

6 Month Share

Half Share-\$300 (\$335 value)

EXAMPLE

(what a share could contain. Monetary value
~\$56.00 per month)

- 1 lbs Ground Beef
- 1 lb Ground Pork
- 1 pkg NY Strip Steak (2/pk)
- 1 pkg Pork Chops (2/pk)
- 1 pkg Chicken Breast
- 1 lb Beef Stew

Full Share-\$600 (\$670 value)

EXAMPLE

(what a share could contain. Monetary value
~\$112.00 per month)

- 2 lbs Ground Beef
- 1 lb Ground Pork
- 1 pkg Ribeye Steak (2/pk)
- 2 pkgs Pork Chops (2/pk)
- 1 pkg Chicken Breast
- 1 pkg Chicken Legs
- 1 lb Lamb Stew Cubes
- 1 pkg Sirloin Steak
- 1 Pork Tenderloin

Our shares are frozen, to provide you with a variety of meats. Shares will be picked for you and ready for pick up at your convenience each month. We can also do the shares every other month to make things easier for you.

6 Month Share (cont.)

Double Share-\$1200 (\$1356 value)

EXAMPLE

(what a share could contain. Monetary value ~\$226
per month)

- 4 lbs Ground Beef
- 2 lb Ground Pork
- 2 pkg Ribeye Steak (2/pk)
- 4 pkgs Pork Chops (2/pk)
- 2 pkg Chicken Breast
- 2 pkg Chicken Legs
- 1 lb Lamb Stew Cubes
- 2 pkg Sirloin Steak
- 2 Pork Tenderloin
- 2 pkgs Pork Sausage

3 Month Share

Half Share-\$150 (\$162 value)

EXAMPLE

(What a share could contain. Monetary value
~\$54.00 per month)

- 1 lbs. Ground Beef
- 1 lb. Ground Pork
- 1 pkg NY Strip Steak (2/pk)
- 1 pkg Pork Chops (2/pk)
- 1 pkg Chicken Breast
- 1 lb. Beef Stew

3 Month Share (cont.)

Full Share-\$300 (\$335 value)

EXAMPLE

(What a share could contain. Monetary value
~\$112.00 per month)

- 2 lbs. Ground Beef
- 1 lb. Ground Pork
- 1 pkg Ribeye Steak (2/pk)
- 2 pkgs Pork Chops (2/pk)
- 1 pkg Chicken Breast
- 1 pkg Chicken Legs
- 1 lb. Lamb Stew Cubes
- 1 pkg Sirloin Steak
- 1 Pork Tenderloin

Double Share-\$600 (\$670 value)

EXAMPLE

(What a share could contain. Monetary value ~\$217
per month)

- 4 lbs. Ground Beef
- 2 lb. Ground Pork
- 2 pkg Ribeye Steak (2/pk)
- 4 pkgs Pork Chops (2/pk)
- 2 pkg Chicken Breast
- 2 pkg Chicken Legs
- 1 lb. Lamb Stew Cubes
- 2 pkg Sirloin Steak
- 2 Pork Tenderloin
- 2 pkgs Pork Sausage

About Adams Farm and Our Practices

Adams Farm is a 7 generation, family run farm that was purchased in 1865. Each generation has had to do something different to make the farm viable. Adams farm is now owned and operated by 5th generation, Kip Adams.

Our goal is to raise and provide quality meats to our community, and guests. Here we raise cow, pig, chicken, turkey, lamb, goat, rabbit, and emu for their meats. All of our animals are humanely treated and are antibiotic, and hormone free. Our animals thrive on a diet of grasses, hay, and grains. Our grain provider is a family run business based in Newport, VT, Poulin Grains, and we use Blue Seal also. The grains help give our animals the sustenance they need, especially with the long cold winters we have in our valley. We also support Vermont businesses when we are able.

Our meats are all processed on site in our USDA Inspected butcher shop, by our butcher, Bill Staats. Bill has been cutting meat for 10+ years, and has been in the industry for 15 years. Bill took the plunge and married the farmer's daughter, Lauren, in 2013. The farm's wheels keep turning with the help of some neighboring employees, as well as family members.



Currently there are 3 generations helping to keep the farm in motion.

Adams Farm

Presents

CSA Meat Shares for 2017

What is a CSA? In a CSA program (Community Supported Agriculture and sometimes referred to as subscription farming), a community of individual consumers interacts directly with one or more food producers. CSAs are membership-based and founded on a relationship of mutual support. Members pay an annual or seasonal fee toward the producer's operating costs and, in turn, receive weekly or monthly shares of the harvest, whether it's fruits, vegetables, meats, dairy, or eggs.

How does Adams Farm's CSA work?

The share you will be purchasing with us will be a monthly share of meat. There are different levels to choose from. We offer a 6 month share, as well as a 3 month share.

What will be in my share? Here we have meat from a variety of animals including: Beef, Pork, Chicken, Turkey, Rabbit, Lamb, Goat, and Emu! The share will mainly contain beef, pork, chicken. The contents of the share will vary monthly.