



# Food Shelf Needs List

## MOST NEEDED ITEMS:

Flour, sugar, cooking oil	Disposable diapers (size 5, 6 and pullups)
Canned meat or fish	Dish/laundry soap
Canned fruit	Toiletries (shampoo, toothpaste, bar soap, deodorant)
Jam/jelly	Toilet paper
Peanut butter	Fruit juice
Fresh produce (vegetables, fruits, herbs)	Paper towels
Cereal	

## OTHER NEEDED ITEMS:

Coffee	Dried fruit
Healthy snacks	Broth or variety soups
Baby wipes	Canned vegetables
Rice	Dried/canned beans
Pasta	Canned tomato products
Meal-in-a-box or can	Packaged/canned potatoes
Spaghetti sauce	Brownies, muffin or cake mix
Cleaning products (409, Windex, etc.)	Facial tissue
Feminine hygiene products	