



Supporting Medicaid Members with Accessing Early and Periodic Screening, Diagnostic, and Treatment (EPSDT)

At Rocky Mountain Health Plans (RMHP) we are committed to keeping you informed about the benefits available to RMHP Members. Health First Colorado (Colorado's Medicaid Program) Members, including RMHP Regional Accountable Entity (RAE) 1 and RMHP PRIME Members age 20 and under and adults who are pregnant have access to EPSDT benefits. EPSDT is designed to promote early identification and treatment of a wide range of health concerns. RMHP is responsible to provide EPSDT education and outreach to RMHP RAE Region 1, and RMHP PRIME Members; outreach is conducted through mailers, emails, texts, and phone calls.

In this newsletter you will find:

[Provider Guidebook EPSDT 2025](#)
[Recorded training from November 5, 2025](#)
[Recorded training from March 5, 2025](#)

What is EPSDT?

EPSDT is a program for Members age 20 and under and adults who are pregnant that are enrolled in Health First Colorado (Colorado's Medicaid Program). EPSDT helps make sure eligible Members receive appropriate preventive, dental, mental health, developmental, and specialty services.

EPSDT provides comprehensive and preventive health care services:

Early: Assessing and identifying problems early

Periodic: Age-appropriate children's and periodic maternity checkups

Screening: Providing physical, mental, developmental, dental, hearing, vision, and other screening tests to detect potential problems

Diagnostic: Performing diagnostic tests to follow up when a risk is identified

Treatment: Control, correct or reduce health problems found.

Why is EPSDT important for Providers?

Providers should understand EPSDT benefits so they can advocate for access to critical

screenings and assessments for children, adolescents and pregnant adults who are Health First Colorado Members (RAE 1 and RMHP PRIME). EPSDT benefits ensure access to comprehensive evaluations that cover physical health, developmental progress, nutrition, vision, hearing, mental health, and dental care.

EPSDT benefits also cover additional healthcare services, diagnostics, treatment, and measures defined by Centers for Medicare & Medicaid Services (CMS). These benefits are intended to address or improve any physical or mental health conditions identified during the screening process, even if those conditions are not covered under the state plan.

Providers can access additional information related to coding and billing for EPSDT visits, benefits, prior authorization, and best practices for supporting families in seeking timely preventive care through on-demand webinars. These trainings can be found on [UHCProvider.com/CO, UHC State Specific Training](https://UHCProvider.com/CO,UHCStateSpecificTraining) or [RMHP Trainings, Communications and Events](#). The RMHP EPSDT General Overview training is available on-demand here: [Early and Periodic, Screening, Diagnostic and Treatment \(EPSDT\) Overview – Rocky Mountain Health Plans](#).

RMHP is committed to providing ongoing information and education to providers. The RMHP Clinical Quality Newsroom is a great space to connect with RMHP and other providers each month. Registration is available here: [RMHP Clinical Quality Improvement Newsroom](#). Additionally, the RMHP Behavioral Health Team offers monthly drop-in meetings, quarterly Office Hours and much more – click the following link for more information: [Behavioral Health \(RAE Regions 1 & 2\)](#).

Additionally, providers can access education related to culturally responsive health care delivery. We encourage providers to visit the [Cultural Competency: RMHP Disability Trainings](#) to learn more.

Access the [2025 Provider Guidebook for Early Periodic Screening, Diagnostic, & Treatment \(EPSDT\)](#) here.

Access the [November 5, 2025 recording here](#).

Access the [slides here](#).

Additional Information can be found here [2025 RMHP Care Management Training Webinars](#)

Access the [March recording here](#).

Additional Information:

Objectives:

- Review language in EPSDT mandate and the importance of this language
- Inform about and better understand Health First Colorado EPSDT's benefits and policies when serving members aged birth up to their 21st birthday
- Utilize case studies to demonstrate ways EPSDT can be implemented to provide care to children 0-21
- Communicate what EPSDT is not



Presenter: Christy Blakely, MS

Christy has been a tireless advocate in CO for over 35 years. Her first born, Lauren is an adult with significant physical disabilities. Lauren lives with a man with significant physical disabilities, independently, with many supports. Christy had higher education degrees in special education when her daughter was born, she learned far more as a parent. Over the years, Christy has teamed with insurance companies, doctors, schools, advocates, professionals, therapists, hospital staff, and state agencies to improve policies and practices on behalf of children with disabilities. She has learned and shared her learning in parent leadership, assistive technology, service systems, insurance, policy, law and most importantly resources and funding with many people around the State of Colorado and the country.

Christy has work nationally with the National Initiative for Child Health Quality (NICHQ) as faculty on both a Medical Home Learning Collaborative and an Epilepsy Collaborative. She has also worked with the American Academy of Pediatrics on the concept of Medical Home. Whether through her work in health policy or supporting an individual family to navigate today's complex health system, Christy's passion is to build parent leaders for the future.

Christy currently sits on the board for Connect for Health CO, our health insurance marketplace.

Questions? Please reach out to Mary Beckner mary.beckner@uhc.com

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