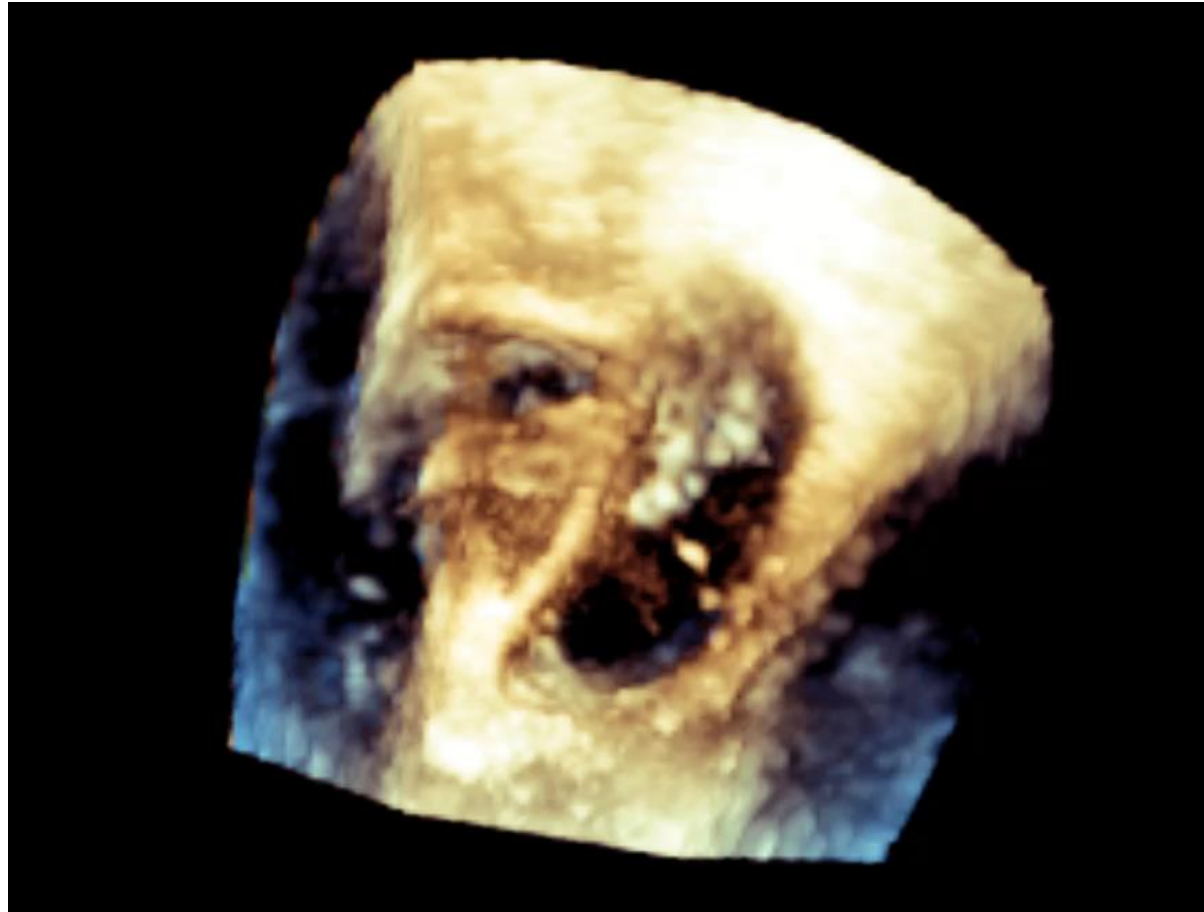
# Decision for clip suitability



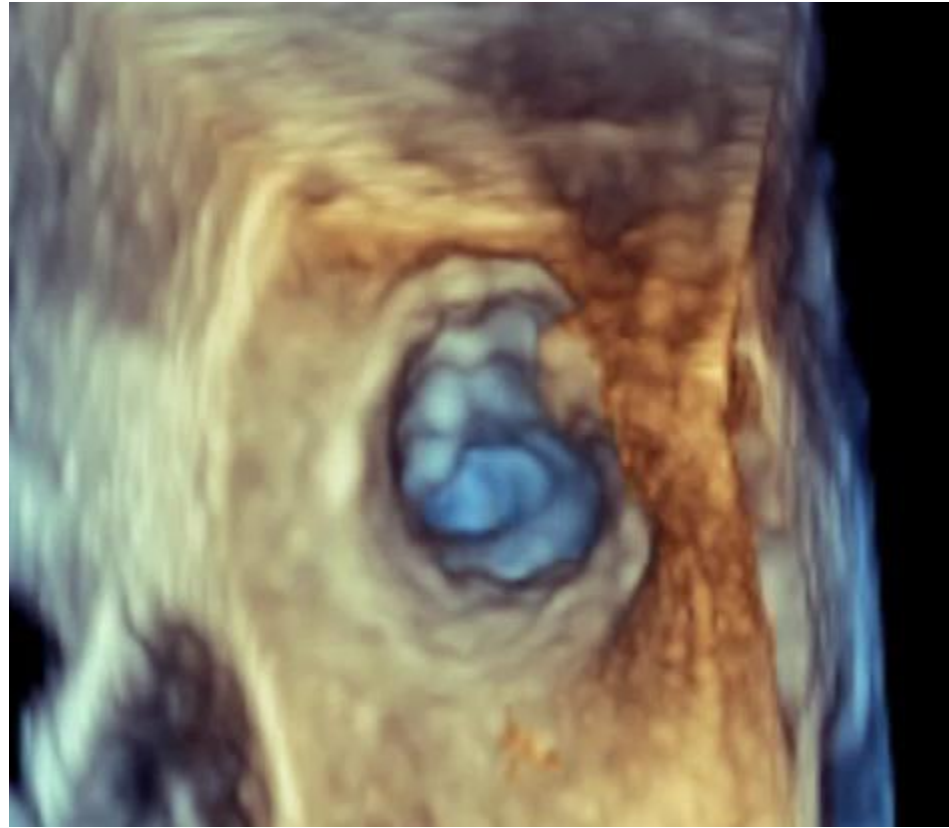




# Atypical TV anatomy



# LAA



# Orientation

- Start from 45 degrees or 135 degrees (useful for deployment)
- Take pictures with high 2D gain to start with



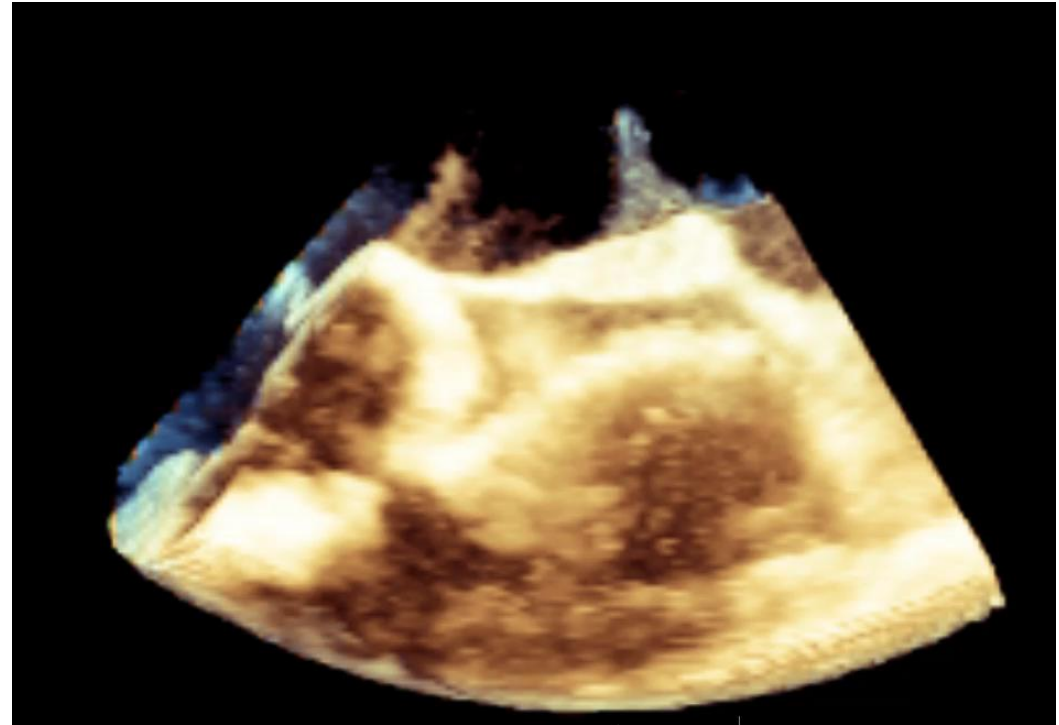
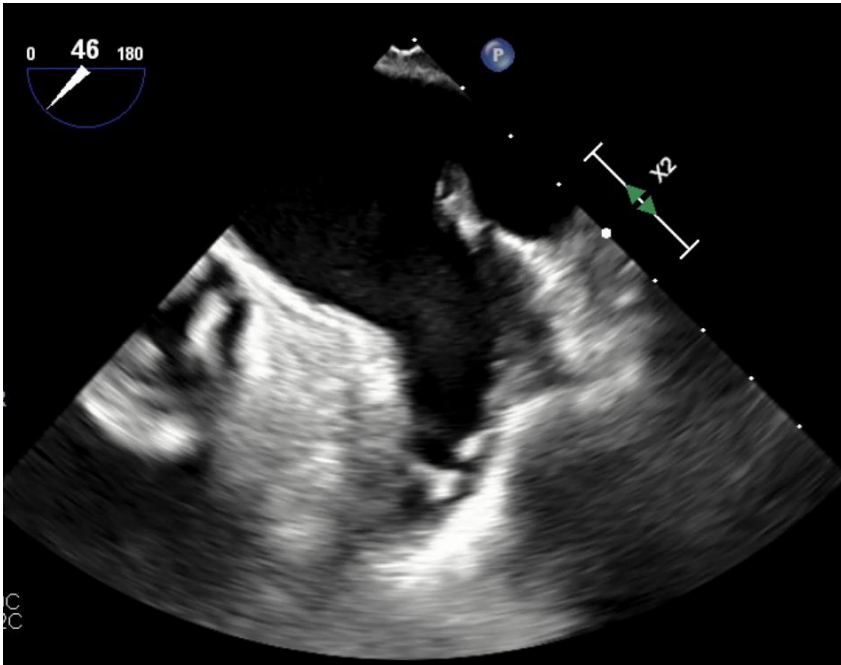
# Orientation

- Gain can be decreased post acquisition but not increased so best to take high gain and lower it.
- Or take a high gain first and then take lower gain pictures so that post processing does not have missing data.



# Orientation

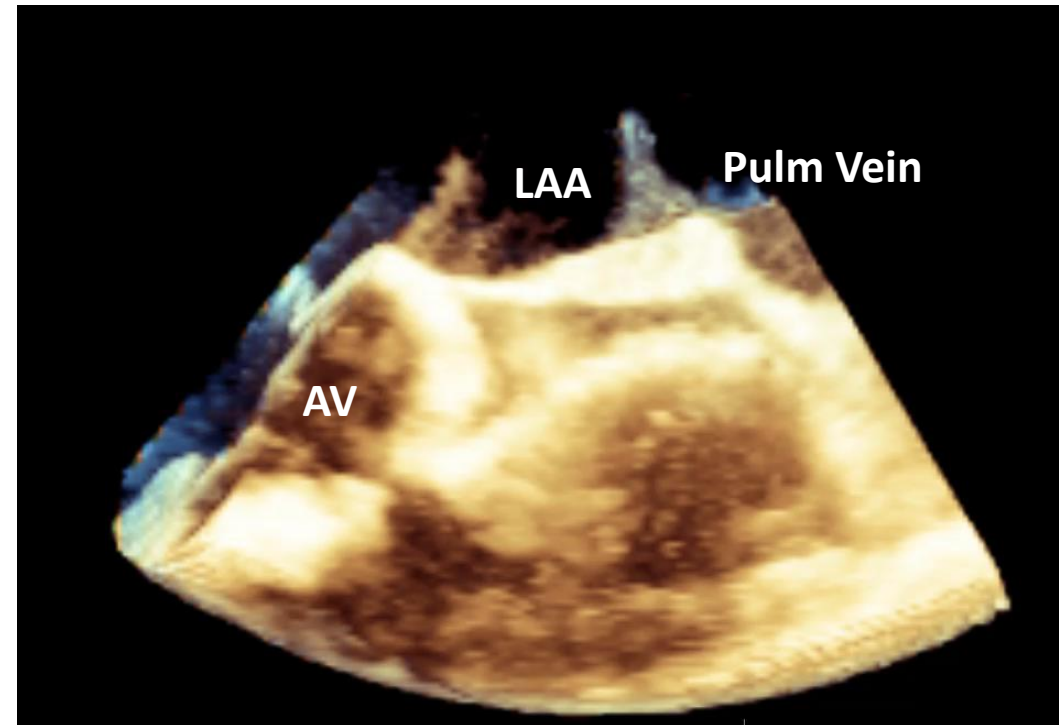
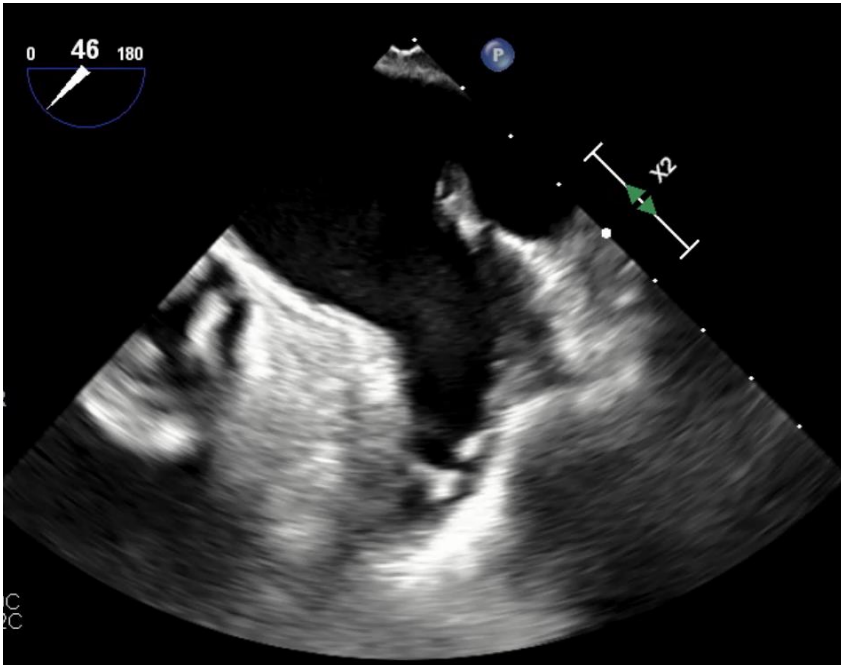
- Starting image is 50 degrees
  - Where is the aortic valve
  - Where is the pulmonary vein





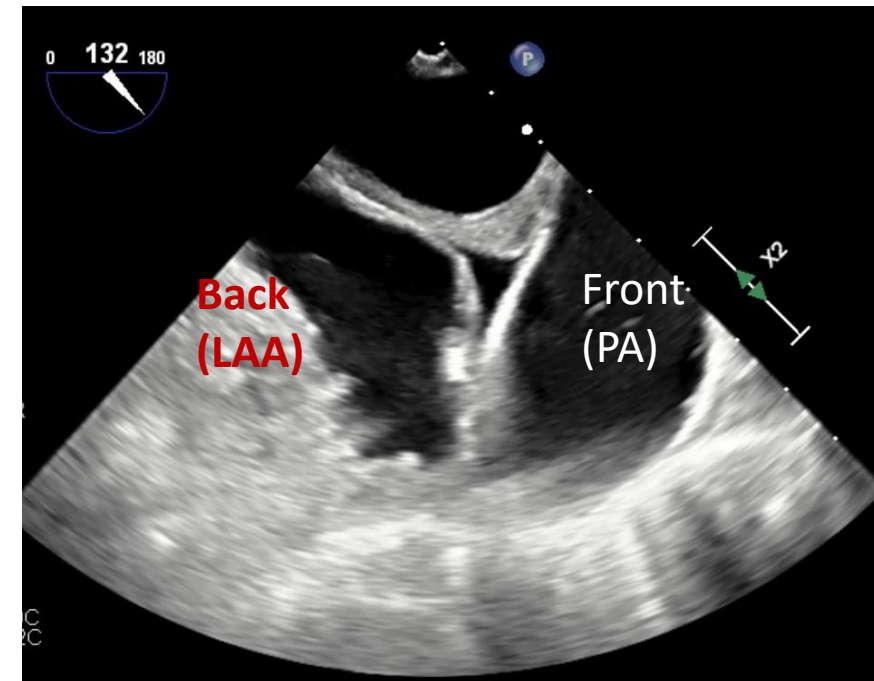
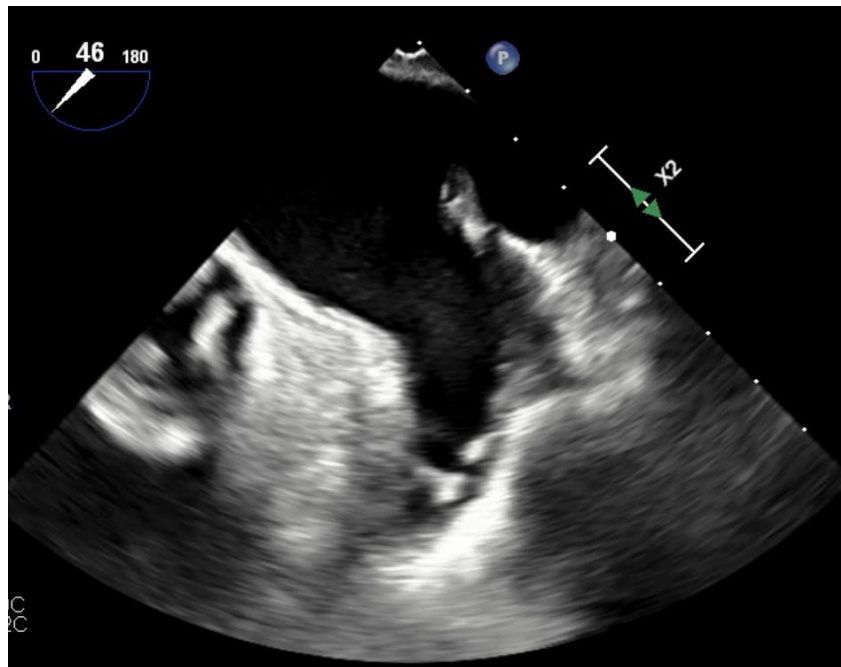
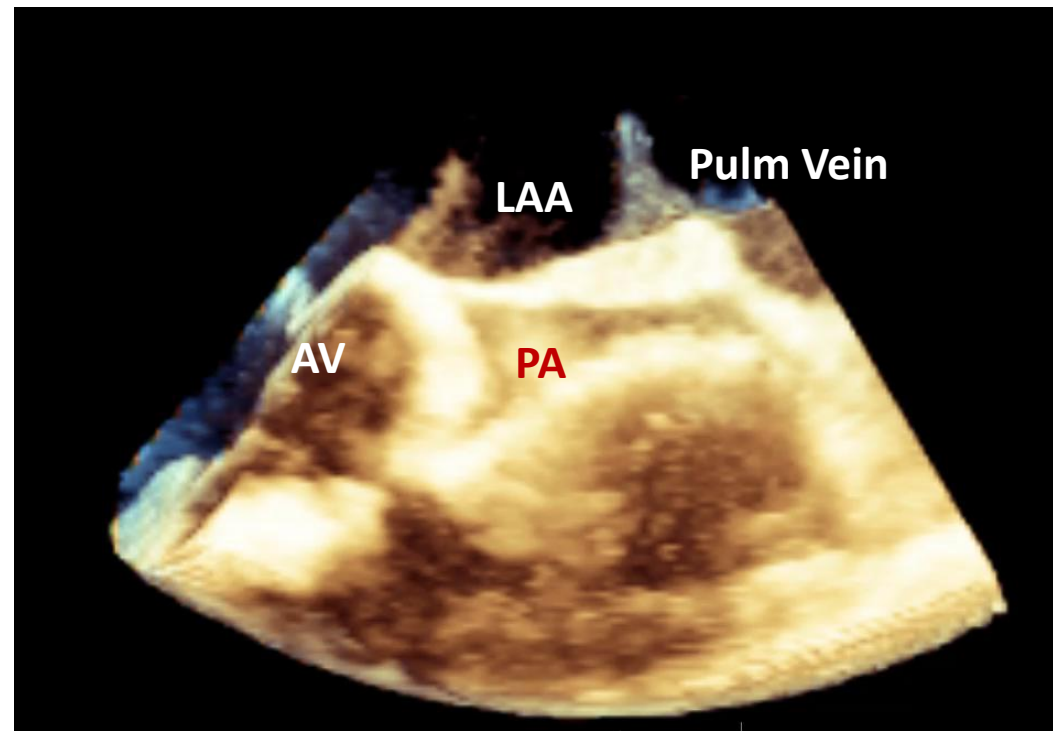
# Orientation

- Starting image is 50 degrees
  - What is on the left
  - What is on the right



# Orientation

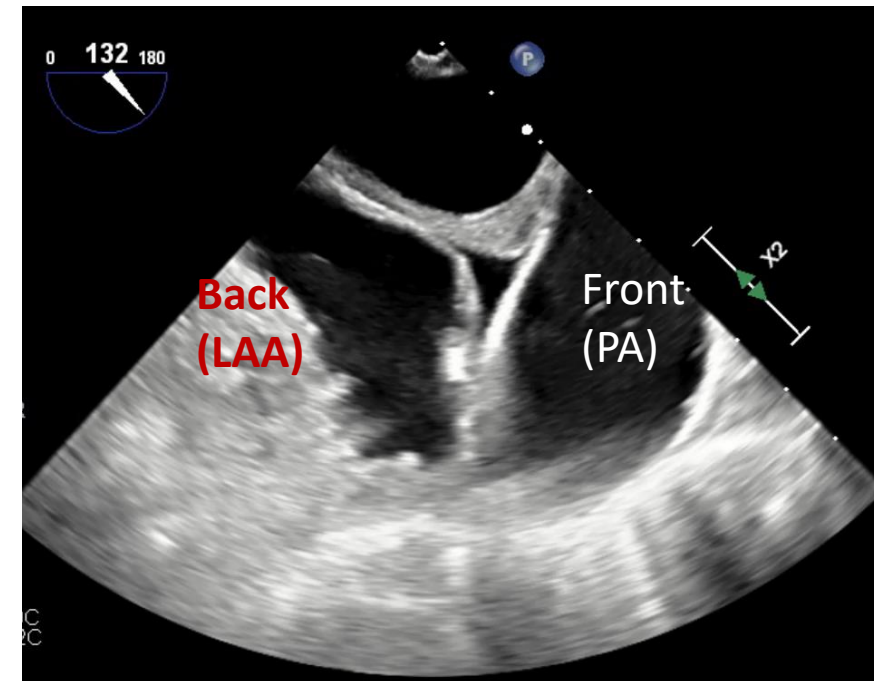
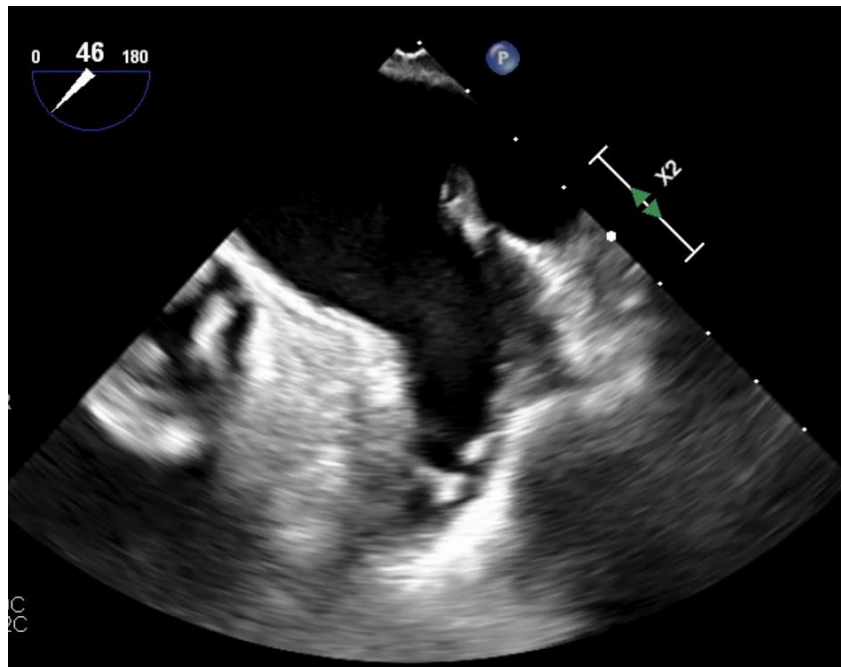
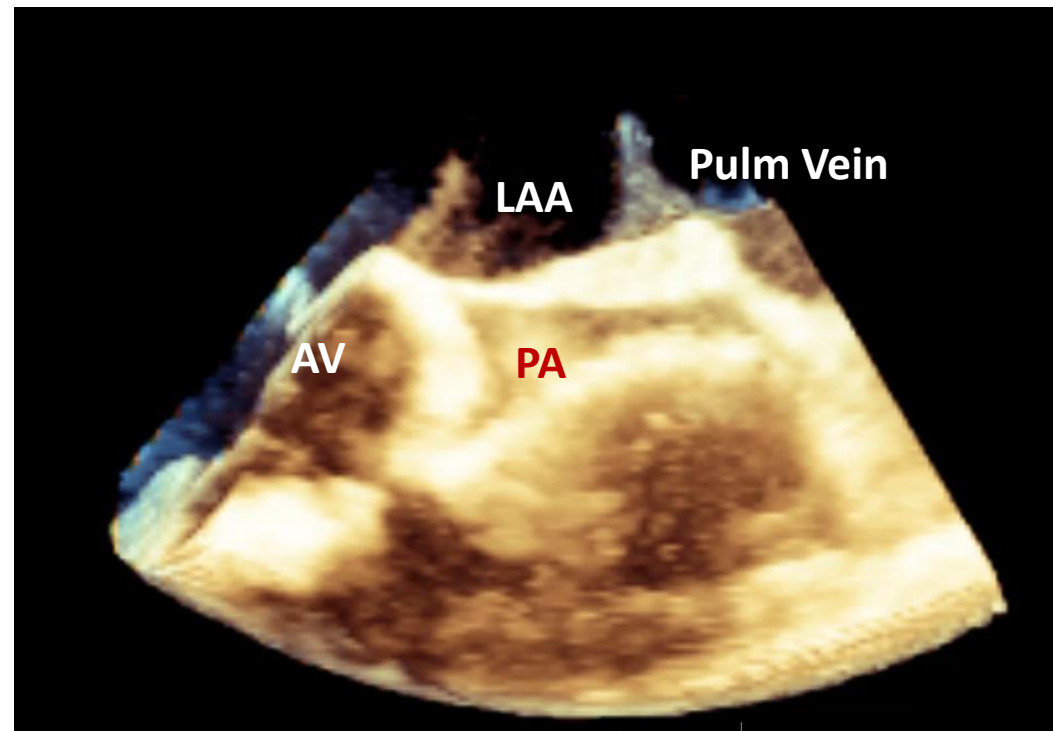
- What is in front
- What is at the back

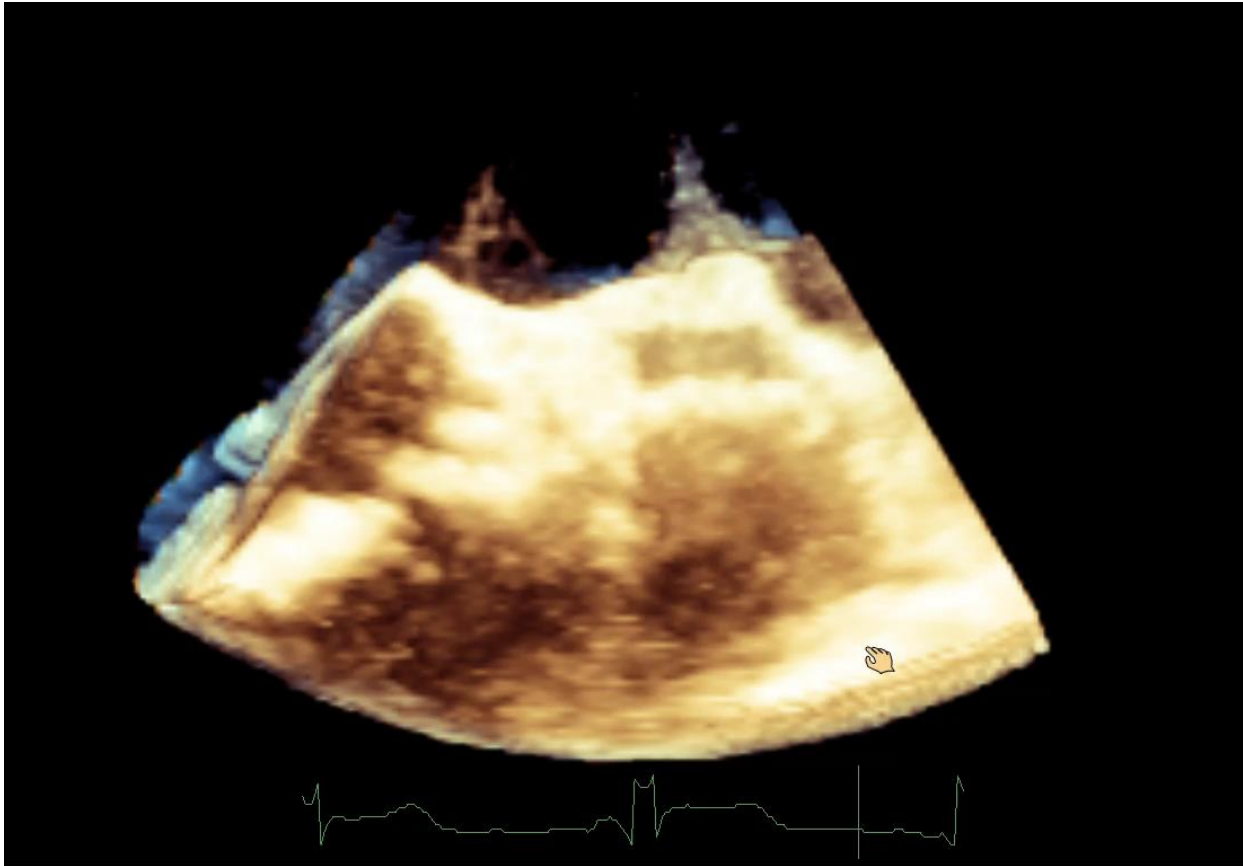




# Orientation

- What is in front
- What is at the back

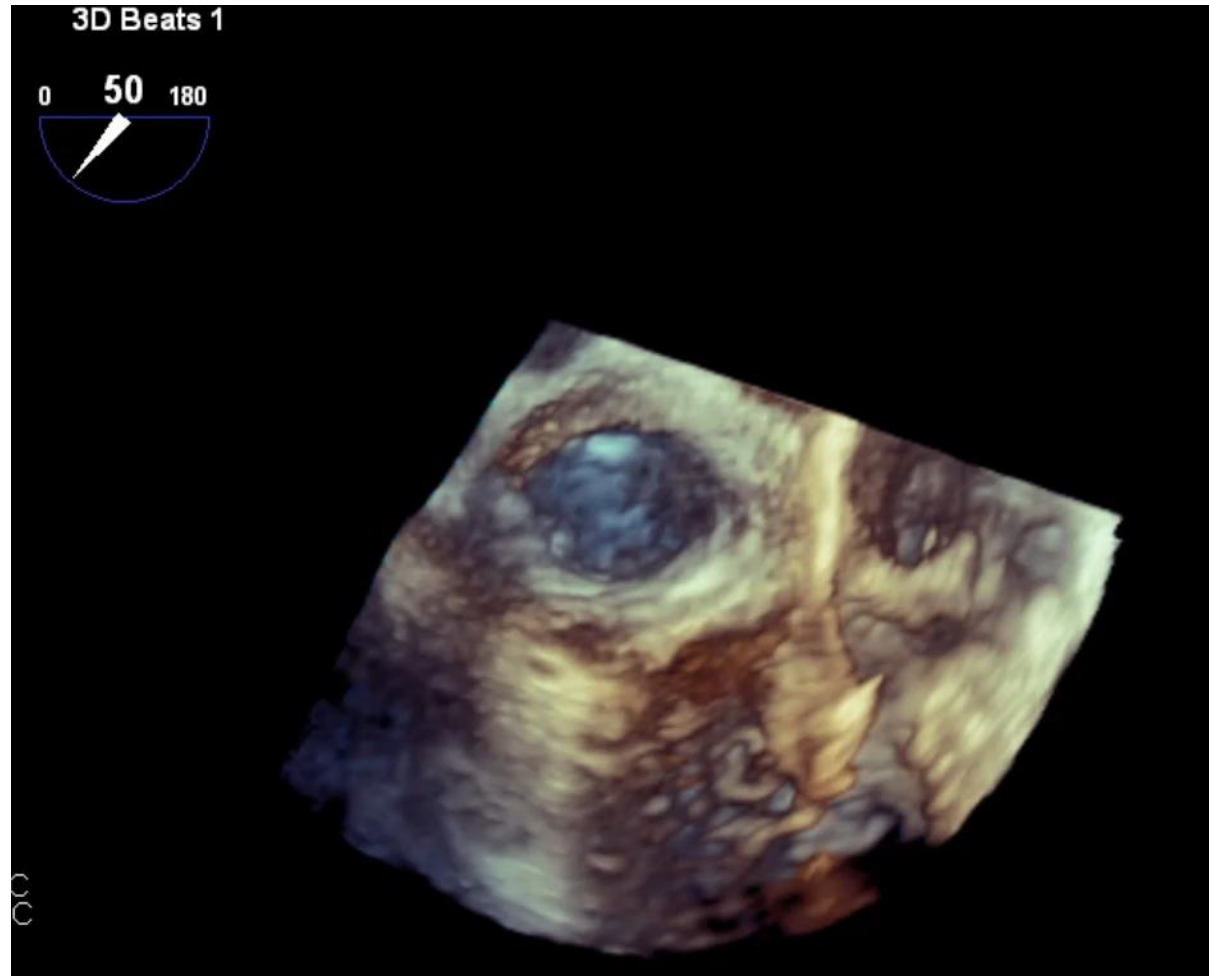




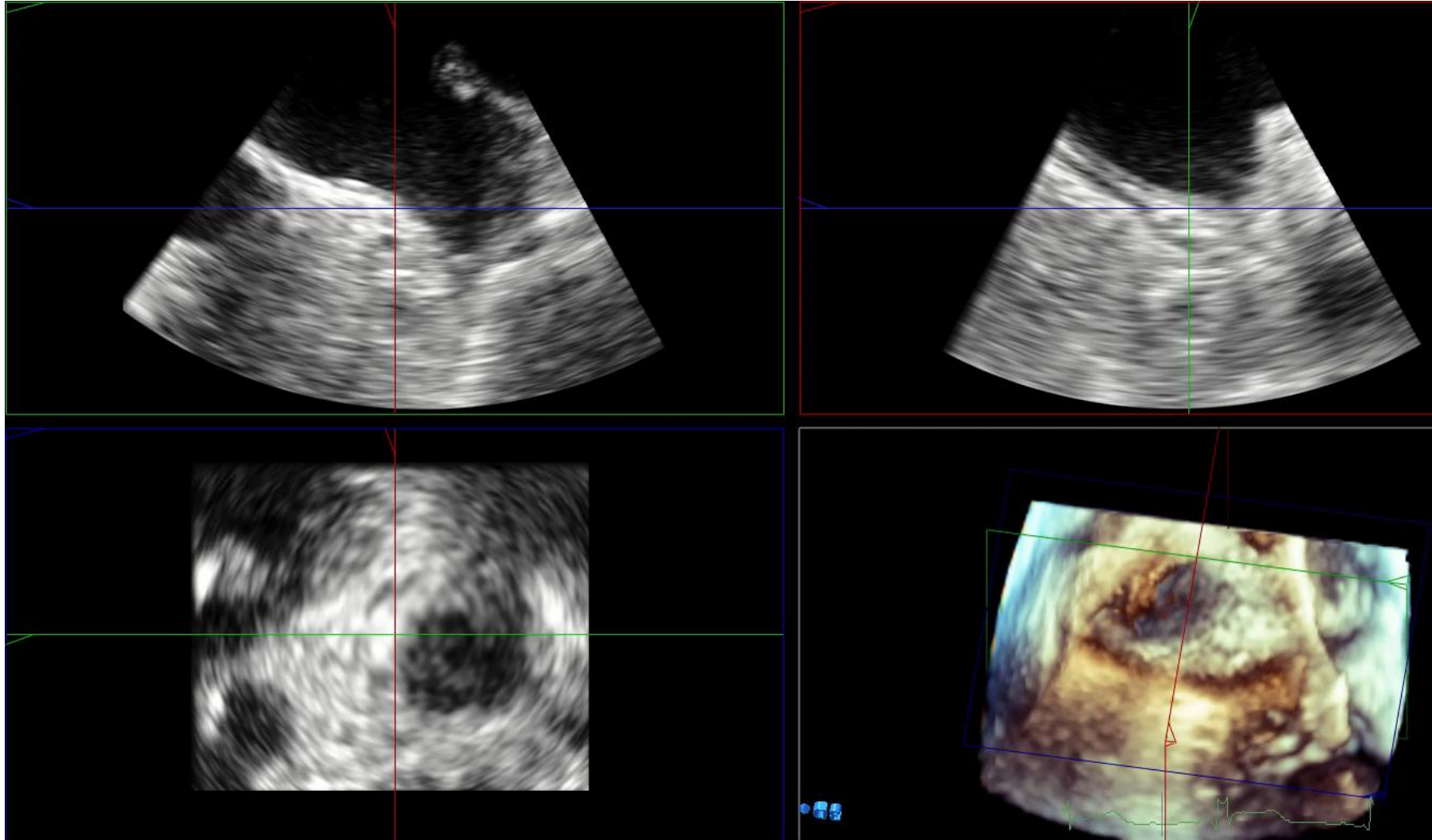
To bring into orientation (like it is seen from the LA, looking down).

Turn down and bring AV to 1'o clock

# High 2D gain on 3D echo acquisition

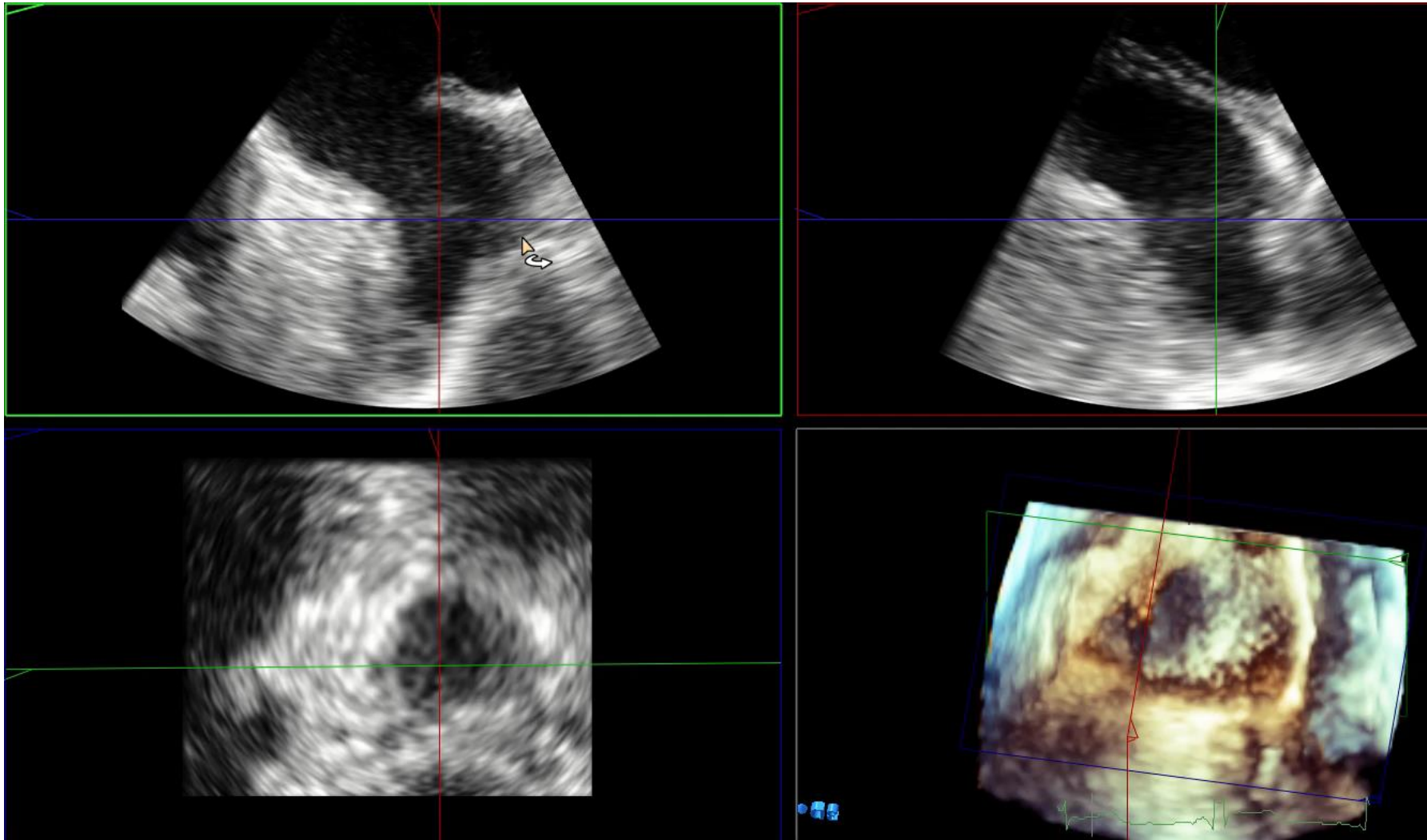


Adjust image including 2D gain to ensure the orifice is well defined before acquiring (“Multiview” button)



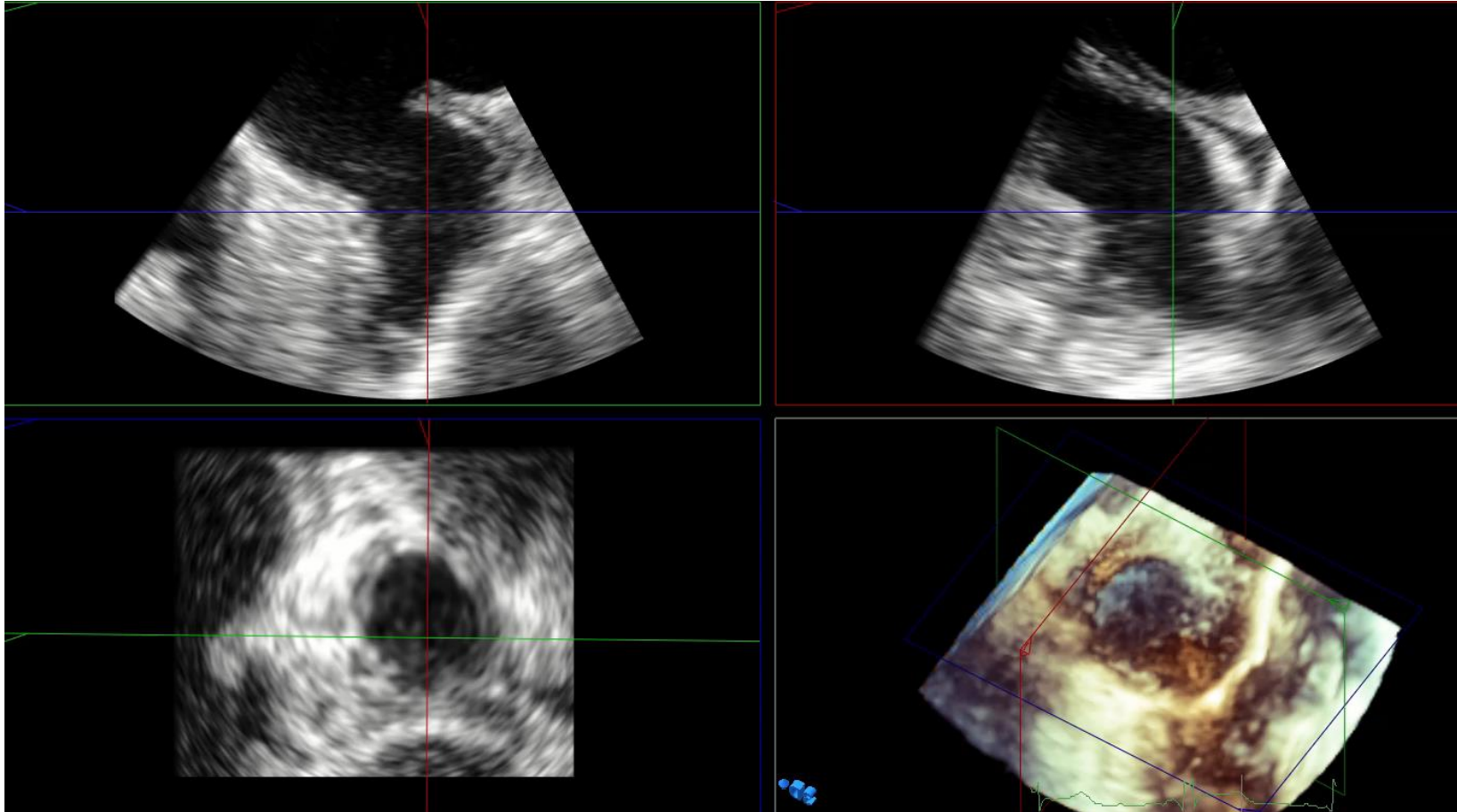


Measure max orifice diameter without coming out of the appendage on any side (particularly the mitral valve side)



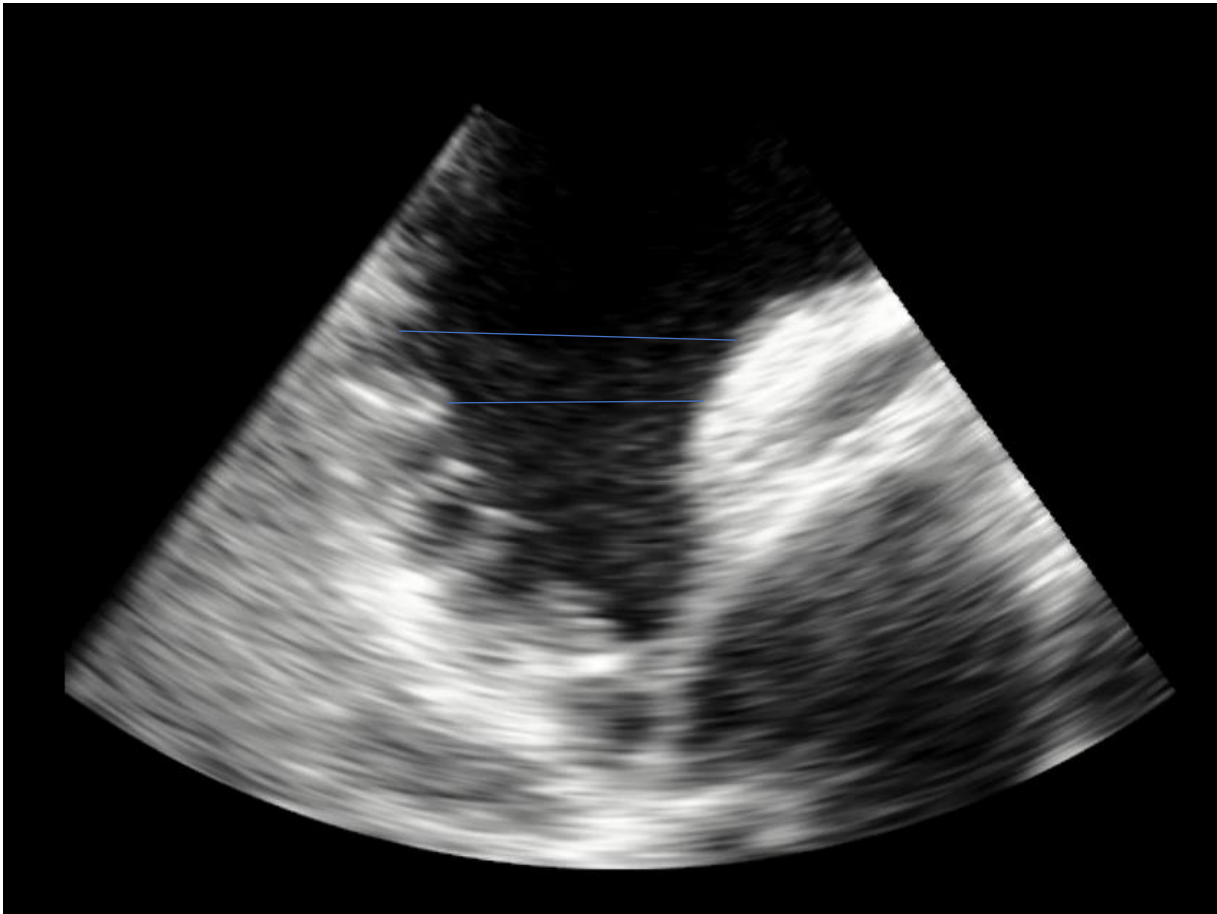
Most of the time the orifice is measured near the LCX

Blue plane can be lowered or brought up to rest at the true orifice



Measure when the orifice is largest (in sinus rhythm this is mostly near the end of T wave)

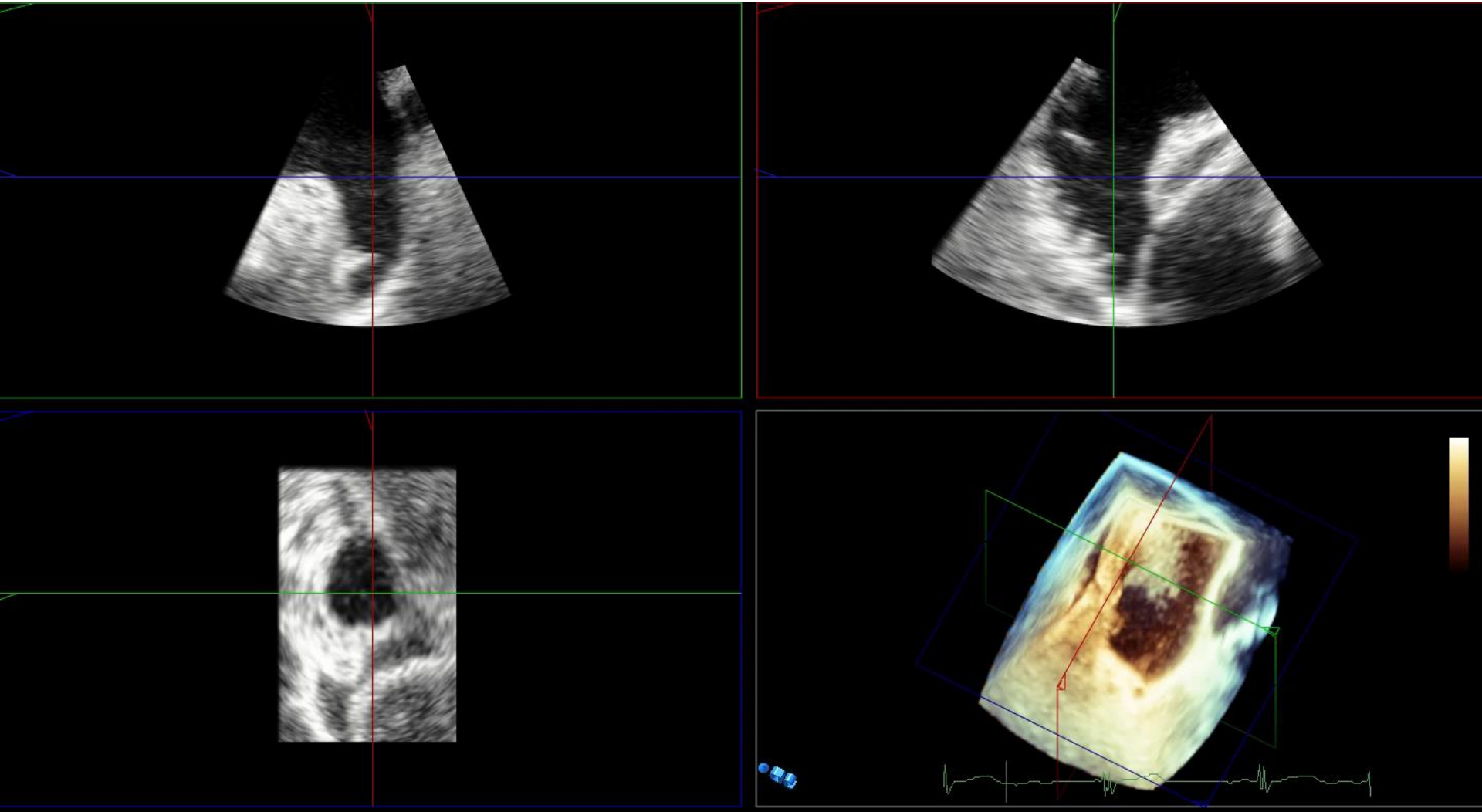
## Example 2



Where is the landing zone

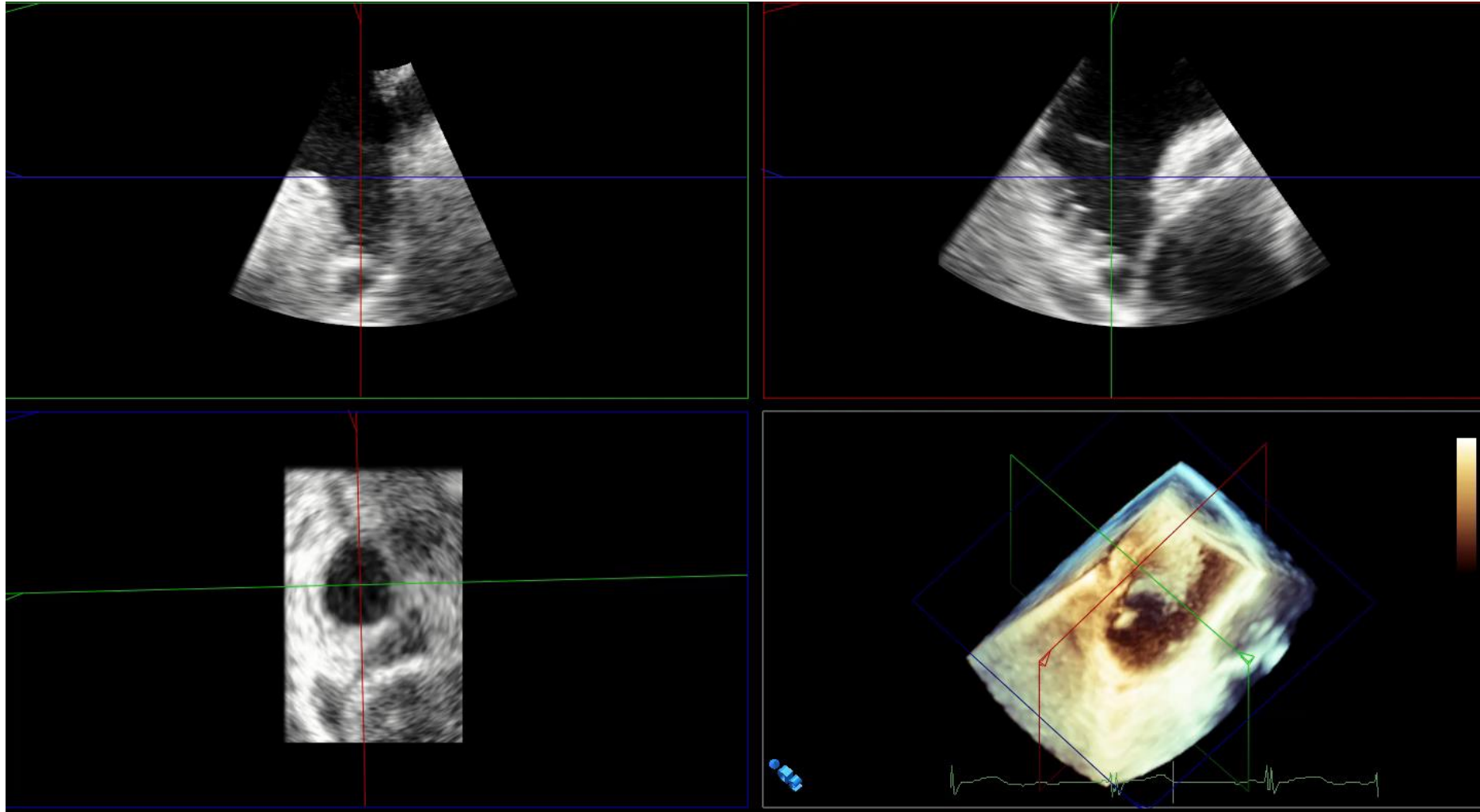


# Example 2



Using 3D aided 2D, easier to know where the orifice is

# Finding 0 and 90 from 3D at 45 degrees



Turn the green plane (or 45° plane anticlockwise by 45° to come to 0

Turn the red plane (or the 135° plane anticlockwise by 45° to come to 90°)

# Conclusion

- 3D echocardiography should be done routinely to increase acquisition as well as post processing skills.
- 3D echocardiography provides accurate assessment of valvular heart disease, anatomy and localization of structures of interest within the heart (eg. PPM leads in relation to the tricuspid valve).
- Image orientation and high frame rate acquisition are key to optimal 3D echocardiography.