



Good afternoon dear Yogi's,

I hope the starts of the year is well so far.

I would like to announce some changes in our yoga classes.

Starting February, all my **yoga classes** at the Unitarian Universalist Congregation will **start at 9:00 am**.

**Monday and Wednesday classes, now at 9:00 a.m., continue on Zoom.**

I am going to **open the Saturday class again**. It will be offered at **the UUMiami's playground** (it is a flat spot surrounded by trees, a lot of shade and free of cats or peacocks smell ) which means class will be **outside until April or May**.

We will meet all the protocols for this class, masks, social distancing ( 8 feet bc we have the space to do it ) no hands on adjustments, but we can all enjoy being outside with amazing and chilly weather in the morning. **This on-locus Saturday class starts at 9:00 as well.**

An email or message to my cell phone will be appreciated to know who is going to take the class at the playground.

I hope to see many of you.

Thank you and have a wonderful day.

Luz Yaneth Mueller, " Gita"

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