



## ***ACT Raising Safe Kids<sup>®</sup> Program ONLINE!***

**NOTE: You must be able to reliably access e-mail, text, Zoom and PollEv.com to participate**

**Thursdays from 5:30-7:30pm starting September 10, 2020**

*ACT helps parents of children 0-10 years have a safe, strong family and a stable, nurturing home*

*This Parenting Program is FREE\* for those committed to active participation in and completion of all 9 sessions.*

### **Thursdays**

9/10	Pre-Program Meeting
9/17	Understanding Your Children's Behavior
9/24	Young Children's Exposure to Violence
10/1	Understanding & Controlling Parents' Anger
10/8	Understanding & Helping Angry Children
10/15	Children & Electronic Media
10/22	Discipline & Parenting Styles
10/29	Discipline for Positive Behaviors
11/5	Parents as Protectors, Teachers & Advocates



### ***Parents Make All the Difference!***

*Certificate of Completion accepted by Jackson County, MO Family and Truancy Courts.*

***Parenting can be Easier, more Enjoyable, and more Effective***

*\* Free for Missouri residents only. Outside of Missouri, program cost is \$100.*

**Space is limited! REGISTER TODAY!** Email your full name, phone for text and group of interest as "ACT Jeff G3" to [actreferral@cmh.edu](mailto:actreferral@cmh.edu). To learn more about the ACT program or make a referral call Jeff Matascik at 816-718-0500.