



Behavioral Health Skills Training

MAXIMIZING THE USE OF BSW INTERNS IN HEALTHCARE

Dr. Michelle Sunkel

- ▶ Developed the BSW program at CMU in 2013, fully accredited in 2017, reaffirmation 2022
- ▶ Developed the Field Education Program for CMU, BSW program
- ▶ MSW Program Director, CMU
 - ▶ Historical Academic Appointments
 - ▶ Capella University, MSW Field Education Director
 - ▶ Colorado Mesa University, BSW Program Director / Field Education Director
- ▶ Psychiatric Liaison, SCL ED
 - ▶ Historical Clinical Practice
 - ▶ ALLM, Forensic Social Work – Fort Collins
 - ▶ Poudre Valley Psychiatric Hospital – Fort Collins
 - ▶ Children's Hospital – San Diego
 - ▶ Las Colinas County Jail – San Diego County Jail
- ▶ Licensures:
 - ▶ LICSW (MN)
 - ▶ LCSW (CO)
 - ▶ LAC (CO)
- ▶ Degrees / Areas of Speciality:
 - ▶ Doctor in Social Work
 - ▶ Masters in Social Work
 - ▶ Master in Bioethics
 - ▶ Bachelor Psychology
 - ▶ Specialization: Mental Health, Diversity, Ethics, Clinical Practice



Field Practicum: Signature Pedagogy

- ▶ The 2015 Educational Policy 2.2 States:
- ▶ Signature pedagogies are elements of instruction and of socialization that teach future practitioners the fundamental dimensions of professional work in their discipline—**to think, to perform, and to act ethically and with integrity.**
- ▶ Field education is the signature pedagogy for social work.
- ▶ The **intent of field education is to integrate the theoretical and conceptual contribution of the classroom with the practical world of the practice setting.** It is a basic precept of social work education that the two interrelated components of curriculum—classroom and field—are of equal importance within the curriculum, and each contributes to the development of the requisite competencies of professional practice.
- ▶ Field education is systematically designed, supervised, coordinated, and evaluated based on criteria by which students demonstrate the Social Work Competencies. Field education may integrate forms of technology as a component of the program.



Social Workers

**FEED THE HUNGRY
SHELTER THE HOMELESS
PROTECT THE CHILDREN
ADVOCATE FOR THE INFIRM
COUNSEL THE DISTRESSED
EMPOWER THE VICTIMS
RESEARCH BEST PRACTICES
INFORM GOVERNMENT
PROTECT THE VULNERABLE
CHALLENGE DISCRIMINATION**

NASW Code of Ethics

- ▶ Professional ethics are at the **core of social work**. The profession has an **obligation** to articulate its basic values, ethical principles, and ethical standards.
- ▶ The NASW Code of Ethics sets forth these values, principles, and standards to **guide social workers' conduct**.
- ▶ The mission of the social work profession is rooted in a set of core values. These **core values**, are the foundation of social work's unique purpose and perspective:
 - service
 - social justice
 - dignity and worth of the person
 - importance of human relationships
 - integrity
 - competence



► Field Practicum **Roles and Responsibilities –**

► **CMU / Director** - Michelle Sunkel

- Interviewed all student – assisted with choices – send prepared students to interview in field
- Oversee practicum structure – CSWE Requirements and Placement Needs
- Advisor / Mentor –Students, Agency Supervisors / Teach Practicum Seminar
- Small Group Supervision – Professor King – support non-Social Work Supervisors (required by CSWE)
- Site Visits –
- Mediator – assist in resolution of problems

► **Agency Supervisor** - You

- Conducive learning environment
- Provide suitable space all students
- Provide orientation to your agency
- Involve Student - ENCOURAGE, assist with thinking, Model, Support, Engage
- Approve and Monitor Students Time – Student turn in signed Monthly Time Sheet
- **Weekly Supervision: 1 hour of supervision REQUIRED (for all site supervisors/task supervisors)**
- Evaluate Student – On site visits / Field Agency Supervisor Assessment
- Contact with any question, concerns, needs!

► **Student**

- Be ethical, responsible, and professional
- Follow all NASW Code Ethics, CMU Policies, and Agency Policies
- Complete work on TIME
- Maintain Confidentiality
- Seek Supervision – Agency Supervisor, BSW Faculty, or me
- SHOW UP AND LEARN, BE ENGAGED



What do BSW know?

- ▶ Accredited programs through CSWE 2017; Reaffirmation 2022
- ▶ Courses (Academic Knowledge)
 - ▶ Diverse Populations
 - ▶ Human Behavior Social Environment (HBSE) / Human Growth Development
 - ▶ Ethical Issues in Social Work
 - ▶ Mental Health (DSM-5)
 - ▶ Interventions Methods: Micro (individuals), Mezzo (groups), and Macro (community)
 - ▶ Research Methods
 - ▶ Policy
 - ▶ Seminar (Core Competency and Theories Class)
 - ▶ Understanding of theory and practice to ensure best practices
 - ▶ Specialized Electives x3:
 - ▶ Child Welfare;
 - ▶ Medical Social Work;
 - ▶ School Social Work;
 - ▶ Forensic Social Work;
 - ▶ Spirituality and Social Work; and
 - ▶ Gerontology
 - ▶ Special Topics: Rural Social Work / International Social Work



Social Work Education Policy Accreditation Standards 2015

- ▶ CSWE Educational Policy and Accreditation Standards
- ▶ SOCIAL WORK CORE COMPETENCIES: ATTACHED TO 3 GOALS
 - ▶ 1. Demonstrate **Ethical and Professional Behavior**
 - ▶ 2. Engage **Diversity** and Difference in Practice
 - ▶ 3. **Advance Human Rights and Social, Economic, and Environmental Justice**
 - ▶ 4. Engage in **Practice Informed Research and Research Informed Practice**
 - ▶ 5. Engage in **Policy** Practice
 - ▶ 6. **Engage** with Individuals, Families, Groups, Organizations, and Communities
 - ▶ 7. **Assess** Individuals, Families, Groups, Organizations, and Communities
 - ▶ 8. **Intervene** with Individuals, Families, Groups, Organizations, and Communities
 - ▶ 9. **Evaluate practice with Individuals, Families, Groups, Organizations, and Communities**



Internship Requirements

- ▶ Social Work Requires 450 hours of training across 2 semesters (225 fall and 225 spring)
- ▶ 15 hours a week for 30 weeks – August through May
- ▶ Social Work Requires 3 onsite visits per year
- ▶ Social Work Requires weekly supervision and support
- ▶ Field Education – Signature Pedagogy



Types of Placements

▶ **Ariel Clinical Services**

- ▶ Court Appointed Special Advocates
- ▶ Center for Independence
- ▶ **Forensic Social Work – Law Office**
- ▶ **HopeWest**
- ▶ Marillac Clinic
- ▶ Mantey Heights Rehabilitation Center
- ▶ Riverside Education Center
- ▶ **St. Mary's Family Medicine**
- ▶ Veteran's Administration
- ▶ Latimer House
- ▶ Partners

Child Protective Services

District 51 – DIA, **Chatfield** and **Book cliff**
St. Mary's Hospital – Emergency/Oncology
Identity Insight Counseling LGBTQIA++ Services
Grand Mesa Division Youth Corrections
Grand River Care Center
Mesa County Detention Facility – Sheriff Office
West Springs/Mind Springs
Adult Protective Services
Suicide Prevention Foundation
West CO Aids Project
Health Department

Practicum – What can they do

Skills/Attributes Examples:

- ▶ Micro: Working with Individuals –
 - ▶ Screening assessments, behavioral assessments, questionnaires, screenings, interventions, de-escalation, validating, normalizing, intakes, self esteem development, mentorship/support, problem solve, interviewing, provide information/resources, referrals, empower,
 - ▶ Applications for Medicaid, Medicare, Funding, SSI, Food, Housing, etc., Case Management
- ▶ Mezzo: Working with Groups -
 - ▶ Develop and run groups (psychoeducation, coping, prosocial, etc.), engage in multidisciplinary treatment teams, parent/child, spousal, and Family meetings; intergenerational meetings; trainings;
- ▶ Macro: Working with Organizations and the Community -
 - ▶ Working on policy development, board meetings, community gatherings, grants, program development/support, fundraisers, legal issues; administration support; research; community organizing and planning

What can't BSW students do

- ▶ Clinical Work
- ▶ Diagnose
- ▶ Therapy



- ▶ Can they engage, watch, learn and be exposed? YES!

How to maximize BSW interns?

- ▶ What questions do you have?

