



Gertrude Ederle Fitness Relay

Join NYC Parks for our adult fitness event at Gertrude Ederle Recreation Center. Participants will enjoy a training session and will learn important information on nutrition. They will also be able to participate in a series of obstacles that will not only challenge their physical abilities but also their thinking and problem-solving skills. Contests such as adult relay, tic-tac-toe, and memory games combined with cardio.

Friday, August 15, 2025 | 4:00 p.m. – 6:30 p.m.

Gertrude Ederle Recreation Center (Playground)

232 W. 60th St., New York, N.Y. 10023 | (212) 397-3159

To RSVP, email Kwame.Campell@parks.nyc.gov

This event is FREE and open to the public. For more information visit nyc.gov/parks or call (212) 397-3159. Contact accessibility@parks.nyc.gov or (212) 360-1430 for more information regarding accessibility.



NYC Parks