



LANGLEY CREW



ROW WITH THE CHAMPIONS

2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019 AND 2021
VIRGINIA STATE CHAMPIONS

- Open to men & women, all grade levels
- No previous rowing experience necessary
- Compete at state & national regattas
- Earn your Langley varsity letter
- Enjoy great friends, trips, a lifetime of memories
- Strong college resume boost

FALL LEARN TO ROW SEPT 11 – OCT 30, 2021

- Open to individuals in the Langley pyramid grades 8 and up.
- Learn the basics of rowing from language and handling equipment to performing rowing drills and rowing all eight.
- Get familiar with the sport and prepare yourself to be a part of the Langley Crew Team.
- Classes take place Saturdays / \$150 fee for the entire session



**** 2021 Virginia State Champions ****

**To learn more, contact
Langley Crew at:
langleyrowing@gmail.com or
read about us online:
Instagram: langleyrowing
Twitter: LangleyCrew
Web: www.langleycrew.com**