

August is "Happiness Happens Month." Something that began as a single day turned into a month. Ideally, happiness should happen every day.

How does happiness happen for you? Happiness is a Warm Puppy, according to the classic Peanuts' book by Charles Schultz. Happiness is different things for different people. For me, happiness is seeing my granddaughter's smile. It's knowing that my "better half" has fully recovered from his torn quadriceps and is back to golf and skiing.

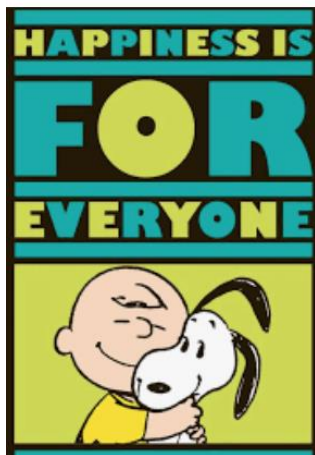


We like to think that happiness happens automatically when we go out to have a good time. Going to a restaurant with friends, going to the theater, visiting a park or museum, taking our kids or grandkids to a park all have the potential to make happiness happen.

For anyone with a mobility challenge, going out for "fun" can produce anxiety rather than happiness at the prospect of not knowing what he/she will actually find on arrival. Will it be easy to enter? Will there be someplace(s) to rest? Will there be more steps than I am comfortable with? Will the restroom really be accessible? Will I have to walk far to get

to my seat? Will there be a handrail? These are just some of the things that can make an experience less than happy.

Destination Accessible endeavors to help make happiness happen. Happiness can happen from knowing that a venue will be easy to navigate. Happiness can happen from knowing that a restaurant will be easy to enter and have enough room to navigate easily. Happiness can happen from knowing that the restroom is truly accessible, with handrails, accessible sink and be large enough to maneuver easily. Happiness can also happen by “knowing before you go,” that a venue does not have adequate accessibility for you, allowing you to plan accordingly. Knowing specifically what you are going to find at a venue can remove the anxiety by helping you plan for that visit, or perhaps by deciding to choose another venue.



Visit [www.DestinationAccessible.org](http://www.DestinationAccessible.org), to get the first-hand specifics on accessibility about any of the more than 500 venues we have personally visited. Get a feel for the venue from our “read more,” and get ideas for places you may not have known about. Everyone deserves to have as much enjoyment as possible!



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**Our mission:**

**Destination: Accessible is a 501c3 non-profit organization dedicated to making the lives of those with mobility challenges more enjoyable.**