

Alcohol & Drug Counseling @ Edina High School



Christopher Lawler

Licensed Alcohol and Drug Counselor / Chemical Health Specialist

OFFICE HOURS: Tuesdays: 7:30 AM to 3:30 PM **Thursdays:** 7:30 AM to 3:30 PM

E-mail: CLAWLER@RelateMN.org or Chris.Lawler@EdinaSchools.org

Twitter: @Relate_CD **Phone:** Contact Student Services Office and ask to be transferred.

Dear EHS Parents,

Please find this handout as an introduction to chemical use counseling services at Edina High School. I'm a counseling staff, contracted through Relate Counseling Center, to work with students in response to any chemical use concerns they may want to discuss. They may see me in response to concerns for their own use, the use of friends or family or to obtain general information about chemical use and related issues.

Counseling services are **free and confidential**. Students may choose to meet with me one time or ongoing. I provide counseling from a strengths-based and bio-psycho-social perspective, often addressing overall health and risk and proactive factors. My work with adolescents around chemical use concerns often includes discussion on related issues; peer pressure, management of mental and emotional health, stress, conflict resolution and coping skills, just to name a few. I'm happy to address these additional concerns as appropriate.

I'm more than happy to hear from parents of EHS students regardless of my meeting with their students or not. Please feel free to reach out to chat further and to discuss possible student referral. My e-mail is the best means to communicate, as I reply throughout the week.

Thank you and my best for a great and successful 2018-2019 Academic Year!