

MEMBER-CARE “WINTER SERIES”

Come join us for information and fun! January – April on the 3rd Thursday of each month @ 10:00am in the Sunset Conference Room



January 17th

Under the Umbrella of Member Care / Choose Your Battles!

Speaker: Rev. Kathy Sprague

February 21st

“The Five Wishes”

AVOW Hospice –End of life wishes and instructions for your funeral, family and medical personnel. Leave with a free FIVE WISHES booklet and court ready document.

Speaker: Mark Beland

March 21st

“Your Brain on Laughter”

A fun seminar on how to naturally approach healing of depression / PTSD /and unhealthy emotions.

Speaker: Dr. Randall Sprague

April 18th

“Know the 10 Signs”, Gulf Alzheimer’s Association

Speaker: Amy Schenk, Coordinator of Collier County

