

FRIENDZY™

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UNIT ONE >>> WE NEED EACH OTHER

Dear Parents,

This year we are launching a social-emotional character development program called Friendzy. This program teaches life skills to our students with the emphasis on building strong, healthy friendships. Social-emotional learning (SEL) is critical to our student's success in school and life! SEL is the process through which people learn to recognize and manage emotions, care about others, make good decisions, behave ethically and responsibly, develop positive relationships, and avoid negative behaviors.

THIS MONTH /// This month, students in Kindergarten through sixth grade, will focus on the idea that **WE NEED EACH OTHER** as a class and as a school. We will discuss and dive into God's Word and learn how important friendship is and how to build others up. Each Friendzy unit anchors on a key verse(s), and the students learn a catchphrase that reinforces the unit goal. Here is an overview of what your student will learn in this first unit:

Catchphrase:

"We Need Each Other"

Key Verses:

"The Lord God said, 'It is not good for man to be alone.'" Genesis 2:18 (NLT)

"Therefore, encourage one another and build each other up!" 1 Thessalonians 5:11 (NLT)

Goal: To create a culture of building up versus tearing down.

As we focus on this at school, we encourage you to **Continue the Conversation** with your student at home! Here are the main points your student will learn in Unit 1:

1. **God designed us for friendship.** We are not meant to be alone (Genesis 2:18).
2. **We are stronger and better together.** Friendships are stronger when we encourage and build each other up instead of tearing one another down. We need each other. We each have an important part to play, and a team needs every one of its players to succeed.
3. **We need each other for encouragement!** We are going to practice encouraging and building each other up all year. We can encourage others best when we mirror the emotion they are feeling. When friends feel seen, and their emotions

are recognized, they are more likely to feel like you understand them; this will allow them to accept your encouragement more easily.

YOU CAN MAKE A DIFFERENCE /// Encouragement holds power to change the atmosphere. This Friendly unit can serve as a launching pad for changing the atmosphere in your home. Start conversations around the dinner table by asking your child to share ways others have encouraged them and built them up. Establishing rhythms of connection provides the opportunity to encourage your child in areas of struggle and affirm them in areas of strength.

Over the next few weeks, the goal for students is to begin to use the unit Catchphrase: "**We Need Each Other**" in their everyday life. Join in helping them accomplish this goal by starting to use this catchphrase in your conversations at home.

THANK YOU /// Thank you for partnering with us! It is a joy to teach your student the importance of friendship. We want to stay connected with you in this journey, so please reach out with any questions, concerns, or celebrations you encounter.

When kids learn friendship, they learn it for life!

God Bless-

Mrs. Neill
Guidance Counselor