

# ***BANDS ON THE RUN***

***5K RUN • WALK***

*Sunday, March 31, 8 am*

*Start & Finish at LHS*

*Run • Fun Walk • Music*



*Register to Run or Walk  
or to be a Sponsor at  
[LANGLEYBAND.ORG](http://LANGLEYBAND.ORG)*



***THE COMMUNITY  
IS INVITED TO  
RUN WITH THE BANDS!***

***ALL PROCEEDS SUPPORT  
LANGLEY HIGH SCHOOL  
&  
COOPER MIDDLE SCHOOL  
BANDS***