

Revised Psychotherapy Service Prior Authorization, issued by the Department of Health Care Policy and Financing on November 7, 2025.

At this time, RMH & NHP **will not be implementing** a prior authorization policy related to the outpatient psychotherapy services listed in the Policy Transmittal 25-26-10 Revised.

If we do implement a policy related to one or any of these services, our provider network will receive at least 90 days' notice and the policy will not include a retroactive ("look-back") review period.

Health First Colorado Behavioral Health Rendering Provider Oversight (RPO) Policy: Final Version Posted

The final version of the RPO Policy is now available on the [Behavioral Health Policies, Standards and Billing References webpage](#). Responses to frequently asked questions (FAQs) regarding the RPO policy will be posted soon. All Medicaid enrolled providers who are subject to this policy must submit this [RPO attestation](#) annually by **January 1st** to any Regional Accountable Entity (RAE) the billing provider is contracted with, confirming adherence to rules and standards outlined in the policy.

Please send your attestations to rmhprae_bh_pr@uhc.com or nhprae_bh_pr@uhc.com.

Behavioral Health Peer Support Policy

Link: <https://hcpf.colorado.gov/bh-policies#UpdatedPeerSupportPolicy>

Effective January 1, 2026, all Behavioral Health Peer Support Professionals must either be certified or be in the process of becoming certified in order for the services they deliver to be reimbursable by a Health First Colorado Regional Accountable Entity (RAE).

In the process of becoming certified is defined as: Peers who have completed all 60 hours of required training and are in the process of completing their hours of experience and working towards certification. Services delivered by Behavioral Health Peer Support Professionals in the process of becoming certified are reimbursable for up to 6 months following the completion of required training.

Agencies must sign and submit [this attestation](#) to their Regional Accountable Entity (RAE) or RAEs by January 1st annually, indicating that all Behavioral Health Peer Support Professionals are either certified or are in the process of becoming certified.

Please send your attestations to rmhprae_bh_pr@uhc.com or nhprae_bh_pr@uhc.com.

Substance Use Disorder Utilization Management

Per the [policy transmittal 25-26-15](#) please note that the minimum lengths of stay for Substance Use Disorder (SUD) treatment will no longer be in effect beginning March 1, 2026.

In addition, starting March 1, 2026, all 3.7WM (Withdrawal Management) requests will [require prior authorization](#) rather than the current notification process. This means that all requests submitted for this level of care will be reviewed for medical necessity.

Make sure to visit the [Prior Authorization and Notification | UnitedHealthcare Community Plan of Colorado | UHCprovider.com](#) (click on the Behavioral Health tab) for RMHP/NHP's current authorization requirements.

If you have any questions, please contact Ashley Murphy at ashley.murphy@uhc.com.

Behavioral Health Quarterly Office Hours and Monthly Drop-In Meetings

RMHP & NHP offers quarterly office hours and monthly drop-in meetings. These meetings are held so that we can share important updates and answer provider questions. Find recordings of past meetings and the link to register for future meetings [Here](#).

Happy Holidays!

If you have any questions, please feel free to email rmhprae_bh_pr@uhc.com or nhprae_bh_pr@uhc.com.

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