



2025 Webinars & Events Catalog



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Contents

Attribution Report and Impact Pro Webinar..... 3

Chameleon Courses (Colorado) 3

Clinical Quality Improvement Newsroom..... 3

Behavioral Health 4

 Behavioral Health Skills Training Webinars 4

 Psychologically Informed Pain Management – Dr. Amy Wachholtz..... 4

 Trauma-Informed Care and Why Is It Critical In Health Care Today? 4

Care Management 4

 2025 Care Management Training..... 4

 Case Management..... 4

Colorado Specialty CareConnect 5

Chronic Conditions..... 5

 Blood Pressure Accuracy: Implementing a Competency Program in Your Practice..... 5

 Beyond Diagnosis, Labs & Meds: A Whole-Person Approach to Diabetes Management..... 5

 Diabetic Education Series 5

Cultural Competency: Effective Strategies for Primary Care Practices working with People with Disabilities 6

ECHO Colorado 6

Health Equity..... 7

 Health Equity Foundations..... 7

 Across the Sexual Orientation and Gender Identity Spectrum: A Call to Action 7

 Caring for LGBTQ+ Community: An Introduction..... 7

 Caring for Patients with Brain Injury..... 7

 Gender Diversity in Mental Health and Substance Abuse..... 7

 Accessible and Appropriate Communication with People who are Deaf 7

 Culturally and Linguistically Appropriate Services (CLAS) e-Learning..... 7

Network News 7

Patient Experience..... 7

 CAHPS Mini-Video Series..... 7

Pediatrics..... 7

2023 Pediatric Psychiatry Trainings..... 7

EPSDT Supporting Medicaid Members with Accessing Early and Periodic Screening, Diagnostic, and Treatment: 8

Preventative Pediatric Care: Optimizing Well Child Visits in Family Practice – February 1, 2022 8

Provider Portal Training 8

Quality Measures (HCPF)..... 8

Rookie Roadmap: A Simple Guide to RMHPs Value Based Programs..... 9

Value Based Payment eLearning through University of Colorado 9

Questions? 9

Engagement in RMHP educational events and webinars is a great way for your practice to stay informed on clinical topics, obtain training and information on health equity, enhance skills for your care managers, behavioral health providers and other members of the care team, as well as gain information on value-based contracts, codes, and billing.

For the most up-to-date information about RMHP Trainings, Communications and Events please visit our landing page [RMHP Trainings, Communications and Events](#).

Attribution Report and Impact Pro Webinar

We invite you to join our webinar on [Attribution Reports and Risk Coding for Impact Pro](#). In this 60-minute session, we'll cover attribution and assignment, base payment methodology, provider and member tiering, member risk scoring using IPRO risk scores, add-on payments, how to access your reports, ACH payment setup, timing of payments, expected notifications, and primary contacts.

Chameleon Courses (Colorado)

- ✓ [EPSDT Course](#)
- ✓ [Colorado Doctors Plan- Overview for Health Care Professionals](#)
- ✓ [Telehealth Best Practices Interactive Guide](#)
- ✓ [Cultural Competency and Americans with Disabilities Act](#)

Clinical Quality Improvement Newsroom

RMHP Clinical Quality Improvement Department hosts monthly webinars to keep primary care practices informed on value based contracting updates, clinical topics, educational events, and other important topics. Webinars occur monthly on the fourth Thursday from 12:00-1:00PM. All CQI Newsroom information, slides, recordings, shared resources and registration can be found on the landing pages:

- [2025 RMHP Clinical Quality Improvement Newsroom](#)
- [2026 RMHP Clinical Quality Improvement Newsroom](#)

Behavioral Health

Behavioral Health Skills Training Webinars

Rocky Mountain Health Plans invites you to join us for our [Behavioral Health Skills Webinar](#) series. These virtual events are free of cost to attendees and features Colorado-based and national experts. These events are designed for primary and specialty care teams, community mental health and independent behavioral health providers, and community organizations who assist with access to behavioral healthcare.

Rocky Mountain Health Plans invites you to join our [Pediatric-Focused Behavioral Health Skills Webinar Series](#)—a free, virtual training opportunity designed specifically for behavioral health professionals looking to deepen their expertise in pediatric care.

2025 RMHP Behavioral Health Skills Trainings: Pediatric Focused [landing page](#) which contains all material and resources.

Psychologically Informed Pain Management – Dr. Amy Wachholtz

Despite recent efforts, pain management continues to be a serious challenge to health providers in the US. Although challenges exist, there have also been some exciting recent developments in pain psychology to help patients struggling with chronic pain. This webinar addressed five major pain management areas:

- 1) Research on the critical role of psychological factors on the patient pain experience
- 2) Interventions that a behavioral health provider may use in a pain psychology appointment
- 3) Language around the behavioral health referral that can increase patient follow-through
- 4) Home-based strategies patients can use to reduce their pain experience
- 5) Ways for medical providers to integrate this information into a 15-minute appointment.

Click [here](#) to access to the recording.

Trauma-Informed Care and Why Is It Critical In Health Care Today?

This panel discussion will identify ways in which HCPs can incorporate the principles of trauma-informed care into their practice. The ACE study and the connection between adverse childhood experiences and trauma will be reviewed. Methods in which health care professionals (HCPs) can interact with individuals while expressing understanding and empathy in trauma-informed ways to promote healing and reduce the risk of retraumatization will also be discussed.

Care Management

2025 Care Management Training

More information can be found on the landing page [2025 RMHP Care Management Training Webinars](#).

Case Management

Optum Health has a [Case Management On-Demand Series](#) that you can access for free.

This comprehensive series is specifically tailored for health care professionals seeking to enhance their expertise and effectiveness in fundamental aspects of case management. Designed to empower participants with practical skills and up-to-date knowledge, it aims to provide case managers with improved competency in the following areas:

[Assertiveness and Conflict Resolution](#) - Develop assertive communication skills and strategies for effective conflict resolution to navigate challenging situations more effectively.



[Building Resilience](#) - Review burnout-related symptoms and develop strategies to develop resilience, respond to challenging situations and prevent burnout.

[The Business of Healthcare](#) - Review evidence-based strategies for reimbursement and discuss the relationships between coding, documentation, patient access, care delivery and quality of care.

[Guardianship](#) - Become familiar with legal guardianship requirements and discuss the common issues and challenges that case managers may face during guardianship determinations.

[Legal Issues and Risk in Case Management](#) - Gain insight into the legal and ethical aspects of health care coordination and review care coordinators' ethical responsibilities as they relate to the standards of practice and code of conduct.

[Motivational Interviews with Patients](#) - Discuss motivational interviewing techniques and delve into strategies to develop and enhance interview techniques.

[Post-Acute Discharge Planning](#) - Increase competency surrounding the post-acute discharge planning process and examine the criteria and eligibility requirements for post-discharge care services.

Colorado Specialty CareConnect

Colorado Specialty CareConnect (CSCC), RMHP's eConsult Platform

Why Use eConsults?

- Receive expert consultation in hours—not weeks
- Reduce unnecessary referrals and in-person visits
- Enhance patient satisfaction and clinical decision-making
- Need Help?

- Nacole Johnson

eConsult Project Manager

✉ Nacole.Johnson@uhc.com

Chronic Conditions

[Blood Pressure Accuracy: Implementing a Competency Program in Your Practice](#)

RMHP and Dr. Carol Greenlee, MACP collaborated to deliver an interactive competency program that supports the accuracy of blood pressure results for your patients when being taken by your care team members. Use the following resources and video to help focus on opportunities within your practice by following the instructions in [this document](#).

[Beyond Diagnosis, Labs & Meds: A Whole-Person Approach to Diabetes Management](#)

This session highlighted diabetes management as being more than about delivering a diagnosis, closely monitoring lab values, and managing medications. Like many chronic health conditions, diabetes necessitates incorporating this diagnosis into one's identity, family life, finances, and daily routines. Successful management of diabetes requires a whole person lens that assembles a care team of creative professionals with medical, behavior change, and nutrition expertise. The speakers described the complex interplay between physical and behavioral health factors influencing diabetes, as well as tips for encouraging patients to actively engage with a multidisciplinary team and connect their diabetes management goals with their cultural values and priorities.

Diabetic Education Series

What do you need to know to help your patients with diabetes? Developed and presented by Carol Greenlee, MD, MACP



It is estimated that primary care provides chronic disease management to more than 90% of individuals with diabetes. The challenge is that diabetes management has become increasingly complex as a result of multiple medication categories (including combination medicines), the need to avoid hyper- and hypoglycemia, multiple choices of medical devices for managing diabetes, the need to facilitate patients' lifestyle changes, and other issues ([American Diabetes Association](#)).

In 2022, Rocky Mountain Health Plans launched a Diabetes Management Quality Improvement Project aimed at working with practices who are interested in advancing their own diabetes management program. This webinar series, developed and presented by Carol Greenlee, MD, MACP, was designed as an educational component of the project to help the entire primary care team improve their understanding around successful management of diabetes.

This webinar series is intended for physicians, advanced practice providers, nursing staff, medical assistants, care managers, practice managers, front desk staff and behavioral health providers.

Slides: [Part 1 Basics of Diabetes](#) and [zoom recording](#)

Slides: [Part 2 Focus on Medications](#) and [zoom recording](#)

Slides: [Part 3 Insulin Therapy](#) and [zoom recording](#)

Slides: [Part 4 Hypoglycemia](#) and [zoom recording](#)

Slides: [Part 5 Sick Day Management](#) and [zoom recording](#)

Slides: [Part 6 Teaching Foot Care](#) and [zoom recording](#)

Cultural Competency: Effective Strategies for Primary Care Practices working with People with Disabilities

Register and recordings on the landing page [Cultural Competency: RMHP Disability Trainings](#)

Join us for a 3 part series webinar designed to equip you with essential skills for working with individuals with all types of disabilities. These trainings will blend soft skills, such as sensitivity and empathy, with hard skills, including legal requirements and best practices.

Our sessions provide a safe space to ask questions and address any issues or concerns you may have encountered while serving this community. With nearly 10% of Coloradans living with a disability and at least 25% of us likely to experience one in our lifetime, these skills are crucial. Additionally, Long Term Services account for over 40% of the budget, making effective engagement with this population essential.

ECHO Colorado

Using Zoom to disseminate curated medical knowledge to frontline providers and to promote best practices to reduce disparities in health equity. [Home - ECHO Colorado](#)

Health Equity

[Health Equity Foundations](#)

[Across the Sexual Orientation and Gender Identity Spectrum: A Call to Action](#)

[Caring for LGBTQ+ Community: An Introduction](#)

[Caring for Patients with Brain Injury](#)

[Gender Diversity in Mental Health and Substance Abuse](#)

Accessible and Appropriate Communication with People who are Deaf

This series of short videos by the Colorado Cross-Disability Coalition (CCDC) introduces Deaf culture, American Sign Language and the importance of effective communication in the healthcare setting.

- ✓ [Video 1: The Hearing Loss Spectrum](#)
- ✓ [Video 2: What is American Sign Language?](#)
- ✓ [Video 3: ASL Interpreters and Other Accommodations](#)
- ✓ [Video 4: Lip Reading and Writing are Not Always Effective](#)
- ✓ [Video 5: Other Scenarios to Avoid and ADA Information](#)
- ✓ [Complete Series Playlist](#)

Culturally and Linguistically Appropriate Services (CLAS) e-Learning

These free e-learning programs are grounded in the HHS Office of Minority Health's National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care. Each program is designed to help health care professionals (i.e. physicians, nurses, behavioral health providers, etc.) provide culturally competent care. Click [here](#) to learn more and register.

Network News

Get the latest updates, legal mandates, state-specific news, trainings and more for Medicare Advantage, Medicaid and commercial plans. Get news related to your role, specialty, health plan and state. When you subscribe to Network News, you can update your preferences to select what news you receive. Sign up for the digital newsletter [here](#).

Patient Experience

[CAHPS Mini-Video Series](#)

Consumer Access of Healthcare Providers and Systems (CAHPS) is an essential part of measuring patient experience. Learn more with this short video series.

- ✓ [Video 1: What is CAHPS and why should we care?](#)
- ✓ [Video 2: How can the CAHPS Survey strengthen the Patient Provider relationship?](#)
- ✓ [Video 3: Using the CAHPS Survey to Improve Service and Patient Experience](#)

Pediatrics

[2023 Pediatric Psychiatry Trainings](#)

The goal of this webinar series was to enhance knowledge and skills for clinicians treating children with behavioral health conditions. Covered topics focused on depression, anxiety, ADHD, aggressive behaviors, and best practices for utilizing integrated behavioral health providers within primary care. This series is particularly relevant for those providing direct clinical care for patients and their families,



including pediatricians, family practice providers, and behavioral health clinicians. All sessions are recorded, and continuing education credits for medical and behavioral health providers are offered through Optum Health Education.

Sessions:

- Practical Pearls in Managing Pediatric Anxiety in Primary Care
- Practical Pearls in Managing Pediatric Depression and Suicidality in Primary Care
- Practical Pearls in Managing Pediatric ADHD in Primary Care
- Practical Pearls in Managing Pediatric Aggression in Primary Care
- Basics of an Effective Integrated Behavioral Health Clinician as a Partner in the Medical Home
- Kitchen Sink of Common Issues in a Joint Visit with Medical and Behavioral Health Providers

Recordings: [Practical Approaches to Pediatric Psychiatry for Primary Care Providers | OptumHealth Education](#).

EPSDT Supporting Medicaid Members with Accessing Early and Periodic Screening, Diagnostic, and Treatment:

What does EPSDT cover? Under the benefit, states must cover all “medically necessary” services needed to address the health and well-being of the child. This includes behavioral health conditions. All individuals covered by Medicaid under 21 years old can use EPSDT.

[EPSDT November 5, 2025](#)

EPSDT March 5, 2025 12:00-1:00 PM MST Live Webinar [slides](#) and [recording here](#).

EPSDT Self-Paced Chameleon Course: [EPSDT Overview- Rocky Mountain Health Plan](#)

Preventative Pediatric Care: Optimizing Well Child Visits in Family Practice – February 1, 2022

Growth and development happen rapidly for children and adolescents. Optimizing the practice’s well child visit process is an opportunity to evaluate these changes regularly. Join us for this free webinar as Pediatrician Dr. Katie Price highlights current recommended timing, best practices, and practical strategies for optimizing Well Child Visits from birth through 18 years. ([Recording](#) | [Request slides here](#))

Provider Portal Training

The Provider Portal (Essette) upgrade training recording can found [here](#).

Training guide lives [here](#). For direct Essette assistance (please allow one business day)

RMHPCMRsearch@uhc.com

Quality Measures (HCPF)

Previously called KPIs, the Quality Measures will be updated as more information is released from HCPF. RMHP has recordings of our Interactive Learning Sessions where we take a deep dive into the measures and ask for practices to share their best practices and tips and tricks.

You can find the previous recordings here:

[Depression Screen and Follow Up](#)

[Well Child Visits in the First 30 Months](#)

[Child Adolescent Well Visits](#)

[Prenatal and Postpartum Care](#)



Rookie Roadmap: A Simple Guide to RMHPs Value Based Programs

The Rookie roadmap series is back!

Register here <https://us02web.zoom.us/join/naenChEuTl6x3ra07v3pdA>

RMHP is pleased to announce that we have a new webinar series offered monthly for those new to RMHP's Value Based programs or those who need a refresher.

What: A detailed overview of value-based contracts at Rocky Mountain Health Plans (RMHP). We will provide you with a review of our value-based programs, deliverables and other resources that will help you be successful in your value-based contract.

We will cover:

- CQI Newsroom
- Newsletter Registration
- Provider Portal and Accessing Reports
- Program Description
- RAE Overview
- PRIME Overview
- eCQMs
- Timeline

Who should attend: New staff members are encouraged to attend, but anyone who would like to have a better understanding of the value-based contract at RMHP such as RAE, PRIME, etc.

Value Based Payment eLearning through University of Colorado

We're excited to invite you to a series of four learning opportunities focused on Value-Based Payments (VBP) and their impact on primary care practices. These modules will help you understand VBP, explain the differences between VBP payment model and fee-for-service, and convey important implications for primary care clinicians and teams. The learning opportunities are packed with real world experiences, key terms, activities, resources and much more.

VALUE-BASED PAYMENT MODULES

- Value-Based Payment Basics
- Implementation of Value-Based Payment Programs
- Value-Based Payment Revenue Cycle Considerations
- Using the Business Process Assessment to Succeed in a VBP Environment

WHO CAN ACCESS? Regional Accountable Entities (RAEs) and primary care clinicians and teams. This is a great opportunity to enhance your knowledge and planning for VBP!

ACCESS THE MODULES • Go to [CUeLearning.org](https://cuelearning.org) • Click the Register link to create an account. • Enter your email and set a password. • Use Registration Code: VBP

Questions?

Email practice.transformation3@rmhp.org or mary.beckner@uhc.com or contact your RMHP Clinical Program Manager.

