



Share Your Blessings



Taking America Beyond The Legacy of Enslavement

Coming To the Table - RVA loves food. We feel that sharing a good meal around the table fosters conversation and more importantly community. Food not only fuels the body but, it recharges the soul. Given the devastation of COVID more people, especially children, find themselves food insecure. Unfortunately, the rise in this need will continue to grow as this pandemic continues to rage.

For those of you that have been blessed, for the month of January, please consider helping us build meal kits for the [The Atlantic Outreach group](#). These kits will contain ingredients needed to make a full meal for a family of four. You can either build your kit and drop it off, or you can purchase a kit and an Atlantic Outreach volunteer will purchase ingredients and assemble the kit. For those creating meal kits, please make sure to also include a meal card to further support families when they are assembling the meal. To get food kit assembly instructions, [please click here](#). If you would like to purchase one or more meal kits, please [click here](#). If you would like to volunteer your time for getting meal kits to the AOG, have some clever ideas for meal kits ingredients, or would like to let us know you created or purchased a meal kit please [send us an email](#). We would love to share this information.



To learn more about The Atlantic Outreach group, please check out their video by clicking on the image to the left or clicking on the address below. https://youtu.be/n447K_Ne6fE

Since 2010, this organization has been helping empower lives by acting as a resource compass providing direction to individuals by bridging the gap between those in need and those who assist in meeting those needs through effective community programs and services.