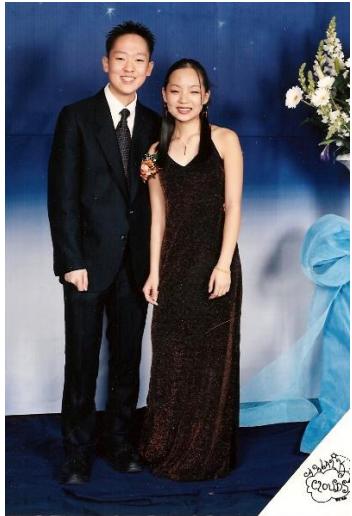




# Arcadia High School Teacher/Staff/Administrator Appreciation Raffle Entries

**SEPTEMBER 2020:**  
**What is your favorite no-cook snack or meal?**



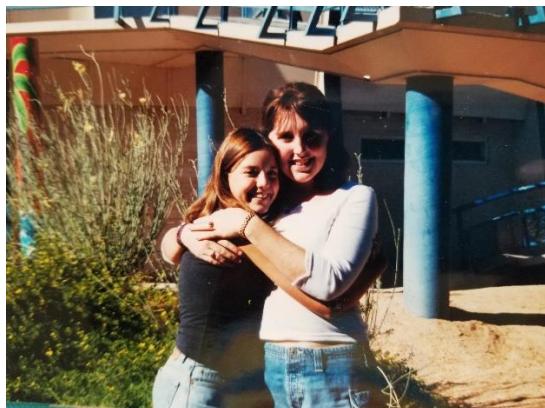
**Adrian Chang**  
Math Teacher/Volleyball Coach

Favorite no-cook snacks are dark chocolate and pretzels (and smoothies!) 😊



**Caitlin Munn**  
Zoology Teacher, Student Government Advisor, ALI and Campcadia CoAdvisor

Favorite snack is White Cheddar Popcorn!!!! – but I LOVE ALL FOOD.



**Jen Dukelow**  
Math Teacher (Trig/PreCalculus Honors and Calc BC).

I have attached a photo of me and my cousin when we were students at Arcadia.

The newest favorite no-cook meal/snack around my house is smoothie bowls - a quick blend of yogurt, milk, and frozen fruit topped with fun stuff like berries, coconut, and chia seeds.



## Risa Moran

Math Teacher (AP Statistics, Support, and Geometry), Assistant Swim Coach :)

2011 at the district track meet with my high school sweetheart 😊)

I love snacks! Hmmm...(my favorite is) probably hummus with cucumbers and pita chips.



## Michael Topczewski

Math Department

Pepperoni.



## Keri Blaker

SSPA Education Support Professional  
(Classified Association President 2020-2021)  
Arcadia High School Principals Secretary  
*Administrative Support Coordinator to Dr. Cain Jagodzinski*

What's my favorite no-cook meal or snack?

Meal: Sushi 🍣

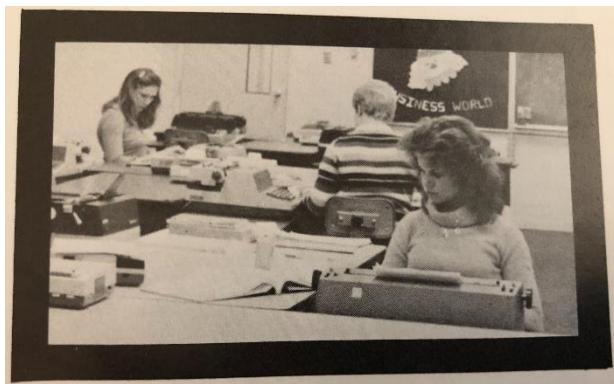
Snack: Chocolate anything 😊🍩🍪🍫

## Jennifer Might

Biology Teacher

My favorite snack is chocolate.

This is a yearbook picture of me in typing class. Luckily, that day, I got one of the electric typewriters as many were manual.





**Darcy Brodison**  
Social Studies Teacher

Cheddar Cheese Popcorn or Frozen Yogurt.



**Zosha Darnell**  
Spanish Teacher, 2H & 3H

(I am the one on the right)

My favorite no-cook meal or snack is a peanut butter and jelly sandwich!



**Judith Zubía**  
Spanish Teacher, 2 & 3Honors

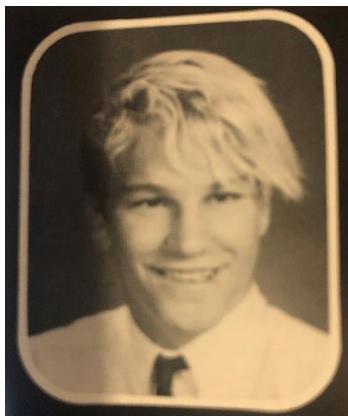
My favorite no-cook snack is definitely apples & cashew butter, yum!

This is a pic of my friends and I after track practice.



**Liz Hughes**  
SCORE Program TransitionTeacher

My favorite no-cook meal is a Peanut Butter and Jelly sandwich.



## **Darin Beracy**

English Teacher

Coronado '88!

Anything peanut butter: Sometimes just a spoonful of creamy peanut butter and a spoonful of honey will do.



## **Nathalie Vitale**

Math Department - and this is my 5th year teaching math at AHS!

My favorite no-cook snack is chia seed pudding with honey and blueberries.

Attached is a picture of me conducting my high school marching band at ASU band day my senior year of high school.



## **Angela Lisa**

Mathematics Teachers (Financial math, Algebra 3, and Algebra 1)

My favorite no-cook meal is a peanut butter and jelly sandwich.

Here I am at my high school graduation.



## **Andrea Stark**

English II Honors and AP Language and Composition

My favorite no-cook meal or snack would have to be cereal. I love to eat cereal any time of day!



## **Ann Stevens MS,AT**

Head Athletic Trainer  
Sports Medicine Teacher

I enjoy apple or banana as an easy snack.

Fall 2007- senior year



## **Jeanne Yeager**

Special Education Teacher and Department Chair

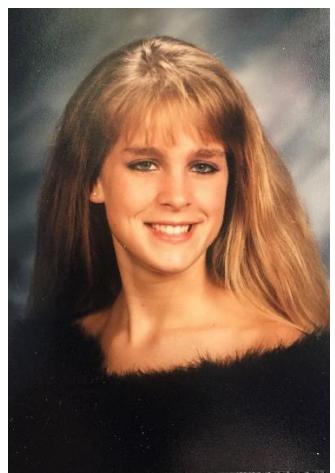
Favorite no cook meal: morning smoothie.



## **Anna Patterson**

Math Teacher

7-layer dip (vegetarian refried beans, cheese, sour cream, green onions, guacamole, olives, corn, salsa) and chips!



## **Amy Skaalen**

School Nurse

My favorite no cook meal is a protein shake.



## **Shawn Huffman**

Teacher Librarian

Favorite snack - Chipwich (chocolate chip cookie ice cream sandwich).



## **Dorcas Guest-Nelson**

School Nurse

Junior year on my comp cheer team - circa 1988.

Harkins MOVIE POPCORN (fav snack)



## **Nan Mang**

Chinese Language Teacher

My favorite snack is chips.



## **Claudina Garcia Villalobos**

World Language Teacher and Department Lead

Favorite snack: hot cheetos or chile limon lays 😊😊

Please see picture attached of my last week in high school. This was difficult to find, we were not allowed to have cameras in school! This was my econ section. We had the same 5 classes every day together for the last 6 months of high school. I am middle down with green v neck shirt! That was our thinking face.. it was a thing! 🤓



**Lori Christensen**  
Biology and Zoo/Bot. Teacher

My favorite no-cook meal is a ceasar salad.

A picture of me at my junior high school prom is attached. I'm the one in the middle in the white dress. :)



**Yvonne Gee**  
Instructional Support Specialist

Favorite non cooked snack: nuts



**Brittney Blystone**  
History Teacher & Diving Coach at AHS

Peanut butter & apples or chex-mix



**Cira Riccio**  
Art Teacher

My favorite snack is Japanese rice crackers. I can eat an entire bag in one sitting and they remind me of my childhood in Japan.

## AHS Executive Team & AHS PTO – Just for fun!



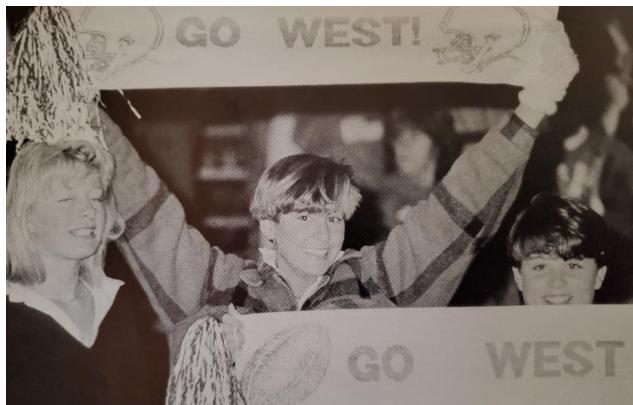
**Sara A. Johnson**  
Assistant Principal of Student Services

I love any snack that involves cheese :)



**Tricia Longnecker**  
PTO Advisor

Favorite snacks- celery & apples with almond butter. Or popcorn.



**Suzanne Cassano**  
Teacher Appreciation Co-Chair, AHS PTO

I have a freshman (Ella Rewinkel) and a senior (Finn Rewinkel).

Sophomore year, 1986 (middle). This picture is funny because of the homemade dot matrix banners that scream "football superfan" even though I'm not, and because I did, in the end, go west.

Cherries, good bread with butter and cheese, yogurt and granola.



**Linda Tinsley**  
Teacher Appreciation Co-Chair, AHS PTO

My son, Trevor, graduated from AHS last May. My daughter, Licia, is a freshman at AHS this year.

I thought I would cc you all on my favorite non-cooked food also known as cc: cottage cheese!



## **Melissa Darnall**

AHS PTO VP of Communications 2017-2020

My fave quick go to meal or snack is a bowl of cheerios with almond milk.



## **Janey Ledyard**

District Liaison, PTO Exec Board

I have a sophomore son and a 2020 graduate 😊

AHS 1989. The irony of a ski picture is not lost on me.

My favorite no cook snack is tortilla chips and sour cream.