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## CANAL HIKE—SATURDAY, MAY 30

**NEW LOCATION** C&O Canal Towpath at Zion Lutheran Church  
**THIS YEAR:** 35 W. Potomac St., Williamsport, Md.

Two distance options: **5K** (3 miles) OR **10K** (6.5 miles)  
Registration fees on the back.

Hospitality Stops ■ Celebration Luncheon ■ Music  
Prize Drawings ■ Family-friendly

REGISTER BY **MAY 10** FOR A **\$10 DISCOUNT** & GUARANTEED T-SHIRT!  
REGISTER ONLINE THROUGH **MAY 29**

## CHALLENGE HIKE—SATURDAY, MAY 16

On the Appalachian Trail / Check-in at Pen Mar Park

Two distance options: **10 miles** or **20 miles**  
Registration fees on the back.

Light Breakfast ♦ Hearty Lunch ♦ Water & Gatorade ♦ Snacks

REGISTER BY **APRIL 26** FOR A **\$10 DISCOUNT!**  
REGISTER ONLINE THROUGH **MAY 8**



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Fundraising  
matched  
by the  
God's Grace  
Fund!



Proceeds benefit HARC,  
Micah's Backpack,  
Refugee Welcome Network



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## REGISTRATION FORM

### CANAL HIKE / SATURDAY, MAY 30:

- Individual:**  
 5K Hike: \$45\*  
 10K Hike: \$55\*
- Family: (2 adults & all children)**  
 5K Hike: \$75\*  
 10K Hike: \$95\*

*\* Add \$10 to each category after May 10*

### CHALLENGE HIKE on the AT / SATURDAY, MAY 16

- 10 mile hike:**  
 \$45\* + I'll raise \$100 in donations  
 \$145\* I don't want to fundraise
- 20 mile hike:**  
 \$45\* + I'll raise \$200 in donations  
 \$245\* I don't want to fundraise

*\* Add \$10 to each category after April 26*

Name(s): \_\_\_\_\_  
Address: \_\_\_\_\_  
Address: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Church/Organization: \_\_\_\_\_

**T-shirts:** Please indicate the number of each size t-shirt you want.  
**1 t-shirt is included with your registration.** Deadline for guaranteed t-shirt is **May 10**. Please include **\$18** for EACH additional t-shirt.

\_\_ Youth M \_\_ Youth L \_\_ S \_\_ M \_\_ L \_\_ XL \_\_ XXL \_\_ XXXL

Each hiker will need to complete and sign a **liability and release form** when checking in prior to the start of the hike. Any children under the age of 18 **MUST** be accompanied by an adult, and a parent or guardian must sign the **liability and release form** for children under 18. Runners are encouraged, but please note, this is **NOT** a timed event. We love our pets, but please, no dogs.

Complete form and return **with payment** to:  
**HARC, P.O. Box 1158, Hagerstown, MD 21741-1158**  
Or register online at **[www.harccoalition.org/hike](http://www.harccoalition.org/hike)**

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