



Division of Criminal Justice Services

NYS Division of Criminal
Justice Services
dcjscontact@ny.gov

June 08, 2023

Wellness Symposium 2023 - Cortland Co.

THIS MESSAGE IS SENT ON BEHALF OF THE NYS OMH OFFICE OF FORENSIC SERVICES

Wellness Symposium 2023

The University Police at SUNY Cortland are thrilled to host and extend an invitation to you for the inaugural Wellness Symposium at SUNY Cortland, on July 21, 2023, from 8 am to 5 pm. This symposium is exclusively designed for Law Enforcement Personnel, Probation Officers, District Attorneys, EMS professionals, and Firefighters.

Throughout the day, we have arranged captivating presentations that highlight successful wellness programs currently in operation. Our primary objective is to provide attendees with a diverse range of options to either establish their own wellness programs or enhance existing initiatives. There will be many opportunities throughout the day to foster valuable networking opportunities.

To encourage collaboration and knowledge sharing, we have allocated an hour at the conclusion of the event for a round table discussion, where participants can connect and exchange insights.

Presentation topics include:

- The Officer Wellness Program Allegany County NY in collaboration with NYS OMH
 - Wellness Officer Brent Schlafer Allegany County Sheriff's Office
 - Belinda Schlafer LMHC, CCTP, EMDR-C
 - Rana Meehan LMHC
- Suffolk County Sheriff's Office Wellness Program
- Priority Wellness Campaign
 - Michael Briggs
- Desert Waters Correctional Outreach
 - Caterina Spinaris, Ph.D., LPC
- Leadership Development
 - Richard Martin, Chief of Police in Newark, NY
- Understanding the Layers of Influence in Supporting Utilization Among First Responders
 - Erin Craw Ph.D.
- FirstNet Built with AT&T

This **free** event will be held as follows:

Date: July 21, 2023

Location: Cortland Co.

Time: 8:00 am to 5:00 pm

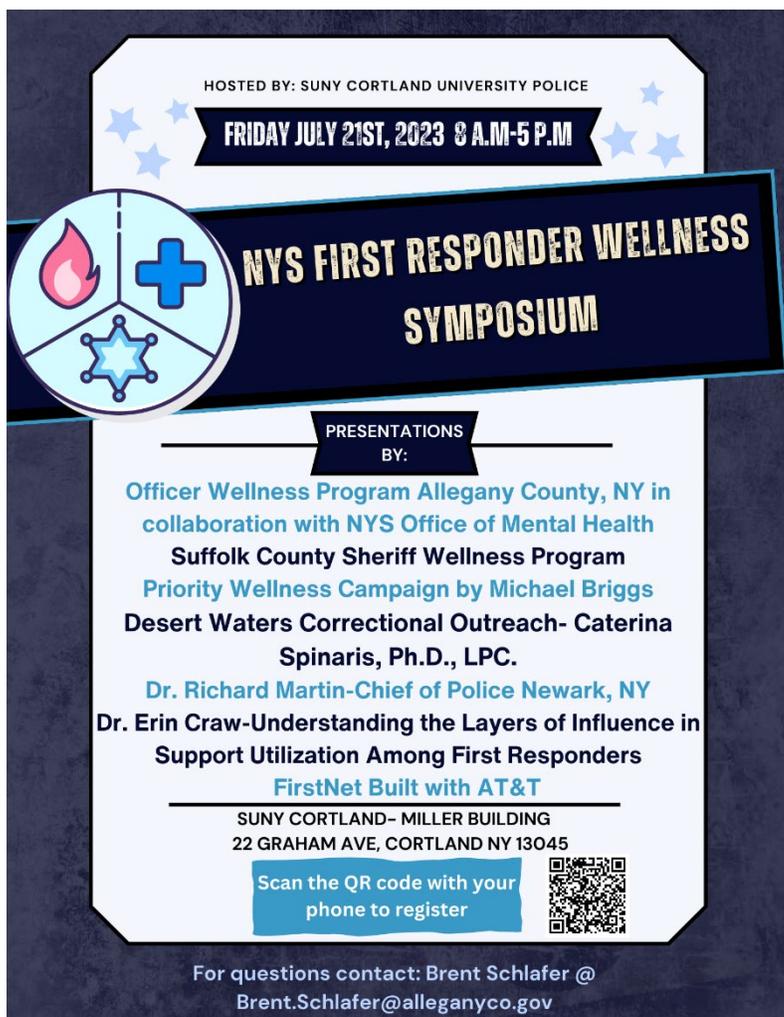
Hosted by: University Police SUNY Cortland

We eagerly await your presence at this groundbreaking symposium. Please use the registration link provided below to secure your spot at this event. Confirmations will be emailed to you, two weeks in advance from the date of event.

If you have any questions about this event, please contact Wellness Officer Brent Schlafer, from the Allegany County Sheriff's Office by email at: Brent.schlafer@alleganyco.gov.

Registration link: <https://www.surveygizmo.com/s3/7386122/NYS-OMH-Wellness-Symposium-Cortland-County>

[NYS First Responder Wellness Symposium 23_Flyer.png](#)



The flyer is a dark blue graphic with white and light blue text and icons. At the top, it says 'HOSTED BY: SUNY CORTLAND UNIVERSITY POLICE' and 'FRIDAY JULY 21ST, 2023 8 A.M-5 P.M.' in a white banner. Below this is a circular icon containing a flame, a cross, and a police star. The main title 'NYS FIRST RESPONDER WELLNESS SYMPOSIUM' is in large, bold, white letters. Underneath, it lists 'PRESENTATIONS BY:' followed by several speakers and topics in white text. At the bottom, it provides the location 'SUNY CORTLAND- MILLER BUILDING' and a QR code with the instruction 'Scan the QR code with your phone to register'. Contact information for Brent Schlafer is at the very bottom.

HOSTED BY: SUNY CORTLAND UNIVERSITY POLICE

FRIDAY JULY 21ST, 2023 8 A.M-5 P.M.

NYS FIRST RESPONDER WELLNESS SYMPOSIUM

PRESENTATIONS BY:

Officer Wellness Program Allegany County, NY in collaboration with NYS Office of Mental Health
Suffolk County Sheriff Wellness Program
Priority Wellness Campaign by Michael Briggs
Desert Waters Correctional Outreach- Caterina Spinaris, Ph.D., LPC.
Dr. Richard Martin-Chief of Police Newark, NY
Dr. Erin Crow-Understanding the Layers of Influence in Support Utilization Among First Responders
FirstNet Built with AT&T

SUNY CORTLAND- MILLER BUILDING
22 GRAHAM AVE, CORTLAND NY 13045

Scan the QR code with your phone to register

For questions contact: Brent Schlafer @ Brent.Schlafer@alleganyco.gov