



# A gift for you!

Heather Donaldson would like to give you:

**10-min Feet Treats**

Redeemable any time during the coming year

**Just because we're all going through a difficult time ...**

Mention this gift offer when you book and we'll spend some extra time treating your feet. We'll focus on the pressure points that let your whole body relax and leave you feeling more grounded and relaxed. I've asked your therapist to bring along a little extra surprise too; think hot lava stones, peppermint cream, or exfoliating scrub. ENJOY!