RURAL TELEMENTORING TRAINING CENTER

Transforming Health Care Access, Education, and Connection

Transforming Rural Health

Rural populations face systemic health challenges that are persistent, recent, or emergent such as:

- Infrastructure
- Geographic isolation
- Workforce shortages
- Economic & demographic shifts
- Crises that threaten surge capacity
- Health crises that disproportionately affect vulnerable populations

Who We Are

The Rural Telementoring Training Center (RTTC) provides free training, tools, and technical assistance to support the implementation and evaluation of telementoring programs for rural health care workers. We provide training and tools for programs for organizations to develop or expand their own telementoring programs. Our goal is to support the delivery of evidence-based, high-quality telementoring programs that expand access, build cultural proficiency, and improve the quality of healthcare in rural America.

What is Telementoring?

Telementoring, or technology-enabled mentoring, is the use of telecommunication technology to deliver training, education, and support that builds healthcare capacity.

Telementoring shares **best practices** with rural and remote areas and **increases the capacity of the health workforce** in these communities. It can transform training and education through a spectrum of uses:

- Delivering evidence-based curricula
- Offering practice-based, culturally responsive care
- Advancing the skill set of health care workers
- Task-shifting to increase access to specialized care
- Creating communities of practice and learning that foster knowledge and engagement through peer-to-peer interaction.

What We Do

Beginning in Fall 2021, the RTTC will provide **training, support, and technical assistance for implementing, expanding, and evaluating** six telementoring modalities for improving health care delivery:

Project ECHO	Hub-and-spoke model using videoconferencing to connect a team of subject-matter experts with community-based health care workers. Sessions include didactics, deidentified case presentations, and interactive discussion.
Individual Consultation	Phone or video conferencing for one-on-one consultation between specialists and health care workers
Webinars	Live audiovisual expert presentations delivered by an individual or panel with a discussion and interactive question and answer component
Podcasts	Audio (or audio with visual enhancements) broadcasts distributed through the Internet and able to be consumed via platforms such as web pages and handheld devices
Online Modules & Curricula	Self-paced learning via online modules slides with or without audio.
Community Health Clubs	Peer-to-peer support and learning via the formation of facilitated health clubs consisting of health care workers who meet regularly to build competencies and to discuss specific health care issues.

RuralTelementoring.org

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