

The Recorder

Montgomery County Relaunches Wellness4U Online Store

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Montgomery County Public and Mental Health Director Sara Boerenko displays health and wellness items available to county residents at no cost through the Wellness4U online store.

FONDA — An online store providing residents free health-related products has been relaunched by the Montgomery County Public Health Department.

The Wellness4U store was [introduced](#) last fall to provide Montgomery County residents essential health and wellness items at no cost, including personal protective equipment (PPE), educational materials, basic supplies and emergency preparedness kits.

Over 125 requests for items and 32 other inquiries have been received through the initiative since its inception, according to Sara Boerenko, the county director of public and mental health.

The store's relaunch has incorporated updates and enhancements to the online resource following requests from residents for a variety of additional items and materials based on their unique health care needs and interests.

Available products have been expanded and new items will be introduced regularly to coincide with monthly public health priorities and awareness campaigns.

“We want to make public health education more interactive and accessible,” Boerenko said in a statement. “By offering items that align with monthly initiatives — whether it’s blood pressure information for Heart Health Month or sunscreen for Skin Cancer Awareness Month — we’re giving residents practical ways to take charge of their well-being.”

Orders placed through the online store are filled on a first-come-first-served basis. Items are shipped privately and typically arrive within five days.

The store aimed at serving residents across Montgomery County features items for all ages from newborns to seniors.

“The hope is that residents will make regular visits to the store to see what we have added and engage with real-time health decisions,” Boerenko said.

There are no limits on the quantity or frequency of orders. Items will be shipped to county residents as long as they are in stock.

The original launch of the online store coincided with updates to the health department’s [website](#) in order to improve navigation while providing residents easy access to information and resources on a variety of health topics.

The enhanced website sought to empower residents to address their health and wellness needs. The addition of the online store was an extension of that goal and another way to get essential items into the hands of locals when they need them, instead of solely relying on in-person events where the health department traditionally hands out free resources.

“Our public health team is always looking for new ways to connect with the community and provide meaningful resources,” Montgomery County Executive Pete Vroman said in a statement. “By aligning the Wellness4U store with key health initiatives throughout the year, we’re making it easier for residents to access the tools they need to lead healthier lives.”

Although the update is still fresh, Boerenko welcomed feedback and suggestions from residents on any new items or programs they’re interested in seeing featured by the online store as officials continue to strive to meet the community’s needs.

For more information or to access the store, visit madeofsomethingstronger.com/store.