

ITA College Tennis Coaches Podcast
Book Recommendations
Episodes 1 – 48

David Roditi

- Mindset: The New Psychology of Success. How We Can Learn to Fulfill Our Potential. Carol Dweck
- The Power of Full Engagement: Managing Energy, Not Time, Is the Key to High Performance and Personal Renewal. Jim Loehr and Tony Schwartz

Darnesha Moore

- Mindset: The New Psychology of Success. How We Can Learn to Fulfill Our Potential. Carol Dweck
- Law of Attraction: The Science of Attracting More of What You Want and Less of What You Don't. Michael Losier

Pam Rende

- The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy. Jon Gordon
- Give and Take: Why Helping Others Drives Our Success. Adam Grant

Mark Ardizzone

- The ITCA Guide to Coaching Tennis. Edited by David Benjamin

Joey Scrivano

- Finding the Winning Edge. Bill Walsh with Brian Billick and James Peterson
- The Slight Edge: Turning Simple Disciplines into Massive Success and Happiness. Jeff Olson
- Gridiron Genius: A Master Class in Building Teams and Winning at the Highest Level. Michael Lombardi
- InSideOut Coaching: How Sports Can Transform Lives. Joe Erhmann with Paula Erhmann and Gregory Jordan

Lauren Conching

- Drive: The Surprising Truth About What Motivates Us. Daniel Pink
- (Podcast recommendation-WorkLife. Adam Grant)

Nick Winkelman

- The Inner Game of Tennis. Timothy Gallwey
- Attention and Motorskill Learning. Gabriele Wulf

Adam Steinberg

- High Hopes: Taking the Purple to Pasadena. Gary Barnett with Vahe Gregorian
- Win Forever: Live, Work, and Play Like a Champion. Pete Carroll with Yogi Roth

Cristina Moros

- Sum it Up: A Thousand and Ninety-Eight Victories, a Couple of Irrelevant Losses, and a Life in Perspective. Pat Summit

Geoff Macdonald

- Play to Win the Czech Way. (Not sure of author)
- Match Play and the Spin of the Ball. William Tilden
- Vic Braden's Tennis for the Future. Vic Braden and Bill Bruns
- Levels of the Game. John McPhee
- Strokes of Genius: Federer, Nadal, and the Greatest Match Ever Played. Jon Wertheim
- The Inner Game of Tennis. Timothy Gallwey

Jaron Maestas

- The Fighter's Mind: Inside the Mental Game. Sam Sheridan

John Roddick

- My Personal Best: Life Lessons from an All-American Journey. John Wooden with Steve Jamison

Rodney Harmon

- Coch Wooden's Pyramid of Success: Building Blocks for a Better Life. John Wooden, Jay Carty

Peter Wright

- Sacred Hoops: Spiritual Lessons of a Hardwood Warrior. Phil Jackson and Hugh Delehanty

Giancarlo Lemmi

- Extraordinary Influence: How Great Leaders Bring Out the Best in Others. Tim Irwin
- Atomic Habits: Tiny Changes, Remarkable Results. James Clear

Chad Camper

- They Call Me Coach. John Wooden with Jack Tobin

Jeremy Loomis

- Levels of the Game. John McPhee
- Coaching the Mental Game: Leadership Philosophies and Strategies for Peak Performance in Sports- And Everyday Life. H.A. Dorfman
- Championship Team Building: What Every Coach Needs to Know to Build a Motivated, Committed & Cohesive Team. Jeff Janssen
- Power Cues: The Subtle Science of Leading Groups, Persuading Others, and Maximizing Your Personal Impact. Nick Morgan

Chad Stoloff

- Legacy: What the All Blacks Can Teach Us About the Business of Life. James Kerr
- The Coaching Habit: Say Less, Ask More & Change the Way You Lead Forever. Michael Bungay Stanier

Bev Buckley

- Pressure is a Privilege: Lessons I've Learned from Life and the Battle of the Sexes. Billie Jean King with Christine Brennan

Darryl Cummings

- Crush It! Why NOW is the Time to Cash In on your Passions. Gary Vaynerchuk

Dwayne Hultquist

- Coaching and Motivation: A Practical Guide to Maximum Athletic Performance. William Warren
- Who Moved My Cheese? An Amazing Way to Deal with Change In Your Work and In Your Life. Spencer Johnson

Chris Young

- The Power of a Positive Team: Proven Principles and Practices that Make Great Teams Work. Jon Gordon

Anthony Pham

- Atomic Habits: Tiny Changes, Remarkable Results. James Clear

Tommy Valentini

- Let Love Serve: A Memoir Celebrating Tennis and Life. Steve Wilkinson
- The Inner Game of Tennis. Timothy Gallwey
- After Virtue: A Study in Moral Theory. Alasdair MacIntyre
- How to be an Anti-Racist. Ibram X. Kendi

Danielle McNamara

- Wooden on Leadership: How to Create a Winning Organization. John Wooden and Steve Jamison