

## Alcohol & Drug Counseling @ Edina High School



**Christopher Lawler**

**Licensed Alcohol and Drug Counselor / Chemical Health Specialist**

**OFFICE HOURS:** Tuesdays: 7:30 AM to 3:30 PM    Thursdays: 7:30 AM to 3:30 PM

**E-mail:** [CLAWLER@RelateMN.org](mailto:CLAWLER@RelateMN.org) or [Chris.Lawler@EdinaSchools.org](mailto:Chris.Lawler@EdinaSchools.org)

**Twitter:** @Relate\_CD    **Phone:** Contact Student Services Office and ask to be transferred.

### Dear EHS High School Students,

Please find this handout as an introduction to chemical use counseling services at Edina High School. I'm a counseling staff, contracted through Relate Counseling Center, to work with students in response to any chemical use concerns they may want to discuss. Students may see me in response to concerns for their own use, the use of friends or family or to obtain general information about chemical use and related issues.

Counseling services are **free and confidential**. Student sessions with me, and the content of counseling sessions, are not shared with faculty or staff. Students may choose to meet with me one time or ongoing.

I provide counseling from a non-judgmental, strengths-based and bio-psycho-social perspective, often addressing overall health and risk and protective factors. My work with youth around chemical use concerns often includes discussion on related issues; peer pressure, management of mental and emotional health, stress, conflict resolution and coping skills, just to name a few. I'm happy to address these additional concerns as appropriate.

Even if you weren't up for meeting and wanted to drop me an e-mail to ask a question please feel free to reach out to chat further! My e-mail is the best means to communicate, as I reply throughout the week.

***Thank you and my best for a great and successful 2018-2019 Academic Year!***