



Good afternoon dear Yogi's,

I hope the starts of the year is well so far.

I would like to announce some changes in our yoga classes.

Starting February, all my **yoga classes** at the Unitarian Universalist Congregation will **start at 9:00 am**.

Monday and Wednesday classes, now at 9:00 a.m., continue on Zoom.

I am going to **open the Saturday class again**. It will be offered at **the UUMiami's playground** (it is a flat spot surrounded by trees, a lot of shade and free of cats or peacocks smell) which means class will be **outside until April or May**.

We will meet all the protocols for this class, masks, social distancing (8 feet bc we have the space to do it) no hands on adjustments, but we can all enjoy being outside with amazing and chilly weather in the morning. **This on-locus Saturday class starts at 9:00 as well.**

An email or message to my cell phone will be appreciated to know who is going to take the class at the playground.

I hope to see many of you.

Thank you and have a wonderful day.

Luz Yaneth Mueller, " Gita"

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