



Trauma-Informed Care Resources

What is Trauma Informed Care (TIC)?

SAMSHA Definition

TIC is a framework that recognizes the wide spread impact of trauma and promotes healing through safe, supportive interactions.

TIC Considerations

It is NOT trauma treatment- but a way of interacting that fosters emotional safety and trust. Trauma comes in all colors, shapes and sizes- it is not always visible, and it doesn't look the same for everyone.

Approaching with TIC honors the humanity in another-it creates space for patients to feel safe, seen and empowered to take steps towards healthier living.

Live and Upcoming:

[Recognizing Vicarious Trauma in Clients, Colleagues, and Ourselves](#)

Review the difference between burnout and vicarious trauma, addressing signs, symptoms, and behaviors. How vicarious trauma may present in treatment, in job performance, self-care and prevention strategies.

Resources:

[Trauma Informed Care Implementation Resource Center by Center for Health Care Strategies](#)

Comprehensive collection of tools, case studies and implementation guides

[Campaign for Trauma-Informed Practice and Policy Toolkit for Trauma-Informed Workplaces](#)

Concepts, strategies, and tactics to build workplaces that support well-being

[TIC Training Center](#)

Free online training modules around trauma informed care

[Crisis & Trauma Resource Institute](#)

Variety of podcasts, on-demand trainings and other resources focused on culturally competent TIC

[Optum Training- What Is Trauma-Informed Care and Why Is it Critical in Health Care Today?](#)

This panel discussion will identify ways in which HCPs can incorporate the principles of trauma-informed care into their practice.

Violet

Violet is a clinical training and analytics platform used by health plans and care delivery organizations to understand provider strengths and support growth with CE/CME-accredited education.

Creating Calm. How Trauma-Informed Care Supports Every Role in Primary Care.

A recorded audio and visual presentation by Kylanne Briggs, LCSM, MBA

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