



ACT Raising Safe Kids® Program ONLINE!

NOTE: You must be able to reliably access e-mail, text, Zoom and PollEv.com to participate

Thursdays from 5:30-7:30pm starting September 10, 2020

ACT helps parents of children 0-10 years have a safe, strong family and a stable, nurturing home

This Parenting Program is FREE* for those committed to active participation in and completion of all 9 sessions.

Thursdays

- 9/10 Pre-Program Meeting
- 9/17 Understanding Your Children's Behavior
- 9/24 Young Children's Exposure to Violence
- 10/1 Understanding & Controlling Parents' Anger
- 10/8 Understanding & Helping Angry Children
- 10/15 Children & Electronic Media
- 10/22 Discipline & Parenting Styles
- 10/29 Discipline for Positive Behaviors
- 11/5 Parents as Protectors, Teachers & Advocates

** Free for Missouri residents only. Outside of Missouri, program cost is \$100.*



Parents Make All the Difference!

Certificate of Completion accepted by Jackson County, MO Family and Truancy Courts.

Parenting can be Easier, more Enjoyable, and more Effective

Space is limited! REGISTER TODAY! Email your full name, phone for text and group of interest as "ACT Jeff G3" to actreferral@cmh.edu. To learn more about the ACT program or make a referral call Jeff Matascik at 816-718-0500.