

CARTWRIGHT SCHOOL DISTRICT

Dear Cartwright School District families,

The Cartwright School District fosters a culture that promotes the health, safety, and well-being of students, parents and staff. In an effort to continuously support this commitment, the district has partnered with Care Solace.

Care Solace is an online resource with a live 24/7 concierge meant to assist individuals in finding local mental health related programs and counseling services. Care Solace is a tool for school staff and families to connect with community-based mental healthcare resources and providers. Their proprietary care navigation system taps into a vast database of mental healthcare resources to find carefully vetted local therapists and programs in minutes.

School district families and staff may access Care Solace services in two ways:

1. Call (888) 515-0595 to speak with someone from your Concierge team
 - Representatives are standing by to take your call or email 24/7/365
2. Visit your custom district link: www.caresolace.com/cartwright
 - Answer ten easy questions to receive an extensive list of referrals to applicable care providers. Care Solace takes into account all types of private insurance including Medi-Cal, Medicaid, and Medicare and those that have no insurance. The platform also filters by age, gender, zip code and special request.

Care Solace is now available for use by district families and staff at no cost. Care Solace does not require a name, address, phone number, or date of birth. All information entered on the Care Solace tool is completely confidential and securely stored.

Please note, this service is an optional resource available by choice and is not mandatory in any way. Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 1-800-273-8255. If you are interested in seeking counseling-related services at this time, please consider visiting www.caresolace.com/cartwright

Warmest regards,

Dr. LeeAnn Aguilar-Lawlor
Superintendent
Cartwright School District



Chaos to Calm

Care Solace makes it easier for students, staff & their families to connect with mental health care resources and providers in the communities.

Our purpose

To quickly connect communities to reliable, ethical and quality mental health care and recovery services.

Get connected to mental health providers

If you or a family member is experiencing anxiety, stress, depression, substance abuse, or other mental health conditions, use Care Solace for expert help in navigating the mental health care system.

The Care Concierge team can quickly and confidentially find available providers in the community, matched to your specific needs.

Care Solace provides:

- Care Concierge professionals available 24/7 by phone, email, text or video chat in any language
- A dedicated Care Concierge to support you through the whole process, calling providers on your behalf to determine a fit
- Help with private insurance, Medicaid, and no insurance
- Care Solace services come at no cost to you or your family
- Completely confidential support; Care Solace will not share your information without your permission
- In-person, online, or teletherapy options
- Appointment coordination for students, staff, and their families

Contact Care Solace 24/7

888-515-0595

caresolace.com/cartwright

to start an anonymous search

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