

Women's Health & Alcohol



Alcohol affects women in different ways.

Drinking in ways that seem normal or ordinary can lead to negative health effects. You deserve to know the facts about alcohol and women's health.

**WOMEN'S
HEALTH &
ALCOHOL**

**LEARN MORE ABOUT THE
CONNECTION BETWEEN WOMEN'S
HEALTH AND ALCOHOL WITH OUR
INTERACTIVE APP.**

Available in both the
Apple and Android
stores.



PEER ASSISTANCE SERVICES, INC. has developed the Women's Health & Alcohol app to educate women on the impact that alcohol can have on their physical, mental, and social well-being. Users will interact with Maria, a virtual nurse practitioner, to learn about how alcohol can impact their lives.



Visit:
**[http://www.sbirtcolorado.org/
womens-health-alcohol](http://www.sbirtcolorado.org/womens-health-alcohol)**

to access the simulation online

or

Download the *Women's Health & Alcohol* app for free on either your Apple or Android device.

**WOMEN'S
HEALTH &
ALCOHOL**



Offered by
Peer Assistance Services, Inc.