



LANGLEY CREW



Learn to Row / Fall Rowing

- Saturdays from Sep. 7th – Oct. 26th, 10:30am – 1:00pm.
- Open to individuals in the Langley Pyramid in grades 8 and up – for students new to crew as well as more experienced rowers.
- Class introduces the basics of rowing to new athletes, from handling of equipment to rowing drills. Experienced rowers will be grouped together and will be practicing rowing in 4 and 8's.
- Sign up at Langleycrew.com

Open House

September 7th, 10:00am-1:00pm

- Langley Crew Booster Club will host an Open House at our boathouse at the Sandy Run Park, 10450 Van Thompson Rd, Fairfax Station, VA 22039.
- Come and tour our boathouse, meet the coaches, chat with varsity athletes and their parents.
- Learn more about Langley Crew, the program and what it takes to row with the champions.
- Refreshments will be served – See you there!

ROW WITH THE CHAMPIONS

2012, 2013, 2014, 2015, 2016, 2017, 2018 & 2019
VIRGINIA STATE CHAMPIONS