

# NYS System of Care and Wraparound Training Institute

## Monthly Update

### April 2024

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## Project Updates

### What's Great in Our State 2024

Mark your calendars for the 2024 'What's Great in Our State' event, dedicated to celebrating children's mental health awareness. Join us in a celebration in Albany, NY as we highlight the positive efforts across New York State to support the mental well-being of our children, youth, and young adults. [Click here](#) to view the save the date flyer and stay tuned for more details, including registration information.

## System of Care

### System of Care Implementation Support

We'd like to congratulate eight counties recently awarded the System of Care Implementation Support Funds!

Congratulations to Clinton, Delaware/Chenango, Rensselaer, Washington, and Wayne Counties for their successful grant awards. In these counties, funds will be utilized to support the employment of a dedicated System of Care Coordinator. This coordinator will play a pivotal role in advancing the Systems of Care approach alongside cross-system partners, fostering collaboration and innovation in service delivery.

Congratulations to Clinton, Delaware/Chenango, Dutchess, Rensselaer, Tompkins, Washington, and Yates Counties for securing funding to facilitate Family and Youth Focus Groups. These groups will serve as crucial platforms for community input, ensuring that System of Care actions are rooted in the diverse needs and perspectives of local families and youth.

We celebrate the commitment of all grantees to their communities through the implementation of the system of care approach. We look forward to sharing more details on this work in the future!

## Reflective Supervision

"The Art of Reflective Supervision" is an exciting menu of **learning experiences** that are being supported by the NYS State Office of Mental Health with funding from the Research Foundation for Mental Hygiene.

This new learning opportunity includes two online interactive self-paced learning modules:

- [Module One](#) – focuses on the value and foundation of Reflective Supervision.
- [Module Two](#) – introduces practical ways that you can become more reflective in your supervisory relationships and practices.

Individuals that complete the online learning modules, are eligible for:

- Up to **3 hours of individualized virtual coaching** from a seasoned reflective supervisor. Available through July 15th. [Click here](#) to sign up.
- **May 3rd from 10:00am – 4:00pm** in Ithaca, NY – an **in-person, one-day "deep-dive" into Reflective Supervision** with other colleagues who are on the reflective journey. [Click here](#) for more information.

## Wraparound Training and Implementation Institute

In exciting news for High Fidelity Wraparound, as of early April 2024, the training team will be transitioning from the Office of Mental Health to I-CONECT (Institute for Care Management, Outreach, Networking, Engagement, Connecting and Training) at the Center for Practice Innovations (CPI)! This transition is an incredible opportunity for the training program to expand and support the statewide rollout of High Fidelity Wraparound within HHSC. On behalf of the Office of Mental Health, we want to recognize and thank Erika Brunelle and Barb Jaklitsch for their hard work and dedication. This next phase of HFW would not be possible if it weren't for their efforts and commitment! HFW partner agencies will be receiving more information about the transition and next steps in the upcoming weeks. Please reach out to Kim Heffner ([kimberly.heffner@omh.ny.gov](mailto:kimberly.heffner@omh.ny.gov)) if you have any questions.

## Nathan Kline Institute

### Center for Research on Cultural and Structural Equity

The Nathan Kline institute is excited to announce their upcoming trainings and coaching opportunities on the following topics:

- Health Habitus and Motivational Interviewing: May 8<sup>th</sup> & 9<sup>th</sup>, 10:00am – 12:30pm
- Health Habitus and Motivational Interviewing Coaching: 1 Hour Sessions on Wednesdays or Fridays
- Train-the-Trainer: Seven consecutive Wednesdays starting May 15<sup>th</sup> – June 26<sup>th</sup>

[Click here learn more and register!](#) For any questions, contact Sebrena Tate at [sebrena.tate@nki.rfmh.org](mailto:sebrena.tate@nki.rfmh.org).

## Systems of Care Evaluation Team

### HFW Discharges and Length of Stay by Phase

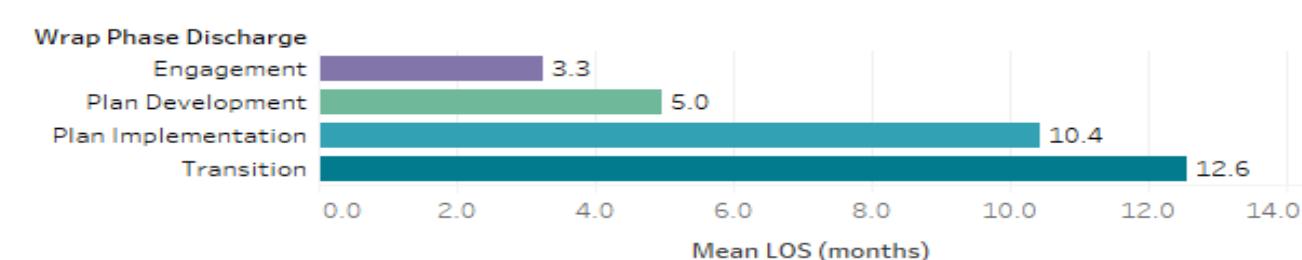
The High Fidelity Wraparound (HFW) care management practice model consists of four phases with defined activities to meet the main goals meant to be accomplished in each phase, starting with Engagement, then moving into Plan Development, following by Plan Implementation, and concluding with the Transition Phase. Each phase includes different model components; ideally an enrollee will have completed all four phases prior to discharge from HFW. The HFW process requires a high level of effort from all team members, and it can be difficult to complete all four phases. Through the end of February 2024, there have been a total of 252 discharges, with an average length of stay (LOS) of 9.4 months (286 days). Looking at the breakdown of enrollees discharged in each phase, the largest percentage were discharged during Plan Implementation (44% of discharges; refer to Figure 1, below).

Figure 1: HFW Discharges by Phase



Stratifying discharges by HFW phase at time of discharge, the average LOS is unsurprisingly noted to increase with each successive HFW phase; refer to Figure 2, below. For enrollees discharged during Engagement, the average LOS is 3.3 months, while for enrollees discharged during Transition (a 'full dose'), the average LOS increases to 12.6 months.

Figure 2: Mean Length of Stay, by Phase at Discharge



## Deputy Commissioners' Corner

### NYS Office of Mental Health – Office of Prevention and Health Initiatives

OMH's Office of Prevention and Health Initiatives (OPHI) is a relatively new office at OMH that is supporting innovative wellness and prevention programs! Housed within the Office of the Chief Medical Officer (OCMO), OPHI is charged with advancing new mental health policy and programs emphasizing widespread prevention efforts with a foundational goal of promoting mental health equity for all New Yorkers.

OPHI is sponsoring a robust, data-driven statewide prevention agenda by developing and disseminating culturally acceptable, trauma-responsive, and evidenced-informed prevention initiatives for individuals across the lifespan. OPHI initiatives work towards the reduction of risk factors and the enhancement of protective factors for individuals, with a special emphasis on meeting the needs of underserved communities. These initiatives are implemented in a multitude of community-based settings including, but not limited to, pediatric offices, schools, and the workplace. The Office has focused attention on addressing the social determinants of health – the unique conditions in which people live, learn, work, and grow – that are increasingly recognized as critical to the overall health and wellness of communities. To this end, OPHI continuously collaborates within OMH, with other governmental agencies, and through cross-systems partnerships to further our prevention agenda.

OPHI's initiatives focus on four major areas: Children and Family Prevention, Community Outreach and Public Education, Community Prevention, and Suicide Prevention.

- Children and Family Prevention is implementing a robust portfolio of evidence-based programming for children and families in New York. For example, HealthySteps is an evidence-based program that serves young children (0-3) and their families in a pediatric healthcare setting, which is non-stigmatizing and offers universal access. This universal approach also promotes equity and meets families within their community. In addition, the Mitigating the Impact of Trauma in Schools (MITIS) program recently awarded over 40 school districts throughout New York State funding to implement training and curriculum aimed to enhance the school's capacity to be trauma-informed and trauma-responsive. Other initiatives sponsored in this bureau include: NYS Trauma-Informed Network and Resource Center, Mental Health Education in Schools, Promise Zones, Restorative Practices, NYS Parenting Education Partnership, Early Childhood Education Training Efforts, and Trauma-Responsive After School Programming for Latina Adolescents.
- Community Outreach and Public Education (COPE) is the face of OMH to many New Yorkers. This bureau leads statewide efforts to engage the public at large in non-stigmatizing conversations around mental health as well as providing linkages to support and wellness activities. COPE tables at numerous community events throughout the year, bringing awareness about our public mental health system to New Yorkers and gathering feedback on it. COPE coordinates OMH's presence at events including, but not limited to, the annual Winter and Summer New York State Fairs, wellness tabling in schools, and Veteran's events.
- Community Prevention leads innovative efforts in community wellness and prevention aimed at addressing the social determinants of health. Recently, the team completed a two-year pilot aimed to combat food insecurity among people with serious mental illnesses (SMI) by connecting them with and educating them around the use of farmer's market foods. The team designed a novel intervention to promote the skills, access, and affordability of farm fresh produce for residential clients with SMI. In addition, the Community Prevention team is also working on Farmers Supporting Farmers, which serves 750 farm families and 40 business employees/owners via on-farm site visits in the privacy of their home. The sessions provide holistic support that address the unique financial, family, and social stressors experienced by farmers and their families which include technical assistance related to financial management, business planning and decision making, and methods to improve farm/agribusiness viability, as well as mental health wellness services. Other efforts in this bureau include sponsoring the Community Mental Health Promotion and Supports (COMHPS) program. This program dispatches teams of paraprofessional mental health outreach workers to high-need, underserved communities to provide

community engagement, wellness promotion, screenings for mental health conditions, emotional support, and referral, as needed, to licensed mental health professionals. The goal of COMHPS is to help New Yorkers with mental health needs that could benefit from emotional support, but not necessarily clinical treatment, as well as to support community mental health and wellness connections.

- OMH's Suicide Prevention Center of New York (SPCNY) is the lead entity in suicide prevention in New York State. The Center provides technical assistance that advances the New York State Suicide Prevention Plan. In addition to offering a broad set of evidence-based trainings to New Yorkers, SPCNY is rolling out a variety of innovative programs in healthcare, schools, and the workplace. For example, CARES UP is an initiative that focuses on improving the mental health and wellness of uniformed personnel and Veterans. This is accomplished by enhancing uniformed personnel organizations wellness and health models, programs, and policy through a foundational framework. Recently, 13 new sites were named awardees in this vital program.

**Deputy Commissioners' Workgroup Membership:** CCF (Vanessa Threatte, Elana Marton, Chris Tosado, Kristin Weller, Patricia Persell, Meghan Glass), Council of Developmental Disabilities (Formerly DDPC) (Vicky Hiffa, Jennifer Goldman), DCJS (Damon Bacote), , DOH (April Hamilton, Ann-Margret Foley, Myla Harrison, Suzanne Swan, Colette Poulin, Kirsten Siegenthaler), DOL (Chris White), Empire Fellows (Kennetha Glover, Ocesa Keaton, Shanil Nunez), Justice Center (Davin Robinson, Shannon Cantiello), OASAS (Pat Lincourt, Maria Morris Groves, Sam Kawola), OCFS (Gail Geohagen-Pratt, Nina Aledort, Galen Gomes, Kristin Gleeson, Kathleen Hoskins, Jill Swinburger-Sprotberry, Nora Yates, Joyce Connolly, Erin Cassidy), OMH (Dr. Audrey Erazo-Trivino, Bonnie Catlin, Angela Keller, Meredith Ray-LaBatt, Sarah Kuriakose, Nancy Pepe, Matt Perkins), OPWDD (Jill Pettinger, Abiba Kindo, Josh Olsen, Rachel Baker), SED (Kathleen DeCataldo, Suzanne Bolling), OTDA (Cheryl Contento, Valerie Figueiroa), SOFA (Alana Stelline, Michael Gunn), Governor's Office (Emily (Badalamente) Meyer, Kim Hill, Holly Saupp).

## Exemplars of Systems of Care Work in NYS

Essex County's System of Care (BRIEF) has created a number of resources aimed at assisting individuals in their journey toward resilience.

The Crisis Infographic (to the right) is a valuable tool designed to spark meaningful conversations and provide guidance to individuals during challenging times.

The Wellness Plan is a customizable guide that empowers individuals to take ownership of their own mental and emotional health, offering resources and prompts to nurture resilience and self-care.

The Resiliency Wheel is an exemplar of resilience-building principles, guiding individuals towards inner strength and adaptability. The Resiliency Wheel was developed by Dr. Nan Henderson as a tool to identify the external protective factors that build resiliency.



## Did You Know?

### The NYS Care Management Coalition

The NYS Care Management Coalition is excited to announce that their 2024 Annual Training Conference will take place on May 2 & 3, 2024 at the Conference Center in beautiful Lake Placid, NY.

Go [here for registration information](#) and [here for hotel information!](#)

### HHS Crisis Resources for Oklahoma

In response to the death of Nex Benedict, a non-binary/two-spirit student in Oklahoma, HHS compiled [resources](#) related to mental health and youth crisis services, tools for youth-serving providers, and resources to prevent school-based bullying and violence. Innovations and HHS stand in solidarity with the LGBTQ+ community.

### The New York State Office of Mental Health

The following is an announcement about a new funding opportunity from the New York State Office of Mental Health. NYS OMH is making \$100,000 available for projects aimed at reducing the stigma often associated with mental illness. To be eligible for the funding, organizations must have at least one year of experience serving individuals with mental illness and be recognized for their work serving underserved, under-represented, or minority populations.

The funding may be used for targeted messaging and advertising; producing printed materials; guest speakers; training; contacting individuals with lived experience; and multimedia productions. The Office of Mental Health aims to award one grant in each of the agency's five regions statewide, with projects needing to be completed between July 2024 and June 2025.

To be considered, projects must address one or more of the following elements: Educational, Contact-based, Underserved Populations, Housing, Employment, Parenting and Families, Media, Healthcare

To be considered for these funds, proposals must be detailed and completed in their entirety. Selected partners are expected to meet with OMH staff during the grant period and submit periodic progress reports and a Final Report upon completion. Information on claims reporting will be provided at the time of award.

Please direct questions regarding this solicitation and funds to Karin Wagner at [karin.wagner@omh.ny.gov](mailto:karin.wagner@omh.ny.gov).

The Office of Mental Health **must receive complete proposals by May 31, 2024**.

Please email proposals to Carol Swiderski at [carol.swiderski@omh.ny.gov](mailto:carol.swiderski@omh.ny.gov).

**TA TELEGRAM:** To get the latest news from the National TA Network for Children's Behavioral Health, and to subscribe to their Training Institutes e-mail list [go here!](#)

### Save These Dates!

[Keeping Wrap on Track: A Panel of Large-Scale Wraparound Evaluation Efforts](#): Tuesday, April 16<sup>th</sup>, 3:00 PM

[Words Matter Wednesday: Promoting Equity for LGBTQ+ Populations Through Language](#): Begins Wednesday, May 22<sup>nd</sup>, 3:00 – 4:00 PM

### New Training from National SOGIE Center

Enroll today in a free 45-minute self-paced e-learning to gain information on how to support LGBTQIA2S+ young people through the family finding and engagement process. This e-learning is brought to you by Innovations' National SOGIE Center and the QIC-LGBTQ2S and was developed by Kinnect based on the Chosen Affirming Family Finding Model.

[Adapting Family Finding & Engagement Practices for LGBTQ+ Young People](#)

## Child Abuse & Neglect Prevention Resources

The [2023/2024 Prevention Resource Guide](#) from the Children's Bureau and the Child Welfare Information Gateway is a key resource for community-based providers who work to prevent maltreatment and promote family well-being.

## Youth Peer Advocate Resource Toolkit

We have other exciting news to share! We've developed a collection of materials specifically crafted for agencies that hire youth peer advocates. Visit the [NYS SOC Website](#) to explore an array of customizable digital images for social media, as well as palm cards and posters that can be shared in your community to educate, raise awareness, and supercharge recruitment efforts for youth peer advocates!

### What's in Store for You?

- Engaging Digital Content: Eye-catching visuals ready to be customized for your social media platforms.
- Printed Materials: Customizable documents to enhance your agency/county recruitment initiatives.
- Customizable Materials: Materials are designed to be easily personalized and shared within your agency and community, ensuring that your message reaches far and wide.
- Multilingual Access: Materials are offered in 12 different languages, catering to diverse communities and ensuring inclusivity.

Drive awareness and interest in available youth peer advocate positions through utilization of these advertising options. Don't miss out on this opportunity to enhance your agency's recruitment and awareness efforts. Explore the [NYS SOC Website](#) now.

## SAMHSA's National Training and Technical Assistance Center for Early Serious Mental Illness (ESMI TTA Center)

The ESMI TTA Center would like to announce that registration is now open for the following:

***Learning Communities for Providers Working with Individuals Experiencing First Episode Psychosis, Clinical High Risk for Psychosis, and Other Early Serious Mental Illness***

[Click here to learn more and apply to the Team Lead Learning Community!](#)

### Supported Education and Employment Specialists (SEES)

[Click here to learn more and apply to the SEES Learning Community!](#)

### Peer Support Specialists

[Click here to learn more and apply to the Peer Support Specialist Learning Community!](#)

## Upcoming Virtual Conference

**2024 Collective Impact Action Summit**, online April 30 – May 2, 2024

Join us this spring for the online 2024 Collective Impact Action Summit as backbone leaders, practitioners, funders, partners, and more gather virtually from around the world for our biggest learning event of the year.

Spanning three days, the 2024 Action Summit includes more than 35 virtual sessions featuring key learnings and recommendations from collective impact initiatives from across the U.S. and globally.

And mark your calendars for May 2 for a special live-only keynote conversation with political leader, voting rights activist, entrepreneur, bestselling author, and changemaker Stacey Abrams that will explore the power of movement building for collective impact. [Register here!](#)

# NTTAC: National Training & Technical Assistance Center for Child, Youth, & Family Mental Health

## Minds Matter: Strategies for Supporting Students with Mental Health Challenges in Schools.

Join them for their April ECHO training series to gain insights and strategies for supporting students with mental health challenges. Each session in this weekly series will include a brief expert presentation on the topic at hand, followed by a presentation and discussion of cases submitted by attendees. Participants may submit cases for discussion prior to the presentation and will be notified of the case chosen for each session sent ahead of time.

This series has limited space available – [register now by going here!](#)

## The Evidence-Based Treatment Dissemination Center

The Evidence-Based Treatment Dissemination Center announced a training and a webinar, learn more below.

### ***Managing and Adapting Practice (MAP) Training: ANXIETY, DEPRESSION, DISRUPTIVE BEHAVIOR DISORDERS, TRAUMA, and MORE***

MAP is a clinical framework and decision support system designed to help improve the quality of mental healthcare delivered to children and adolescents. MAP was created by [PracticeWise,LLC](#), and [extensive research and testing](#) has been conducted that demonstrates its effectiveness in helping clinicians deliver care that improves youth mental health outcomes.

MAP provides NYS' mental health agencies and programs, and the supervisors and clinicians within them, with a comprehensive online resource to assist them in coordinating and supplementing the use of evidence-based practices for children's mental health.

The Evidence-Based Treatment Dissemination Center is holding a multi-day [MAP training](#), read below to learn about what this training has to offer!

This training will be held on April 9<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>, & 15<sup>th</sup>. There is a Mandatory Pre-Training Webinar on April 1<sup>st</sup>. Note: CEUs are offered for this training. [Click here](#) to learn more about the training, including the ***time-intensive commitment information***, and to register!

### ***Mini MAP Trainings: If you don't have time for the full MAP training, check out our Mini MAP program!***

This introduction to Mini MAP will provide an overview of the MAP model, and focus on teaching you the technical aspects of the tools and resources that will be used in clinical future trainings (Clinical Dashboards, Practice Guides, P-WEB searches). This will include a FREE subscription to Practicewise.com to access the MAP tools and resources. [Register here!](#)

This training is a prerequisite for all other Mini MAP trainings.

- Virtual Training: April 26, 2024, Noon – 2:30 pm
- Cost: FREE
- CEUs: Earn 2.5 CEUs (\$25 fee)\*\*
- Presented by: [Aleta Angelosante, PhD](#) & [Kaitlin Happer, PhD](#).

### ***Using DBT Within the MAP System***

This training highlights the overlap between DBT skills and MAP practice guides. Trainees will choose a current DBT or DBT-informed case and will then be instructed on creating a clinician dashboard. Using the "Intro to Mini MAP" training as a base, this webinar will explain the use of clinical dashboards in the MAP system and focus on developing the technical skills of trainees in using dashboards to track progress and practice for DBT-informed cases. This training is especially useful for clinicians dealing with highly complex adolescent patients. [Register here!](#)

- Virtual Training: May 10, 2024, 1:00 – 5:00 pm
- Cost: FREE
- CEUs: Earn 4 CEUs (\$25 fee)\*\*
- Presented by: [Aleta Angelosante, PhD](#) & [Bethany Watson, PhD](#)

# Useful Links and Tools

- [New York State Systems of Care](#)
- [New York State High Fidelity Wraparound](#)
- [New York State SHAPE](#)
- [Diversity, Equity, and Inclusion – New York State OMH/Nathan Kline Institute](#)
- [NKI Center for Research on Cultural and Structural Equity in Behavioral Health](#)
- [New York State OASAS Harm Reduction – Obtain Naloxone \(Narcan\) and Test Strips](#)
- [NYS Multiple Systems Navigator](#)
- [New York 988 Website](#)
- [NYS Conference of Local Mental Hygiene Directors](#)
- [National Center for Training and Technical Assistance on Child, Youth and Family Mental Health \(NTTAC\)](#)
- [Center of Excellence LGBTQ+ Behavioral Health Equity Youth Involvement and Assessment Tool](#)
- [Transgender Family Handbook](#)
- [New York State Department Of Labor variety of services for employers all free of charge](#)
- [The National Institute for Health Care Management \(NIHCM\) US Children's Well-being Infographic](#)
- [Headspace Health Unified Mental Health and Wellbeing Experience for Employers and Employees](#)
- [Wisconsin Systems of Care Community Readiness Assessment](#)
- [American Psychological Association DEI Inclusive Language Guidelines](#)
- [Student Mental Health Matters: A Toolkit for Educators](#)
- [The Office of Trafficking in Persons \(OTIP\) toolkit for National Human Trafficking Prevention Month](#)
- [Project TEACH \(projectteachny.org\)](#)
- [The Office on Trafficking in Persons \(OTIP\) modules for working with Foreign National Minors who have Experienced Trafficking](#)
- [Modernizing Behavioral Health Systems: A Resource for States - NASHP](#)
- [National Network for Youth Human Trafficking School Safety Protocol Toolkit](#)
- [Suicide Prevention Resource Center: Mental Health Promotion and Suicide Prevention for LGBTQIA2S+ Youth](#)
- [NYS Trauma-Informed Network and Resource Center](#)
- [Youth Peer Advocate Resource Toolkit](#)
- [2023/2024 Child Abuse & Neglect Prevention Resource Guide](#)
- [National Association of Peer Supporters Membership](#)
- [Center for Research on Cultural & Structural Equity in Behavioral Health \(C-CASE\)](#)
- [CCASE Products and Tools](#)

Subscribe to (or unsubscribe from) the NYS Systems of Care Listserv by emailing [Angela Keller](#).

