



Office of
Mental Health



The Suicide Prevention Center of NY ([SPCNY](#)) will be hosting a ‘train the trainer’ (aka TTT) event for the evidence-based workshop [safeTALK](#) on March 13 and 14, 2025 in Cooperstown.

If there are members of your County Suicide Prevention Coalition and/or other agency staff who are passionate about suicide prevention, comfortable helping to facilitate others' learning, and have the backing of their agency, please consider sharing the following information with them. We are currently looking to draw from interested candidates in Otsego and contiguous counties, and those that are close by.

There are two main requirements that must be met prior to attending a TTT.

1. You must have taken [ASIST](#) within the past two years of the TTT dates. SPCNY may be able to help connect to workshop opportunities if someone needs the ASIST workshop.
2. Invited trainer candidates must be willing to accept invitations to train from SPCNY outside of your agency.

Other considerations and information for SPCNY-sponsored TTTs are as follows:

- The actual cost of the course, instructor time, and trainer materials are covered by SPCNY.
- SPCNY can offer two nights of lodging for the TTT if a trainer candidate travels more than **35 miles** (NYC-based train the trainer) or **70 miles** (Upstate train the trainer) to the training location. We will also cover mileage.
- The safeTALK TTT is a **two full-day** commitment.
- We are looking to invite a total of **10** candidates.
- Trainer candidates must deliver at least **three** safeTALK trainings within one year of the TTT to become a registered trainer. After this, they must deliver at least **two** trainings per year.
- SPCNY has invested in an infrastructure to support trainers including a Learning Management System and dedicated staffing.

If anyone is interested in formally expressing interest in becoming a trainer, they can complete the following information on this [questionnaire](#). I would encourage people to do this as soon as possible, especially in relation to needing to identify if potential candidates may need to take the ASIST class.

SPCNY will also be hosting two other safeTALK train the trainers in 2025-one likely in Western NY and one likely in the north eastern part of the state. We will also be hosting a 15 person ASIST train the trainer this year.

For questions or more information or questions please contact garra.lloyd-lester@omh.ny.gov