



Dear RAE 1 (Rocky Mountain Health Plans) and RAE 2 (Northeast Health Partners) Behavioral Health Providers,

We are sending this communication in response to Policy Transmittal 25-26-10 Revised, issued by the Department of Health Care Policy and Financing on November 7, 2025.

At this time, RAE 1 and RAE 2 **will not be implementing** a prior authorization policy related to the outpatient psychotherapy services listed in the Policy Transmittal 25-26-10 Revised.

If we do implement a policy related to one or any of these services, our provider network will receive at least 90 days' notice and the policy will not include a retroactive ("look-back") review period.

If you have any questions, please feel free to email rmhprae_bh_pr@uhc.com or nhprae_bh_pr@uhc.com.

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