

LGBTQ+ HEALTH

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HOW MANY PEOPLE ARE WE ACTUALLY TALKING ABOUT?

Americans' Self-Identified Sexual Orientation, by Generation

	Bisexual	Gay	Lesbian	Transgender	Other
	%	%	%	%	%
Generation Z (born 1997-2002)	11.5	2.1	1.4	1.8	0.4
Millennials (born 1981-1996)	5.1	2.0	0.8	1.2	0.4
Generation X (born 1965-1980)	1.8	1.2	0.7	0.2	0.1
Baby boomers (born 1946-1964)	0.3	1.2	0.4	0.2	0.0
Traditionalists (born before 1946)	0.3	0.3	0.2	0.3	0.1

Figures represent the percentage of all adult members of each generation who have that sexual orientation

GALLUP, 2020



In 2020, 5.6% of U.S. adults identified as LGBT, this is up from 4.5% in 2017-Gallup



<https://player.quizalize.com/quiz/b88ba112-9e22-4f9b-ae99-253bd804eedc>

http://publichealth.lacounty.gov/dvcouncil/minutes/2019/09/LGBTQ-TermQuiz_Key.pdf

Gender vs sexuality vs sex: what is the difference?

Vocabulary matters.
Assumption or Bias?



LGBTQ HEALTH = HEALTH

HERE ARE SOME AREAS THAT DESERVE SPECIAL ATTENTION

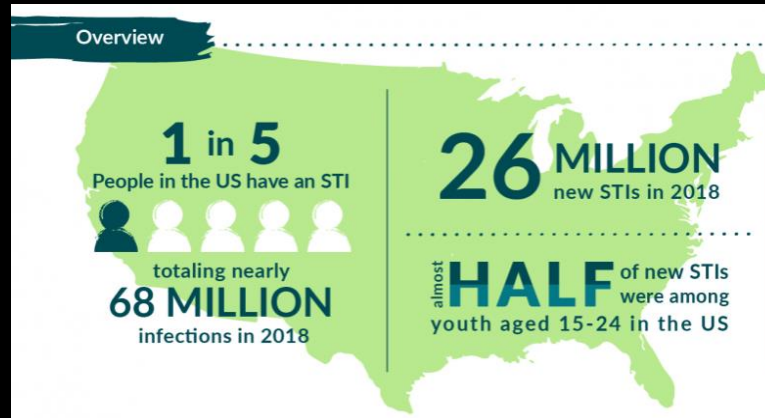


Suicide Risk is higher in the LGBTQ+ population

23.4% of LGBTQ+ identifying high school students reported attempting suicide in prior 12 months. (4x's higher than heterosexual students)

Trans women are at greater risk of IPV and other violence.

Ask! Be explicit. Know the resources.



Sexuality is part of who we are.

Learn how to take a sexual risk assessment. (receptive, insertive, top, bottom, versatile, polyamorous ...)

Normalize testing. What about PrEP?

Don't assume same-sex couples have decided against reproduction.



The LGBTQ+ population is especially burdened by health disparity.

Incidents of discrimination within healthcare are more common for this community.

"Discriminatory experiences include inappropriate care, care refusal, and mistreatment by health providers."- Cicero et al.

CDC.gov, Office of Disease Prevention and Health Promotion, NIH

WHAT DO WE DO?

Social Gender Affirmation Name, pronouns, interpersonal and institutional acknowledgement and recognition	Medical Gender Affirmation Cross-sex hormones, gender-affirming surgeries and body modifications, <i>primary and preventative healthcare</i>
Psychological Gender Affirmation Self-actualization, preventing internalized negative beliefs about one's identity, <i>mental health-</i>	Legal Gender Affirmation Gender marker and legal name changes, <i>health insurance</i>

Note: The core constructs of the gender affirmation framework represented four *a priori* themes used to organize the review findings. Modifications to the framework are shown in italics.

How do I support this population?

What is my role?

How do I ask questions?