



### 2020 WVJLAP Retreat Agenda

**Friday, April 17<sup>th</sup>:**

**Arrival**

**6:00p.m.**

**Board Meeting**

**8:00 p.m.**

**Twelve Step Open Meeting**

**Saturday, April 18<sup>th</sup>:**

**8:00 a.m. to 9:00 a.m.**

**Registration & Continental Breakfast**

**9:00 a.m. to 9:50 p.m.**

**“ASAM Safety Sensitive Workers & Best Practices”; Buddy Stockwell, Esq., Executive Director of the Louisiana Judges and Lawyers Assistance Program**

**10:00 a.m. to 11:50 a.m.**

**“Decide to Thrive: The Case for Lawyer Well-Being”; Brian Krolczyk, Ph.D, Executive Health Coach, and Julie Krolczyk, Esq., Health & Life Coach**

**12:00 p.m. to 1:00 p.m.**

**Break for Lunch**

**1:00 p.m. to 6:00 p.m.**

**Free Time for Networking, Golf, and other Park Activities**

**7:00 p.m. to 8:30 p.m.**

**Banquet (Speaker Laurie Besden, Esq., Executive Director of Pennsylvania Lawyers Concerned for Lawyers)**

**Sunday, April 19<sup>th</sup>:**

**8:00 a.m. – 9:00 a.m.**

**Registration & Continental Breakfast**

**9:00 a.m. – 10:00 a.m.**

**“The Self-Compassion Solution to Job Burnout”; Stephanie Thornton, MSW, Criminal Justice Specialist for WV Public Defender Services**

**10:00 a.m. – 11:00 a.m.**

**WVJLAP Volunteer Training, Robert Albury, J.D., WVJLAP Executive Director, and Buddy Stockwell, Esq., LJLAP Executive Director**