



2021 Open to Receiving Abundance in all Things

Linda Fostek

2020 is now in the rearview mirror. Many of us are feeling grateful to be able to turn the page to 2021.

How is 2021 going to be different?

If we want it to be different, we have to be different in many ways.

As I sat down to create my vision for how I want 2021 to unfold for me, I looked at the big vision first. I actually started looking at that vision months ago while we were deep in the weeds with COVID lockdowns, isolation, and challenges.

For those that have not been so focused, it is not too late to set your course in 2021.

I choose to focus on several areas of my life. Areas that are all part of an Abundance Mindset.

Just what does Abundance mean?

Abundance: A very large quantity of something, The state or condition of having a copious quantity of something, Plentifulness of the good things of life, The quantity or amount of something, overflowing.

What do I want more of in my life?

I want more joy, more happiness, more harmony, a greater connection to God, more peace, more fulfillment in my work, and of course more money to fulfill the mission of my life.

I am choosing Abundance in all of these things!

Truth be told, I have been focused on Abundance since June 28th, the day after I turned 69.

It was then I started Deepak Chopra's 21 day Abundance Challenge. I surprised myself in sticking with it for 21 days straight. Each day I was invited to meditate and dive into and release things that may have been pushing abundance away from me.

I must admit that as someone not used to meditation, the first week seemed painfully difficult as I found myself thinking "Is it ever going to be over?" during the long silence of the meditation. By week two, it was like, "It's over already? Where did I go? What happened?". When the gong signaling the time was done went off it would startle me back to reality.



It was then that I felt a great spiritual awakening started to occur.

Spiritual growth and better connection with God, has been part of my goals for the past 3 years. This was the first year I actually experienced it. I was able to slow down and make the time to create a closer connection to God and spirit.



During a NLP (Neuro Linguistic Programming) Certification class in September I had a breakthrough revelation.

All my life I had celebrated my fierce independence. Born out of necessity at the age of 2, I learned to dress and feed myself as my mom was totally overwhelmed and consumed by my baby sister who had colic and cried 24 hours a day for the first 3 years of her life.

My strong sense of self served me well over the years. Bullied in school, I focused on music and scouting. Rejected by sororities in college, I banded together with others to start our own sorority with a mission of service. I was a pioneer working fearlessly in the grocery industry as the first woman in Boston to pack out cookies for Keebler.

I saw it as a source of my strength.

I was always focused on giving. Giving and doing for others. Rarely focused on taking care of myself.

When my husband became gravely ill, I was his caregiver. I hid my sadness and struggle from everyone. Whenever someone would offer to help I pushed them away saying, "No Thank you, I'm okay, I can manage it myself." Even when I was falling apart inside, crying in the car so no one would see me. I refused to ask for help.

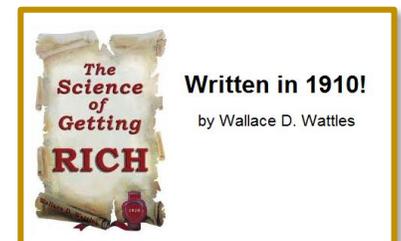
Truth be told, I was missing an important element. The element of receiving. There is a Yin and Yang to giving and receiving. They are two halves of the same whole. It was not until my husband passed and I allowed myself to receive that I came to understand that.

But that is only part of my lesson on receiving. I also came to understand that my inability to receive was also blocking my spiritual journey as I was blocking God's love. It was blocking my business success and it was blocking money from coming to me.

When I opened myself up to receive, everything came into balance.

In October I completed the 30 day *Receiving Your Riches* course from Nancy Matthews based on *The Science of Getting Rich* by Wallace Wattles.

Once again I surprised myself at the discipline I had. While I had completed this course on two other past occasions, I had also had 3 or 4 false starts where I lost focus and had to start at the beginning. This time it seemed effortless and light as I embraced the concepts of abundance for all and the power of our mind in creation of all we desire under a divine and omnipresent God.



As I write this I am following a 40 day Abundance Aqueduct based on *The Abundance Book* by John Randolph Price.

Each day, I am connecting to God on a higher level and feeling his presence in my life. I know

without question that good things are coming my way.

How do I know this?



Abundance is already showing up in my life, in many ways.

At the end of October I received a letter telling me that a pension plan that I thought was closed for my husband actually had 2 parts. While one part was paid out. The second part was still active. As his surviving spouse they would be sending me 42 months of back payments plus ongoing payments until I die. Mind you the company went out of business in 1989 and he was one of the last people to leave at that time. I am so grateful for

this delightful abundance surprise.

Several weeks ago, I was walking my dog Bristol and a \$100 bill floated down into my hands. I don't mind sharing that I typically pick up pennies on the sidewalk. But this, this was 10,000 pennies all at one time. Truly a blessing.

I tucked the bill into my wallet to remind myself that the universe is always abundant and was grateful in receiving this unexpected gift.

Since that time it feels like it's raining \$100 bills. A friend repaid me with a \$100 bill. My neighbor gave me another for gas money as I was going to pick up our puppies in Georgia.

Abundance is showing up everywhere in my life. Orders for products, unexpected discounts, checks in the mail, paypal receipts. Thank you! Thank you! Thank you!

You too can open your path to abundance.

You can change your relationship with receiving like I did.

You can take any one of the Abundance challenges I took and take your 2021 on a new course filled with joy, happiness, spirituality, peace and prosperity.

Your Abundance is out there waiting for you.

Believe,

Receive,

Be Grateful!

2021 will be amazing!



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