

# Sunday Morning Experience Instructions

March 29, 2020

You will need: a Bible, a phone, a pen and a journal (or blank piece of paper)

1.) Get outside! Bundle up and enjoy the outdoors. Even if you set up a chair on your back porch, get outside to listen to God.

2.) After a few moments in nature, read James 1:2-5.

3.) Ask God for wisdom (James 1:5) to reveal to you a few goals that He has for you to accomplish in this “Cocooning” time so when you emerge out the other side you are a changed person (one to three goals).

4.) Take each goal and make them SMART goals-

- Specific: What do you want to do?
- Measurable: How will you know when you've reached it?
- Attainable: Is it possible to accomplish it?
- Relevant: Is it something that is important to you?
- Timely: When exactly do you want to accomplish it?

5.) Share your results – Take a picture of your time with God. Write out your results clearly on a piece of paper (or journal), and if you feel comfortable take a picture and post it on Waterfront's Facebook page. After you post your photo and goals, read other's experiences (don't compare) and encourage them by how their postings inspired you in your life! Let's be a community together virtually as we are apart physically during this time of Cocooning.

Looking forward to hearing from you!

Blessings,

Waterfront Community Church