



LESSON SCHEDULE

EFFECTIVE
August 10, 2020

RANK/AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JUNIORS (6-11) HOME SCHOOL	11:00-11:40AM	11:00-11:40AM	2:00-2:40 PM	11:00-11:40AM	-	
TEENS (12-15) HOME SCHOOL	12:00-12:40 PM	12:00-12:40PM	3:00-3:40 PM	12:00-12:40PM	-	
TIGER CUBS (AGES 4-5)	4:00-4:30PM	4:00-4:30PM	On-line Lessons	4:00-4:30PM	4:00-4:30PM	12:00-12:30PM
JUNIORS (6-11) WHITE - GREEN	5:00-5:40PM	6:00-6:40PM	On-line Lessons	5:00-5:40PM	5:00-5:40PM	11:00-11:40AM
JUNIORS (6-11) BLUE - BLACK	6:00-6:40PM	5:00-5:40PM	On-line Lessons	6:00-6:40PM	5:00-5:40PM	11:00-11:40AM
TEENS (12-15) ALL RANKS	7:30-8:30PM	7:00-8:00PM	On-line Lessons	7:00-8:00PM	7:00-7:50PM	9:00-9:50AM
ADULTS (16+) ALL RANKS	12:00-12:40 PM 7:30-8:30PM	12:00-12:40 PM 7:00-8:00PM	On-line Lessons	7:00-8:00PM	7:00-7:50PM	9:00-9:50AM
JIU-JITSU					6:00-6:40PM	10:00-10:50AM

**HONORS & LEADERSHIP - 1ST & 3RD MONDAYS
INSTRUCTOR MEETINGS - 2ND & 4TH MONDAYS**

STUDENTS SHOULD ARRIVE 5 TO 10 MINUTES EARLY FOR EACH CLASS. LATE STUDENTS RECEIVE NO LESSON CREDIT.

MINIMUM CLASSES TO TAKE TO QUALIFY FOR BELT TESTING

TIGER CUBS & WHITE

YELLOW, GREEN, &
BLUE

BROWN, RED, &
BLACK

10

12

14

Students must test to earn new rank!

Formula For Success!

- + ATTEND CLASS 2-3 TIMES A WEEK
- + ONE 30-MINUTE PRACTICE SESSION AT HOME EACH WEEK
- + ONE PRIVATE LESSON PER MONTH OR PER TESTING CYCLE
- = SUCCESS!

PRIVATE LESSONS

Available by appointment only. See instructor(s) for details.

THIS SCHEDULE IS SUBJECT TO CHANGE · MINIMUM ATTENDANCE REQUIREMENTS MUST BE MET IN ORDER FOR STUDENT TO QUALIFY FOR BELT TESTING · MINIMUM ATTENDANCE DOES NOT GUARANTEE ADVANCEMENT · CLASS ATTENDANCE TOTALS RESET EVERY CYCLE.

VISIT US ONLINE
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